

## Muscle Relaxants Prior Authorization of Benefits Form

## CONTAINS CONFIDENTIAL PATIENT INFORMATION

Complete form in its entirety and fax to: Prior Authorization of Benefits Center at 1-844-512-9004 or Provider Help Desk 1-800-454-3730

| 1. Patient information  |                      | 2. Physician information |       |                    |  |
|---|----------------------|--------------------------|-------|--------------------|--|
| Patient name:   |                      | Prescribing physician:   |       |                    |  |
| Patient ID #:   |                      | Physician address:       |       |                    |  |
|   |                      |                          |       |                    |  |
| Patient DOB:  |                      | Physician phone #:       |       |                    |  |
| Date of Rx:   |                      | Physician fax #:         |       |                    |  |
| Patient phone #:  |                      | Physician specialty:     |       |                    |  |
| Patient email address:  |                      | Physician DEA:           |       |                    |  |
|   |                      | Physician NPI #:         |       |                    |  |
|   |                      | Physician email address: |       |                    |  |
|   |                      |                          |       |                    |  |
| 3. Medication   | 4. Strength          | 5. Directions            | 6. Qu | antity per 30 days |  |
|   |                      |                          | Speci | fy:                |  |
| 7. Diagnosis:   |                      |                          |       |                    |  |
| 8. Approval criteria: (Check all boxes that apply. Note: Any areas not filled out are considered not applicable to your patient and may affect the outcome of this request.)  |                      |                          |       |                    |  |
| Prior authorization is required for nonpreferred muscle relaxants. Payment for nonpreferred muscle relaxants is authorized only for cases where there is documentation of previous trials and therapy failures with at least 3 preferred muscle relaxants. Requests for carisoprodol will be approved for a maximum of 120 tablets per 180 days at a maximum dose of 4 tablets per day when the criteria for coverage are met. If a non-preferred long-acting medication is requested, one trial must include the preferred immediate release product of the same chemical entity at a therapeutic dose, unless evidence is provided that use of these products would be medically contraindicated. |                      |                          |       |                    |  |
| Preferred   |                      | Nonpreferred             |       |                    |  |
| Baclofen  | Methocarbamol        | □ Amrix <sup>x</sup>     |       | 🗆 Dantrium         |  |
| Chlorzoxazone   | □ Orphenadrine ER/CR | Carisoprodol             |       | 🗆 Skelaxin         |  |
| Cyclobenzaprine   | 🗆 Tizanidine         | Carisoprodol/ASA         |       | □ Soma             |  |
|   |                      | Carisoprodol/ASA/Cod     | eine  | □ Zanaflex         |  |
|   |                      | Cyclobenzaprine ER×      |       |                    |  |
|   |                      | Other (specify):         |       |                    |  |

| Preferred trial 1: Drug name   |           |  |  |  |  |
|--|-----------|--|--|--|--|
| Dosage Instructions:   |           |  |  |  |  |
| Trial date from: Trial date to:  |           |  |  |  |  |
| Specify failure:   |           |  |  |  |  |
| Preferred trial 2: Drug name   | Strength: |  |  |  |  |
| Dosage Instructions:   |           |  |  |  |  |
| Trial date from: Trial date to:  |           |  |  |  |  |
| Specify failure:   |           |  |  |  |  |
|  |           |  |  |  |  |
| Preferred trial 3: Drug name   | Strength: |  |  |  |  |
| Dosage Instructions:   |           |  |  |  |  |
| Trial date from:     Specify failure:  |           |  |  |  |  |
| Specify failure:   |           |  |  |  |  |
| Reason for use of nopreferred drug requiring prior approval:   |           |  |  |  |  |
| Other medical conditions to consider:  |           |  |  |  |  |
|  |           |  |  |  |  |
| Attach lab results and other documentation as necessary.   |           |  |  |  |  |
| 9. Physician signature   |           |  |  |  |  |
| Prescriber or authorized signature   | Date      |  |  |  |  |
| Prior Authorization of Benefits is not the practice of medicine or the substitute for the independent medical judgment<br>of a treating physician. Only a treating physician can determine what medications are appropriate for a patient. Please<br>refer to the applicable plan for the detailed information regarding benefits, conditions, limitations and exclusions. The<br>submitting provider certifies that the information provided is true, accurate and complete and the requested services<br>are medically indicated and necessary to the health of the patient. |           |  |  |  |  |

Note: Payment is subject to member eligibility. Authorization does not guarantee payment.