













# Provider Manual

IA Health Link and Hawki

1-800-454-3730

https://providers.amerigroup.com/IA

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#### **CHAPTER 1: INTRODUCTION**

#### Introduction

#### Welcome

Welcome to the Amerigroup Iowa, Inc. network provider family! We are pleased you have joined our Iowa network, which consists of some of the finest health care providers in the state. Amerigroup has been selected by the Iowa Department of Human Services to provide health care services for Amerigroup members enrolled in the IA Health Link or Hawki programs.

IA Health Link covers all Medicaid mandatory eligibility groups, as well as various optional categorically needy and medically needy groups, including children, pregnant women, the aged and individuals with disabilities. The Healthy and Well Kids in Iowa (Hawki) program covers children 0-19 years of age who meet the income guidelines. Amerigroup represents a growing network of health care providers who make it easier for our members to receive quality care. There is strength in numbers: our health services programs, combined with those already available in our target service areas, are designed to supplement providers' treatment plans. Our programs serve to help improve our members' overall health by informing, educating and encouraging self-care in the prevention, early detection and treatment of existing conditions and chronic disease.

We believe hospitals, physicians and other providers play a pivotal role in managed care. We can only succeed by working collaboratively with you and other caregivers. Earning your loyalty and respect is essential to maintaining a stable, high-quality provider network. Together, we can arrange for and provide an integrated system of coordinated, efficient and quality care for our members and your patients. All network providers are contracted with Amerigroup through a Participating Provider Agreement.

#### Introduction

#### **About This Manual**

This provider manual is designed for contracted Amerigroup providers, hospitals and ancillary providers. Our goal is to create a useful reference guide for you and your office staff.

We want to help you navigate our managed health care plan to deliver quality health care to our members. Our goal is to aid you in finding the most reliable, responsible, timely and cost-effective way to deliver quality health care. Select any topic in the Table of Contents to view that chapter. Click on any web address to be redirected to that site. Each chapter may also contain cross-links to other chapters, to the Amerigroup website or to external websites containing additional information.

We recognize that managing our members' health can be a complex undertaking, requiring familiarity with the rules and regulations of a complex health care system. This system encompasses a wide array of services and responsibilities; for example, initial health assessments (IHAs), integrated case management, proper storage of medical records, and billing for emergencies. With this complexity in mind, we divided this manual into sections that reflect your questions, concerns and responsibilities before and after an Amerigroup member walks through your doors. The sections are organized as follows:

- Legal Requirements
- Contact Information
- Before Rendering Services
- After Rendering Services
- Operational Standards, Requirements and Guidelines
- Additional Resources

#### **Legal Requirements**

The information contained in this manual is proprietary, will be updated regularly and is subject to change. This section provides specific information on the legal obligations of being part of the Amerigroup network.

#### Contacts

This section is your reference for important phone and fax numbers, websites and mailing addresses.

#### **Before Rendering Services**

This section provides the information and tools you will need before providing services, including verifying member eligibility and a list of covered and noncovered services. The section also includes a chapter on the precertification process and coordination of complex care through our Integrated Case Management department.

We take pride in our proactive approach to health. The chapter on Health Services programs details how we can partner with you to make the services you provide more effective. For example, the initial health assessment (IHA) is our first step in providing preventive care. The health services programs under Disease Management Centralized Care Unit (DMCCU) allow us to collaborate with you to combat the most common and serious conditions and illnesses facing our members, including asthma, cardiovascular disease and diabetes.

#### **After Rendering Services**

At Amerigroup, our goal is to make the billing process as streamlined as possible. This section provides guidelines, detailed coding charts, information on filing claims for professional and institutional services rendered. The "Member Transfer and Disenrollment" chapter outlines how a member changes primary care physician (PCP) assignment or transfers to another health plan. When questions or concerns come up about claims or adverse determination, our chapter on "Grievances and Appeals" will take you step-by-step through the process.

### **Operational Standards, Requirements and Guidelines**

This section summarizes the requirements for provider office operations and Access Standards, thereby ensuring consistency when members need to consult with providers for IHAs, referrals, coordination of care and follow up care. Additional chapters detail provider credentialing, provider roles and responsibilities and enrollment and marketing guidelines. Chapters on clinical practice and preventive health guidelines and integrated case management outline the steps providers should take to coordinate care and help members take a proactive stance in the fight against disease. And finally, we included a chapter documenting our commitment to participate in quality assessments that help Amerigroup measure, compare and improve our standards of care.

### **Additional Resources**

To help providers serve a diverse and ever-evolving patient population, we designed a special program, Cultural Diversity and Linguistic Services, to improve provider and member communications by providing tools and resources to help reduce language and cultural barriers. Written translations are available in each prevalent non-English language. Interpretation services — oral interpretation in all languages and auxiliary aids such as TTY/TDD and American Sign Language — are available to each potential member and are available free of charge to each member.

All written materials for potential or current members adhere to the following standards:

- Easily understood language and format
- Font size no smaller than 12 point
- Alternative formats and auxiliary aids and services that consider the special needs of potential or current members with disabilities or limited English proficiency

 Inclusion of a large print tagline and information on how to request auxiliary aids and services, including alternative formats

In addition, Amerigroup works with nationally recognized health care organizations to stay current on the latest health care breakthroughs and discoveries. This manual provides easy links to access that information. We also provide forms and reference guides on a wide variety of subjects.

#### Accessing Information, Forms and Tools on Our Website

We offer the Provider Manual in hard copy upon request at no cost and post it online.

A wide array of tools, information and forms are accessible on our provider website at <a href="https://providers.amerigroup.com/ia">https://providers.amerigroup.com/ia</a>. Throughout this manual, we often will refer you to items located on this resource page.

#### Introduction

### **Third-Party Websites**

The Amerigroup website and this manual may contain links and references to Internet sites owned and maintained by third-party sites. Neither Amerigroup nor its related affiliated companies operate or control, in any respect, any information, products or services on third-party sites. Such information, products, services and related materials are provided "as is" without warranties of any kind, either express or implied, to the fullest extent permitted under applicable laws. Amerigroup disclaims all warranties, express or implied, including, but not limited to, implied warranties of merchantability and fitness. Amerigroup does not warrant or make any representations regarding the use or results of the use of third-party materials in terms of correctness, accuracy, timeliness, reliability or otherwise.

If you have any questions about the content of this manual, contact Provider Services at 1-800-454-3730 Monday through Friday from 7:30 a.m. through 6 p.m. Central time.

## **CHAPTER 2: LEGAL AND ADMINISTRATIVE REQUIREMENTS**

## **Legal and Administrative Requirements**

## **Proprietary Information**

The information contained in this manual is proprietary. By accepting this manual, providers agree:

- To use this manual solely for the purposes of referencing information regarding the provision of medical services Iowa Medicaid enrollees who have chosen Amerigroup as their health care plan.
- To protect and hold the manual's information as confidential.
- Not to disclose the information contained in this manual.

## **Legal and Administrative Requirements**

## **Updates and Changes**

The Provider Manual, as part of your Provider Agreement and related Addendums, may be updated at any time and is subject to change. In the event of an inconsistency between information contained in the manual and the Provider Agreement between you or your facility and Amerigroup, the Provider Agreement shall govern.

In the event of a material change to the Provider Manual, we will make all reasonable efforts to notify you in advance of such change through web-posted newsletters, email notifications, fax communications (such as provider bulletins), and/or other mailings. In such cases, the most recently published information should supersede all previous information and be considered the current directive.

The manual is not intended to be a complete statement of all Amerigroup policies or procedures. Other policies and procedures not included in this manual may be posted on our website or published in specially targeted communications, as referenced above.

This manual does not contain legal, tax or medical advice. Please consult your own advisors for such advice.

## **CHAPTER 3: CONTACTS**

## Contacts

## Overview

When you need the correct phone number, fax number, website or street address, the information should be right at your fingertips. With that in mind, we have compiled the most-used contacts for you and your office staff for Amerigroup services and support.

## **Contacts**

# **Amerigroup Contacts**

If you have questions about	Contact
Amerigroup on Call	Amerigroup on Call
	Phone: 1-866-864-2544 (English) 1-866-864-2545 (Spanish)
	TTY: 711
	Hours: 24 hours a day, 7 days a week
Amerigroup Provider Services	Phone: 1-800-454-3730
	Hours: Monday through Friday, 7:30 a.m6 p.m. Central time
	Website: https://providers.amerigroup.com/ia
Behavioral Health Services	Amerigroup Medical Management
	Phone: 1-800-454-3730 (TTY 711)
	Hours: Monday through Friday, 7:30 a.m6 p.m. Central time
	Fax: 1-877-434-7578 (inpatient) 1-866-877-5229 (outpatient)
Integrated Case Management	Amerigroup Medical Management
Referrals	Phone: 1-800-454-3730 (TTY 711)
	Hours: Monday through Friday, 7:30 a.m6 p.m. Central time
	Fax: 1-800-964-3627
Claims: Electronic Processing	EDI Solutions Help Desk
	Phone: 1-800-590-5745
	Hours: Monday through Friday, 7:30 a.m6 p.m. Central time
	Providers have four options to submit electronic professional and
	institutional claims:
	Availity: payer ID 26375
	Emdeon: payer ID 27514
	Capario: payer ID 28804
	Smart Data Solutions: payer ID 81237
Claims: Payment Status	Amerigroup Provider Services
	Phone: 1-800-454-3730 (TTY 711)
	Hours: Monday through Friday, 7:30 a.m6 p.m. Central time
	Fax: 1-800-964-3627
Claims: Payment	Amerigroup Provider Services
Disputes/Correspondence	Phone: 1-800-454-3730 (TTY 711)
	Hours: Monday through Friday, 7:30 a.m6 p.m. Central time
	Fax: 1-800-964-3627
	Mail: Amerigroup Iowa, Inc.
	Payment Dispute Unit
	P.O. Box 61599
	Virginia Beach, VA 23466-1599

Contact   Claims: Medical Claim Refunds   Amerigroup lowa, Inc.   P.O. Box 933657   Atlanta, GA 31193-3657   Phone: 1-855-789-7989   Email: iowamedicaid@amerigroup.com
P.O. Box 933657 Atlanta, GA 31193-3657 Phone: 1-855-789-7989 Email: iowamedicaid@amerigroup.com  Disease Management Referrals  Amerigroup Disease Management Phone: 1-888-830-4300 (TTY 711) Hours: Monday through Friday, 8:30 a.m5:30 p.m. Central time Fax: 1-888-762-3199  Amerigroup Provider Services Phone: 1-800-454-3730 (TTY 711) Hours: Monday through Friday, 7:30 a.m6 p.m. Central time Fax: 1-800-964-3627 Mail: ATTN: MSIU Amerigroup lowa, Inc. P.O. Box 62509 Virginia Beach, VA 23466  Hospital/Facility Admission Notification  Amerigroup Medical Management Phone: 1-800-454-3730 (TTY 711) Hours: Monday through Friday, 7:30 a.m6 p.m. Central time Fax: 1-800-964-3627  Interpreter Services  Amerigroup Member Services Phone: 1-800-600-4441 (TTY 711) Hours: Monday through Friday, 7:30 a.m6 p.m. Central time After hours, contact Amerigroup on Call at: 1-866-864-2544 (English); 1-866-864-2545 (Spanish); TTY: 711; available 24/7  Iowa Relay Service (Relay Iowa) TTY: 711/1-800-735-2942 (ASCII)/1-800-735-2943 (Voice) 1-800-735-4313 (VCO Direct)
Atlanta, GA 31193-3657  Credentialing and Recredentialing Phone: 1-855-789-7989 Email: iowamedicaid@amerigroup.com  Disease Management Referrals  Amerigroup Disease Management Phone: 1-888-830-4300 (TTY 711) Hours: Monday through Friday, 8:30 a.m5:30 p.m. Central time Fax: 1-888-762-3199  Fraud and Abuse  Amerigroup Provider Services Phone: 1-800-454-3730 (TTY 711) Hours: Monday through Friday, 7:30 a.m6 p.m. Central time Fax: 1-800-964-3627 Mail: ATTN: MSIU Amerigroup lowa, Inc. p.0. Box 62509 Virginia Beach, VA 23466  Hospital/Facility Admission Notification  Amerigroup Medical Management Phone: 1-800-454-3730 (TTY 711) Hours: Monday through Friday, 7:30 a.m6 p.m. Central time Fax: 1-809-964-3627  Interpreter Services  Amerigroup Member Services Phone: 1-800-40441 (TTY 711) Hours: Monday through Friday, 7:30 a.m6 p.m. Central time After hours, contact Amerigroup on Call at: 1-866-864-2544 (English); 1-866-864-2545 (Spanish); TTY: 711; available 24/7  Iowa Relay Service (Relay Iowa) TTY: 711/1-800-735-2942 (ASCII)/1-800-735-2943 (Voice) 1-800-735-4313 (VCO Direct)
Phone: 1-855-789-7989   Email: iowamedicaid@amerigroup.com
Email: iowamedicaid@amerigroup.com  Amerigroup Disease Management Phone: 1-888-830-4300 (TTY 711) Hours: Monday through Friday, 8:30 a.m5:30 p.m. Central time Fax: 1-888-762-3199  Fraud and Abuse  Amerigroup Provider Services Phone: 1-800-454-3730 (TTY 711) Hours: Monday through Friday, 7:30 a.m6 p.m. Central time Fax: 1-800-964-3627 Mail: ATTN: MSIU Amerigroup lowa, Inc. P.O. Box 62509 Virginia Beach, VA 23466  Hospital/Facility Admission Notification  Amerigroup Medical Management Phone: 1-800-454-3730 (TTY 711) Hours: Monday through Friday, 7:30 a.m6 p.m. Central time Fax: 1-800-964-3627  Interpreter Services  Amerigroup Member Services Phone: 1-800-600-4441 (TTY 711) Hours: Monday through Friday, 7:30 a.m6 p.m. Central time After hours, contact Amerigroup on Call at: 1-866-864-2544 (English); 1-866-864-2545 (Spanish); TTY: 711; available 24/7  Iowa Relay Service (Relay Iowa) TTY: 711/1-800-735-2942 (ASCII)/1-800-735-2943 (Voice) 1-800-735-4313 (VCO Direct)
Disease Management Referrals  Amerigroup Disease Management Phone: 1-888-830-4300 (TTY 711) Hours: Monday through Friday, 8:30 a.m5:30 p.m. Central time Fax: 1-888-762-3199  Fraud and Abuse  Amerigroup Provider Services Phone: 1-800-454-3730 (TTY 711) Hours: Monday through Friday, 7:30 a.m6 p.m. Central time Fax: 1-800-964-3627 Mail: ATTN: MSIU Amerigroup lowa, Inc. P.O. Box 62509 Virginia Beach, VA 23466  Hospital/Facility Admission Notification  Amerigroup Medical Management Phone: 1-800-454-3730 (TTY 711) Hours: Monday through Friday, 7:30 a.m6 p.m. Central time Fax: 1-800-964-3627  Interpreter Services  Amerigroup Member Services Phone: 1-800-600-4441 (TTY 711) Hours: Monday through Friday, 7:30 a.m6 p.m. Central time After hours, contact Amerigroup on Call at: 1-866-864-2544 (English); 1-866-864-2545 (Spanish); TTY: 711; available 24/7  Iowa Relay Service (Relay Iowa) TTY: 711/1-800-735-2942 (ASCII)/1-800-735-2943 (Voice) 1-800-735-4313 (VCO Direct)
Phone: 1-888-830-4300 (TTY 711)
Hours: Monday through Friday, 8:30 a.m5:30 p.m. Central time Fax: 1-888-762-3199  Fraud and Abuse  Amerigroup Provider Services Phone: 1-800-454-3730 (TTY 711) Hours: Monday through Friday, 7:30 a.m6 p.m. Central time Fax: 1-800-964-3627 Mail: ATTN: MSIU Amerigroup lowa, Inc. P.O. Box 62509 Virginia Beach, VA 23466  Hospital/Facility Admission Notification  Amerigroup Medical Management Phone: 1-800-454-3730 (TTY 711) Hours: Monday through Friday, 7:30 a.m6 p.m. Central time Fax: 1-800-964-3627  Interpreter Services  Amerigroup Member Services Phone: 1-800-600-4441 (TTY 711) Hours: Monday through Friday, 7:30 a.m6 p.m. Central time After hours, contact Amerigroup on Call at: 1-866-864-2544 (English); 1-866-864-2545 (Spanish); TTY: 711; available 24/7  Iowa Relay Service (Relay Iowa) TTY: 711/1-800-735-2942 (ASCII)/1-800-735-2943 (Voice) 1-800-735-4313 (VCO Direct)
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Notification         Phone: 1-800-454-3730 (TTY 711)           Hours: Monday through Friday, 7:30 a.m6 p.m. Central time           Fax: 1-800-964-3627           Interpreter Services         Amerigroup Member Services           Phone: 1-800-600-4441 (TTY 711)         Hours: Monday through Friday, 7:30 a.m6 p.m. Central time           After hours, contact Amerigroup on Call at: 1-866-864-2544 (English);         1-866-864-2545 (Spanish); TTY: 711; available 24/7           Iowa Relay Service (Relay Iowa)         TTY: 711/1-800-735-2942 (ASCII)/1-800-735-2943 (Voice)           1-800-735-4313 (VCO Direct)
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Hours: Monday through Friday, 7:30 a.m6 p.m. Central time After hours, contact Amerigroup on Call at: 1-866-864-2544 (English); 1-866-864-2545 (Spanish); TTY: 711; available 24/7  lowa Relay Service (Relay lowa)  TTY: 711/1-800-735-2942 (ASCII)/1-800-735-2943 (Voice) 1-800-735-4313 (VCO Direct)
After hours, contact Amerigroup on Call at: 1-866-864-2544 (English); 1-866-864-2545 (Spanish); TTY: 711; available 24/7  lowa Relay Service (Relay lowa)  TTY: 711/1-800-735-2942 (ASCII)/1-800-735-2943 (Voice) 1-800-735-4313 (VCO Direct)
1-866-864-2545 (Spanish); TTY: 711; available 24/7  lowa Relay Service (Relay lowa)  TTY: 711/1-800-735-2942 (ASCII)/1-800-735-2943 (Voice) 1-800-735-4313 (VCO Direct)
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1-800-735-4313 (VCO Direct)
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1-877-735-1007 (Speech to speech)
Hours: 24/7, 365 days a year
Medical Management Amerigroup Medical Management
Phone: 1-800-454-3730 (TTY 711)
Hours: Monday through Friday, 7:30 a.m6 p.m. Central time
Fax: 1-800-964-3627
Member Services For Member Services, member grievances and appeals, interpreter services,
and personal information changes:
Phone: 1-800-600-4441 (TTY 711)
Hours: Monday through Friday, 7:30 a.m6 p.m. Central time
, , , , , , , , , , , , , , , , , , ,
After hours, call Amerigroup on Call at 1-866-864-2544 (English);
1-866-864-2545 (Spanish); TTY: 711
Hours: 24 hours a day, 7 days a week
Written correspondence for member appeals:
Central Appeals Processing
Amerigroup Iowa, Inc.
P.O. Box 62429
Virginia Beach, VA 23466-2429

If you have questions about	Contact
Member Eligibility	Verify eligibility through either Iowa Department of Human Services (DHS)
ivieniaei Englanity	or Amerigroup:
	Iowa DHS eligibility information
	Eligibility and Verification Information System (EVS) Automated Voice
	Response Phone: 1-800-338-7752 or 515-323-9639
	Hours: 24 hours a day, 7 days a week
	Website: https://ime-
	ediss5010.noridian.com/iowaxchange5010/LogonDisplay.do
	To verify Hawki eligibility, call 1-800-257-8563.
	Amerigroup Provider Services
	Phone: 1-800-454-3730
	Hours: Monday through Friday, 7:30 a.m6 p.m. Central time
	Fax: 1-800-964-3627
	Secure provider website: https://providers.amerigroup.com/ia
Pharmacy Questions and	Amerigroup Pharmacy Department
Prescriptions: Providers	Phone: 1-800-454-3730
	Hours: Monday through Friday, 7 a.m7 p.m. Central time
	Website: https://providers.amerigroup.com/ia
Pharmacy Questions and	Amerigroup Pharmacy
Prescriptions: Members	Phone: 1-833-205-6008
	Hours: Monday through Friday, 7 a.m7 p.m. Central time
	Website: https://www.myamerigroup.com/ia
Precertification: Behavioral Health	Amerigroup Medical Management
	Phone: 1-800-454-3730
	Hours: Monday through Friday, 7:30 a.m6 p.m. Central time
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	All requests may be submitted via the web portal at:
	All requests may be submitted via the web portal at:  https://providers.amerigroup.com/ia
	https://providers.amerigroup.com/ia
Prior Authorization: Medical	https://providers.amerigroup.com/ia Inpatient fax: 1-877-434-7578
Prior Authorization: Medical	https://providers.amerigroup.com/ia Inpatient fax: 1-877-434-7578 Outpatient fax: 1-866-877-5229
Prior Authorization: Medical	https://providers.amerigroup.com/ia Inpatient fax: 1-877-434-7578 Outpatient fax: 1-866-877-5229  Amerigroup Medical Management Phone: 1-800-454-3730 (TTY 711) Hours: Monday through Friday, 7:30 a.m6 p.m. Central time
	https://providers.amerigroup.com/ia Inpatient fax: 1-877-434-7578 Outpatient fax: 1-866-877-5229  Amerigroup Medical Management Phone: 1-800-454-3730 (TTY 711) Hours: Monday through Friday, 7:30 a.m6 p.m. Central time Fax: 1-800-964-3627
Prior Authorization: Medical	https://providers.amerigroup.com/ia Inpatient fax: 1-877-434-7578 Outpatient fax: 1-866-877-5229  Amerigroup Medical Management Phone: 1-800-454-3730 (TTY 711) Hours: Monday through Friday, 7:30 a.m6 p.m. Central time Fax: 1-800-964-3627  AIM Specialty Health® (AIM)
	https://providers.amerigroup.com/ia Inpatient fax: 1-877-434-7578 Outpatient fax: 1-866-877-5229  Amerigroup Medical Management Phone: 1-800-454-3730 (TTY 711) Hours: Monday through Friday, 7:30 a.m6 p.m. Central time Fax: 1-800-964-3627  AIM Specialty Health® (AIM) Phone: 1-800-714-0040
Prior Authorization: Medical	https://providers.amerigroup.com/ia Inpatient fax: 1-877-434-7578 Outpatient fax: 1-866-877-5229  Amerigroup Medical Management Phone: 1-800-454-3730 (TTY 711) Hours: Monday through Friday, 7:30 a.m6 p.m. Central time Fax: 1-800-964-3627  AIM Specialty Health® (AIM) Phone: 1-800-714-0040 Hours: Monday through Friday, 7:30 a.m 6 p.m. Central time
Prior Authorization: Medical Vascular and Radiology Modalities	https://providers.amerigroup.com/ia Inpatient fax: 1-877-434-7578 Outpatient fax: 1-866-877-5229  Amerigroup Medical Management Phone: 1-800-454-3730 (TTY 711) Hours: Monday through Friday, 7:30 a.m6 p.m. Central time Fax: 1-800-964-3627  AIM Specialty Health® (AIM) Phone: 1-800-714-0040 Hours: Monday through Friday, 7:30 a.m 6 p.m. Central time Website: https://www.providerportal.com
Prior Authorization: Medical	https://providers.amerigroup.com/ia Inpatient fax: 1-877-434-7578 Outpatient fax: 1-866-877-5229  Amerigroup Medical Management Phone: 1-800-454-3730 (TTY 711) Hours: Monday through Friday, 7:30 a.m6 p.m. Central time Fax: 1-800-964-3627  AIM Specialty Health® (AIM) Phone: 1-800-714-0040 Hours: Monday through Friday, 7:30 a.m 6 p.m. Central time Website: https://www.providerportal.com Amerigroup
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Prior Authorization: Medical Vascular and Radiology Modalities Prior Authorization: Pharmacy	https://providers.amerigroup.com/ia Inpatient fax: 1-877-434-7578 Outpatient fax: 1-866-877-5229  Amerigroup Medical Management Phone: 1-800-454-3730 (TTY 711) Hours: Monday through Friday, 7:30 a.m6 p.m. Central time Fax: 1-800-964-3627  AIM Specialty Health® (AIM) Phone: 1-800-714-0040 Hours: Monday through Friday, 7:30 a.m 6 p.m. Central time Website: https://www.providerportal.com  Amerigroup Phone: 1-800-454-3730 Fax: 1-844-512-9004 ePrescribe: www.covermymeds.com
Prior Authorization: Medical Vascular and Radiology Modalities	https://providers.amerigroup.com/ia Inpatient fax: 1-877-434-7578 Outpatient fax: 1-866-877-5229  Amerigroup Medical Management Phone: 1-800-454-3730 (TTY 711) Hours: Monday through Friday, 7:30 a.m6 p.m. Central time Fax: 1-800-964-3627  AIM Specialty Health® (AIM) Phone: 1-800-714-0040 Hours: Monday through Friday, 7:30 a.m 6 p.m. Central time Website: https://www.providerportal.com  Amerigroup Phone: 1-800-454-3730 Fax: 1-844-512-9004 ePrescribe: www.covermymeds.com  For provider advocate services, verifying eligibility and benefits,
Prior Authorization: Medical Vascular and Radiology Modalities Prior Authorization: Pharmacy	https://providers.amerigroup.com/ia Inpatient fax: 1-877-434-7578 Outpatient fax: 1-866-877-5229  Amerigroup Medical Management Phone: 1-800-454-3730 (TTY 711) Hours: Monday through Friday, 7:30 a.m6 p.m. Central time Fax: 1-800-964-3627  AIM Specialty Health® (AIM) Phone: 1-800-714-0040 Hours: Monday through Friday, 7:30 a.m 6 p.m. Central time Website: https://www.providerportal.com  Amerigroup Phone: 1-800-454-3730 Fax: 1-844-512-9004 ePrescribe: www.covermymeds.com  For provider advocate services, verifying eligibility and benefits, checking claims status, and EDI information:
Prior Authorization: Medical Vascular and Radiology Modalities Prior Authorization: Pharmacy	https://providers.amerigroup.com/ia Inpatient fax: 1-877-434-7578 Outpatient fax: 1-866-877-5229  Amerigroup Medical Management Phone: 1-800-454-3730 (TTY 711) Hours: Monday through Friday, 7:30 a.m6 p.m. Central time Fax: 1-800-964-3627  AIM Specialty Health® (AIM) Phone: 1-800-714-0040 Hours: Monday through Friday, 7:30 a.m 6 p.m. Central time Website: https://www.providerportal.com  Amerigroup Phone: 1-800-454-3730 Fax: 1-844-512-9004 ePrescribe: www.covermymeds.com  For provider advocate services, verifying eligibility and benefits, checking claims status, and EDI information: Phone: 1-800-454-3730
Prior Authorization: Medical Vascular and Radiology Modalities Prior Authorization: Pharmacy	https://providers.amerigroup.com/ia Inpatient fax: 1-877-434-7578 Outpatient fax: 1-866-877-5229  Amerigroup Medical Management Phone: 1-800-454-3730 (TTY 711) Hours: Monday through Friday, 7:30 a.m6 p.m. Central time Fax: 1-800-964-3627  AIM Specialty Health® (AIM) Phone: 1-800-714-0040 Hours: Monday through Friday, 7:30 a.m 6 p.m. Central time Website: https://www.providerportal.com  Amerigroup Phone: 1-800-454-3730 Fax: 1-844-512-9004 ePrescribe: www.covermymeds.com  For provider advocate services, verifying eligibility and benefits, checking claims status, and EDI information:

