1. Patient information





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## Abilify MyCite Prior Authorization of Benefits Form

2. Physician information

## **CONTAINS CONFIDENTIAL PATIENT INFORMATION**

Complete form in its entirety and fax to: Prior Authorization of Benefits Center at 1-844-512-9004 or Provider Help Desk at 1-800-454-3730

		,	
Patient name:		Prescribing physician:	
Patient ID #:		Physician address:	
Patient DOB:			
Date of Rx:			
Patient phone #:		Physician specialty:	
Patient email address:			
		Physician email address:	
3. Medication	1 Strongth	5. Directions	6. Quantity per 30 days
5. Wedication	4. Strength	5. Directions	o. Quantity per 50 days
□ Abilify MyCita			Specify:
☐ Abilify MyCite			
7. Diagnosis:			

**8. Approval criteria:** Check all boxes that apply. Note: Any areas not filled out are considered not applicable to your patient and may affect the outcome of this request.

Prior authorization (PA) is required for aripiprazole tablets with sensor (Abilify MyCite). Payment will be considered under the following conditions:

- 1. Patient has a diagnosis of schizophrenia, bipolar I disorder, or major depressive disorder; and
- 2. Patient meets the FDA approved age for use of the Abilify MyCite device; and
- 3. Dosing follows the FDA approved dose for the submitted diagnosis; and
- 4. Documentation of patient adherence to generic aripiprazole tablets is less than 80 percent within the past six months (prescriber must provide documentation of the previous six months worth of pharmacy claims for aripiprazole documenting non-adherence); **and**
- 5. Documentation of all the following strategies to improve patient adherence have been tried without success:
  - a. Utilization of a pill box
  - b. Utilization of a reminder device (e.g., alarm, application or text reminder)
  - c. Involving family members or friends to assist
  - d. Coordinating timing of dose with dosing of another daily medication; and

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- 6. Documentation of a trial and intolerance to a preferred long-acting aripiprazole injectable agent; and
- 7. Prescriber agrees to track and document adherence of Abilify MyCite through the web-based portal for health care providers and transition member to generic aripiprazole tablets after a maximum of four months use of Abilify MyCite. Initial approvals will be given for one month. Prescriber must review member adherence in the web-based portal and document adherence for additional consideration. If non-adherence continues, prescriber must document a plan to improve adherence. If adherence is improved, consideration to switch member to generic aripiprazole tablets must be considered. Note: the ability of the Abilify MyCite to improve patient compliance has not been established.
- 8. Requests will not be considered for patients in long-term care facilities.
- 9. A once per lifetime approval will be allowed.

The required trials may be overridden when documented evidence that the use of these agents would be medically

contraindicated is provided.	·
Is patient adherence to generic aripiprazole tablets less than 80 percent within the past six months $\Box$ Yes (provide previous six months of pharmacy claims documenting non-adherence) $\Box$ No	s?
Have the following strategies to improve patient adherence been tried without success? Utilization of pill box $\Box$ Yes $\Box$ No	
Utilization of a reminder device (e.g., alarm, application, or text reminder)    Yes; device used:   No	)
Involving family members or friends to assist $\square$ Yes $\square$ No	
Coordinating timing of dose with dosing of another daily medication $\square$ Yes $\square$ No	
Does patient reside in a long-term care facility? $\square$ Yes $\square$ No	
Prescriber agrees to track and document adherence of Abilify MyCite through the web-based port providers and transition member to generic aripiprazole tablets after a maximum of 4 months use $\square$ Yes $\square$ No	
Preferred long-acting aripiprazole injectable trial:  Drug name and dose: Failure reason:	
Medical or contraindication reason to override trial requirements:	
Renewals:  Prescriber has reviewed member adherence of Abilify MyCite through the web based portal?  \[ \sum \text{Yes}; \text{ adherence rate}: \]  \[ \sum \text{N} \]	
If improved member adherence, consider switch to generic aripiprazole tablets. Provider rationale for MyCite use if not switching to generic aripiprazole tablets:	
If member continues to be non-adherent, document plan to improve adherence:	

## 9. Physician signature

Prescriber or authorized signature	Date			
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Prior Authorization of Benefits is not the practice of medicine or the substitute for the independent medical judgment of a treating physician. Only a treating physician can determine what medications are appropriate for a patient. Please refer to the applicable plan for the detailed information regarding benefits, conditions, limitations and exclusions. The submitting provider certifies that the information provided is true, accurate and complete and the requested services are medically indicated and necessary to the health of the patient.

Note: Payment is subject to member eligibility. Authorization does not guarantee payment.

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