

Behavioral Health Covered Benefits

The matrix below lists the available behavioral health benefits for members enrolled in the Iowa Health and Wellness Plan.

Outpatient services

Procedure code	Modifier	Service description	Unit/event	Authorization rule
81000		Urinalysis	Event	No
90785		Interactive complexity add-on code	Event	No
90791		Psychiatric diagnostic interview	Event	No
90792		Psychiatric diagnostic interview with medical services	Event	No
90832		Individual psychotherapy (20-30 minutes)	Event	No
90833		Psychotherapy, 30 minutes with patient and/or family member with evaluation and management (E&M)	30 minutes	No
90834		Individual psychotherapy (45-50 minutes)	Event	No
90836		Psychotherapy, 30 minutes with patient and/or family member with E&M	45-50 minutes	No
90837		Psychotherapy, 60 minutes	60 minutes	No
90838		Psychotherapy, 60 minutes with patient and/or family member with E&M	60 minutes	No
90839		Crisis psychotherapy (first 60 minutes)	60 minutes	No
90840		Crisis psychotherapy (each additional 30 minutes)	30 minutes	No
90846		Family therapy without patient	Event	No
90847		Family therapy with patient	Event	No

Outpatient services (cont.)

Procedure code	Modifier	Service description	Unit/event	Authorization rule
90849		Multi-family group counseling	Event	No
90853		Group therapy	Event	No
96372		Theralactic, prophylactic or diagnostic injection	Event	No
H0007		Alcohol and/or drug services; crisis intervention (outpatient and/or mobile)	Event	No
H0014	HG	Alcohol and/or drug services; ambulatory detoxification	Event	No
H0037		Community psychiatric supportive treatment program (low intensity)	Per diem	Yes
H0037	TF	Community psychiatric supportive treatment program (high intensity)	Per diem	Yes
H0038		Self-help/peer support: mental health per month	Monthly per diem, per documents	No
H0038	HF	Self-help/peer support: substance abuse (SA) per month	Monthly per diem, per documents	No
H0040		Assertive community treatment	Per diem	Yes
H0049		Alcohol and/or drug screening	Event	No
S9123		Home health nursing	One hour	Yes
S9123	TF	Psychiatric nursing visit	One hour	Yes
T1013		Interpreter services	15 minutes	No
Q3014	GT	Telemedicine	Event	No
99408		Alcohol and/or SA structured screening and brief intervention services; 15-30 minutes	Per item	No
99409		Alcohol and/or SA structured screening and brief intervention services; greater than 30 minutes	Per item	
99341		Home health nursing; Post-inpatient follow-up	Event	No

Outpatient services (cont.)

Procedure code	Modifier	Service description	Unit/event	Authorization rule
99510	U1	Mobile counseling, one hour	One hour	No authorization if SA mental health (MH) diagnosis
99510		Mobile counseling, single, family counseling	Event	No authorization if SA MH diagnosis
99510	TG	Initial mobile counseling, follow-up	Event	No authorization if SA MH diagnosis
S9485	TD	Emergency nursing assessment	Per diem	No

Intensive outpatient/partial hospitalization services

Procedure code	Modifier	Service description	Unit/event	Authorization rule
0905		Intensive outpatient program (IOP), psychiatric	Per diem	Yes
0906		IOP, SA/chemical dependency	Per diem	Yes
H0015	TG	Intensive outpatient, SA with housing	Event	Yes
H0015		Intensive outpatient, SA	Event	Yes
H2012		Intensive outpatient day treatment, per hour	One hour	Yes
0912		Partial hospitalization	Per diem	Yes
H0035		Partial hospitalization (MH, SA, eating disorder)	Per diem	Yes

Applied behavioral analysis/behavioral health intervention services (BHIS)

Procedure code	Modifier	Service description	Unit/event	Authorization rule
G9012	HO/HP	Case oversight and management of treatment team by licensed mental health professional or Board Certified Behavioral Analyst (BCBA), per 15 minutes	15 minutes	Yes
H0031	HO/HP	Functional behavioral assessment, per hour	One hour	No
H2014	HO/HP/HN	Skill development	15 minutes	Yes
H2019	HO/HP/HN	Skills training, child and adolescent	15 minutes	Yes
H2019	HO/HP/HN	Direct applied behavioral analysis, services by a paraprofessional or BCBA provider, per 15 minutes	15 minutes	Yes
S5108	HO/HP/HN	Home care training to home care client, per 15 minutes	15 minutes	Yes
H0032	HO/HP	Functional behavioral assessment, per 15 minutes	15 minutes	No
H2011		BHIS crisis intervention	15 minutes	No
H2014	HB	Skill development, adult (individual > 21)	15 minutes	Yes
H2014	HQ	Skill development, adult (group > 21)	15 minutes	Yes
H2019	HA	Skill development, adult (individual < 21)	15 minutes	Yes
H2019	HQ	Skill development, adult (group < 21)	15 minutes	Yes
H2019	HR	Skills training, child and adolescent (family < 21)	15 minutes	Yes

Psychological testing services

Procedure code	Modifier	Service description	Unit/event	Authorization rule
96101		Psychological testing with interpretation and report	Event	Yes, after three units
96110		Developmental testing, limited	Event	No
96111		Developmental testing, extended	Event	No
96116		Neurobehavioral status examination	Event	No
96118		Neuropsychological testing battery	Event	Yes
96120		Neuropsychological testing administered by computer	Event	Yes

ER and inpatient services

Procedure code	Modifier	Service description	Unit/event	Authorization rule
0450		ER — MH and substance use (SU)	Event	No
190		Inpatient psychiatric sub-acute	Per diem	Yes
0762		23-hour observation bed	Per diem	No
100, 114, 120, 124, 134, 144, 154, 204		Inpatient psychiatric (institutions of mental disease are allowed for members age 21 and under or 65 and older)	Per diem	Yes
116, 126, 136, 138, 146, 156, 204		Inpatient detoxification	Per diem	Yes
118, 128, 138, 148, 158		Inpatient SU treatment	Per diem	Yes
901/90870		Electroconvulsive treatment	Per diem	Yes

Evaluation and management services

Procedure code	Modifiers	Service description	Unit/event	Authorization rule
99201-99205		New patient services	Event	No
99211-99215		Established patient services	Event	No
99217-99220		Observation services	Event	No
99221-99223		Hospital initial care services	Event	Yes
99231-99233		Hospital subsequent care	Event	Yes
99234-99236		Hospital observation care	Event	No
99238-99239		Hospital discharge services	Event	No
99251-99255		Inpatient consultation/evaluation services	Event	Yes
99281-99285		Emergency department services	Event	No