If you have questions about	Contact
Transportation Services	LogistiCare
(Nonemergency medical	Phone: 1-844-544-1389 (reservations) 1-844-544-1390 (Ride Assist)
transportation)	TTY: 1-866-288-3133
	Hours: Monday through Friday, 7 a.m6 p.m. Central time
Transportation Services (for HCBS	The Elderly Waiver, Intellectual Disability Waiver, Physical Disability Waiver
Waiver participants)	and Brain Injury Waiver have transportation as a covered service. To
	schedule transportation services call the reservation line at 1-844-544-1389.
	To review a previously requested reservation, call the Where's My Ride Line at 1-844-544-1390.
	Transportation as a Waiver service is to assist Waiver members in conducting business errands and essential shopping, to travel to and from work or day programs and to reduce social isolation. All nonemergency, nonmedical HCBS Waiver transportation services should be billed directly to Amerigroup, based on the member's Amerigroup LTSS contract and in accordance with their person-centered plan.
	Providers cannot provide nonemergent transportation under the HCBS Waiver as this is considered double billing. HCBS Waiver providers with transportation services available within their entity must contract with LogistiCare to be reimbursed for nonemergency medical transportation (NEMT) services. Please see the NEMT section outlined in <b>Chapter 5</b> for more details.
Vision Services	Superior Vision Benefit Management, Inc.
	Provider Services phone: 1-866-819-4298
	Member Services phone: 1-800-679-8901
	Hours: Monday through Friday, 7:30 a.m6 p.m. Central time
	Website: www.superiorvision.com

#### **CHAPTER 4: COVERED AND NONCOVERED SERVICES**

#### **Covered and Noncovered Services**

#### **Covered Services**

The following grids list covered and noncovered services, including notations for services requiring precertification. Because covered benefits periodically change, verify coverage before providing services. You may also refer to the state's **Benefits Comparison Grid** for Medicaid, Hawki, Iowa Health and Wellness Plan and Family Planning Network services.

For benefits available from out-of-network providers, please contact Provider Services to determine the requirements.

### **Cost sharing**

A variety of methods are used to share expenses between the state and a member. These methods include monthly cost shares, copays and premiums. For Medicaid, Iowa Health and Wellness and Hawki, copays vary based on eligibility. For services under the Iowa Family Planning Network, there are no copays or other cost sharing.

### **Covered and Noncovered Services**

#### **Covered Services: Medicaid Services**

Covered services: Medicaid Services	Coverage limits
1915(C) home- and community-based	Covered
services	
1915(I) habilitation services	Covered
Abortions	<ul> <li>Prior authorization may be required. May only be approved under the following situations:</li> <li>The physician certifies that the pregnant woman's life would be endangered if the fetus were carried to term.</li> <li>The physician certifies that the fetus is physically deformed, mentally deficient or afflicted with a congenital illness and the physician states the medical indication for determining the fetal condition.</li> <li>The pregnancy was the result of rape reported to a law enforcement agency or public or private health agency which may include a family physician within 45 days of the date of occurrence of the incident. The report shall include the name, address and signature of the person making the report. Form 470-0836 shall be signed by the person receiving the report of the rape.</li> <li>The pregnancy was the result of incest reported to a law enforcement agency or public or private health agency including a family physician no later than 150 days after the date of occurrence. The report shall include the name, address, and signature of the person making the report. Form 470-0836 shall be signed by the person receiving the report of incest.</li> </ul>
Affordable Care Act (ACA) preventive	Covered
services	
Allergy testing and injections	Covered
Ambulance	Covered
Ambulatory surgical center	Covered, includes anesthesia
Anesthesia	Covered as medically necessary

Covered services: Medicaid Services	Coverage limits
Assertive Community Treatment (ACT)	Covered (may require prior authorization)
(b)(3) services (intensive psychiatric	Covered (may require prior authorization)
rehabilitation, community support	Covered (may require prior authorization)
services, peer support, residential	
substance use treatment, respite,	
intenerated services and supports)	
Bariatric surgery for morbid obesity	Covered as medically necessary
Behavioral health intervention services	Covered (may require prior authorization)
(BHIS) and assertive community treatment	covered (may require prior dumonization)
(ACT)	
Behavioral health services office visit	Covered (may require prior authorization)
Breast reconstruction	Covered as medically necessary, related to breast cancer and
	following mastectomy
Breast reduction	Covered as medically necessary (may require prior
	authorization)
a 1: 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	Covered as medically necessary (may require prior
Cardiac rehabilitation	authorization)
Certified nurse midwife services	Covered
Chemotherapy – inpatient and outpatient	Covered (may require prior authorization)
Child Care Medical Services	Covered
Chiropractic care (therapeutic adjustive	Covered as medically necessary
manipulation)	, ,
Chronic Condition Health Homes	Covered (requires member enrollment)
Colorectal cancer screening	Covered
Community-based neurobehavioral	Covered (may require prior authorization)
rehabilitation services	, , , , ,
Congenital abnormalities correction	Covered as medically necessary
Contraceptive devices	Covered
Diabetes equipment and supplies	Covered
Diabetic self-management training	Covered once per member, lifetime maximum
Diagnostic genetic testing	Covered
Dialysis	Covered
Durable medical equipment (DME) and	Covered; a DME purchase less than \$500 does not require prior
supplies (DMS)	authorization. This does not apply to DMS.
	Limits (may require prior authorization):
	Up to a three-month supply of medical supplies
	Diabetic supplies are as follows:
	<ul> <li>Preferred test strips covered under the pharmacy</li> </ul>
	benefit. Preferred meters are covered under the
	Abbott Free Meter program.
	<ul> <li>Blood glucose test or reagent strips – six units per</li> </ul>
	month (one unit = 50 strips)
	Urine glucose test strips – three units per month (one)
	unit = 100 strips)
	Lancets – four units per month (one unit = 100 lancets)
	Needles – 500 units per month (one unit = one needle)
	Reusable insulin pens – one every six months
	O Diaper/brief – 1,080 per 90-day period
	o Liner/shield/guard/pad 450 per 90-day supply
	o Pull-on – 450 per 90-day period
	O Disposable under pads 600 per 90-day period
	Reusable under pads – 48 per 12 months
	Eye glasses – Covered, limitations may apply

Covered services: Medicaid Services	Coverage limits
	Hearing aid batteries – up to 30 batteries per aid in a 90-day
	period
DME and DMS (continued)	Ostomy supplies and accessories – one unit per day of
	regular wear or three units per month of extended wear
	Note: Services are limited to members in a medical facility.
Emergency room services	Covered \$3 per visit for nonemergency medical services
Emergency medical transportation	Covered as medically necessary
Early and periodic screening, diagnosis and	Covered
treatment (EPSDT)	
Private duty nursing/personal cares (EPSDT	Covered
homecare benefit)	
Family planning-related services and	Covered
supplies	
Foot care (podiatry)	Covered
	Note: Routine foot care is <i>not</i> covered unless it is part of a
	member's overall treatment related to certain health care
	conditions.
Genetic counseling	Covered as medically necessary
Gynecological exams	Covered
Hearing aids	Covered as medically necessary (may require prior
	authorization)
Hearing exams and services	One hearing exam per year covered
Home health services (skilled nursing,	Limits (may require prior authorization):
home health aide, physical therapy,	Skilled nursing care – five visits per week
occupational therapy and speech therapy)	Home health aide – 28 hours per week
	Occupational, physical and speech therapy – limited to
	physician-approved visits within rules for restorative maintenance or trial therapy
Hospice	Limit (may require prior authorization): may only be used in
Daily categories:	five-day spans
Routine care ( <i>If member is residing in a</i>	inve day spans
nursing facility, room-and-board charges	
covered at 95 percent)	
Facility respite	
Inpatient hospital	
• Continuous	
Hospitalization	Covered as medically necessary (may require prior
	authorization)
ICF/ID (intermediate care facility for	Covered, limitations apply
individuals with intellectual disabilities)	
Imaging/diagnostics (MRI, CT, PET)	Covered as medically necessary (may require prior
	authorization)
Immunizations (shots)	Covered
Inhalation therapy	Covered as medically necessary (may require prior
	authorization)
Injections (physician's office and hospital)	Covered, limitations may apply
Inpatient hospital admissions preapproval	Required for nonemergency admissions
Inpatient hospital services room and board	Covered
Inpatient physician services	Covered, includes anesthesia
Inpatient hospital supplies	Covered
Inpatient surgical services	Covered
Integrated Health Homes	Covered (requires member enrollment)
Intensive care unit	Covered as medically necessary

Covered services: Medicaid Services	Coverage limits
IV infusion services	Covered as medically necessary (may require prior
TV IIII dolon services	authorization)
Laboratory tests	Covered (may require prior authorization)
Long term services supports (LTSS) case	Covered for individuals with a developmental disability and
management	HCBS Waiver populations only
Mammography radiology services	Covered
Maternity and pregnancy services	Covered
(preconception/interception prenatal	Corcica
postpartum)	
Medical and surgical supplies	Covered as medically necessary
Mental health/behavioral health	Covered as medically necessary (may require prior
outpatient treatment	authorization)
Mental health/behavioral health inpatient	Covered as medically necessary (may require prior
treatment	authorization)
Nonemergent transportation (NEMT)	Covered
Newborn child coverage	Covered
Noncosmetic reconstructive surgery	Covered as medically necessary (may require prior
<b>.</b>	authorization)
Nursing facility	Covered as medically necessary; must meet level of care
Nursing facility – special population (also	Requires prior authorization for out-of-state placement.
known as skilled preapproval)	
Nutritional counseling	Covered as medically necessary
Organ/bone marrow transplants	Covered, limitations apply
Orthotics	Limits (may require prior authorization):
	Two pairs of depth shoes per member in a 12-month period
	Three pairs of inserts, plus noncustomized removable inserts
	provided with depth shoes in a 12-month period
	Two pairs of custom-molded shoes per member in a 12-
	month period, plus two additional pair of inserts for custom-
	molded shoes in a 12-month period
Outpatient hospital diagnostic lab,	Covered (may require prior authorization)
radiology	
Outpatient surgery	Covered as medically necessary (may require prior
	authorization)
Outpatient therapy (physical, occupational,	Covered; for physical, occupational and speech therapy, the
speech, cardiac , respiratory pulmonary)	legal Medicare Part B outpatient cap is \$1920 (may require
Owner the second interletion the second	prior authorization).
Oxygen therapy (inhalation therapy)	Covered, Prior authorization may be required
Pap smears	Covered
Pathology Pelvic exams	Covered
Pharmacy	Covered Limits (may require prior authorization):
Pilatinacy	Prior authorization is required as specified in the <i>Preferred</i>
	Drug List (PDL) at www.iowamedicaidpdl.com. Exclusions
	may apply
	<ul> <li>72-hour emergency supply; this does not apply to medicines</li> </ul>
	to help quit smoking or for hepatitis-C
	Drug costs are reimbursed only for drugs marketed by
	manufacturers with a signed rebate agreement
	Certain nonprescription over-the-counter (OTC) drugs and
	nondrugs are covered
	Quantities covered includes:

Covered services: Medicaid Services	Coverage limits
Covered services: Iviedicald Services	<ul> <li>Coverage limits</li> <li>Up to a 31-day supply at a time, except certain contraceptives, which is at 90 days</li> <li>OTC drugs – minimum of 100 units per prescription, or currently available consumer package</li> <li>Initial 15-day supply limit for certain drugs</li> <li>Monthly quantity limit for certain drugs</li> <li>Noncovered drug categories include:         <ul> <li>Drugs used for anorexia, weight gain or weight loss</li> <li>Drugs used for cosmetic purposes or hair growth</li> <li>Outpatient drugs, if the manufacturer requires it as a condition of sale that associated tests or monitoring services be purchased only from the manufacturer or the manufacturer's designee</li> <li>Drugs prescribed for fertility purposes, except when prescribed for a medically accepted indication other than infertility</li> <li>Drugs used for sexual or erectile dysfunction</li> <li>Drugs for symptomatic relief of cough and colds,</li> </ul> </li> </ul>
	except listed OTC drugs
Physician services (office visits, physician emergency room visits, inpatient hospital visits and consultations)	Covered
Physical therapy	Covered
Prescription drug generic copay	Covered, \$1 copay
Prescription drug nonpreferred brand name copay	Covered \$1 copay for prescriptions under \$25 \$2 copay for prescriptions between \$25.01 to \$50 or the preferred copay with a prior authorization \$3 copay for prescriptions \$50.01 or more or the preferred copay with a prior authorization
Prescription drug preferred brand name copay	Covered, \$1 copay
Prescription drug coverage - quantity	31-day supply for all prescriptions, except contraceptives which is a 90-day supply.
Preventive care	Covered
Private duty nursing services	Covered up to age 21 under EPSDT
Psychiatric medical institutions for children (PMIC)	Covered (may require prior authorization)
Primary care physician services	Covered
Prostate cancer screening	Covered as medically necessary
Prosthetics	Covered as medically necessary (may require prior authorization)
Pulmonary rehabilitation	Covered, Prior authorization may be required
Radiation therapy	Covered as medically necessary (may require prior authorization)
Reconstructive surgery (noncosmetic)	Covered as medically necessary
Routine check-ups	Covered
Sexually transmitted infection (STI) and sexually transmitted disease (STD) testing	Covered
Screening Pap test	Covered as medically necessary
Screening mammography	Covered as medically necessary
Second surgical option	Covered

Covered services: Medicaid Services	Coverage limits
Skilled nursing facility	Covered, limitations apply
Sleep apnea treatment	Covered (may require prior authorization)
Sleep study testing	Covered (may require prior authorization)
Prescription and nonprescription drugs for	Covered
smoking cessation	Covered
Prescription oral contraceptives	Covered
Specialist office visit	Covered; PCP referral may be required
Special physician services	Covered as medically necessary
Special population skilled nursing facility	Covered, limitations apply
out of state (skilled preapproval)	covered, initiations appry
Substance use disorder	Must meet American Society of Addiction Medicine (ASAM)
inpatient/outpatient treatment	criteria as the utilization management guidelines for substance
	use disorder services (may require prior authorization). Note:
	Additional substance use disorder services may be covered
	through the Iowa Department of Public Health (IDPH) for
	members who qualify.
Temporomandibular joints (TMJ)	Covered as medically necessary (may require prior
treatment	authorization)
Tobacco cessation	Covered
Tobacco cessation for pregnant women	Covered
Transplant – organ and tissue	May require prior authorization. Limited to the following
	specified medical conditions and diagnoses:
	Certain bone marrow/stem cell transfers from a living donor
	(i.e., allogeneic stem cell transplants), or from the patient
	him/herself (i.e., autologous stem cell transplants)  • Heart
	<ul><li>Heart/lung</li><li>Ventricular assist devices for "bridge" therapy</li></ul>
	Kidney
	• Liver
	• Lung
	Pancreas
	Simultaneous pancreas/kidney
	Small bowel
	Corneal transplants
	Donor expenses incurred directly in connection with a
	covered transplant are payable, but only as part of the
	payment for the transplant itself.
	Expenses incurred for complications that arise with respect
	to the donor are covered only if they are directly and
	immediately attributed to surgery.
	Noncovered services include:
	Transport of living donor
	Transplantation of islet cells or partial pancreatic tissue
	Ventricular assist devices, (related to heart transplants) for     "destination" the assets.
	"destination" therapy
Hegent care contain /facilities and	Expenses of searching for a donor     Covered.
Urgent care centers/facilities and emergency clinics (nonhospital based)	Covered
Vision services	Limits: one per 12-month period
Vision frames and lenses	Frame services and single vision and multifocal lens services are
Vision frames and lenses	covered:
	covereu.

Covered services: Medicaid Services	Coverage limits
	Up to three times for children up to age 1
	Up to four times per year for children ages 1-3
	One frame every 12 months for children ages 4-7; safety
	frames are covered for children through age 7
	One frame every 24 months for members age 8 and older
	Gas permeable contact lenses are covered:
	Up to 16 lenses for children up to age 1
	Up to eight lenses every 12 months for children ages 1-3
	Up to six lenses every 12 months for children ages 4-7
	Two lenses every 24 months for members age 8 and older
	Replacement of lost or damaged glasses beyond repair are
	covered:
	For adults age 21 and older, once every 12 months
	For children younger than age 21
Walk-in center services	Covered as medically necessary
X-ray procedures such as MRIs, CAT scans	Covered as medically necessary (may require prior
and PET scans require prior authorization	authorization)

## **Covered and Noncovered Services**

**Noncovered Services: Medicaid Services** 

Noncovered Services: Medicaid Services	Details
Acupuncture	Not covered
Clinical trials	Not covered
Infertility diagnosis and treatment	Not covered
Pharmacy	Noncovered drug categories include:
	Drugs used for anorexia, weight gain or weight loss
	Drugs used for cosmetic purposes or hair growth
	<ul> <li>Outpatient drugs if the manufacturer requires as a condition of sale that associated tests or monitoring services be purchased only from the manufacturer or the manufacturer's designee</li> <li>Drugs prescribed for fertility purposes, except when prescribed for a medically accepted indication other than infertility</li> <li>Drugs used for sexual or erectile dysfunction</li> <li>Drugs for symptomatic relief of cough and colds, except listed</li> </ul>
	OTC drugs
	Drugs prescribed for a use other than the drug's medically accepted use
	Drugs classified as less than effective by the Centers for
	Medicare and Medicaid Services
	Drugs marketed by manufacturers that have not signed a
	Medicaid rebate agreement

The list provided does not show all benefits. For more information, please contact Provider Services at 1-800-454-3730.

