

Early and Periodic Screening, Diagnosis and Treatment Provider Toolkit

— for Amerigroup District of Columbia, Inc.

What is Early and Periodic Screening, Diagnosis and Treatment (EPSDT)?

The Early and Periodic Screening, Diagnosis and Treatment (EPSDT) program is Medicaid's federally mandated, comprehensive and preventive health program for individuals under the age of 21. EPSDT was defined by law as part of the *Omnibus Budget Reconciliation Act of 1989* and requires states to cover all services within the scope of the federal Medicaid program. The EPSDT program intends to focus on early prevention and treatment. Requirements include periodic screening, vision, dental and hearing services.

Services include:

- Screening.
- Diagnosis and treatment.
- Transportation and scheduling assistance.

Screening must include:

- Comprehensive health and developmental history (inclusive of both physical and mental health).
- Comprehensive unclothed physical exam.
- Appropriate immunizations.
- Laboratory tests.
- Lead toxicity screening.
- Health education, including anticipatory guidance.
- Vision services.
- Dental services.
- Hearing services.

- Other necessary health care — diagnostic services and treatment to correct or ameliorate defects, physical and mental illnesses, and conditions discovered by the screening services.

Schedules used to determine when services are due:

- *DC Medicaid HealthCheck Periodicity Schedule*
- *The American Academy of Pediatrics Periodicity Schedule*
- *The Centers for Disease Control and Prevention Advisory Committee on Immunization Practices Immunization Recommendations Schedule*

The Amerigroup EPSDT program supports the individual state plans by:

- Providing a repository to house EPSDT data.
- Mailing annual preventive care recommendations to members.
- Mailing reminders to members to schedule appointments.
- Mailing letters to providers with a listing of members who may have missed services.

The Amerigroup EPSDT program includes additional member outreach activities and case management, as well as a provider pre-service report.

If you have questions, contact your local Provider Relations representative or call Provider Services at 1-800-454-3730.

Preventive care resources

- **DC Health:**
<https://dchealth.dc.gov>

Prevention

- **U.S Department of Health and Human Services:**
<https://healthfinder.gov/healthtopics>
- **Adolescent development:**
<https://medlineplus.gov/ency/article/002003.htm>
- **Modified Checklist for Autism in Toddlers autism screening tool:**
www.firstsigns.org
- **Ages and Stages Questionnaires (A fee may be associated.):**
<https://www.healthychildren.org>
- **American Academy of Pediatrics — assessments, patient education, forms and other information:**
<https://www.brightfutures.org>
- **Centers for Disease Control and Prevention (CDC) growth and BMI charts:**
https://www.cdc.gov/growthcharts/clinical_charts.htm
- **National Domestic Violence Hotline:**
www.ndvh.org
1-800-799-SAFE, ext. 7233
- **Medicaid Early and Periodic Screening, Diagnosis and Treatment program:**
<https://www.medicaid.gov/medicaid/benefits/epsdt/index.html>
- **Health Resources and Service Administration — maternal and child health:**
<https://www.mchb.hrsa.gov/epsdt>
- **March of Dimes:**
<https://www.marchofdimes.org>
- **American Academy of Family Physicians:**
<https://www.aafp.org>

Immunizations

- **CDC — immunization schedules:**
<https://www.cdc.gov/vaccines/schedules/index.html>
- **CDC — National Immunization Program:**
<https://www.cdc.gov/vaccines>
- **Vaccines for Children Program:**
<https://dchealth.dc.gov/node/111502202-576-9319>
- **Immunization Action Coalition:**
www.immunize.org
- **Institute for Vaccine Safety:**
www.vaccinesafety.edu

