

## ***Request for Authorization — Psychological Testing***

Please submit this form electronically using our preferred method by logging onto Availity from the Amerigroup District of Columbia, Inc. provider website at <https://providers.amerigroup.com/DC>. This form can also be submitted via fax to 1-800-454-1193 on the last authorized day.

**Note: We are unable to process illegible or incomplete requests.**

### **General information**

Patient name:		
DOB:	Age:	Patient ID:
Name of psychologist:		Address:
Provider #:		Provider NPI:
Provider phone #:		Provider fax #:
Provider email:		

Formal psychological testing is neither clinically indicated for routine screening or assessment of behavioral health disorders nor indicated for the administration of brief behavior rating scales and inventories. Such scales and inventories are an expected part of a routine and complete diagnostic process. Other than in exceptional cases, a diagnostic interview and relevant rating scales should be completed by the psychologist prior to submission of requests for psychological testing authorization. Requests for placement purposes, disability evaluations and forensic purposes are not covered benefits. Requests for educational testing or educational assessment for learning disabilities should be referred to the public school system. **This form is for psychological testing requests only. Requests for neuropsychological or autism testing need to be completed on their requisite forms.**

**Clinical assessment:** Indicate which of the following assessments were completed.

<input type="checkbox"/> Psychiatric and medical history	<input type="checkbox"/> Clinical interview with patient	<input type="checkbox"/> Structured developmental and social history	<input type="checkbox"/> Medical evaluation	<input type="checkbox"/> Consultation with school or other important persons	<input type="checkbox"/> Direct observation of parent-child interactions
<input type="checkbox"/> Interview with family members	<input type="checkbox"/> Consultation with patient's physician	<input type="checkbox"/> Brief inventories or rating scales	<input type="checkbox"/> Review of medical records	<input type="checkbox"/> Review of academic records or IEP	<input type="checkbox"/> Family history pertinent to testing request

**Please include any relevant clinical or medical records to support the testing request.**

**Clinical information:** Indicate the presenting problems, symptoms and need for testing.

<input type="checkbox"/> Inattention	<input type="checkbox"/> Irritability	<input type="checkbox"/> Disorganization	<input type="checkbox"/> Depression	<input type="checkbox"/> Anxiety
<input type="checkbox"/> Labile mood	<input type="checkbox"/> Lethargy	<input type="checkbox"/> Low motivation	<input type="checkbox"/> Distractibility	<input type="checkbox"/> Impulsivity
<input type="checkbox"/> Poor attention span	<input type="checkbox"/> Acting out behavior	<input type="checkbox"/> Attention seeking	<input type="checkbox"/> Hallucinations	<input type="checkbox"/> Delusions
<input type="checkbox"/> Low frustration tolerance	<input type="checkbox"/> Suicidal or homicidal ideation	<input type="checkbox"/> Violence or physical aggression	<input type="checkbox"/> Speech and language delays	<input type="checkbox"/> Other developmental delays
<input type="checkbox"/> Other:				
Duration of symptoms: <input type="checkbox"/> 0-3 months (MO) <input type="checkbox"/> 3-6 MO <input type="checkbox"/> 6-9 MO <input type="checkbox"/> 9-12 MO <input type="checkbox"/> > 12 MO				

**Date of diagnostic interview:** \_\_\_\_\_

**Rating scales:** Please indicate which rating scales have been administered as part of your clinical assessment (**prior to submitting the testing request**).

<input type="checkbox"/> BASC	<input type="checkbox"/> TSCC	<input type="checkbox"/> CDI	<input type="checkbox"/> STAI	<input type="checkbox"/> BDI
<input type="checkbox"/> Conner's	<input type="checkbox"/> Achenbach	<input type="checkbox"/> Brief	<input type="checkbox"/> MDQ	<input type="checkbox"/> BAI
<input type="checkbox"/> RAD	<input type="checkbox"/> CBCL	<input type="checkbox"/> MASC	<input type="checkbox"/> ADHD rating	<input type="checkbox"/> PCL-5
<input type="checkbox"/> Other:				

**Treatment history:** Please provide information regarding treatment history.

	How often does the enrollee receive services (weekly, biweekly or monthly)?	How long has the enrollee been in treatment?	Is the enrollee still in treatment?	Have the enrollee's symptoms improved?
Individual therapy				
Medication management				
School or home-based therapy				
Other services				

<b>Other pertinent information</b>	
Please include any other information that supports the request for psychological testing:	
<b>Previous psychological testing</b>	
Please include any information regarding previous psychological testing (e.g., dates of testing or results) and why retesting is requested:	
<b>DSM-5 or ICD-10-CM diagnosis</b>	
<b>Rationale for testing</b>	
Please describe the rationale for testing. What are the current questions to be answered that cannot be addressed by the clinical interview or review of records and rating scales that you have already administered? How will the results of testing impact the course of treatment?	
Is this a request for a trauma assessment? <input type="checkbox"/> Yes <input type="checkbox"/> No	
<b>Psychological tests requested</b>	
Please list the tests you are requesting and the administration time. For tests with multiple versions, specify which one. If you are administering selected subtests, please indicate which ones. Please attach a separate sheet if necessary.	
Please provide the hours and billing codes requested for the current psychological assessment:	
96101 ____ hours (HRS) 96102 ____ HRS 96103 ____ HRS Other: ____	
Total time requested in HRS: ____	
<b>Provider signature:</b>	<b>Phone number:</b>
<b>Important note:</b> You are not permitted to use or disclose Protected Health Information about individuals who you are not treating or are not enrolled to your practice. This applies to Protected Health Information accessible in any online tool, sent in any medium including mail, email, fax or other electronic transmission.	