## **Covered and Noncovered Services**

**Covered Services: Hawki** 

**Deductible**: none

Maximum out-of-pocket expense (calendar year): none

Lifetime maximum: none

Lifetime maximum: none	D. L. H.
Covered Services: Hawki	Details
Abortions	<ul> <li>Prior authorization may be required. Approved if federal and state requirements are met. May only be approved if:</li> <li>The physician certifies that the pregnant woman's life would be endangered if the fetus were carried to term.</li> <li>The physician certifies that the fetus is physically deformed, mentally deficient or afflicted with a congenital illness and the physician states the medical indication for determining the fetal condition.</li> <li>The pregnancy was the result of rape reported to a law enforcement agency or public or private health agency which may include a family physician within 45 days of the date of occurrence of the incident. The report shall include the name, address and signature of the person making the report. Form 470-0836 shall be signed by the person receiving the report of the rape.</li> <li>The pregnancy was the result of incest reported to a law enforcement agency or public or private health agency including a family physician no later than 150 days after the date of occurrence. The report shall include the name, address, and signature of the person making the report. Form 470-0836 shall be signed by the person receiving the report of incest.</li> </ul>
Affordable Care Act (ACA) preventive	Covered
services	
Allergy testing and injections	Covered
Ambulance	Covered
Ambulatory surgical center	Covered, includes anesthesia
Bariatric surgery for morbid obesity	Covered, limitations may apply (may require prior authorization)
Behavioral health services office visit	Covered (may require prior authorization)
Blood and blood administration	Covered if medically necessary
Breast reconstruction, following breast	Covered, limitations may apply
cancer and mastectomy	
Cardiac rehabilitation outpatient therapy	Covered, (may require prior authorization)
services	
Certified nurse midwife services	Covered
Chemotherapy	Covered (may require prior authorization)
Chiropractic care	Covered (limitations apply)
Colorectal cancer screening	Covered
Contraceptives	Covered
Dental services	Outpatient hospital charges and anesthesia if criteria are met.  Covered for accidental injury.
Diabetes equipment and supplies	Covered
Diabetic self-management training	Covered
Diagnostic genetic testing	Covered
Dialysis	Covered (may require prior authorization)
Durable medical equipment (DME) and durable medical supplies (DMS)	Covered; a DME purchase less than \$500 does not require prior authorization. This does not apply to DMS (other limitations may apply; contact Provider Services).
Emergency medical transportation	Covered as medically necessary

Covered Services: Hawki	Details
Emergency room services	Covered; emergency services for nonemergency conditions are
	subject to a \$25 copay if the family pays a premium for the Hawki
	program
Family planning-related services and	Covered
supplies	
Genetic counseling	Covered (requires prior authorization)
Gynecological exam	Covered
Hearing evaluation, test and hearing aids	Covered (may require prior authorization)
Home health services	Limited to those situations that require skilled services as defined
	for Medicare (may require prior authorization)
Hospice	Covered
Hospital inpatient services	Covered services include:
	Room and board (semi-private)
	Services that are covered as medically necessary include:
	Supplies
	Outpatient facility or surgi-center
	Anesthesia
	Surgery
Immunizations (shots)/Vaccines	Covered; limitations may apply
	Note: Amerigroup will cover the cost of the vaccine and the
	administration of vaccines to Hawki members; providers
	shouldn't use the Vaccines for Children program as it is for
	Medicaid children only.
Injections: physician's office	Covered, limitations may apply
Injections: hospital (inpatient or outpatient)	Covered, limitations may apply
Inpatient hospital admissions preapproval	Required for nonemergency admissions
Laboratory tests	Covered (may require prior authorization)
Mammography radiology services	Covered
Maternity and pregnancy services	Covered services include:
	Physician medical services
	Hospital inpatient service for maternity
	Room and board
	Miscellaneous
Mental/behavioral health and substance	Covered (may require prior authorization)
abuse services (inpatient, outpatient and	
office)	Covered as an elically as a second (if with air and most)
Morbid obesity treatment	Covered as medically necessary (if criteria are met)  Covered
Newborn child coverage Nursing facility	Covered (may require prior authorization)
Physician surgical services	Covered (may require prior authorization)  Covered services include:
1 Trysician sargical services	Office
	Inpatient
	Outpatient
Primary care physician services	Covered
Organ/bone marrow transplants	Covered, with limitations (may require prior authorization)
Orthotics	Covered, limitations may apply and prior authorization required
Outpatient hospital diagnostic lab,	Covered (may require prior authorization)
radiology	covered (may require prior dutilonzation)
Outpatient physician services	Covered services include:
	Home visits or nursing facility visits
	Allergy testing
	Allergy injections
	Immunizations (cannot use Vaccines for Children [VFC])
	azaciona (camilet use vaccines for cimaren [vi e])

Covered Services: Hawki	Details
Outpatient rehabilitative therapy (physical,	Covered (limitations may apply); (may require prior authorization)
occupational, speech, cardiac, respiratory	Covered (illimations may apply), (may require prior authorization)
and pulmonary)	
Outpatient surgery	Covered (may require prior authorization)
Oxygen therapy	Covered
Pap smears	Covered
Pathology	Covered
Pelvic exams	Covered
Pharmacy	Covered as medically necessary; follow the Iowa Preferred Drug
1 Harmacy	List (PDL)
Physician services	Covered services include:
	Office visits
	Physician emergency room visits
	Inpatient hospital visits and consultations
Podiatry	Covered
Prescription drug generic copay	Covered, \$0 copay
Prescription drug nonpreferred brand name	Covered, \$0 copay
copay	
Prescription drug preferred brand name	Covered, \$0 copay
copay	
Prescription drug coverage - quantity	31-day supply for all prescriptions, except contraceptives which is
	a 90-day supply.
Preventive care	Covered services include routine preventive physical exams,
	including well-child care and gynecological exams
Prosthetics	Covered (may require prior authorization)
Radiation therapy	Covered (may require prior authorization)
Reconstructive surgery (noncosmetic)	To restore function lost or impaired as the result of illness, injury
	or birth defect, even if there is an incidental improvement in
	physical appearance. (May require prior authorization)
Routine check-ups	Covered
Routine eye exam	Covered, one routine hearing exam per calendar year.
Routine hearing exam	Covered, one routine hearing exam per calendar year.
Routine laboratory screening and diagnostic	Covered
services	
Routine radiology screening and diagnostic	Covered
services	
Second surgical option	Covered
Sexually transmitted infection (STI) and	Covered
sexually transmitted disease (STD) testing	Covered (may provide agriculous by minutes)
Skilled nursing facility	Covered (may require prior authorization)
Sleep study testing	Covered (may require prior authorization)
Sleep apnea treatment	Covered (may require prior authorization)
Specialist office visit	Covered (may require prior outhorization)
Substance use disorder inpatient treatment	Covered (may require prior authorization)
Substance use disorder outpatient treatment	Covered (may require prior authorization)
Temporomandibular joints (TMJ) treatment	Services that are medically necessary; osteotomy not covered.
Urgent care centers/facilities and	Covered
emergency clinics (nonhospital based)	One state and a second of the
Vision frames and lenses	One visit per year is covered (other limitations may apply; contact
	Provider Services for more information).

Covered Services: Hawki	Details
X-ray procedures such as MRIs, CAT scans	Covered services include:
and PET scans require prior authorization	Hospital (inpatient or outpatient)
	Office
	As medically necessary:
	Radiation therapy and chemotherapy

## **Covered and Noncovered Services**

Noncovered Services: Hawki

Noncovered Services: Hawki	Details
1915(C) home- and community-based services	Not covered
1915(I) habilitation services	Not covered
Acupuncture	Not covered
Assertive Community Treatment (ACT)	Not covered
(b)(3) services (intensive psychiatric	Not covered
rehabilitation, community support services, peer	
support, residential substance use treatment)	
Behavioral health intervention services (including	Not covered
applied behavior analysis)	
Breast reconstruction	Not covered
Cardiac rehabilitation	Not covered
Child care medical services	Not covered
Chronic Condition Health Homes	Not covered
Colorectal cancer screening	Not covered
Cosmetic procedures	Not covered
Counseling and education services	Not covered
Custodial care	Not covered
Outpatient rehabilitative therapy (physical,	As medically necessary for physical and speech. Not covered
occupational, speech, cardiac and pulmonary)	for cardiac or pulmonary.
Early and periodic screening, diagnostic and	Not covered
treatment (EPSDT) services	
Exception for certain clinical trials for treatment	Must meet criteria
studies on cancer, approved by the National	
Cancer Institute or the National Institutes Of	
Health	
Foot care	Not covered
Hospice	Not covered
ICF/ID (intermediate care facility for individuals	Not covered
with intellectual disabilities)	Niet annual
Integrated Health Homes	Not covered
Long term services supports (LTSS) case	Not covered
management Oxygen therapy (inhalation therapy)	Not covered
Nonemergency medical transportation  Nursing facility	Not covered
Private duty nursing/personal cares per EPSDT	Not covered
authority	Not covered
Psychiatric medical institutions for children	Not covered
(PMIC)	Not covered
Prostate cancer screening	Not covered
Tobacco cessation	Not covered
וטאמננט נפשמנוטוו	NOT COVERED

# **Covered and Noncovered Services**

# **Covered Services: Iowa Health and Wellness Plan**

Covered services: Iowa Health and Wellness Plan	Coverage limits
Abortions	Certain circumstances must apply; contact Provider
	Services for more information.
Affordable Care Act (ACA) preventive services	Covered
AIDS/HIV parity	Covered
Ambulance	Covered
Ambulatory surgical center	Covered, includes anesthesia
Allergy testing and injections	Covered as medically necessary
Anesthesia	Covered as medically necessary
Behavioral health intervention services (including	Covered; residential treatment is not covered (may
applied behavior analysis)	require prior authorization)
Behavioral health services office visit	Covered (may require prior authorization)
Breast reconstruction, following breast cancer and	Covered
mastectomy	Covered
Breast reduction	Covered as medically necessary (may require prior
Dieast reduction	authorization)
Cardiac rehabilitation	Covered
Cardiac therapy (outpatient)	Limit: 60 visits per year
Certified nurse midwife services	Covered
Chemotherapy – inpatient and outpatient	Covered (may require prior authorization)
Chiropractic care (therapeutic adjustive	Covered, limitations may apply
manipulation)	Covered, illilitations may apply
Chronic Condition Health Homes	Covered if member has been determined to be medically
	exempt (requires member enrollment)
Clinical trials	Not covered
Colorectal cancer screening	Covered
Congenital abnormalities correction	Covered as medically necessary
Contraceptive devices	Covered
	Limits – noncovered services include:
Counseling and education services	Bereavement, family or marriage counseling
	Education, other than for diabetes
	Medically necessary equipment and supplies and
Diabetes equipment and supplies	education services are covered; preferred test strips are
	covered under the pharmacy benefit; preferred meters
	are covered under the Abbott Free Meter program.
	Covered: 10 hours of outpatient self-management
Diabetic self-management training	training within a 12-month period, plus follow-up
	training of up to two hours annually
Diagnostic genetic testing	Covered; prior authorization is needed
Dialysis	Covered (may require prior authorization)

Covered services: Iowa Health and Wellness Plan	Coverage limits
The state of the s	Covered; a DME purchase less than \$500 does not
	require prior authorization. This does not apply to DMS.
	Limits – noncovered services include:
- II II I I I I I I I I I I I I I I I I	Elastic stockings and bandages
Durable medical equipment (DME) and durable	Trusses
medical supplies (DMS)	Lumbar braces
	Garter belts
	Similar items that can be purchased without a
	prescription
Emergency room services	Covered; nonemergency medical services are subject to
	a copay.
Emergency medical transportation	Covered as medically necessary
Early and periodic screening, diagnosis and	Covered for members up to age 21
treatment (EPSDT)	Limits: Oral and vision services are covered for children
, , ,	ages 19-20
Eve glasses	Covered for ages 19 to 20, limitations may apply
Eye glasses	Note: For members that qualify as medically exempt, eye glasses are covered.
Private duty nursing/personal cares (EPSDT	
homecare benefit)	Covered
Family planning-related services and supplies	Covered
raining Federal Services and Supplies	Covered Routine foot care is not covered unless it is part
Foot care (podiatry)	of a member's overall treatment related to certain
	health care conditions.
Genetic counseling	Covered with prior authorization
Gynecological exams	Limit: one exam per year
Hearing aids	Covered for ages 19-20; limitations may apply
Hearing exams	Limit: one exam per year
Home health services (home health aide, PT, OT and ST)	Covered (may require prior authorization)
Hospice(Daily categories: routine care, facility	Limits:
respite or inpatient hospital;	May only be used in five-day spans
hourly category: continuous care (in home);	15 days per lifetime for inpatient respite care
NF room and board: 95 percent of NF)	15 days per lifetime for outpatient hospice respite
<u> </u>	care
Hospitalization	Covered as medically necessary (may require prior authorization)
Imaging/diagnostics (MRI, CT, PET)	Covered as medically necessary (may require prior
	authorization)
Immunizations	Covered. Limit: Immunizations for travel are not
	covered.
Injections (physician's office and hospital)	Covered, limitations may apply
Inhalation therapy	Limit (may require prior authorization): 60 visits in a 12-month period
Inpatient hospital admissions preapproval	Required for nonemergency admissions
Inpatient hospital services room and board	Covered
Inpatient physician services	Covered, includes anesthesia
Inpatient surgical services	Covered as medically necessary (may require prior
	authorization)
Integrated Health Homes Health Homes	Covered if member has been determined to be medically
	exempt.(requires member enrollment)
Intensive care unit	Covered as medically necessary

Covered services: Iowa Health and Wellness Plan	Coverage limits
	Covered as medically necessary (may require prior
IV infusion services	authorization)
Laboratory tests	Covered (may require prior authorization)
Mammography Radiology Services	Covered (may require prior authorization)
Maternity and pregnancy services	Covered; member is required to report pregnancy and
(preconception/interception prenatal	eligibility for consideration of benefits under the
postpartum)	Medicaid state plan.
	Covered (may require prior authorization)
	Limits – noncovered services include:
	Elastic stockings and bandages
Adadias and supplied supplies	Trusses
Medical and surgical supplies	Lumbar braces
	Garter belts
	Similar items that can be purchased without a
	prescription
Mental health/behavioral health outpatient	Covered (may require prior authorization)
treatment	Covered (may require prior authorization)
Mental health/behavioral health inpatient	Covered (may require prior authorization)
treatment	Limit: residential treatment is not covered with the
treatment	exception of members identified as medically exempt.
Newborn child coverage	Covered
Noncosmetic reconstructive surgery	Covered as medically necessary (may require prior
	authorization)
Nutritional counseling	Covered as medically necessary
	Limit (may require prior authorization): 60 visits per year
	Noncovered:
Occupational therapy (OT) - outpatient	Occupational therapy supplies
	Inpatient occupational therapy in the absence of a
	separate medical condition requiring hospitalization
Orthotics	Covered as medically necessary (may require prior
Outmations becaused discovered also we discovere	authorization)
Outpatient hospital diagnostic lab, radiology	Covered (may require prior authorization)
Outpatient surgery	Covered as medically necessary (may require prior authorization)
Ovugen therapy	Limit: 60 visits in a 12-month period
Oxygen therapy Pap smears	Covered
Pathology	Covered
Pelvic exams	Covered
r civic exams	Covered (may require prior authorization)
	Limits:
	<ul> <li>Prior authorization is required as specified in the</li> </ul>
	Preferred Drug List (PDL) at
	www.iowamedicaidpdl.com. Exclusions may apply.
	<ul> <li>72-hour emergency supply; this does not apply to</li> </ul>
DI.	medicines to help quit smoking or for hepatitis-C.
Pharmacy	Drug costs are reimbursed only for drugs marketed
	by manufacturers with a signed rebate agreement.
	Certain nonprescription over-the-counter (OTC)
	drugs and nondrugs are covered.
	Quantities covered includes:
	<ul> <li>Up to a 31-day supply at a time, except certain</li> </ul>
	contraceptives, which is at 90 days

Covered services: Iowa Health and Wellness Plan	Coverage limits
	OTC drugs – minimum of 100 units per
	prescription, or currently available consumer
	package
	<ul> <li>Initial 15-day supply limit for certain drugs</li> </ul>
	<ul> <li>Monthly quantity limit for certain drugs</li> </ul>
	Noncovered drug categories include:
	<ul> <li>Drugs used for anorexia, weight gain or weight</li> </ul>
	loss
	<ul> <li>Drugs used for cosmetic purposes or hair growth</li> </ul>
	Outpatient drugs, if the manufacturer requires as a
	condition of sale that associated tests or monitoring
	services be purchased only from the manufacturer or
	the manufacturer's designee
	Covered (may require prior authorization)
Physical therapy - outpatient	Limit: 60 visits per year
, , , , , , , , , , , , , , , , , , , ,	Noncovered: Inpatient physical therapy in the absence
	of a separate medical condition requiring hospitalization
Physician services (office visits, physician	Covered
emergency room visits, inpatient hospital visits and consultations)	Covered
Preventive care	Covered
Prescription drug coverage - quantity	31-day supply for all prescriptions except contraceptives,
Trescription and coverage quantity	which is a 90-day supply
Prescription drug generic copay	Covered, \$0 copay
Prescription drug nonpreferred brand name copay	Covered, \$0 copay
Prescription drug preferred brand name copay	Covered, \$0 copay
Prescription oral contraceptives	Covered
Primary care illness/injury physician services	Covered
Private duty nursing/personal cares per EPSDT	Covered up to age 21 under EPSDT
authority	
Psychiatric Medical Institutions for Children	Covered for 19 to 20 year olds. Limitations may apply.
(PMIC)	(may require prior authorization)
Prostate cancer screening	Limit: one per year for men ages 50-64
Prosthetics	As medically necessary (may require prior authorization)
Pulmonary therapy – outpatient	Limit: 60 visits per year
Pulmonary rehabilitation	Covered as medically necessary (may require prior
	authorization)
Radiation therapy	Covered as medically necessary (may require prior authorization)
Reconstructive surgery (noncosmetic)	Covered (may require prior authorization)
Respiratory therapy	Covered, limited to 60 visits per year
Routine check-ups	Covered, limited to do visits per year  Covered, limitations may apply
Routine eye exam	Covered, one routine vision exam per calendar year
Routine hearing exam	Covered, one routine hearing exam per calendar year
Routine laboratory screening and diagnostic	Covered
services Laboratory	
Routine radiology screening and diagnostic	Covered
services Radiology Services	
Screening Pap test	Covered as medically necessary
Screening mammography	Covered, limit: one screening per year
Second surgical option	Covered
Sexually transmitted infection (STI) and sexually	Covered
transmitted disease (STD) testing	

Covered services: Iowa Health and Wellness Plan	Coverage limits
	Covered (may require prior authorization)
Skilled nursing facility	Limits: up to 120 days annually
	Covered; sleep apnea diagnostic services only (may
Sleep apnea treatment	require prior authorization)
	Limits (may require prior authorization):
	Services must be for a diagnosis of sleep apnea
Sleep study testing	Treatment for snoring (without a diagnosis of sleep
	apnea) is not covered
Specialty physician services	Covered as medically necessary
Speech therapy - outpatient	Covered, limit: 60 visits per year
Specialist office visit	Covered
•	Covered; must meet American Society of Addiction
	Medicine (ASAM) criteria as the utilization management
	guidelines for substance use disorder services.
Substance use disorder inpatient/outpatient	Additional substance use disorder services may be
treatment	covered through the Iowa Department of Public Health
	(IDHP) for members who qualify. (may require prior
	authorization)
	Residential treatment is not covered.
Tobacco cessation	Covered
	Covered; member is required to report pregnancy
Tobacco cessation for pregnant women	eligibility for consideration of benefits under the
	Medicaid state plan.
	Covered, requires prior authorization
	Limited to the following specified medical conditions and
	diagnoses:
	Certain bone marrow/stem cell transfers from a living
	donor (i.e., allogeneic stem cell transplants), or from
	the patient him/herself (i.e., autologous stem cell
	transplants)
	Heart
	Heart/lung
	Ventricular assist devices for "bridge" therapy
	Kidney
	Liver
	• Lung
	Pancreas
Transplant – organ and tissue	Simultaneous pancreas/kidney
The state of the s	Small bowel
	Corneal transplants
	Donor expenses incurred directly in connection with a
	covered transplant are payable, but only as part of
	the payment for the transplant itself.
	Expenses incurred for complications that arise with
	respect to the donor are covered only if they are
	directly and immediately attributed to surgery.
	Noncovered services include:
	Transport of living donor     Transplantation of idea calls or partial papersection.
	Transplantation of islet cells or partial pancreatic
	tissue
	Ventricular assist devices, (related to heart     transplants) for "destination" therapy
	transplants) for "destination" therapy
	Expenses of searching for a donor

Covered services: Iowa Health and Wellness Plan	Coverage limits
Urgent care centers/facilities	Covered
Emergency clinics (nonhospital based)	
Vision care exams	Limit: one general ophthalmology service per year for
	adults, not including medical exams
Vision frames and lenses	Frames and lenses are covered for individuals between
	the ages of 19 and 20.
Walk-in center services	Covered as medically necessary
X-ray procedures such as MRIs, CAT scans and PET	Covered as medically necessary (may require prior
scans require prior authorization	authorization)

## **Covered and Noncovered Services**

## Noncovered Services: Iowa Health and Wellness Plan

Noncovered services: Iowa Health and Wellness Plan	Details
1915(C) home- and community-based services	Not covered
1915(I) habilitation services	Not covered
(b)(3) services (intensive psychiatric rehabilitation,	Not covered
community support services, peer support and	
residential substance use treatment)	
Assertive Community Treatment (ACT)	Not covered
Bariatric surgery for morbid obesity	Not covered
Child care medical services	Not covered
Infertility diagnosis and treatment	Not covered
Intermediate care facility for individuals with	Not covered
intellectual disabilities (ICF/ID)	
Long term services supports (LTSS) case management	Not covered
Nonemergent transportation	Not covered
Nursing facility	Not covered
Nursing services	Not covered
Orthotics	Not covered
Pharmacy	Noncovered drug categories include the following:
	Drugs used for anorexia, weight gain or weight
	loss
	Drugs used for cosmetic purposes or hair growth
	Outpatient drugs if the manufacturer requires as
	a condition of sale that associated tests or
	monitoring services be purchased only from the
	manufacturer or the manufacturer's designee
Psychiatric medical institutions for children (PMIC)	Not covered
Temporomandibular joints (TMJ) treatment	Not covered
Vision frames and lenses	Not covered

The list provided does not show all benefits. For more information, please contact Provider Services at 1-800-454-3730.

## **Covered and Noncovered Services**

### Covered Services: Substance Use Disorder Services

covered services. Substance ose bisorder services	
Covered services	Coverage limits
Outpatient treatment	Covered as medically necessary
Intensive outpatient treatment	Covered as medically necessary

Commendation to a	Communication to the state of t
Covered services	Coverage limits
Partial hospitalization (day treatment)	Covered as medically necessary
Clinically managed low intensity residential treatment	Covered as medically necessary
Clinically managed medium intensity residential	Covered as medically necessary
treatment	Covered as medically necessary
Clinically managed high intensity residential	Covered as medically necessary
treatment	Covered as medically medessary
Medically monitored intensive inpatient	Covered as medically necessary
treatment	Service as meansum, measure,
Intake assessment and diagnosis services	Covered services include:
<b>3</b>	Appropriate physical exam
	Urine screening
	All needed medical testing to:
	Decide a substance abuse disorder diagnosis
	o Identification of a medical or health problems
	Screen for contagious diseases
Evaluation, treatment planning and service	Covered as medically necessary
coordination	Series as meanany mesessary
Substance abuse treatment services	Services vary based on the level of service and may
	include but are not limited to:
	Physician, physician assistant, psychologist, nurse,
	certified addictions counselor, social worker and
	trained staff services
	Rehabilitation therapy and counseling
	Family counseling and intervention for the primary
	recipient of services, including
	codependent/collateral counseling with primary
	recipient of services
	Diagnostic X-ray, specific to substance abuse
	treatment
	Diagnostic urine testing, specific to substance abuse
	treatment
	Psychiatric, psychological and medical lab testing,
	specific to substance use disorder treatment
	Equipment and supplies
	Cost of prescription drugs
Substance abuse counseling services through	Covered
approved opioid treatment programs licensed	
under Iowa Code Chapter 125	
Substance abuse treatment for Iowa Department	Covered as medically necessary
of Public Health (IDPH) participants whose driving	,,
licenses or nonresident operating privileges are	
revoked under chapter 321J, provided treatment	
services meet the criteria for service necessity and	
sliding fee scale	
Court-ordered evaluation for substance abuse	Covered as medically necessary
The list provided does not show all benefits. For more information, please contact Provider Services at	

## **Covered and Noncovered Services**

# **Covered Services: Home and Community Based Services (HCBS)**

Covered service: HCBS	Coverage limits
1915 (c) services (AIDS/HIV, Brain Injury,	Must meet Home and Community-Based Services waiver
Children's Mental Health, Elderly, Health and	eligibility level of care criteria. Providers may reference the
Disability, Intellectual Disability, Physical	IME's HCBS Provider Manual at
Disability)	https://dhs.iowa.gov/sites/default/files/HCBS.pdf for
	required covered services and minimum coverage limits.
1915 (i) Habilitation services	Must meet Habilitation needs-based eligibility criteria.
	Providers may reference the IME's Habilitation Provider
	Manual at
	http://dhs.iowa.gov/sites/default/files/Habilitation.pdf for
	required covered services and minimum coverage limits.

The list provided does not show all benefits. For more information, please contact Provider Services at 1-800-454-3730.

## **Covered and Noncovered Services**

## **Chiropractic Services**

For chiropractic services, Amerigroup will comply with the lowa Department of Human Services provider manual located at <a href="http://dhs.iowa.gov/sites/default/files/Chiropr.pdf">http://dhs.iowa.gov/sites/default/files/Chiropr.pdf</a>.

## **Covered and Noncovered Services**

## **Covered Services: Value-Added Services**

Amerigroup believes by offering expanded programs and services, we provide opportunities to help care for the whole person and better address the specific needs for each segment of the population. To help care for the whole person and address the specific needs for each population segment, Amerigroup has developed benefits that will enhance care, promote healthier outcomes and increase member satisfaction. For a description of the value-added services, please see **Appendix A**.

