

Request for Authorization: Psychological Testing

Please submit this form electronically using our preferred method at https://www.availity.com.* This form can also submitted via fax to 1-844-442-8010.

General information

Member name:	
Member date of	Member ID #:
birth:	
Provider	
completing testing:	
Provider phone:	Provider fax:
Provider ID or tax	Provider NPI:
ID:	
Provider address:	
Provider email:	

Formal psychological testing is neither clinically indicated for routine screening or assessment of behavioral health disorders nor indicated for the administration of brief behavior rating scales and inventories. Such scales and inventories are an expected part of a routine and complete diagnostic assessment. Other than in exceptional cases, a diagnostic interview and relevant rating scales should be completed by the psychologist prior to submission of requests for psychological testing authorization.

Requests for placement purposes and forensic purposes are not covered benefits. Requests for educational testing or learning disabilities assessment for educational purposes should be referred to the public school system.

Clinical assessment

Indicate which of the following assessments have been completed.

Brief inventories and/or rating scales	\Box Interview with family members
\Box Clinical interview with patient	Medical evaluation
□ Consultation with patient's physician	\square Psychiatric and medical history
\Box Consultation with school/other important	\Box Review of academic
persons	records/Individualized education
□ Direct observation of parent-child interactions	plan (IEP)
□ Family history pertinent to testing request	Review of medical records
	\square Structured developmental and social
	history

* Availity, LLC is an independent company providing administrative support services on behalf of Amerigroup.

Amerigroup members in the Medicaid Rural Service Area and the STAR Kids program are served by Amerigroup Insurance Company; all other Amerigroup members in Texas are served by Amerigroup Texas, Inc.

Clinical information

Indicate which	of the fellow	ing problems	and symptoms	procoptod a	need for testing.
	of the follow	ning problems	anu symptoms	presenteu a	need for testing.

Acting out hohovior		Low mativation
☐ Acting out behavior	☐ Hallucinations	Low motivation
🗆 Anxiety	🗆 Impulsivity	Other developmental delays
□ Attention seeking	\Box Inattention	Poor attention span
\Box Delusions	🗌 Irritability	Speech and language delays
Depression	\Box Labile mood	\Box Suicidal or homicidal ideation
Disorganization	Lethargy	Violence or physical aggression
Distractibility	\Box Low frustration	\Box Other (Use space below for other.)
	tolerance	
Other:		
Please attach any relevant	medical records and/	or clinical diagnostic assessment to support the
request for testing.		
Duration of symptoms:	🗆 0 to 3	\Box 3 to 6 months \Box 6 to 9 months
	months	Greater than 12 months
	🗌 9 to 12	
	months	

Treatment history

Please provide information regarding treatment history.

	Frequency	How long has member been in treatment?	Is member still in treatment?	Have symptoms improved?
Individual therapy:			🗆 Yes 🛛 No	🗆 Yes 🗆 No
Medication management:			🗆 Yes 🛛 No	🗆 Yes 🛛 No
School- or home- based management:			🗆 Yes 🛛 No	🗆 Yes 🛛 No
Other services:			🗆 Yes 🛛 No	🗆 Yes 🛛 No
Date of diagnostic interview:				

Rating scales

Please indicate which rating scales have been administered as part of your clinical assessment.

	U				
🗆 Achenbach	🗆 BASC	CBCL		🗆 RAD	
□ ADHD rating	🗆 BDI	🗆 CDI	🗆 MDQ	🗆 STAI	
🗆 ВА	🗆 Brief	□ Conner's	DPCL-5	□ TSCC	
□ Other:					
Please note perti	nent results of	rating scales:			

Other pertinent information

Please include any other information that supports the request for psychological testing.

Previous psychological testing

Please include any information regarding previous psychological testing (such as dates of testing or results) and why retesting is requested.

ICD-10 diagnoses under evaluation

Please describe the rationale for testing. What are the current questions to be answered that cannot be addressed by the clinical interview, review of records and rating scales that you have already administered? How will the results of testing impact the course of treatment?

Psychological tests and services requested

CPT [®] code(s)	Units requested	Test names/service description

Total units	Total time requested:	
requested:		

Provider signature:	
Date:	

For Amerigroup use only:						
Date received: Authorization from:						
Reference #:			Authorization to:			
	hours		hours		hours	