#### **Health and Wellness Services**

- Tobacco cessation program
- Nicotine replacement therapy (NRT) for members not participating in the Tobacco Cessation program
  - Note: NRT is available to all medically eligible participants 18 years of age and older. NRT products include over-the-counter nicotine replacement (i.e., patches, gum or lozenges).
- Waived copays for all services, with the exception of nonemergency emergency room visits
- Weight Watchers® class vouchers
- Personal exercise kit
- Healthy Families nutrition and fitness program
- Boys and Girls Club® membership
- Oral hygiene kit
- Home delivered meals
- Post-discharge stabilization kit

## **Training and Supports Services**

- Amerigroup Community Resource Link
- High School Equivalency Test (HiSet®) assistance
- Personal backpack
- Comfort item

- Financial management support
- Self-advocacy memberships
- Travel training
- Supported employment

## **Independent Living Skills Services**

- Additional personal care attendant supports
- Additional respite care services
- Transportation assistance
- Assistive devices
- Additional phone minutes through Safelink®
- Durable medical equipment and supplies
- Community reintegration benefit

#### **Covered and Noncovered Services**

**Covered Services: Tobacco Cessation** 

Provider Help Desk (855) 712-0104 Prior Authorization of Benefits Center (800) 601-4829 Member Services (800) 660-4441

Amerigroup members have two great benefits to assist with smoking cessation. 1) Amerigroup smoking cessation program and 2) Iowa Medicaid Pharmacy Benefit.

## 1. Amerigroup Smoking Cessation Program

The Amerigroup Smoking Cessation Program is a great place to start. A member can enroll with Amerigroup's smoking cessation program which offers Nicotine Replacement Therapy (NRT) and counseling. If a member is participating with Amerigroup's smoking cessation program administered by National Jewish Health (NJH), no Prior Authorization (PA) is required.

To help a member enroll with the Amerigroup Smoking Cessation Program: The member can self-refer by calling Member Services 1-800-600-4441. The provider can also refer the member by calling Provider Services at 1-800-454-3730.

## What happens when a member is referred to the Amerigroup Smoking Cessation Program?

- a) Amerigroup confirms member enrollment and the member's information is passed along to Amerigroup's vendor, National Jewish Health (NJH). NJH contacts the member within one business day of receiving the referral. Three attempts are made to reach the member. If the member is reached, counseling begins. After completion of the first call, the member is eligible for NRT product.
- b) If the member wants NRT, NJH conducts a medical screen for contraindications. If contraindication is indicated, NJH sends provider consent form to provider. The provider completes the form and returns it to NJH as indicated on consent form (via fax to (888) 827-7057 or mail Real Solutions Tobacco Cessation Program by Amerigroup c/o National Jewish Health 1400 Jackson St., S117A Denver, CO 80206).
- c) If the provider approved use of NRT or the member does not have any contraindications, NJH ships a 28 day supply of NRT directly to member's home. Under this program the member is allowed up to a two months' supply of patches, lozenges, or gum.

- 2. Iowa Medicaid pharmacy benefit (oral and NRT products) provided at a retail pharmacy:
  - The Iowa Medicaid Pharmacy benefit is best for members who need ongoing treatments and/or Oral Smoking Cessation products. This smoking cessation product program follows the State's Preferred Drug List (PDL) and is administered at a retail pharmacy. **A pharmacy PA is required.** A provider may submit a PA for Nicotine Replacement Therapy Products and/or Oral Smoking Cessation products. Medicaid members who wish to receive smoking cessation medications covered by Iowa Medicaid must be enrolled in a smoking cessation counseling program to be eligible to receive covered medications.
    - a. Under the retail pharmacy program the member may receive NRT or smoking cessation oral products as defined by the State's PDL www.iowamedicaidpdl.com/pa. The member must meet the State's PA criteria regarding smoking cessation products which is located at
      - i. https://www.iowamedicaidpdl.com/pa criteria
      - ii. https://providers.amerigroup.com/QuickTools/Pages/Iowa-PriorAuth.aspx
    - b. The smoking cessation products require a PA in which a provider may call Amerigroup at 1-800-454-3730, submit a new prior authorization at www.covermymeds.com or by fax to 1-844-512-9004. Amerigroup's Pharmacy PA forms are located at <a href="https://providers.amerigroup.com/QuickTools/Pages/lowa-PriorAuth.aspx">https://providers.amerigroup.com/QuickTools/Pages/lowa-PriorAuth.aspx</a>. This process allows the member to pick up the prescription at a retail pharmacy if the PA is approved.

## **Covered and Noncovered Services**

## **Covered Services: Healthy Rewards Program**

The Amerigroup Healthy Rewards program rewards members for doing things that are good for their health. Members can earn \$10-\$30, which is loaded to a Healthy Rewards card and can be used to purchase approved items at specific retailers near them.

Members must enroll in the program by calling 1-877-868-2004 or visiting **www.myamerigroup.com/healthyrewards**. The website lists the current rewards and includes details about the rules for each reward. Incentives and retailers are subject to change.

To help you in your practice, most of our Healthy Rewards activities are tied to HEDIS® scores and health initiatives. We offer incentives for screenings, diabetic management, behavioral health medication management, smoking cessation, maternal/child exams, wellness visits and vaccines. For a current list of all incentives, please log on to the secure provider website or contact your Amerigroup representative.

HEDIS is a registered trademark of the National Committee for Quality Assurance (NCQA).

## **Covered and Noncovered Services**

#### **State-Covered Services**

Some services are covered by the state instead of Amerigroup. These services are labelled as *carved-out services*. Although Amerigroup does not cover these services, providers and specialists must provide all required referrals and assist in setting up these services. These include the following:

- Services included in the PACE program
- Dental services provided outside of a hospital setting
- Money Follows the Person (MFP) grant services
- Services provided in an Iowa veteran's home
- School-based services provided by the areas education agencies or local education agencies
- Services for members over the age of 21 and under the age of 65 in a state mental institution.

For details on how and where to access these services, members can call the Iowa Medicaid Enterprise Member Services Unit toll free at 1-800-338-8366, Monday-Friday from 8 a.m.-5 p.m. Central time.

## **Covered and Noncovered Services**

## **Noncovered Services**

Amerigroup does not cover the following services:

- Care provided outside the United States, Canada and Mexico, including emergency services
  - Amerigroup reimburses for emergency services provided to members in Canada or Mexico; however, payment for such services must be made to a financial institution or entity located within the United States. Nonemergency services in Canada or Mexico may be covered by Amerigroup per precertification policies, provided the financial institution receiving payment is located within the United States.
- Cosmetic surgery, including tattoo removal and ear lobe repair
- Experimental or investigational procedures
- Services that are not medically necessary
- Sex change surgery or treatments
- Surgery or drugs to enhance fertility

Noncovered services also include any instance when the precertification for a service was not granted or the service was provided before precertification was given.

## **Covered and Noncovered Services**

## **Pharmacy**

Pharmaceutical management procedures are a crucial part of the pharmacy program. These procedures promote and ensure the utilization of clinically appropriate drugs to improve the health and well-being of our members.

## **Covered and Noncovered Services**

# **Services Requiring Precertification**

Services requiring precertification include, but are not limited to the following:

- Air ambulance
- Behavioral health (All inpatient, some outpatient services, in-home therapy services and psychological testing require precertification; for specialist referrals and precertification, call 1-800-454-3730.)
- Circumcision (Amerigroup covers routine circumcision without authorization up to 12 months of age. After 12 months of age, medical necessity review is required)
- Durable medical equipment (DME) over \$500 and durable medical supplies (DMS)
- Genetic testing (except routine amniocentesis and prenatal testing)
- Home health care services
- Hyperbaric oxygen therapy (no coverage for use of equipment)
- Infusion/injection therapy
- Inpatient hospital services
- Inpatient surgeries and procedures
- Outpatient surgeries and procedures
- Pharmacy
- Physician services (Referrals to out-of-network specialists require precertification.)
- Radiology services
- Spinal surgeries (lumbar fusion, disc excision and decompression surgery)
- Therapy services, including physical, occupational and speech therapies
- Transplant services
- Vision (Most routine vision services do not require precertification. If you have questions or need clarification, call Superior Vision Provider Services at 1-866-819-4298).

• Nursing facility – special population (i.e., skilled preapproval) for out-of-state placement

For information concerning precertification, select the **Precertification** tab on the left side of our **Providers** page at **https://providers.amerigroup.com/ia**.

## **Covered and Noncovered Services**

## **Dental Services**

Amerigroup covers all medically necessary charges related to dental procedures provided in a hospital setting. Dental service providers outside of a hospital setting are covered by Delta Dental of Iowa and MCNA Dental. Professional services provided both inside and outside of a hospital setting are the responsibility of Delta Dental of Iowa or MCNA Dental.

#### **Delta Dental of Iowa:**

1-800-544-0718 (toll-free) 515-261-5500 (local) 1-888-287-7312 (TDD)

## **MCNA Dental:**

1-855-247-6262 (toll-free) 1-800-735-2942 (TTY)

Amerigroup may provide coverage for services related to anesthesia and hospitalization for dental procedures for members for the below procedures (including, but not limited to):

- Genioplasty
- Augmentation, mandibular body or angle; prosthetic material
- Augmentation, mandibular body or angle; with bone graft, onlay or interpositional (includes obtaining autograft)
- Reconstruction midface, LeFort I (includes codes 21141, 21142, 21143, 21145, 21146, 21147)
- Reconstruction midface, LeFort II
- Reconstruction midface, LeFort III
- Reconstruction midface, osteotomies (other than LeFort type) and bone grafts (includes obtaining autografts)
- Reconstruction of mandibular rami (includes codes 21193, 21194, 21195, 21196)
- Osteotomy, mandible, segmental
- Osteotomy, mandible, segmental; with genioglossus advancement
- Osteotomy, maxilla, segmental (e.g., Wassmund or Schuchard)
- Osteoplasty, facial bones; augmentation (autograft, allograft, or prosthetic implant)
- Osteoplasty, facial bones; reduction
- Graft, bone; nasal, maxillary or malar areas (includes obtaining graft)
- Graft, bone; mandible (includes obtaining graft)
- Reconstruction of mandible, extraoral, with transosteal bone plate (e.g., mandibular staple bone plate)
- Reconstruction of mandible or maxilla, subperiosteal implant
- Reconstruction of mandibular condyle with bone and cartilage autografts (includes obtaining grafts)(e.g., for hemifacial microsomia)
- Reconstruction of mandible or maxilla, endosteal implant (e.g., blade, cylinder)
- Osteoplasty, for orthognathic deformities
- Osteotomy; mandibular rami
- Osteotomy; mandibular rami with bone graft; includes obtaining the graft
- Osteotomy; segmented or subapical
- Osteotomy; body of mandible
- LeFort I (maxilla, total/segmented)
- LeFort II or LeFort III (osteoplasty of facial bones for midface hypoplasia or retrusion); without/with bone graft
- Osseous, osteoperiosteal, or cartilage graft of the mandible or maxilla, autogenous or nonautogenous, by report
- Synthetic graft, mandible or facial bones, by report
- Implant, mandible for augmentation purposes (excluding alveolar ridge), by report
- Reconstruction of mandibular rami, horizontal, vertical, C or L osteotomy; without bone graft
- Reconstruction of mandibular rami, horizontal, vertical, C or L osteotomy; with bone graft
- Reconstruction of mandibular rami and/or body, sagittal split; without internal rigid fixation

- Reconstruction of mandibular rami and/or body, sagittal split; with internal rigid fixation
- Osteotomy, mandible segmental
- Osteotomy, mandible, segmental; with genioglossus advancement
- Osteotomy, maxilla, segmental (e.g., Wassmund or Schuchardt)
- Hyoid myotomy and suspension
- Palatopharyngoplasty (e.g., uvulopalatopharyngoplasty, uvulopharyngoplasty)
- Osteoplasty, for orthognathic deformities
- Osteotomy, mandibular rami
- Osteotomy, mandibular rami with bone graft; includes obtaining the graft
- Osteotomy, segmented or subapical
- Osteotomy, body of mandible
- LeFort I (maxilla total, segmented)
- Arthrocentesis, aspiration and/or injection, intermediate joint or bursa (e.g., temporomandibular, acromioclavicular, wrist, elbow or ankle, olecranon bursa); without ultrasound guidance
- Arthrocentesis, aspiration and/or injection, intermediate joint or bursa (e.g., temporomandibular, acromioclavicular, wrist, elbow or ankle, olecranon bursa); with ultrasound guidance, with permanent recording and reporting
- Arthrotomy, temporomandibular joint
- Condylectomy, temporomandibular joint (separate procedure)
- Meniscectomy, partial or complete, temporomandibular joint (separate procedure)
- Manipulation of temporomandibular joint(s) (TMJ), therapeutic, requiring an anesthesia service (i.e., general or monitored anesthesia care)
- Application of interdental fixation device for conditions other than fracture or dislocation, includes removal
- Injection procedure for temporomandibular joint arthrography
- Graft, bone; nasal, maxillary or malar areas (includes obtaining graft)
- Arthroplasty, temporomandibular joint, with or without autograft (includes obtaining graft)
- Arthroplasty, temporomandibular joint, with allograft
- Arthroplasty, temporomandibular joint, with prosthetic joint replacement
- Arthroscopy, temporomandibular joint, diagnostic, with or without synovial biopsy (separate procedure)
- Arthroscopy, temporomandibular joint, surgical
- Open reduction of dislocation
- Closed reduction of dislocation
- Manipulation under anesthesia
- Condylectomy
- Surgical discectomy, with/without implant
- Disc repair
- Synovectomy
- Myotomy
- Joint reconstruction
- Arthrotomy
- Arthroplasty
- Arthrocentesis
- Nonarthroscopic lysis and lavage
- Arthroscopy- surgical: lavage and lysis of adhesions
- Arthroscopy- surgical: disc repositioning and stabilization
- Arthroscopy- surgical: synovectomy
- Arthroscopy- surgical: discectomy

- Arthroscopy- surgical: debridement
- Occlusal orthotic appliance
- Unspecified TMD therapy, by report
- Occlusal guards, by report
- Occlusion analysis- mounted case
- Occlusal adjustment- limited
- Occlusal adjustment- complete

## **Covered and Noncovered Services**

## **Vision Services**

Amerigroup contracts with Superior Vision Benefit Management, Inc. to provide covered routine and emergency vision services. Amerigroup covers the following services when performed by a Superior Vision Care-contracted provider or with precertification from Superior Vision Care by an out-of-network provider:

- Emergency vision services (immediately if trauma or eye conditions have turned to life-threatening conditions)
- Routine vision services

To arrange for vision services, call Superior Vision Care at 1-866-819-4298 for Provider Services and 1-800-679-8901 for Member Services.

## **Covered and Noncovered Services**

## **Nonemergent Transportation Services**

Nonemergent transportation is a benefit managed by LogistiCare for Amerigroup members enrolled in Iowa Medicaid. These services include the following:

- Bus and taxi rides for members needing help getting to medical appointments
- Special vehicle transportation for Amerigroup members in wheelchairs
- Reimbursement for the following items during periods of transportation and medical treatment:
  - o Costs of members' meals
  - o Lodging expenses
  - Car rental costs
  - Medically necessary escort's travel expenses (when an escort is required because of the member's needs)

Members should schedule nonemergent transportation a minimum of three days in advance. To arrange nonemergent transportation services through LogistiCare, call 1-844-544-1389 for reservations or 1-844-544-1390 for Ride Assist.

## **HCBS Waiver Transportation Services**

The Elderly Waiver, Intellectual Disability Waiver, Physical Disability Waiver and Brain Injury Waiver have transportation as a covered service. To schedule transportation services for waiver members that have transportation authorized in their service plan, the member or the member's case manager can call in, fax or request a trip online (members cannot make these types of requests):

• Facility line: 1-866-277-8962, prompt 2

• Fax number: 1-866-535-0246

Website: https://facility.logisticare.com

The EDI form must be completed by the facility.

Note: Transportation as a waiver service is to assist waiver members in conducting business errands and essential shopping, to travel to and from work or day programs and to reduce social isolation. Providers cannot provide nonemergent transportation under a HCBS waiver as this is considered double billing.

To schedule transportation services, members can call the reservation line at 1-844-544-1389 or, to review a previously requested reservation, they can call Ride Assist at 1-844-544-1390.

## **CHAPTER 5: LONG-TERM SERVICES AND SUPPORTS**

## **Long-term Services and Supports**

## **Overview**

Our fundamental approach to long-term services and supports (LTSS) is founded on person-centered principles and practices to facilitate member and family driven services and supports that are responsive and meaningful to evolving preferences, support needs and personal goals. We are dedicated to assisting all members in exploring service and support options to maximize community integration in alignment with their personal goals and the Olmstead Decision. Through this commitment, not only do we support members to succeed in communities of their choice, we also partner with providers, stakeholders and associations.

lowa has seven HCBS waiver programs. The waiver programs are as follows:

- AIDS/HIV waiver
- Brain Injury waiver
- Children's Mental Health waiver (administered by our Behavioral Health department)
- Elderly waiver
- Health and Disability waiver
- Intellectual Disability waiver
- Physical Disability waiver

The Habilitation Services program, administered by our Behavioral Health department, is also available under CMS waiver authority 1915(i); applicants must meet the needs-based eligibility criteria.

Below is more information on each program.

## **Long-term Services and Supports**

## **Waiver Descriptions**

# **AIDS/HIV Waiver**

The AIDS/HIV waiver offers services for those who have been diagnosed with AIDS or HIV. Services include:

- Adult day care
- Consumer Choice Option (CCO)
- Consumer-directed attendant care (CDAC)
- Counseling services
- Home-delivered meals

- Home health aide
- Homemaker
- Nursing
- Respite

# **Brain Injury Waiver**

The Brain Injury waiver offers services for those that have been diagnosed with a brain injury. Members must be aged at least one month; there is no age maximum for this waiver. Services include:

- Adult day care
- Behavioral programming

- CCO
- CDAC

## **Chapter 5: Long-term Services and Supports (LTSS)**

- Family counseling and training
- Home and vehicle modification
- Interim medical monitoring and treatment
- Personal emergency response
- Prevocational services

# Amerigroup IA Health Link Program

- Respite
- Specialized medical equipment
- Supported community living
- Supported employment
- Transportation

## Children's Mental Health Waiver (administered by our Behavioral Health department)

The Children's Mental Health waiver offers services for children who have been diagnosed with serious emotional disturbance. Services include:

- Environmental modifications and adaptive devices
- Family and community support services
- In-home family therapy
- Respite

## **Elderly Waiver**

The Elderly waiver provides services for elderly persons. Individuals must be at least 65 years of age for this waiver. Some of the services that members may receive if there is a need include:

- Adult day care
- Assistive devices
- Assisted living
- CCO
- Chore Assistance
- CDAC
- Home and vehicle modification
- Home-delivered meals
- Home health aide

- Homemaker
- Mental health outreach
- Nursing
- Nutritional counseling
- Personal emergency response
- Respite
- Senior companion
- Transportation

# **Health and Disability Waiver**

The Health and Disability waiver provides services for persons who are blind or disabled. The services that a member may receive if there is a need include:

- Adult day care
- CCO
- CDAC
- Counseling
- Home-delivered meals
- Home health aide
- Homemaker services

- IMMT
- Home and vehicle modification
- Nursing
- Nutritional counseling
- Personal emergency response
- Respite

# **Intellectual Disability Waiver**

The Intellectual Disability waiver provides services for persons who have been diagnosed with intellectual disability. The services that a member may receive if there is a need include:

- Adult day care
- Personal emergency response
- CCO
- Consumer-directed attendant care (CDAC)
- Prevocational services
- Day habilitation
- Respite services

- Home and vehicle modification
- Supported community living
- Home health aide
- Supported community living-residential based
- Interim medical monitoring and treatment
- Supported employment

- Nursing
- Transportation

## **Physical Disability Waiver**

The Physical Disability waiver provides services for persons who have a physically disability determination. An applicant must be at least 18 years of age, but less than 65 years of age. The services that a member may receive if there is a need include:

- CCO
- Consumer-directed attendant care (CDAC)
- Home and vehicle modification

- Personal emergency response
- Specialized medical equipment
- Transportation

## Habilitation Services Program (administered by our Behavioral Health department)

The Habilitation Services program is designed to assist participants in acquiring, retaining and improving the self-help, socialization and adaptive skills necessary to reside successfully in home and community-based settings. The services that a member may receive if there is a need include:

- Home-based habilitation
- Day habilitation

- Prevocational services
- Supported employment

## **Long-term Services and Supports**

## **Facility Information**

## **Nursing Facilities and Skilled Nursing Facilities**

Nursing facilities provide 24-hour care for individuals who need nursing or skilled nursing care and meet nursing facility/intermediate care facility level of care. The facility will provide or assist a member with access to:

- Physician services
- Nursing services
- Dietary services
- Pharmacy services
- Social services and activities
- Specialized rehabilitation services (including but not limited to physical therapy, speech language pathology and occupational therapy)
- Laboratory services
- Radiology and other diagnostic services
- Durable medical equipment (DME) as ordered by a physician
  - Note: DME provided in a NF/SNF is the responsibility of the facility and not payable separately. However, payment will be made for the following exceptions:
    - Catheter (indwelling Foley)
    - Colostomy and ileostomy appliances
    - Colostomy and ileostomy care dressings, liquid adhesive and adhesive tape
    - Diabetic supplies (disposable or retractable needles and syringes, test-tape, clinitest tablets and clinistix)
    - Disposable catheterization trays or sets (sterile)
    - Disposable bladder irrigation trays or sets (sterile)
    - Disposable saline enemas (e.g., sodium phosphate type)
    - Hearing aid batteries
    - Orthotic and prosthetic services, including augmentative communication devices
    - Orthopedic shoes
    - Repair of member-owned equipment
    - Oxygen services
    - Therapeutic shoes for diabetics

Wheelchairs, when the wheelchair is a customized wheelchair (Note: A customized wheelchair is one that is designed, assembled, modified or constructed for the specific member in whole or in part, based on the member's condition, measurements and needs. The member's condition must necessitate the regular use of a wheelchair on a long-term basis to enable independent mobility within the facility [prior authorization is required].)

Hospice is a covered benefit in a nursing facility, as the nursing facility can be considered the member's residence. When the person does reside in a nursing facility, if all of the following conditions are met:

- The resident is terminally ill
- The resident has elected to receive hospice services under the Medicaid program from a Medicaidenrolled hospice program.
- The nursing facility and the Medicaid-enrolled hospice program have entered into a written
  agreement under which the hospice program takes full responsibility for the professional
  management of the resident's hospice care, and the facility agrees to provide room and board to the
  resident.

It's not a requirement that the care provided is under the immediate direction of either the facility or the resident's personal physician.

## **Intermediate Care Facilities for Persons with Intellectual Disabilities**

Intermediate care facilities for persons with intellectual disabilities (ICF/ID) provide 24-hour active treatment and services for persons with intellectual disabilities and other related conditions. The facility will provide or assist a member with access to the following:

- Dietetic services
- Nursing services
- Laboratory services
- Pharmacy services
- Behavior management services
- Specialized rehabilitation services (including but not limited to physical therapy, speech language pathology and occupational therapy)
- Laboratory services
- Radiology and other diagnostic services
- Durable medical equipment (DME) as ordered by a physician
  - Note: DME provided in an ICF/ID is the responsibility of the facility and not payable separately. However, payment will be made for the following exceptions:
    - Catheter (indwelling Foley)
    - Colostomy and ileostomy appliances
    - Colostomy and ileostomy care dressings, liquid adhesive and adhesive tape
    - Diabetic supplies (disposable or retractable needles and syringes, test-tape, clinitest tablets and clinistix)
    - Disposable catheterization trays or sets (sterile)
    - Disposable bladder irrigation trays or sets (sterile)
    - Disposable saline enemas (e.g., sodium phosphate type)
    - Hearing aid batteries
    - Orthotic and prosthetic services, including augmentative communication devices
    - Orthopedic shoes
    - Repair of member-owned equipment
    - Oxvgen services
    - Therapeutic shoes for diabetics

Wheelchairs

Hospice is a covered benefit for ICF/IDs.

# **Long-term Services and Supports**

## **Precertification Requirements**

Precertification, sometimes referred to as prior authorization (PA), is required for skilled nursing facility (SNF) and LTSS services for which Medicaid is the primary payer, , medical and nonmedical absences, and reserve days (leaves of absence).

Providers must submit precertification requests with all supporting documentation immediately upon identifying aSNF admission or at least 72 hours prior to the scheduled admission. Failure to comply with notification rules will result in an administrative denial.

#### **Administrative Denial**

An administrative denial is a denial of services based on reasons other than medical necessity.

Administrative denials are made when a contractual requirement is not met, such as late notification of admission, lack of precertification or failure by the provider to submit clinical information when requested.

Disputes for administrative denials must address the reason for the denial (i.e., why precertification was not obtained or why clinical information was not submitted). If Amerigroup overturns its administrative decision, the case will be reviewed for medical necessity. If approved, either the claim will be reprocessed or the requestor will be notified of the action that needs to be taken.

So we can ensure appropriate discharge planning, you must provide notice to Amerigroup via our precertification process when the following events occur:

- Admission to an acute care or behavioral health care facility
- Admission to hospice

For members that enter the facility as "Medicaid Pending", please request precertification as soon as the state approves the Medicaid eligibility and the member's eligibility is reflected on the Amerigroup website. The Amerigroup website and your Provider Manual list those services that require precertification and notification. Our provider website also houses evidence-based criteria we use to complete precertification and concurrent reviews.

The precertification request can be submitted by:

- Faxing the request to 1-844-556-6121
- Calling Care Management at 1-800-454-3730

Providers can obtain the status of a precertification request by visiting our provider website at <a href="https://providers.amerigroup.com/ia">https://providers.amerigroup.com/ia</a>.

Routine precertification requests will be approved or denied within 14 days of the request. Urgent precertification requests as determined by the treating provider will be approved or denied within 72 hours of the request.

If a provider asks for prior approval of a service and a decision is made that the service is not medically needed, the provider will be able to discuss this decision with Amerigroup. If the decision remains the same, the member, member's approved representative or the provider (on the member's behalf and with their written consent) can appeal the decision. See the section on **Appeals**.

## Dates of Service -April 1, 2017 and forward

After the first year, if services were approved before the member's coverage started with Amerigroup, those services will remain approved for the first 30 days the member is enrolled in Amerigroup, whether an in-network or out-of-network provider asked for the approval.

**After** the first 30 days the member is enrolled in Amerigroup: If the member wishes to keep receiving services from an out-of-network provider, or if the services require prior approval, the provider must ask Amerigroup to approve them before the member can receive these services.

## **Long-term Services and Supports**

# **Person-centered Case Management Model**

Our approach utilizes regional case management teams with multifunctional expertise to assist community-based case managers, members, families, representatives and members' interdisciplinary teams in the development of person-centered service plans and serve as an ongoing resource to meet the varying needs of members to support health, well-being, independence and community living in the most integrated setting such as employment and participation in community activities. Our case management model involves a continuous process of communicating, coordinating, delivering, monitoring and assessing services and supports and progress toward achieving member goals to optimize person-centered service delivery.

The core components of the case management model will include:

- Matching our members to the right community-based case manager by carefully considering member diagnoses, complexity of medical and/or behavioral health conditions and intensity of service and support needs, and identifying a community-based case manager on our team with appropriate experience, knowledge and skills.
- Person-centered planning through partnership and collaboration with members, their natural supports
  and member-identified interdisciplinary teams who will consider members holistically using discovery and
  assessment results to make sure that medical, behavioral, social and educational needs are addressed to
  maximize health, well-being and independence in the development of a comprehensive, person-centered
  service plan.
- Coordination and collaboration across member systems of care to align resources based on need, integrate services, reduce duplication of efforts, improve continuity of care and services and increase cost efficiencies.
- The continuous process of delivering, monitoring and assessing interventions designed to meet the members' goals defined in person-centered service plans, as well as other care/treatment plans as part of their system of care to maximize individual health, well-being and quality of life.
- Technology and innovations to improve member and natural support experiences expand the tools to enable collaboration among multiple stakeholders, enhance our members' ability to self-direct services and supports, provide real-time member information and improve provider and system performance.
- Ongoing stakeholder engagement at the member and system levels to build consensus, innovative solutions related to issues and concerns, and facilitate continuous program improvements to better serve members.

## **Supporting Member Education and Informed Choices**

A core responsibility within our model is embracing person-centered service planning. We communicate an array of options available to our members, supporting and promoting their informed decision-making and their well-being. Our approach promotes member engagement in all aspects of care and services, including interdisciplinary team development, use of supports, and choice of specific providers. From our experience, we know fully informed members make effective decisions that promote health and safety and are suited to their preferences. This is a cornerstone to improving member experience, adherence to the service plans and overall outcomes.

## **Long-term Services and Supports**

## **Initial Discovery, Assessments and Informed Consent**

Once a member has enrolled in our LTSS program, our Community-Based Case Management team contacts the member and begins the educational process regarding our role, program services, benefits, resources and options available to promote integrated coordination. During this conversation, the member receives an overview of the core service planning and case management processes including all applicable assessments. This comprehensive orientation allows us to align with the member on his or her preferences and confirm the member's interest in LTSS.

During face-to-face assessments, we engage members, their interdisciplinary team, member-selected participants, and natural supports, including family, in a highly individualized conversation to identify needs and preferences for building out their service plan. While outlining the benefits included in the LTSS program, we remind members of their right to choose their interdisciplinary team members, case managers and services including the option to self-direct their services through the CCO. If members choose the CCO, we provide training and administrative support to bolster member confidence in self-directing while preventing gaps in services. Amerigroup helps ensure all processes, such as selecting providers and developing a service plan, reflect and honor the member's strengths, goals and preferences.

## **Long-term Services and Supports**

# **Person-Centered Service Planning**

Our community-based case managers work collaboratively with members to develop a service plan that emphasizes and supports member choice and individual goals. During service plan development, we continuously engage members and their family or representatives about needs and preferences. Our community-based case managers work with members, their family or representatives and their providers to identify all available services and supports, including but not limited to the following:

- Covered benefits
- Community and state agency resources
- Value-added services
- Health insurance coverage options (such as Medicare and natural supports)

Our case managers reside in the same communities as our members and therefore have detailed knowledge about the community, local provider network, other community resources available, and Medicare, Medicaid, and LTSS benefits. Our case managers are also culturally diverse. We train our case managers in cultural competency to help assure that members have every opportunity to comfortably express preferences and communicate with their case manager.

## **Long-term Services and Supports**

## **Incorporating Member Choice in Funding Decisions**

As members request adjustments to their service plans based on changing circumstances or new information, our community-based case managers honor their preferences, unless a requested service is unavailable. If a service could potentially pose a health or safety issue or is not a covered benefit, the community-based case manager will work to educate the member and revise the service plan to address all concerns and preferences.

Our community-based case managers ensure all approved services are consistent with the member's level of care and waiver designation as applicable. We further assure that the member does not exceed his or her established cost limit. Throughout this process, we will put our members' needs and preferences first and will not hesitate to deploy creative strategies to help support our members.

# **Long-term Services and Supports**

## Identification

Amerigroup has developed operational protocols, policies and procedures to promote early identification of member service and support gaps that may signal emerging needs that are better addressed through LTSS programs to enhance member health, well-being and independence. All community-based case managers are trained to recognize indicators that suggest a member may benefit from and meet LTSS program enrollment criteria. Amerigroup will train all community-based case managers on LTSS eligibility criteria established by Iowa Medicaid Enterprise (IME) so timely action is taken in coordination with DHS.

Our community-based case managers engage and inform members regarding all available LTSS options. After conducting initial assessments for interested members using a state-approved tool, Amerigroup will refer all potentially eligible members to the state or its designee for level of care determination. Through this process, we are better able to align services and supports with member strengths, needs and preferences to accommodate the periods of transition that all people and families experience.

## **Long-term Services and Supports**

## **Processing Referrals to LTSS Services**

Our "no wrong door" approach provides a single point of entry for LTSS program referrals from end to end. All member-facing staff accepts self-referrals from members or referrals from their families, support networks, service providers or health professionals. Training includes respect for the member's own advocacy and self-direction, active listening skills, how to gather situational facts, accurate documentation of essential information for follow-up, and proper routing of requests to the LTSS case specialist or the assigned case manager or care coordinator. In each instance, staff will work in consultation with the case management team manager to link the member with a community-based case manager. The member's case manager or care coordinator will work in tandem with the newly assigned community-based case manager to facilitate continuity and integration of all service and support needs in the process described below.

In the event that a member has not been linked to a specific case manager or care coordinator, the newly assigned case manager will consult and engage team members with relevant expertise throughout the process detailed below:

- Regardless of the referral source, the assigned case manager will contact the member and, as appropriate, their family or representative to learn more about the member's needs and concerns. The case manager will discuss the request and the required steps prior to LTSS program referral to the state or its designee. If the member has an established relationship with another case manager or care coordinator, he or she will facilitate the introductory call. The case manager will describe LTSS options and discuss interest in receiving LTSS. During the initial call, the case manager will also perform a brief telephonic screening to determine the level of urgency to prioritize both access to services and the face-to-face assessment.
- If it is determined that the member has an urgent need compromising health and safety as a result
  of a recent change in daily living circumstances or health-related conditions, the case manager will
  authorize medically necessary interim services and schedule and complete a face-to-face screening
  assessment no later than seven days from the date of referral.
- If the results of the telephonic screening indicate the need for LTSS is not urgent, the case manager will work with the member and as appropriate the family or representative to schedule and complete the face-to-face assessment no later than 30 days from the date of referral. Referrals received after-hours will be routed through our 24/7 member call center. The call center representative will have access to our core operating system and will enter a detailed message that tasks the member's community-based case manager for follow up with the member the next business day. When indicated, the call center representative will also be able to connect the member to an on-call community-based case manager after hours. If members need immediate

- assistance, their call will be referred to Amerigroup on Call (our 24/7 on-call nurse service) or 911 (if necessary).
- For members in crisis, a referral will be made immediately to emergency services. In the event of a
  medical emergency, our members are encouraged to call 911; our call center representatives will
  assist as requested to facilitate the call.

## Ongoing Identification of Members Who May Be Eligible for LTSS

In addition to processing all inbound referrals, our person-centered approach uses an array of ongoing discovery and assessment strategies to facilitate proactive identification of members who currently need additional resources available through LTSS programs and those with risks factors that signal signs of instability in life circumstances such as physical and/or behavioral health conditions that may result in a change that leads to LTSS eligibility. Our comprehensive approach emphasizes an integrated model that utilizes our collective expertise of our health plan employees and the interdisciplinary team to develop a holistic view of each member's evolving life experiences and service and support needs across physical, behavioral health and social service delivery systems.

Through internal and external collaboration and coordination we are able to maximize available state, regional and community resources to eliminate service and support gaps promoting member health, wellbeing and independence. For example, our physical health, behavioral health and LTSS leadership and teams are co-located to facilitate an internal referral process to address unmet needs. So, as behavioral health case managers become aware of changing needs with a member, they can consult and refer the member to their LTSS colleagues to provide all needed supports. Additionally, the teams conduct a variety of internal collaborative case rounds to build immediate and long-range solutions for our members with the most complex needs, including integrated rounds for members with co-occurring conditions, complex case rounds for LTSS members with medically fragile conditions and nursing facility reintegration rounds for members we are assisting in repatriating to the community. Our case managers navigate delivery systems and coordinate with our state and regional partners, contracted providers and community resources to link members to needed services and supports that are brainstormed through our collaborative processes.

## **Long-term Services and Supports**

# **Transition and Discharge Planning**

When LTSS services are necessary, Amerigroup works with the provider and member (or their designated representative) to plan the transition or discharge to an appropriate setting for extended services. These services can be delivered in a nonhospital facility such as:

- Nursing facilities and skilled nursing facilities (NF/SNF).
- Respite care in home or out of home.
- Home and Community Based Services (HCBS).
- Home health care program (i.e., home I.V. antibiotics).

When the member and family, together with the provider, identify medically necessary and appropriate services, Amerigroup will assist in providing a timely and effective plan that meets our member's needs and goals.

## **Discharge Planning**

Amerigroup assists with discharge planning, either to the community or through a transfer to another facility, if the member or responsible party so requests. If the member or responsible party requests a discharge to the community, the care or service coordinator will:

 Collaborate with the skilled nursing facility (SNF) social worker to convene a planning conference with the SNF staff to identify all potential needs in the community.

- Facilitate a home visit to the residence where the member intends to move to assess environment, durable medical equipment (DME) and other needs upon discharge.
- Convene a discharge planning meeting with the member and family, using the data complied through discussion with the SNF staff as well as a home visit, to identify member preferences and goals.
- Involve and collaborate with community originations such as Mental Health and Disability Service Regions, Centers for Independent Living (CILs) or Area Agencies on Aging (AAAs) in this process to assist members as they transition to the community.
- Finalize and initiate execution of the transition plan.

Although our person-centered approach is driven by the member, the transition implementation is a joint effort between the SNF social worker and the Amerigroup community-based case manager.

# **Long-term Services and Supports**

## **Responsibilities of the LTSS Provider**

- All home- and community-based services will be provided in integrated settings. All facility-based
  providers and home health agencies must notify an Amerigroup case manager within 24 hours when a
  member dies, leaves the facility or moves to a new residence or moves outside the service area or
  state.
- Participation in the member's interdisciplinary care team (ICT), dependent on the member's need and preference.
- Follow all federal rules and regulations as applicable.
- Provide regular updates related to the care of service delivered
- Participate in discharge planning

## **Long-term Services and Supports**

## Self-Direction (Consumer Choices Option and Consumer-Directed Attendant Care)

Consumer Choices Option (CCO) and Consumer-Directed Attendant Care (CDAC) are Home- and Community-Based (HCBS) options that allow individuals enrolled in most HCBS waivers more flexibility, choice and control over how their services and supports are provided.

The programs give the member control over their Medicaid waiver dollars so they can develop a plan to meet their needs by directly hiring their own employees and/or purchasing other goods and services. An independent support broker (ISB) will help the CCO member develop a budget based on the monthly funds approved by their case manager. CDAC members receive support from individual or agency-based CDAC providers.

Member participation in consumer self-direction of HCBS is voluntary. Members may elect to participate in or withdraw from consumer direction of HCBS at any time without affecting their enrollment. To participate in the CCO program, members must live in the state of lowa, be eligible for the HCBS waiver and complete the *Consumer-Directed Self-Assessment* form with their support broker and Amerigroup community-based case manager. Member responsibilities in CCO include:

- Choosing which services they want to be self-directed.
- Choosing whether to use an independent CCO provider or one affiliated with an agency.
- Developing a plan of care with the interdisciplinary team.
- Using the budget authorized in the service plan, establish service hours and employee payment rate.

Amerigroup will partner with Veridian Fiscal Solutions as the financial management service provider for the CCO program. Veridian will work with members to assist with providing information on their budget and coordination of payment to workers on the member's behalf.

To participate in the CDAC program, members must live in the state of Iowa, be eligible for the HCBS waiver and complete the CDAC agreement with their Amerigroup community-based case manager. Member responsibilities in CDAC include:

- Choosing whether to use an independent CDAC provider or one affiliated with an agency.
- Developing a plan of care with the interdisciplinary team.
- Completing the CDAC agreement, establishing service hours and payment rates, including signing it along with the provider and giving a copy to the community-based case manager.

CDAC can be for skilled and unskilled services. Unskilled services include help with normal daily life activities such as the following:

- Getting dressed and undressed
- Cleaning up after meals
- Getting into and out of bed
- Scheduling appointments
- Communicating with others
- Going to the doctor
- Fixing meals
- Handling money
- Taking a bath
- Shopping

Like the CCO program, the member may be in charge of hiring their own employees. The employee:

- Must be at least 18 years old.
- Can be a family member, friend or neighbor.
- Cannot be the member's wife or husband.
- Cannot be the member's parent, stepparent or guardian if the member is under 18 years old.

To learn more about the CCO program, visit the Iowa Medicaid web site at <a href="https://dhs.iowa.gov/ime/members/medicaid-a-to-z/consumer-choices-option">https://dhs.iowa.gov/ime/members/medicaid-a-to-z/consumer-choices-option</a>.

To learn more about the CDAC program, visit https://dhs.iowa.gov/ime/members/medicaid-a-to-z/cdac.

For more information on Veridian Fiscal Solutions, visit their website at <a href="https://www.veridianfiscalsolutions.org/cco">https://www.veridianfiscalsolutions.org/cco</a>.

## **Long-term Services and Supports**

# **Electronic Visit Verification**

Electronic visit verification (EVV) is a telephone and computer-based system that electronically verifies when service visits occur and documents the precise time service begins and ends. The purpose of EVV is to verify individuals are receiving the services authorized for their support and for which the state or managed care plan is being billed.

MCOs will partner together to identify a single EVV option to be implemented in Iowa. Once identification of the EVV has been completed, MCOs will work together in conjunction with the state on a rollout and training schedule for providers.

# **Long-term Services and Supports**

# **Client Participation**

Amerigroup recognizes the unique challenges faced by HCBS and facility providers. Amerigroup works with providers to address when a member/family that is noncompliant in paying the client participation, including facilitating a transfer if the issue cannot be resolved. You may refer to the **Client**Participation/Member Liability section for more information on client participation.

The paragraphs below outline our plan for working with the provider and the member/family to resolve such issues.

- 1. The HCBS provider, facility administrator or office manager contacts the Amerigroup community-based case manager with details regarding the lack of payment of the client participation including:
  - The date the last payment was made.
  - Discussions held with the member/family to date.
  - Correspondence between the member/family to date.
  - History of late and/or missed payments, if applicable.
  - Any knowledge of family dynamics, concerns regarding the responsible party, or other considerations.
- 2. An Amerigroup community-based case manager and the provider or nursing home social worker, if applicable, discuss the issue with the member, determine the barrier to payment and elicit cooperation:
  - The Amerigroup community-based case manager guides the discussion, including review of the obligation, potential impact to ongoing eligibility, and potential threat to continued services or residence at the current facility.
  - The Amerigroup community-based case manager screens for any potential misappropriation of funds by family or representative payee.
- 3. The Amerigroup community-based case manager discusses the issue with the identified responsible party, if the member is unable to engage in a discussion regarding payment of the client participation due to cognitive impairment or other disabilities.
- 4. The Amerigroup community-based case manager, provider or facility social worker will take action if concerns related to misappropriation of funds are raised or suspected, and may:
  - Refer the member to Adult Protective Services and/or law enforcement.
  - Submit a request to the Social Security Administration to change the representative payee status to the person of the member's choosing.
  - Engage additional family members.
  - Engage the Guardianship program to establish a conservator or guardian.
- 5. The Amerigroup community-based case manager requests copies of the cancelled check or other bank document, and/or requests a copy of a receipt issued by the provider or facility for payment of liability if the member or responsible party asserts that the required liability has been paid. The community-based case manager will present evidence of payment to the provider or facility's business office and request confirmation that the issue is resolved. The Amerigroup community-based case manager will also engage the assigned Amerigroup LTSS Provider Relations consultant to work with the provider or SNF to improve its processes.
- 6. Amerigroup will send correspondence that outlines the obligation to pay the client participation, potential impact to ongoing eligibility and potential threat to continued services or residence at the current facility if the responsible party is unresponsive and/or living out of the area.
  - The correspondence will be submitted to the state for review and approval as required.
  - The correspondence will provide the responsible party with an opportunity to dispute the allegation and provide evidence of payment.
- 7. Amerigroup will take the following actions in conjunction with the provider or facility social worker if client participation remains unsatisfied after the first rounds of discussion or correspondence, and:

- Convene a formal meeting with the provider or facility leadership, member and/or responsible
  party, Adult Protective Services representative, other representative of the state as applicable and
  other parties key to the discussion.
- Review the patient liability obligation and potential consequences of continued nonpayment.
- Attempt to resolve the payment gap with a mutually agreed-upon plan.
- Explain options if the member or responsible party wishes to pursue transfer to another provider or facility or discharge to the community.
- 8. Amerigroup, together with the provider or facility, will engage in any of the following as may be applicable if the client participation continues to go unsatisfied:
  - Update and escalate intervention by Adult Protective Services or law enforcement.
  - Refer to the state Medicaid Fraud Control Unit or other eligibility of fraud management staff that the state may designate.
  - Escalate engagement to facilitate a change to representative payee, power of attorney or guardian.
  - Escalate appointment of a volunteer guardian or conservator.
  - Initiate discharge planning.

# **Long-term Services and Supports**

# **Nursing Facility Preadmission Screening and Resident Review**

Prior to admission to a nursing facility and any time there is a significant change in status, members will receive a preadmission screening and resident review (PASRR) by the state or its designee. Amerigroup will work with the state or its designee responsible for implementation and oversight of the PASRR process. The PASRR process must be completed prior to a facility admission. Members entering a nursing facility must have a completed Level I PASRR Screening Tool. If positive, Amerigroup will ensure the Level II evaluation is completed by the state mental health and/or developmental authority.

If the Level II Evaluation determines the member requires specialized services, the Amerigroup community-based case manager will ensure the nursing facility complies with federal PASRR requirements to provide, or arrange to provide, specialized services and all applicable Iowa law governing admission, transfer and discharge policies. A copy of all PASRR documentation (Level I Screening tool and Level II Evaluation, if required) will be maintained in our clinical management system in the member's electronic medical record.

The Amerigroup community-based case manager will monitor members in accordance with contract visits, and inform members of their right to return to the community. The Amerigroup community-based case manager will also ensure that members have the option to receive HCBS in more than one residential setting appropriate to their needs and will educate members on the available settings.

## Long-term Services and Supports (LTSS)

## LTSS Continuity of Care

## **LTSS-Specific Services**

Upon enrollment with Amerigroup:

- LTSS services will be authorized until a new comprehensive needs assessment is completed or up to 90 calendar days in the absence of a completed assessment.
- Active LTSS members will continue to receive services in accordance with their h approved service
  plan, including any nonparticipating providers, until an assessment and service plan is completed
  and either agreed upon by the member or resolved through the appeals or fair hearing process and
  implemented.
- LTSS services will not be reduced, modified or terminated in the absence of a new/up-to-date assessment of needs that would support any service reduction, modification or termination.

- Amerigroup will extend the authorization of LTSS from a noncontracted provider as necessary to
  ensure continuity of care, pending the provider's contracting with Amerigroup, or the member's
  transition to a contracted provider.
- Amerigroup will facilitate a seamless transition to new services and/or providers, as applicable, in the plan of care/service plan developed by Amerigroup without any disruption in services.

Amerigroup will make every effort to engage the provider in the contracting process so the member may be able to continue with that same provider if the member so desires. The provider would be requested to meet the same qualifications as other providers in the network.

Amerigroup members using a residential provider at the time of enrollment will have continued access to that residential for up to one year, even on a non-network basis. Members cannot be made to move to another residential provider unless the following conditions are met:

- The member or his/her representative specifically requests to transition.
- The member or his/her representative provides written consent to the move, based on quality or other concerns raised by Amerigroup.

Any Amerigroup issues regarding the current residential provider's rate of reimbursement or contracted vs. noncontracted status will not be grounds for moving a member to another residential provider. If the residential provider is a noncontracted provider, Amerigroup may:

- Authorize continuation of the services pending contracting with the provider.
- Authorize continuation of the services for at least 30 days pending facilitation of the member's transition to a contracted provider, subject to the member's agreement with such transition.
- Continue to reimburse services from the noncontracted providers.

If a member is transitioned to a contracted residential provider, Amerigroup shall extend the authorization of services with the noncontracted provider beyond the minimum 30-day requirement as necessary to ensure continuity of care and the member's seamless transition to a new provider.

Amerigroup will permit a member with a dual diagnosis of a behavioral health condition and developmental disorder to remain with their residential provider for at least one year or with their inpatient psychiatric provider, regardless of network status, as long as the services continue to be medically necessary.

When a provider is not in-network, Amerigroup shall permit members with a dual diagnosis of a developmental disorder and a behavioral health condition to remain with their providers of all outpatient behavioral health services for a minimum of three months as long as the services continue to be medically necessary. Amerigroup would shorten this transition time frame only if/when that service provider is no longer available to serve the member or when a change in providers is requested in writing by the member or the member's representative.

## **Non-LTSS Specific Services**

Upon enrollment with Amerigroup:

- Amerigroup will honor existing authorizations for covered benefits for a minimum of 90 calendar days, without regard to whether such services are being provided by contracted or noncontracted provider, when a member transitions to Amerigroup from another source of coverage.
- Existing authorizations will be honored for a minimum of 30 calendar days when a member transitions to Amerigroup from another source of coverage, without regard to whether services are being provided by contracted or noncontracted providers.
- Amerigroup will utilize processes to identify existing prior authorization of services at the time of the member's enrollment

Amerigroup will allow a member who is receiving covered benefits from a non-network provider to
continue accessing that provider. Amerigroup will make commercially reasonable attempts to
contract with providers from whom an enrolled member is receiving ongoing care.

# **Long-term Services and Supports (LTSS)**

## **Critical Incident Reporting and Management**

We have a critical incident reporting and management system for incidents that occur in a home- and community-based long-term care services and supports delivery setting. As a participating Amerigroup provider, you'll be required to participate in critical incident reporting. Immediate action will be taken to assure the member is protected from further harm. Critical incidents will be tracked and presented to our Quality Improvement committee for review.

A critical incident, also known as a major incident, means an occurrence that:

- 1. Results in a physical injury to or by the member that requires a physician's treatment or admission to a hospital.
- 2. Results in the death of any person.
- 3. Requires emergency mental health treatment for the member.
- 4. Requires the intervention of law enforcement.
- 5. Requires a report of child abuse pursuant to Iowa Code section 232.69 or a report of dependent adult abuse pursuant to Iowa Code section 235B.3.
- 6. Constitutes a prescription medication error or a pattern of medication errors that leads to the outcome in 1, 2, or 3.
- 7. Involves a member's location being unknown by provider staff who are assigned protective oversight.

Providers must report critical incidents to Amerigroup in accordance with applicable requirements and as outlined in Article 3.7 of the Amerigroup Provider Agreement. The maximum time frame for reporting an incident to Amerigroup is 24 hours. The initial report of an incident within 24 hours may be submitted verbally, in which case the person, agency or entity making the initial report will submit a follow-up written report within 48 hours. A report must also be filed with the DHS through their Incident Management Provider Access system. Instructions are located at:

http://dhs.iowa.gov/sites/default/files/PCIR\_CriticalIncidentReportUserGuideForm470\_4698.pdf.

The DHS form is located at https://dhs.iowa.gov/sites/default/files/470-4698.pdf.

The form utilized for reporting incidents is the same for all managed care organizations; please send only Amerigroup member reports to us. The *Critical Incident Report* form can be downloaded at the provider portal at <a href="https://providers.amerigroup.com/ia">https://providers.amerigroup.com/ia</a> under Provider Resources & Documents > Forms. Once complete, please fax it to 1-844-400-3465 or email it to IAincidents@amerigroup.com.

Suspected abuse, neglect and exploitation of members who are adults must be immediately reported. Suspected brutality, abuse or neglect of members who are children must also be immediately reported. The DHS form cannot be used to report suspected child abuse and dependent adult abuse. Reports of suspected child abuse and dependent abuse must be made by calling the DHS Abuse Hotline at 1-800-362-2178.

Providers must immediately (i.e., within 24 hours) take steps to prevent further harm to any and all members and respond to any emergency needs of members. Providers with a critical incident must conduct an internal critical incident investigation and submit a report on the investigation by the end of the next business day. Amerigroup will review the provider's report and follow-up with the provider as necessary to ensure that an appropriate investigation was conducted and corrective actions were implemented within

applicable time frames. Providers must cooperate with any investigation conducted by Amerigroup or outside agencies (e.g., the DHS, Adult Protective Services, Child Protective Services and law enforcement).

# **Long-term Services and Supports (LTSS)**

## **Nonemergency Medical Transportation (NEMT)**

The following procedures are required for billing NEMT services:

## **Transportation Companies only Performing NEMT**

Transportation companies that only perform NEMT services are required to contract with LogistiCare Solutions, LLC to bill LogistiCare and receive payment for services provided. Providers may contact LogistiCare at 1-800-243-5560, ext. 2252 or ext. 2250, for contract information.

# Home- and Community-Based Services (HCBS) Waiver Service Providers that do not Provide Transportation Services

HCBS Waiver service providers that do not provide transportation services within their entity may use an entity contracted with LogistiCare. Providers must use a service provider that is contracted with LogistiCare or the transportation services will not be reimbursed.

If an HCBS Waiver service provider, staff member, case worker or other eligible employee is transporting the member for nonmedical HCBS Waiver service errands, they may bill directly to Amerigroup based on their LTSS contract. The services must also be considered part of the member's person-centered plan.

## **HCBS Waiver Service Providers Providing Transportation Services**

HCBS Waiver service providers with transportation services available within their entity must contract with LogistiCare in order to be reimbursed for NEMT services. Providers may contact LogistiCare at 1-800-243-5560, ext. 2252 or ext. 2250, for contract information.

All nonmedical HCBS Waiver services transportation provided should be billed directly to Amerigroup based on their LTSS contract. The services must also be considered part of the member's person-centered plan. If the transport is for NEMT provided by staff, case workers or other eligible employees, they can be reimbursed on a per-mile basis. Providers would need to contact LogistiCare at least one hour before transport and indicate the trip should be for mileage reimbursement.

## **Scheduling Ride Assistance for a Member**

Providers assisting members in scheduling trips should contact LogistiCare with at least two business days' notice for any single-day NEMT trip requests. Trips may be scheduled up to 30 days in advance. Same-day rides may be scheduled in certain situations. Urgent appointments may be scheduled on the same day through LogistiCare. HCBS Waiver providers may contact LogistiCare for same-day service for NEMT needs when those trips are in accordance with the member's person-centered plan.

Reservations can be made by calling LogistiCare at 1-844-544-1389 Monday through Friday, 7:30 a.m.-6 p.m. Central time. Please have member ID information and pickup and drop-off address locations ready when you call.

Providers assisting members with rides already scheduled can call the LogistiCare Where's My Ride line at 1-844-544-1390.

## **CHAPTER 6: BEHAVIORAL HEALTH SERVICES**

## **Behavioral Health Services**

## **Overview of Behavioral Health at Amerigroup**

The mission of Amerigroup is to coordinate the physical and behavioral health care of members, offering a continuum of targeted interventions, education and enhanced access to care to ensure improved outcomes and quality of life for Amerigroup members. Amerigroup works collaboratively with health care providers (i.e., Community Mental Health Centers (CMHCs), lowa Department of Public Health (IDPH) Substance Use Disorder providers, waiver service providers and a variety of community agencies and resources) to meet the needs of members with mental health (MH) and substance use disorders (SUDs), including those participating in waiver programs.

## **Behavioral Health Services**

#### Goals

The goals of the Amerigroup Behavioral Health program are to:

- Ensure adequacy of service availability and accessibility to eligible members.
- Assist members and providers to utilize the most appropriate, least restrictive medical and behavioral health care in the right place at the right time.
- Promote integration of the management and delivery of physical and behavioral health services to members.
- Achieve the Amerigroup quality initiatives, including those related to HEDIS, NCQA and Iowa Department of Human Services (DHS) performance requirements.
- Work with members, providers and community supports to provide tools and an environment that supports members towards their recovery and resiliency goals.

## **Behavioral Health Services**

#### Values

The following values are incorporated into our policies and practices:

- Hope and respect for members and families, based on the knowledge that personally-valued recovery is possible
- A belief in member dignity and self-determination
- The encouragement to strengthen empowering relationships
- The elimination of stigma and discrimination

#### **Behavioral Health Services**

## **Principles**

Amerigroup adheres to the following principles related to the delivery of behavioral health services:

- Members are allowed to choose their behavioral health professional(s) to the fullest extent possible and appropriate.
- We support the involvement of the member, and those significant in the member's life as appropriate, in decisions about services provided to meet the member's health needs.
- We establish and promote strategies to engage members who may have histories of inconsistent involvement in treatment.
- For adult members who have a serious mental illness and child members with a severe emotional disturbance (SED), services focus on helping the member maintain their home environment, education and employment, and on promoting their recovery and resiliency.
- Mental health services for children are most appropriately directed toward helping a child and the child's family to develop resiliency and maintain a stable and safe family environment for the child.

- We are committed to exploring the use of emerging technology (e.g., telehealth) as a way to expand
  access to services and extend the reach of mental health and substance use disorder service
  professionals, particularly into rural areas of the state.
- We facilitate the coordination of services to eliminate both gaps in service and duplication of services.
- We promote quality improvement initiatives as well as monitoring and tracking outcomes such as member satisfaction, health status and clinical improvement and service utilization.

## **Behavioral Health Services**

## **Objectives**

The objectives of the Amerigroup Behavioral Health program are to:

- Work with care providers to ensure the provision of medically necessary and appropriate care and services to our members at the least restrictive level of care, including inpatient care, alternative care settings, and outpatient care, both in-and out-of-network.
- Provide high quality case management and care coordination services designed to identify member needs and address them in a person-centered, holistic manner.
- Promote continuity and coordination of care among physical and behavioral healthcare practitioners.
- Maintain compliance with local, state, and federal requirements, as well as accreditation standards.
- Utilize evidence-based guidelines and clinical criteria and promote the use of same in the provider community.
- Enhance member satisfaction by working with members-in-need of services to implement an individually-tailored and holistic support and care plan that allows the member to succeed at achieving his/her recovery and resiliency goals.
- Enhance provider satisfaction and provider success by working to develop collaborative and supportive provider relationships built on mutually agreed upon goals, outcomes and incentives.
- Promote all health care partners to work together to achieve quality and recovery goals through education, technological supports and the promotion of recovery ideals.
- Initiate quality improvement activities: plan, do, study, act (PDSA).
- Establish systems to monitor and track outcomes annually.

Amerigroup-contracted providers deliver behavioral health and IDPH substance use disorder (SUD) services in accordance with best practice guidelines, rules and regulations, and policies and procedures set forth by lowa DHS and IME. This includes, but may not be limited to, mental health services such as psychiatric inpatient hospital services, 24-hour psychiatric medical institutions for children (PMICs), outpatient mental health services, case management, psychiatric rehabilitation services and behavioral health crisis services. Also included are SUD treatments such as inpatient, residential and outpatient services.

## **Behavioral Health Services**

## **Recovery and Resiliency**

"[Recovery is] a personal process of overcoming the negative impact of a psychiatric disability despite its continued presence." — Townsend, W., S. Boyd, G. Griffin, and P. L. Hicks. 2000. Emerging best practices in mental health recovery. Columbus: Ohio Department of Mental Health.

"Recovery involves living as well as possible." —Slade, M. (2009) Personal Recovery and Mental Illness; A Guide for Mental Health Professionals. New York: Cambridge University Press.

"A process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential." — Substance Abuse and Mental Health Services Administration (SAMHSA, 2011)

Amerigroup believes physical and behavioral health services should be rendered in a manner that supports the recovery of persons experiencing mental illness and enhances the development of resiliency of those who are impacted by mental illness, serious emotional disturbance and/or substance use disorder issues. Recovery is a consumer-driven process in which consumers find their paths to work, learn and participate fully in their communities. Recovery is the ability to live a fulfilling and productive life despite the continued presence of a disability.

The Substance Abuse and Mental Health Services Administration (SAMHSA) has released a consensus statement on mental health recovery. The components listed in this consensus statement are reflective of our desire that all behavioral health services be delivered in a manner that promotes individual recovery and builds resiliency. The ten fundamental components of recovery as elucidated by SAMHSA include the following:

- 1. Self-direction: Consumers lead, control and exercise choice over and determine their own path of recovery by optimizing autonomy, independence and control of resources to achieve a self-determined life. By definition, the recovery process must be self-directed by the individual, who defines his or her own life goals and designs a unique path towards those goals.
- 2. Individualized and person-centered: There are multiple pathways to recovery based on an individual's unique strengths and resiliency, as well as his or her needs, preferences, experiences (including past trauma) and cultural background in all of its diverse representations. Individuals also identify recovery as being an ongoing journey and an end result, as well as an overall paradigm for achieving wellness and optimal mental health.
- 3. Empowerment: Consumers have the authority to choose from a range of options and to participate in all decisions including the allocation of resources that will affect their lives and are educated and supported in so doing. They have the ability to join with other consumers to collectively and effectively speak for themselves about their needs, wants, desires and aspirations. Through empowerment, an individual gains control of his or her own destiny and influences the organizational and societal structures in his or her life.
- 4. Holistic: Recovery encompasses an individual's whole life, including mind, body, spirit and community. Recovery embraces all aspects of life, including housing, employment, education, mental health and health care treatment and services, complementary and naturalistic services (e.g., recreational services, libraries, museums, etc.), addictions treatment, spirituality, creativity, social networks, community participation and family supports as determined by the person. Families, providers, organizations, systems, communities and society play crucial roles in creating and maintaining meaningful opportunities for consumer access to these supports.
- 5. Nonlinear: Recovery is not a step-by-step process but one based on continual growth, occasional setbacks and learning from experience. Recovery begins with an initial stage of awareness in which a person recognizes that positive change is possible. This awareness enables the consumer to move on to fully engage in the work of recovery.
- 6. Strengths-based: Recovery focuses on valuing and building on the multiple capacities, resiliencies, talents, coping abilities and inherent worth of individuals. By building on these strengths, consumers leave stymied life roles behind and engage in new life roles (e.g., partner, caregiver, friend, student, and employee). The process of recovery moves forward through interaction with others in supportive, trust-based relationships.
- 7. Peer support: Mutual support including the sharing of experiential knowledge and skills and social learning plays an invaluable role in recovery. Consumers encourage and engage other consumers in recovery and provide each other with a sense of belonging, supportive relationships, valued roles and community.
- 8. Respect: Community, systems and societal acceptance and appreciation of consumers including protecting their rights and eliminating discrimination and stigma are crucial in achieving recovery.

- Self-acceptance and regaining belief in one's self are particularly vital. Respect ensures the inclusion and full participation of consumers in all aspects of their lives.
- 9. Responsibility: Consumers have a personal responsibility for their own self-care and journeys of recovery. Taking steps towards their goals may require great courage. Consumers must strive to understand and give meaning to their experiences and identify coping strategies and healing processes to promote their own wellness.
- 10. Hope: Recovery provides the essential and motivating message of a better future that people can and do overcome the barriers and obstacles that confront them. Hope is internalized but can be fostered by peers, families, friends, providers and others. Hope is the catalyst of the recovery process.

Resiliency is a dynamic developmental process especially for children and youth (and their families) that encompasses positive adaptation and is manifested by traits of self-efficacy, high self-esteem, maintenance of hope and optimism within the context of significant adversity.

Services that are provided to children and youth with serious emotional disturbances and their families are best delivered based on the System of Care Values and Principles that are endorsed by the SAMHSA and the Center for Mental Health Services (CMHS). Services should be:

- Child-centered and family focused with the needs of the child and family dictating the types and mix
  of services provided.
- Community-based with the focus of services as well as management and decision-making responsibility resting at the community level.
- Culturally competent with agencies, programs and services that are responsive to the cultural, racial and ethnic differences of the populations they serve.
- Led by the guiding principles of a system of care, which include:
  - O Children should have access to a comprehensive array of services that address the child's physical, emotional, social, educational and cultural needs.
  - Children should receive individualized services in accordance with their unique needs and potential, which is guided by an individualized service plan.
  - Children should receive services within the least restrictive, most normative environment that is clinically appropriate.
  - o Children should receive services that are integrated, with linkages between child-serving agencies and programs and mechanisms for planning, developing and coordinating services.
  - Children should be provided with case management or similar mechanisms to ensure that multiple services are delivered in a coordinated, therapeutic manner and adapted in accordance with the changing needs of the child and family.
  - Children should receive services without regard to race, religion, national origin, sex, physical disability or other characteristics.

## **Behavioral Health Services**

#### **General Provider Information**

## How to Become a Behavioral Health Provider in the Amerigroup Network

Please see our credentialing information in this Provider Manual. If you have questions about the Amerigroup credentialing process before joining our network, call our Network Development team at 1-855-789-7989. If you are being recredentialed, you will receive a packet of instructions and contact information for questions or concerns.

Amerigroup believes the success of providers is necessary to achieve our goals. We are committed to supporting and working with qualified providers to ensure we jointly meet quality and recovery goals. Such commitment also includes:

- Improving communication of the clinical aspects of behavioral health care to improve outcomes and recovery.
- Supporting providers in delivering integrated, coordinated physical and behavioral health services to meet the needs of the whole person.
- Precertification rules, referrals, claims and payment processes to help providers reduce administrative time and focus on the needs of members.
- Using reasonable precertification requirements that minimize administrative burden.

#### **Behavioral Health Services**

#### **Health Home Services**

#### Overview

Iowa has a CMS-approved health home program for Medicaid members with chronic medical and behavioral health conditions. Chronic Condition Health Homes are established for members with two qualifying chronic health conditions, or one qualifying chronic condition and at risk of a second qualifying condition. Integrated Health Homes are established for adults and children with mental health conditions.

A Health Home supports a member's health care and service needs — physical and mental health and social supports. A Health Home appoints a health care team and service providers to serve as the member's Health Home in collaboration with Amerigroup. Health Homes are a health service model whereby a member's health service providers and caregivers communicate with one another to address health needs in a comprehensive manner. This is accomplished with a dedicated care manager who oversees and promotes access among health providers and social service organizations to promote the member's health. Health records are shared among providers (either electronically or on paper) so services are not duplicated or neglected.

Health Home services are provided through a network of organizations including providers, health plans and community-based organizations. When all of the services are considered collectively, they become a "Collaborative Health Home."

A Health Home facilitates access to a range of health and community services, simplifying the process for the member. Core Health Home services include the following:

- Comprehensive care management
- Care coordination
- Transitions in care
- Support to individual and family members
- The facilitation of referrals to community services and supports
- Health promotion and self-care

The care coordinator serves as a main point of contact in coordinating between providers and supporting the member. A care coordinator:

- Coordinates care provided by doctors, therapists, counselors, individuals and community supports.
- Talks with providers to assist in setting health goals.
- Learns about member's medications to facilitate adherence and reconcile prescriptions among multiple providers.

• Identifies supports in the community, such as housing and transportation, to address social and community-based barriers to health.

# **Eligibility Criteria**

Chronic Condition Health Home eligibility criteria require members to have two chronic conditions, or one chronic condition and the risk of developing another from the following list:

- Mental health condition
- Substance use disorder
- Asthma
- Diabetes
- Heart disease
- BMI over 25
- Hypertension
- Child BMI > 85<sup>th</sup> percentile
- One serious mental illness

An Integrated Health Home (IHH) is a team of professionals working together to provide person-centered, coordinated care for adults with a serious mental illness (SMI) and children with a serious emotional disturbance (SED). Eligibility for IHH services includes either:

- An adult with an SMI: Psychotic disorders, schizophrenia, schizoaffective disorder, major depression, bipolar disorder, delusional disorder, obsessive compulsive disorder or another mental health diagnosis with significant functional impairment
- A child or youth with an SED: A diagnosable mental, behavioral or emotional disorder of sufficient duration to meet diagnostic criteria specified within the most current Diagnostic and Statistical Manual of Mental Disorders that results in a functional impairment.
- Eligibility criteria for either a Chronic Condition Health Home or Integrated Health Home include:
  - o Members who get full Medicaid benefits
  - o Members who get full Medicaid benefits and who also have Medicare
  - Members enrolled in the Iowa Health and Wellness Plan and determined to be medically exempt

Amerigroup will identify eligible members or an Integrated Health Home may refer a member to Amerigroup for eligibility determination. Members in the following programs are not eligible for the Health Home program:

- Iowa Health and Wellness Plan (unless determined to be medically exempt)
- Qualified Medicare Beneficiary
- Special Low-Income Medicare Beneficiary
- Program of All-Inclusive Care for the Elderly (PACE)
- Iowa Family Planning Network
- Health Maintenance Organization members
- Presumptive Eligible\*

<sup>\*</sup>Temporary Medicaid coverage for women who are pregnant, or who need treatment for breast and cervical cancer, and children under the age of 19 who need temporary medical coverage.

Case management activities for enrollees in the Children's Mental Health Waiver and Habilitation program will be provided through the Integrated Health Home. For more information, please refer to the Health Homes Supplemental Provider Manual located at https://providers.amerigroup.com/ia.

## **Behavioral Health Services**

## **Services Requiring Precertification**

Please visit https://providers.amerigroup.com/ia to access a full list of covered services, codes and authorization rules.

If a provider asks for prior approval of a service and a decision is made that the service is not medically needed, the provider will be able to discuss this decision with Amerigroup. If the decision remains the same, the member, member's approved representative or the provider (on the member's behalf and with their written consent) can appeal the decision. See the section on **Appeals**.

# Dates of Service - April 1, 2017 and forward

After the first year, if services were approved before the member's coverage started with Amerigroup, those services will remain approved for the first 30 days the member is enrolled in Amerigroup, whether an innetwork or out-of-network provider asked for the approval.

**After** the first 30 days the member is enrolled in Amerigroup: If the member wishes to keep receiving services from an out-of-network provider, or if the services require prior approval, the provider must ask Amerigroup to approve them before the member can receive these services.

## **Behavioral Health Services**

## **Member Records and Treatment Planning**

Member records must meet the following standards and contain the following elements, if applicable, to permit effective service provision and quality reviews:

- Information related to the provision of appropriate services to a member must be included in his or her record to include documentation in a prominent place, and whether there is an executed declaration for mental health treatment.
- For members in the population, a comprehensive assessment that provides a description of the consumer's physical and mental health status at the time of admission to services. This comprehensive assessment covers:
  - A psychiatric assessment that includes:
    - Description of the presenting problem
    - Psychiatric history and history of the member's response to crisis situations
    - Psychiatric symptoms
    - A diagnosis using the most current edition of Diagnostic and Statistical Manual of Mental Disorders (DSM) and current ICD coding
    - Mental status exam
    - History of alcohol and drug abuse

#### A medical assessment that includes:

- Screening for medical problems
- Medical history
- Present medications
- Medication history

## A substance use assessment that includes:

- Frequently used over-the-counter medications
- Alcohol and other drugs and history of prior alcohol and drug treatment episodes

- History reflecting the impact of substance use in the domains of the community functioning assessment.
- A community functioning assessment or an assessment of the member's functioning in the following domains:
  - Living arrangements, daily activities (vocational/educational)
  - Social support
  - Financial
  - Leisure/recreational
  - Physical health
  - Emotional/behavioral health
  - An assessment of the member's strengths, current life status, personal goals and needs.
- A patient-centered, wellness-oriented care plan, which is based on the psychiatric, medical, substance use and community functioning assessments listed above, must be completed for any member who receives behavioral health services.
- The patient-centered care plan must be completed within the first 14 days of admission to behavioral health services and updated every 90 days, or more frequently as necessary based on the member's progress towards goals or a significant change in psychiatric symptoms, medical condition and/or community functioning.
- There must be documentation in every case that the member and, as appropriate, his or her family members, caregivers, or legal guardian, participated in the development and subsequent reviews of the treatment plan.
- For providers of multiple services, one comprehensive treatment/care/support plan is acceptable as long as at least one goal is written, and updated as appropriate, for each of the different services that are being provided to the member.
- The treatment/support/care plan must contain the following elements:
  - o Identified problem(s) for which the member is seeking treatment
  - Member goals related to problem(s) identified, written in member-friendly language
  - Measurable objectives to address the goals identified
  - Target dates for completion of objectives
  - o Responsible parties for each objective
  - Specific measurable action steps to accomplish each objective
  - o Individualized steps for prevention and/or resolution of crisis, which includes identification of crisis triggers (situations, signs and increased symptoms); active steps or self-help methods to prevent, de-escalate or defuse crisis situations; names and phone numbers of contacts that can assist the member in resolving crisis; and the member's preferred treatment options, to include psychopharmacology, in the event of a mental health crisis
  - Signatures of the member as well as family members, caregivers, or legal guardian as appropriate.
- Clinical progress notes are written to document status related to goals and objectives indicated on the treatment plans.
  - o Correspondence concerning the member's treatment and signed and dated notations of telephone calls concerning the member's treatment.
  - A brief discharge summary must be completed within 15 calendar days following discharge from services or death.
  - O Discharge summaries for psychiatric hospital and residential treatment facility admissions that occur while the member is receiving behavioral health services should also be included.
- Amerigroup will monitor provider compliance with treatment plan requirements through medical record reviews or other measures. Providers who do not meet the goal of 100-percent compliance

with treatment plan requirements may be subject to corrective action and may be asked to submit a plan for meeting the 100-percent requirement.

#### **Behavioral Health Services**

## Adverse Incident Reporting (including PMIC, CMH Waiver and Habilitation Program Services)

Adverse occurrence (e.g., sentinel events, major critical events) reports must be made by each participating provider to all appropriate agencies as required by licensure and state and federal laws within the specified time frames required immediately following the event. See the section on **Critical Incident Reporting and Management** for more information. Examples of adverse occurrences include, but are not limited to:

- Treatment complications (including medication errors and adverse medication reactions)
- Accidents or injuries to a member
- Morbidity
- Suicide attempts
- Death of a member
- Allegations of physical abuse, sexual abuse, neglect and mistreatment, and/or verbal abuse
- Use of isolation, mechanical restraint or physical holding restraint
- Any clear and serious breach of accepted professional standards of care that could endanger the safety or health of a member or members

#### **Behavioral Health Services**

## **Psychotropic Medication**

lowa law permits the state of lowa to restrict access to prescription drugs through the use of a Preferred Drug List (PDL) through PA 441 lowa Administrative Code § 78.2(4)a. Amerigroup will follow and enforce the PDL under the Medicaid Fee-for-Service (FFS) pharmacy benefit for psychotropic medications, which may include prior authorization criteria, quantity limits and days-supply limitations. The PDL is located at www.iowamedicaidpdl.com.

Providers must inform all members being considered for prescription of psychotropic medications of the benefits, risks and side effects of the medication, alternate medications and other forms of treatment. The medical record is expected to reflect such conversations as having occurred.

Members on psychotropic medications may be at increased risk for various disorders. As such, it is expected that providers are knowledgeable about side-effects and risks of medications and regularly inquire about and seek for any side-effects from medications. This especially includes:

- Follow-up to inquire about suicidality or self-harm in children placed on anti-depressant medications as per FDA and APA guidelines.
- Regular and frequent weight checks and measurement of abdominal girth especially for those on antipsychotics or mood stabilizers.
- Glucose tolerance test or hemoglobin A-1C tests especially for those members on antipsychotics or mood stabilizers.
- Triglyceride and cholesterol checks especially for those members on antipsychotics and mood stabilizers.
- ECG checks for members placed on medications with risk for significant QT-prolongation.
- Ongoing checks for movement disorders related to antipsychotic use and psychotic disorders.

Guidelines for such testing and follow-up are provided by the American Psychiatric Association, amongst others. Summary guidelines are referenced in our Clinical Practice Guidelines (CPGs), which can be found at <a href="https://providers.amerigroup.com/ia">https://providers.amerigroup.com/ia</a>. While the prescriber is not expected to personally conduct all of these tests, the prescriber is expected to ensure that these tests occur where indicated and to initiate appropriate interventions to address any adverse results. These tests and the interventions are expected to be documented in, at minimum, the medical record for the member.

#### **Behavioral Health Services**

## **Utilization Management Process**

## **Utilization Management Decision Making**

Individuals involved in utilization management (UM) decisions are governed by the following statements:

- UM decision-making is based only on appropriateness of care and service and existence of coverage.
- Amerigroup does not specifically reward practitioners or other individuals for issuing denial of
  coverage care. Decisions about hiring, promoting or terminating practitioners or other staff are not
  based on the likelihood or perceived likelihood that they support, or tend to support denial of
  benefits.
- Financial incentives for UM decision-makers do not encourage decisions that result in underutilization, or create barriers to care and service.

#### **Our Behavioral Health Customer Service Staff**

Provider calls to our Provider Services line during regular business hours are taken by our experienced team of Utilization Management representatives (UMRs). UMRs assist providers with routine inquiries about member eligibility, benefits and claims or with referrals to network providers for your patients. If you are calling about precertification for a service that requires precertification and clinical review, these requests are referred to a member of our clinical staff to initiate a review of the request.

Provider calls after business hours are taken by our Amerigroup on Call staff, who will issue you a reference number for precertification requests for urgent/emergent care. Requests for routine/outpatient care are taken during normal business hours. All requests for precertification will be reviewed by appropriate Behavioral Health staff within decision and notification timeliness standards (see the "Timeliness of Decisions on Requests for Precertification" grid below).

## **Behavioral Health Services**

# **Behavioral Health Authorization Time Standards**

Amerigroup will make authorization determinations within time frames that facilitate timely access to care per the standards outlined in Chapter 16. For this to occur, it is critical Amerigroup receives all necessary clinical information in a timely manner.

#### **Our Clinical Staff**

Amerigroup has assembled a highly trained and experienced team of clinical care managers, case managers and support staff to provide high-quality care management and care coordination services to Amerigroup members and to work collaboratively with you, our providers. All clinical staff is licensed and meet experience requirements, which generally include at least four years of prior clinical experience.

#### **Behavioral Health Services**

## **Notification or Request Preauthorization**

The quickest, most efficient way to request precertification is through Availity via the Interactive Care Reviewer, at www.Availity.com.

You may also request authorization for inpatient mental health services by calling 1-800-454-3730 24/7, 365 days a year, and for all other mental health services during normal business hours. Please be prepared to provide clinical information in support of the request at the time of the call.

You may also request preauthorization via fax. Amerigroup-approved fax forms can be obtained on our provider website at <a href="https://providers.amerigroup.com/ia">https://providers.amerigroup.com/ia</a>. The Amerigroup Behavioral Health fax numbers are:

For inpatient requests: 1-877-434-7578For outpatient requests: 1-866-877-5229

Note: All requests for precertification for psychological and neuropsychological testing beyond the three-hour initial limit should be submitted via fax at 1-866-877-5229.

## **Behavioral Health Services**

#### **Clinical Criteria**

# **Amerigroup Clinical Criteria**

- In addition to utilizing the "Iowa Definition of Medical Necessity" (see below), Amerigroup utilizes clinical criteria to evaluate the medical necessity of requests for care and services as follows:
  - o Mental health: Amerigroup Medical Policies and Clinical Utilization Management Guidelines
  - Substance use disorder: American Society of Addiction Medicine (ASAM) Principles of Addiction Medicine
- Additional level of care criteria will be used for services not included in Amerigroup or ASAM criteria sets. For more information about additional criteria in use by Amerigroup, please visit https://providers.amerigroup.com/ia.
- All criteria used by Amerigroup are approved by the Amerigroup Medical Advisory Committee and the Amerigroup Medical Policy and Technology Assessment Committee.
- For information about how to access the Amerigroup medical necessity criteria, please call the Amerigroup Provider Services line at 1-800-454-3730.

"Medical necessity" is defined by Iowa as those covered services that are determined through Utilization Management to be:

- Appropriate and necessary for the symptoms, diagnosis or treatment of the condition of the member.
- Provided for the diagnosis or direct care and treatment of the condition of member enabling the member to make reasonable progress in treatment.
- Within standards of professional practice and given at the appropriate time and in the appropriate setting.
- Not primarily for the convenience of the member, the member's physician or other provider.
- The most appropriate level of covered services, which can safely be provided.

## **Behavioral Health Services**

## Behavioral Health Medical Necessity Determination and Peer Review

When a provider requests initial or continued precertification for a covered behavioral health service, Amerigroup utilization managers obtain necessary clinical information and review it to determine if the request appears to meet applicable medical necessity criteria.

If the information submitted does not appear to meet such criteria, the utilization manager submits the information for review by an Amerigroup behavioral health medical director, or other appropriate practitioner, as part of the peer review process.

The Amerigroup reviewer, or the requesting provider, may initiate a peer-to-peer conversation to discuss the relevant clinical information with the clinician working with the member. If an adverse decision is made by the Amerigroup reviewer without a peer-to-peer conversation taking place (as may occur when the provider is unavailable for review), the provider may request such a conversation within two business days of the issuance of the adverse decision. In this case, we will make a behavioral health medical director or other appropriate practitioner available to discuss the case with the requesting provider. This conversation may result in the decision being upheld or changed.

Members, requesting providers and applicable facilities are notified of any adverse decision by Amerigroup within notification time frames that are based on the type of care requested, and in conformance with regulatory and accreditation requirements.

## **Behavioral Health Services**

## **Nonmedical Necessity Adverse Decisions**

## Nonmedical Necessity Adverse Decisions (Administrative Adverse Decision)

A request for precertification may result in an adverse decision for reasons other than a lack of medical necessity. Reasons for such an adverse decision may include:

- The notification of admission was late; providers must notify Amerigroup of admission (including preliminary clinical information) within 24 hours or the next business day of any inpatient admission of an Amerigroup member.
- The provider failed to request precertification of a service that requires it.
- The member was ineligible on the date of service.
- The requested service/benefit was a noncovered service/benefit.
- The limit on the benefit has been reached.

## **Behavioral Health Services**

## **Appeals, Grievance and Payment Disputes**

If precertification was not received or you disagree with the decision, refer to the **Appeals, Grievance and Payment Disputes** chapter.

## **Behavioral Health Services**

## **Avoiding an Adverse Decision**

Most administrative adverse decisions result from nonadherence to or a misunderstanding of utilization management policies. Familiarizing yourself and your staff with notification and precertification policies and acting to meet those policies can eliminate the majority of these decisions. Other administrative adverse decisions result from misinformation about the member's status or the member's benefits. Such information is readily available from Amerigroup by calling Provider Services at 1-800-454-3730.

Adverse decisions of a medical nature are rare. Such adverse decisions usually involve a failure of the clinical information to meet evidenced-based, national guidelines. Amerigroup is committed to working with all providers to ensure that such guidelines are understood and to identify gaps for providers around meeting such guidelines. Peer-to-peer conversations (between an Amerigroup medical director and the provider clinicians) are one way that Amerigroup is able to ensure the completeness and accuracy of the clinical information and provide a one-on-one communication about the guidelines as necessary. Medical record reviews are another way to ensure that clinical information is complete and accurate. Providers who are

able to appropriately respond in a timely fashion to peer-to-peer and medical record requests are less likely to encounter dissatisfaction with the utilization management process. Amerigroup is committed to ensuring a process that is quick and easy; working with participating providers to ensure a mutually satisfying process whenever possible.

# Reducing Risk to Members With Behavioral Health or SUD Health Care Needs Through the Amerigroup Case Management/Care Coordination Process

- When a member is identified as having mental health and/or SUD needs requiring some type of intervention to reduce risk, Amerigroup utilizes the following strategies:
  - Inpatient management: moderate to high-risk hospitalized members
    - When at-risk members are identified as part of the census management process, the UM staff works with provider discharge planners, our transitional care coaches, the member's health home team and/or Amerigroup case managers to develop a discharge plan that maximizes the likelihood of the member making a successful transition back into the community. Key elements of the discharge plan include, but are not limited to:
      - Understanding the characteristics of each particular member (job, family, education, social activities, family background, prior service utilization, etc.)
      - In the case of rapid readmissions an admission that occurs within 30 days of discharge from the same level of care:
        - What has worked in the past in helping this member to stay out of the hospital (e.g., medications, treatment interventions, services, and supports)?
        - o What elements of the previous discharge plan did not work and need to be changed?
      - How do medical issues or complications impact the member?
      - What is the involvement of the family in the treatment process and how do the family and other social supports factor into the discharge plan?
      - Are follow-up appointments scheduled within seven days of discharge?
      - The behavioral health medical director conducts daily UM rounds and participates in complex case rounds to assist in facilitating the member's successful transition back into the community
  - Transitional care: moderate to high-risk hospitalized members
    - A transitional care coach or health home care coordinator collaborates with the UM staff to work with members, their family caregivers, their health home team and, when appropriate, the hospital's discharge planning staff to develop a discharge plan. The plan may include:
      - Pretransition contacts
      - Assisting the member with planning for follow-up care and ensuring that appointments are scheduled, transportation arranged, etc.
      - Post-discharge contacts
      - Medication reconciliation
      - "Red-flag" education for the member and family/caregiver, as appropriate, about potential problems or relapse triggers
      - Disease-specific interventions
    - Transitional care is a short-term intervention strategy with the goals of reducing the member's
      risk of readmission and increasing the likelihood that he or she will make a successful transition
      back into the community.
  - o Complex case management
    - Once a member is identified as having complex case management needs through identification methods outlined above, the case manager attempts to engage the member to conduct an assessment to determine the member's care management needs.
    - The case manager works with the member, as well as the member's family/caregiver, as appropriate, to identify goals that are expressed in member-friendly language.

- The care plan includes interventions that are agreed upon to achieve the member's goals.
- The case manager also obtains input from the member's PCP and other specialty providers in developing the care plan.
- For members with mental health and/or SUD needs, the case manager ensures that all needed behavioral health and medical care needs are integrated in a holistic manner, by facilitating communication among treating providers and scheduling regular case conferences as required. The case manager may also utilize complex case rounds to obtain input on especially difficult integration issues.
- The case manager then monitors the member's progress, at regular intervals depending on the member's acuity, in meeting care plan goals. The case manager coordinates care and services with all treating providers, and assists the member with community resource referrals. Contacts with the member may be done telephonically, or through face-to-face contact, depending on the member's level of acuity.
- Case Management continues until the care plan goals have been substantially met or there is agreement with the member/family/caregiver, as appropriate, that further care management is not indicated.
- o Amerigroup Disease Management Centralized Care Unit (DMCCU)
  - The needs of members with lower acuity, mental health or substance use disorder needs may be met by DM through some combination of:
    - Lower acuity telephonic care management
    - Disease Management programs (schizophrenia, major depression, bipolar disorder or substance use disorder)
    - Referrals to preventive services
    - Providing them with health promotion materials

#### **Behavioral Health Services**

#### **Behavioral Health Drug Utilization Review Program**

Our Psychotropic Drug Utilization Review Program processes medical and pharmacy claims data to identify and outreach to prescribers who are not following recommended evidence-based psychotropic treatment guidelines. Our goal is not to infringe on the prescriber's decision-making practice, but to provide education and training on best practices for prescribing psychotropic medications to support prescriber self-regulation.

We design educational information to help the prescriber make care decisions based on the latest medical evidence. We monitor claims data to determine whether the provider makes changes after intervention. DUR programs have been shown to be effective at improving healthcare quality while reducing medical and/or pharmacy costs.

#### **Behavioral Health Services**

# Post-Discharge Outreach, Diversion Plans and Crisis Assessments

#### **Post-Discharge Outreach**

Amerigroup inpatient providers are required to conduct outreach to all members being discharged from inpatient care to encourage the member's attendance at follow-up appointments to be scheduled with a behavioral health specialty provider within seven calendar days of discharge.

Amerigroup will require providers to maintain records of the results of such outreach efforts and will require reporting of this information to Amerigroup on a regular basis. Amerigroup will also conduct on-site audits of member records on at least a quarterly basis.

Providers are also encouraged to use these outreach opportunities to ensure discharged members/caregivers have been able to fill necessary prescriptions and have access to transportation for follow-up appointments. If members/caregivers need assistance with filling prescriptions, with transportation to their appointments, or with appointment scheduling, they should be encouraged to contact Amerigroup Member Services at 1-800-600-4441 (TTY 711) for assistance.

#### **Diversion Plans**

When clinically indicated, Amerigroup encourages providers conducting crisis assessments for members at risk for admission to higher levels of care (e.g., acute inpatient, PMIC) to carefully consider the opportunity for developing diversion plans, with appropriate member and family/caregiver involvement, to assist the member in safely achieving stabilization at a lower level of care.

The provider should contact the member/family/caregiver, as appropriate, as soon as possible following the diversion to offer needed outpatient services.

#### **Crisis Assessments**

Providers delivering crisis assessments/screenings to members must initiate a follow-up contact within one business day to any member seen for or provided with any emergency service and not detained for inpatient care and treatment, to determine the need for any further services or referral to any services.

#### **Behavioral Health Services**

#### **Clinical Practice Guidelines**

All providers have ready access to evidence-based clinical practice guidelines for a variety of behavioral health disorders commonly seen in primary care, including ADHD, bipolar disorder for adults and adolescents, major depressive disorder, schizophrenia, and SUDs as well as evidence-based information on the use of psychotropic medications. Please see the provider website at <a href="https://providers.amerigroup.com/ia">https://providers.amerigroup.com/ia</a>.

#### **Coordination of Behavioral Health and Physical Health Treatment**

- Amerigroup emphasizes the coordination and integration of physical and behavioral health services, wherever possible. Key elements of the Amerigroup model of coordinated care include:
  - o Ongoing communication and coordination between PCPs and specialty providers, including behavioral health (mental health and substance use) providers
  - The expectation that providers screen for co-occurring disorders, including:
    - Behavioral health screening by PCPs
    - Medical screening by behavioral health providers
    - Screening of mental health patients for co-occurring SUDs
    - Screening of consumers in substance use disorder treatment for co-occurring mental health and/or medical disorders
  - Screening tools for PCPs and behavioral health providers can be located at https://providers.amerigroup.com/ia
  - Referrals to PCPs or specialty providers, including behavioral health providers, for assessment and/or treatment for consumers with co-occurring disorders
  - Involving members, as well as caregivers and family members, as appropriate, in the development of patient-centered treatment plans. Case management and disease management programs to support the coordination and integration of care between providers
- As an Amerigroup network provider, you're required to notify a member's PCP when a member first enters behavioral health care and anytime there is a significant change in care, treatment or need

for medical services, provided that you have secured the necessary release of information. The minimum elements to be included in such correspondence are:

- Patient demographics
- o Date of initial or most recent behavioral health evaluation
- Recommendation to see a PCP, if medical condition identified or need for evaluation by a medical practitioner has been determined for the member (e.g., EPSDT screen, complaint of physical ailments)
- o Diagnosis and/or presenting behavioral health problem(s)
- Prescribed medication(s)
- o Vital signs
- o Allergy/drug sensitivity
- Pregnancy status
- Behavioral health clinician's name and contact information

# **Behavioral Health Services**

#### **Provider Training**

Amerigroup must monitor and ensure all participating providers that deliver behavioral health services provide relevant staff with training in accordance with lowa DHS requirements. As a contracted provider of Amerigroup, your organization is required to provide training to your staff as appropriate. Your organization is also responsible for complying with any updates in training requirements. Additionally, Amerigroup will implement measures to monitor compliance with training requirements.

#### **Additional Training**

Amerigroup will present training programs for PCPs and behavioral health providers on topics related to the coordination of behavioral health and physical health care. Some of these training events will include the opportunity for providers to obtain CME/CEU credit for participation. Please consult the Amerigroup provider website at <a href="https://providers.amerigroup.com/ia">https://providers.amerigroup.com/ia</a> for a schedule of these training events.

#### **Behavioral Health Consultations for Primary Care Providers**

Amerigroup will provide all contracted PCPs with the ability to consult with a behavioral health specialist. For more information about this and other behavioral health consultation resources, please call the Amerigroup Provider Services line at 1-800-454-3730.

#### **Behavioral Health Services**

# **Critical Incident Reporting and Management**

We have a critical incident reporting and management system for incidents that occur in a home- and community-based long-term care services and supports delivery setting. As a participating Amerigroup provider, you will be required to participate in critical incident reporting. Immediate action will be taken to assure the member is protected from further harm. Critical incidents will be tracked and presented to our Quality Improvement committee for review.

A critical incident, also known as a major incident, means an occurrence that:

- 1. Results in a physical injury to or by the member that requires a physician's treatment or admission to a hospital.
- 2. Results in the death of any person.
- 3. Requires emergency mental health treatment for the member.
- 4. Requires the intervention of law enforcement.
- 5. Requires a report of child abuse pursuant to Iowa Code section 232.69 or a report of dependent adult abuse pursuant to Iowa Code section 235B.3.

- 6. Constitutes a prescription medication error or a pattern of medication errors that leads to the outcome in 1, 2 or 3.
- 7. Involves a member's location being unknown by provider staff who are assigned protective oversight.

Providers must report critical incidents to Amerigroup in accordance with applicable requirements and as outlined in Article 3.7 of the Amerigroup Provider Agreement. The maximum time frame for reporting an incident to Amerigroup is 24 hours. The initial report of an incident within 24 hours may be submitted verbally, in which case the person, agency or entity making the initial report will submit a follow-up written report within 48 hours. A report must also be filed with DHS through their Incident Management Provider Access system. Instructions can be found at:

http://dhs.iowa.gov/sites/default/files/PCIR\_CriticalIncidentReportUserGuideForm470\_4698.pdf. The DHS form can be found at https://dhs.iowa.gov/sites/default/files/470-4698.pdf.

The form utilized for reporting incidents is the same for all managed care organizations; please send only Amerigroup member reports to us. The *Critical Incident Report* form can be downloaded at the provider portal at <a href="https://providers.amerigroup.com/ia">https://providers.amerigroup.com/ia</a> under Provider Resources & Documents > Forms. Once complete, please fax it to 1-844-400-3465 or email it to IAincidents@amerigroup.com.

Suspected abuse, neglect and exploitation of members who are adults must be immediately reported. Suspected brutality, abuse or neglect of members who are children must also be immediately reported. The DHS form cannot be used to report suspected child abuse and dependent adult abuse. Report of suspected child abuse and dependent abuse must be made by calling the DHS Abuse Hotline at 1-800-362-2178. Providers must immediately (i.e., within 24 hours) take steps to prevent further harm to any and all members and respond to any emergency needs of members.

Providers with a critical incident must conduct an internal critical incident investigation and submit a report on the investigation by the end of the next business day.

Amerigroup will review the provider's report and follow-up with the provider as necessary to ensure that an appropriate investigation was conducted and corrective actions were implemented within applicable time frames.

Providers must cooperate with any investigation conducted by Amerigroup or outside agencies (e.g., the DHS, Adult Protective Services, Child Protective Services and law enforcement).

#### **Behavioral Health Services**

# **Psychiatric Medical Institutions for Children (PMIC)**

PMICs provide 24-hour care for individuals under the age of 21 years old. To qualify, an independent team evaluates and determines that ambulatory care resources available in the community do not meet the individual's treatment needs. Proper treatment of the individual's psychiatric condition requires:

- Inpatient services under the direction of a physician.
- Services reasonably expected to improve his or her condition or prevent further regression, so the services will no longer be needed.

PMICs will provide or assist a member with access to:

- Active treatment; active treatment is the implementation of a professionally developed and
  supervised individual plan of care. The plan of care is designed to achieve the member's discharge
  from inpatient status at the earliest possible time and must be developed and implemented by an
  interdisciplinary team no later than 14 days after admission.
- An individual plan of care; an individual plan of care is a written plan developed for each member to improve his or her condition to the extent inpatient care is no longer necessary. The team will

review the plan every 30 days to determine whether services being provided are or were required on an inpatient basis, and recommend changes in the plan based on the member's overall adjustment as an inpatient. The plan of care shall:

- Be based on a diagnostic evaluation that includes examination of the medical, psychological, social, behavioral and developmental aspects of the member's situation and reflects the need for inpatient psychiatric care.
- Be developed by an interdisciplinary team (as specified below) in consultation, if possible, with the member and member's parents, legal guardians or others who the member will be released to for care after discharge.
- State the treatment objectives.
- o Prescribe an integrated program of therapies, activities and experiences designed to meet the objectives.
- Include, at an appropriate time, post-discharge plans and coordination of inpatient services, with partial discharge plans and related community services, to ensure continuity of care with the member's family, school and community upon discharge.
- An interdisciplinary team; the individual plan of care shall be developed by an interdisciplinary team
  of physicians and other personnel who are employed by the facility or who provide services to
  patients in the facility. Membership includes those physicians and other professionals who are
  involved in the direct provision of treatment services, involved in the organization of the plan of care
  or involved in consulting with or supervising those professionals involved in the direct provision of
  care. The team shall:
  - o Be based on education and experience, preferably including competence in child psychiatry.
  - Be capable of assessing the member's immediate and long-range therapeutic needs, developmental priorities and personal strengths and liabilities; this includes assessing the potential resources of the member's family, setting treatment objectives and prescribing therapeutic modalities to achieve the plan's objectives.
  - Include, as a minimum, either:
    - A board-eligible or board-certified psychiatrist, a clinical psychologist who has a doctoral degree and a physician licensed to practice in medicine or osteopathy, or
    - A physician licensed to practice medicine or osteopathy with specialized training and experience in the diagnosis and treatment of mental diseases and a psychologist who has a master's degree in clinical psychology and has been licensed by the state.
  - Also include one of the following:
    - A social worker with a master's degree in social work with specialized training or one year's experience in treating persons with mental illness.
    - A registered nurse with specialized training or one year's experience in treating persons with mental illness.
    - An occupational therapist who is licensed and who has specialized training or one year of experience in treating persons with mental illness.
    - A psychologist who has a master's degree in clinical psychology or who has been licensed by the state.

#### **Behavioral Health Services**

#### **Behavioral Health Waivers**

#### 1915(c) Children's Mental Health (CMH) Services Waiver

Amerigroup delivers the state's 1915(c) CMH Waiver services to all members meeting the eligibility criteria and authorized to be served by these programs. Children enrolled in the CMH Waiver program will also be enrolled in an Integrated Health Home. Amerigroup is responsible for the following:

- Assessment of needs-based eligibility
- Service plan review and authorization
- Claims payment
- Provider recruitment
- Provider agreement execution
- Rate setting
- Providing training and technical assistance to providers

#### **Behavioral Health Services**

# 1915(i) Habilitation Services Program

Amerigroup delivers the state's 1915(i) Habilitation Services to all members meeting the eligibility criteria and authorized to be served by these programs. Services available include the following:

- Home-based habilitation
- Day habilitation
- Prevocational services
- Supported employment

Members enrolled in the Habilitation Services waiver will also be enrolled in an Integrated Health Home. Amerigroup is responsible for the following:

- Assessment of needs-based eligibility
- Service plan review and authorization
- Claims payment
- Provider recruitment
- Provider agreement execution
- Rate setting
- Training and technical assistance for providers

#### **CHAPTER 7: MEMBER ELIGIBILITY**

#### **Member Eligibility**

#### **Overview**

Given the increasing complexities of health care administration, widespread potential for fraud and abuse, and constant fluctuations in program membership, providers need to be vigilant about member eligibility. This may mean taking extra steps to verify that any patient treated by network providers is, in fact, a currently enrolled Amerigroup member.

Amerigroup members enrolled in IA Health Link or Hawki are required to carry and present their IA Health Link or Hawki identification (ID) card when seeking services. The IA Health Link and Hawki ID cards are issued by Amerigroup. To prevent fraud and abuse, providers should confirm the identity of the person presenting the ID card. Providers also must verify a member's eligibility before services are delivered. Because eligibility can change, verify eligibility at each visit. Remember, claims submitted for services rendered to noneligible members are not eligible for payment.

# **Member Eligibility**

# **How to Verify Member Eligibility**

Providers can verify member eligibility as follows:

- Real-time member enrollment and eligibility verification for IA Health Link is available 24 hours a
  day, 7 days a week, by calling the hotline or using the website to determine the member's specific
  benefit plan and coverage:
  - Automated voice response: 1-800-338-7752 (24 hours a day, 7 days a week)
  - Website: https://dhs.iowa.gov/ime/providers
- Contact Provider Services to verify enrollment and benefits for our members:
  - o Phone: 1-800-454-3730, Monday through Friday, 7:30 a.m.-6 p.m. Central time
  - The secure Amerigroup provider website: https://providers.amerigroup.com/ia. Select Login or Register to access the secure site.

Please refer to information on the primary medical group (PMG) member assignment lock-in program regarding additional requirements for verification of member eligibility.

Paper panels are also available if specifically requested by calling Provider Services at 1-800-454-3730. To verify Hawki eligibility, call Hawki customer service at 1-800-257-8563.

#### **Member Eligibility**

#### **Identification Cards**

The IA Health Link and Hawki member ID cards include the member name and member ID number (10 digits, no prefix). Members will receive an Amerigroup ID number as well as an ID card.

The front includes the Amerigroup ID, the IA Health Link or Hawki ID assigned by the state and the name and phone number of the primary medical group (PMG) where the member is assigned. The back includes the mailing address for paper claims, important phone numbers and the general correspondence and appeal mailing address.

## The following are two examples:

#### **IA Health Link**





Effective Date: Date of Birth: Amerigroup #:

www.myamerigroup.com/IA Amerigroup Iowa, Inc.

Member Name: Medicaid Number: Primary Care Provider (PCP): PCP Telephone # Vision: 1-800-879-6901 Copays: No Copays

Member Services/Behavioral Health: 1-800-600-4441 (TTY 711) 24/7 Amerigroup On Call/Nurse HelpLine: 1-866-864-2544 (TTY 711)

MEMBERS: Please carry this card at all times. Show this card before you get medical care. You do not need to show this card before you get emergency care. If you have an emergency, call 911 or go to the nearest emergency now. Always call your Amerigroup PCP for nonemergency care. If you have questions, call Member Services at 1-800-800-4441. If you are deaf or hard of hearing, call 711. MIEMBROS: Leve esta tarjeta de identificación con usted siempre. Muéstrela antes de recibir cuidado médico. No tiene que mostrar esta tarjeta antes de recibir cuidado de emergincia. Si tiene una emergencia, llame al 911 o vaya a la sala de emergencias más oeroana. Llame siempre a su PCP de Amerignoup para cuidado que no sea de emergencia. Si tiene preguntas, llame a Servicios al Miembro al 1-800-600-4441. Si es sordo o tiene problemas auditivos, llame al 711. HOSPITALS: Preadmission certification is required for all nonemergency admissions, including outpatient surgery. For emergency admissions, notify Amerigroup within 24 hours after treatment at 1-800-454-3730.

PROVIDERS: Certain services must be preauthorized. Care that is not preauthorized may not be covered. For preauthorization/billing information, call 1-800-454-3730. For preauthorization of medications, call 1-805-712-0104.

PHARMACIES: Submit claims using Express Scripts RXBIN: 003858; RXPCN: MA; RXGRP: WKYA For technical help, call Express Scripts at 1-855-712-0104. MEMBERS: Please carry this card at all times. Show this card before you get medical care. You do

#### SUBMIT MEDICAL CLAIMS TO:

AMERIGROUP - P.O. BOX 61010 - VIRGINIA BEACH, VA 23466-1010
USE OF THIS CARD BY ANY PERSON OTHER THAN THE MEMBER IS FRAUD.

#### Hawki





Effective Date: Date of Birth: Ameriaroup #

www.myamerigroup.com/IA Amerigroup Iowa, Inc.

Member Name: hawk-i Number: Primary Care Provider (PCP): PCP Telephone #1 Vision: 1-800-879-6901

Copays: No Copays

Member Services/Behavioral Health: 1-800-600-4441 (TTY 711) 24/7 Amerigroup On Call/Nurse HelpLine: 1-866-864-2544 (TTY 711)

MEMBERS: Please carry this card at all times. Show this card before you get medical care. You do not need to show this card before you get emergency care. If you have an emergency, call 911 or go to the nearest emergency room. Always call your Amerigroup PCP for nonemergency care. If you have questions, call Member Services at 1-800-800-4441. If you are deaf or hard of hearing, call 711.

MIEMBROS: Lieve esta tarjeta de identificación oon usted siempre. Muéstrela antes de recibir cuidado de emergincia. Si tiene una emergencia, llame al 911 o vaya a la sala de emergencias más cercana. Llame siempre a su PCP de Amerigroup para cuidado que no sea de emergencia. Si tiene preguntas, llame a 3envicios al Miembro al 1-800-000-4441. Si es sordo o tiene problemas auditivos, lame al 711.

HOSPITALS: Preadmission certification is required for all nonemergency admissions, including outpatient surgery. For emergency admissions, notify Amerigroup within 24 hours after treatment at 1-800-454-3730.

PROVIDERS: Certain services must be preauthorized. Care that is not preauthorized may not

at 1-800-454-3730. PROVIDERS: Certain services must be preauthorized. Care that is not preauthorized may not be covered. For preauthorization/billing information, call 1-800-454-3730. For preauthorization of medications, call 1-855-712-0104. PHARMACIES: Submit claims using Express Scripts RXBIN: 003858; RXPCN: MA; RXGRP; WKYA For technical help, call Express Scripts at 1-855-712-0104.

SUBMIT MEDICAL CLAIMS TO:

AMERIGROUP • P.O. BOX 61010 • VIRGINIA BEACH, VA 23466-1010
USE OF THIS CARD BY ANY PERSON OTHER THAN THE MEMBER IS FRAUD.

#### **CHAPTER 8: MEDICAL MANAGEMENT**

#### **Medical Management**

#### **Overview**

The Amerigroup Medical Management program is a cooperative effort with providers to promote, provide and document the appropriate use of health care resources. Our goal is to provide the right care, to the right member, at the right time, in the appropriate setting.

The decision-making criteria used by the Medical Management department are evidence-based and consensus-driven. We update criteria periodically as standards of practice and technology change. We involve practicing physicians in these updates and then notify providers of changes through fax communications (such as provider bulletins) and other mailings. Based on sound clinical evidence, the Medical Management department provides the following service reviews:

- Precertification
- Concurrent/continued stay reviews
- Post-service reviews

Decisions affecting coverage or payment for services are made in a fair, consistent and timely manner. The decision-making process incorporates nationally-recognized standards of care and practice from sources including the following:

- Iowa Medicaid coverage criteria
- MCG Care Guidelines
- Anthem approved criteria
- Professional societies such as:
  - American College of Cardiology
  - American College of Obstetricians and Gynecologists
  - American Academy of Pediatrics
  - o American Academy of Orthopedic Surgeons
  - Cumulative professional expertise and experience

After a case has been reviewed, decisions and notification time frames will be given for service:

- Approval
- Modification
- Denial

**Please note:** UM decision-making is based only on appropriateness of care and service and existence of coverage. Amerigroup does not specifically reward practitioners or other individuals for issuing denial of coverage care. Decisions about hiring, promoting or terminating practitioners or other staff are not based on the likelihood or perceived likelihood that they support, or tend to support, denial of benefits. There are no financial incentives for UM decision-makers that encourage decisions resulting in under-utilization, or that create barriers to care and service.

Treating physicians may wish to speak with the Amerigroup reviewing physician. This peer-to-peer discussion may be initiated by calling the peer-to-peer number at 1-844-227-8345.

Medical necessity is defined by Iowa as those covered services that are determined through Utilization Management to be:

 Appropriate and necessary for the symptoms, diagnosis or treatment of the condition of the member.

- Provided for the diagnosis or direct care and treatment of the condition of member enabling the member to make reasonable progress in treatment.
- Within standards of professional practice and given at the appropriate time and in the appropriate setting.
- Not primarily for the convenience of the member, the member's physician or other provider.
- The most appropriate level of covered services which can safely be provided.

#### **Availability of UM Criteria**

If an Amerigroup Iowa, Inc. medical director denies your service request, both you and the member will receive a notice of action letter that including the reason for denial, note the criteria/guidelines used for the decision, and explain the appeal process and your rights. If you'd like to speak with a medical director about the service request denial, call Provider Services at 1-800-454-3730 or the health plan at 515-327-7012.To request a copy of the specific criteria/guidelines used for the decision, call 1-800-454-3730 or write to:

Medical Management Amerigroup Iowa, Inc. 4800 Westown Parkway, Suite 200 West Des Moines, IA 50266

# **Medical Management**

#### **Access to UM Staff**

We are staffed with clinical professionals who coordinate our members' care and are available 24 hours a day, 7 days a week to accept precertification requests. You can submit precertification requests by:

- Calling us at 1-800-454-3730.
- Faxing them to 1-800-964-3627.
- Logging in to https://providers.amerigroup.com/ia and using the Precertification Lookup Tool.

Have questions about utilization decisions or the utilization management process in general? Call our clinical team at 1-800-454-3730, Monday-Friday from 8 a.m.-5 p.m. Central time.

#### **Medical Management**

#### **Precertification**

If a provider asks for prior approval of a service and a decision is made that the service is not medically needed, the provider will be able to discuss this decision with Amerigroup. If the decision remains the same, the member, member's approved representative or the provider (on the member's behalf and with their written consent) can appeal the decision. See the section on **Appeals**.

# Dates of Service – April 1, 2017, and forward

After the first year, if services were approved before the member's coverage started with Amerigroup, those services will remain approved for the first 30 days the member is enrolled in Amerigroup, whether an innetwork or out-of-network provider asked for the approval.

**After** the first 30 days the member is enrolled in Amerigroup: If the member wishes to keep receiving services from an out-of-network provider, or if the services require prior approval, the provider must ask Amerigroup to approve them before the member can receive these services.

# **Services Requiring Precertification**

Some common services requiring precertification include the following (This is not an all-inclusive list and is meant to be a guide only):

- Air ambulance
- Selected behavioral health services
- Biofeedback
- Circumcision (Amerigroup covers routine circumcision without precertification for up to 12 months of age; after 12 months of age, medical necessity review is required)
- Selected durable medical equipment and disposable supplies
- Genetic testing (except routine amniocentesis and prenatal testing)
- Home health care services
- Hyperbaric oxygen therapy (no coverage for use of equipment)
- Infusion/injection therapy
- Inpatient hospital services
- Inpatient surgeries and procedures
- Outpatient surgeries and procedures
- Pharmacy (follows Iowa Medicaid *Preferred Drug List* and formulary)
- Physician services (referrals to out-of-network specialists require precertification)
  - NOTE: In-network physician evaluation and management services do NOT require precertification.
- Selected radiology services
- Spinal surgeries (lumbar fusion, disc excision and decompression surgery)
- Therapy services (physical, occupational and speech therapies)
- Transplant services
- Vision (Most routine vision services do not require precertification. If you have questions, call Superior Vision Care at 1-866-819-4298.)
- Nursing Facility special population (i.e., skilled preapproval) for out of state placement

To determine prior authorization requirements, use the lookup tool on the precertification page of our website at <a href="https://providers.amerigroup.com/ia">https://providers.amerigroup.com/ia</a> Provider Resources & Documents > Quick Tools.

If the network is unable to provide a necessary service covered under its member contract, Amerigroup must provide adequate and timely coverage of these services out-of-network for members.

**Please note:** Emergency hospital admissions do not require precertification; however, notification is required within 24 hours or the next business day.

For members who enter a long-term care facility as *Medicaid pending*, please request precertification as soon as the state approves the Medicaid facility eligibility and the member's updated eligibility is reflected on the Amerigroup website.

**Please note:** Per Iowa Administrative Code (IAC), the Iowa Medicaid Enterprise must approve facility level of care prior to a facility being eligible for payment for long-term care services provided in a facility.

# **Services Not Requiring Precertification**

The following services do not require precertification when the provider is within the Amerigroup network:

- Dialysis
- Emergency services (notify Amerigroup of hospital admissions within 24 hours or the next business day)
- Selected behavioral health services
- Family planning or well-woman check-up; members may self-refer to any IA Health Link provider for the following services:
  - o Birth control
  - Federal Drug Administration (FDA)-approved family planning devices and supplies (for example, intra-uterine devices)
  - Genetic counseling (Note: Genetic *testing* does require precertification, with the exception of routine amniocentesis and prenatal testing.)
  - Screening for human immunodeficiency Virus (HIV) or Sexually Transmitted Infections (STIs)
  - o Lab work
  - Pelvic and breast examinations
- Laboratory services (in-network laboratories)
- Obstetrical care -please notify us of the following:
  - Pregnancies: use the Maternity Notification Form located at https://providers.amerigroup.com/ia > Medical > Forms > Maternity Notification Form.
    - Members may self-refer to a network OB-GYN.
    - Note: We only require notification; precertification is not required for labor and delivery or OB services, including OB visits, diagnostic tests, laboratory services, prenatal/postpartum office visits or ultrasounds when performed by a participating provider.
  - o The first prenatal visit: within three days
  - Within 24 hours of delivery: Please include newborn information using the Newborn Notification of Delivery Form (baby's date of birth, mode of delivery, gender, weight in grams, gestational age in weeks and disposition at birth).
  - The mother's pediatrician selection for continuity of care.
- Nonemergent transportation services; call LogistiCare at 1-844-544-1389 for reservations
- Physician referrals (in-network for consultations or a nonsurgical course of treatment)
- Standard X-rays or ultrasound

#### **Medical Management**

## **Starting the Process**

Contact us with questions or precertification requests regarding health care services, including:

- Routine, nonurgent care reviews
- Urgent or expedited preservice reviews
- Urgent concurrent or continued stay reviews

Precertification requests with all supporting documentation must be submitted at least 72 hours prior to the scheduled admission. Failure to comply with notification rules will result in an administrative denial.

#### **Administrative Denial**

An administrative denial is a denial of services based on reasons other than medical necessity.

Administrative denials are made when a contractual requirement is not met, such as late notification of admission, lack of precertification or failure by the provider to submit clinical information when requested.

Appeals for administrative denials must address the reason for the denial (i.e., why precertification was not obtained or why clinical information was not submitted). If Amerigroup overturns its administrative decision, the case will be reviewed for medical necessity. If approved, either the claim will be reprocessed or the requestor will be notified of the action that needs to be taken.

Requests for precertification may be submitted by phone, fax or online:

Phone: 1-800-454-3730 Fax: 1-800-964-3627

Online: https://providers.amerigroup.com/ia

The Medical Management department will return calls:

- Same day when received during normal business hours
- Next business day when received after normal business hours

Faxes are accepted during and after normal business hours. Faxes received after hours will be processed the next business day.

## **Medical Management**

#### **Information Needed for Medical Necessity Determination**

Medical necessity determinations are made:

- Online at www.Availity.com, by following the prompts to provide all requested information.
- Via fax, by completing the Prior Authorization Request Form found at https://providers.amerigroup.com/ia > Provider Resources & Documents > Forms.
- By phone, by having the following information available as appropriate to the service request:
  - o Member name and IA Health Link ID number
  - o Diagnosis with the International Classification of Diseases (ICD-10) code
  - o Procedure with the Current Procedural Terminology (CPT) code
  - o Date of injury or hospital admission and third-party liability information, if applicable
  - o Facility name, if applicable
  - Primary care physician (PCP)
  - Specialist or attending physician name
  - Clinical justification for the request
  - Level of care
  - Lab, radiology and pathology test results
  - Medications
  - Treatment plan, including time frames
  - o Prognosis
  - Psycho-social status
  - o Exceptional or special needs issues
  - Ability to perform activities of daily living
  - Discharge plans

All providers, including physicians, hospitals and ancillary providers, are required to provide information to the Medical Management department. You must obtain a separate precertification for each service requiring approval. Precertification is necessary whether an in-network or out-of-network provider performs the service. For the latest information about which services require precertification, go to <a href="https://providers.amerigroup.com/ia">https://providers.amerigroup.com/ia</a>.

Generally speaking, the provider is responsible for contacting us to request preservice review for both professional and institutional services. However, hospital or ancillary providers should also contact Amerigroup to verify preservice review status for all nonurgent care before rendering services.

#### **Medical Management**

#### **Requests with Insufficient Clinical Information**

When the Medical Management department receives requests with insufficient clinical information, we will contact the provider with a request for the information reasonably necessary to determine medical necessity. We will make at least one attempt to contact the requesting provider to obtain this additional information. If we do not receive a response, the request will be reviewed with the information originally submitted and denied. A denial letter will be sent to both the member and the provider.

# **Medical Management**

#### **Urgent Requests**

Based on the member's condition, you may request an urgent determination. The Medical Management department will complete an urgent preservice determination once clinical information is received from the provider. If additional information is needed to authorize the admission, the Medical Management team will submit a request within 24 hours. The provider will then have 48 hours to provide the additional clinical information.

## **Medical Management**

#### **Routine Requests**

For nonurgent requests, the Medical Management department will make a determination as quickly as possible, but always within 14 calendar days of a routine request.

#### **Medical Management**

## **Emergency Medical Services**

Amerigroup does not require precertification for treatment of emergency medical conditions. In the event of an emergency, members may access emergency services 24 hours a day, 7 days a week. If the emergency room visit results in the member's admission to the hospital, providers must contact Amerigroup within 24 hours or the next business day.

#### **Medical Management**

#### **Emergency Stabilization and Post-Stabilization**

The emergency department's treating provider determines the services needed to stabilize the member's emergency medical condition. After the member is stabilized, the emergency department's provider must contact Amerigroup for authorization of further services. If we do not respond within one hour, we consider the necessary services authorized.

The emergency department should send a copy of the emergency room record to the PCP's office within 24 hours. The PCP should:

- Review and file the chart in the member's permanent medical record
- Contact the member
- Schedule a follow-up office visit or a specialist referral, if appropriate

## **Concurrent Review: Hospital Admissions**

Hospitals must notify us of an admission within 24 hours of admission or by the next business day. Notify us by providing preliminary clinical information about the following admissions:

- Behavioral health
- Medical care
  - Inpatient admissions
  - o Observation admissions (notification only required)
- Substance abuse

After notification of an inpatient admission is received, we will send a request for clinical information supporting the admission's medical necessity. Evidence-based criteria are used to determine medical necessity and the appropriate level of care.

## **Medical Management**

# **Concurrent Review: Clinical Information for Continued-Stay Review**

When a member's hospital stay is expected to exceed the number of days authorized during preservice review, or when the inpatient stay did not have preservice review, the hospital must contact us for continued stay review. We require clinical reviews on all members admitted as inpatients to:

- Acute care hospitals
- Intermediate facilities
- Skilled nursing facilities
- Custodial nursing facilities
- Inpatient rehabilitation, psychiatric and substance abuse treatment facilities

We perform these reviews to assess medical necessity and determine whether the facility and level of care are appropriate. Amerigroup identifies members admitted as inpatients by:

- Facilities reporting admissions
- Providers reporting admissions
- Members or their representatives reporting admissions
- Claims submitted for services rendered without authorization
- Preservice authorization requests for inpatient care

The Medical Management department will complete a continued-stay inpatient review within 24 hours of receipt of clinical information or sooner, consistent with the member's medical condition. Medical Management nurses will request clinical information from the hospital on the same day as notification regarding the member's admission and/or continued stay. Providers should notify the health plan of an inpatient admission within 24 hours of the admission.

If the information meets medical necessity review criteria, we will approve the request within 24 hours of receipt of the information. We will send requests that do not meet medical policy guidelines to the physician adviser or medical director for further review. In addition to notifying providers of the decision within 24 hours, we will send written notification of denial or modification of the request to the member and the requesting provider.

#### Readmission

Amerigroup follows the state of Iowa's 30-day readmission policy. We may review hospital admissions on a specific member if it appears that two or more admissions are related based on same or similar conditions. The claim review, which includes a review of medical records if requested from the provider, may result in

necessary adjustments. If so, we'll make all necessary adjustments to the claim (including recovery of payments) not supported by the medical record. Providers who do not submit the requested medical records or who do not remit the overpayment amount identified by us may be subject to a recoupment.

#### **Medical Management**

#### **Concurrent Review: Second Opinions**

The following are important guidelines regarding obtaining a second opinion:

- The second opinion must be given by an appropriately-qualified health care professional.
- The second opinion must come from a provider of the same specialty as the first provider.
- The secondary specialist may be selected by the member.
- The secondary specialist must be within our network. When there is no network provider who meets the qualification, we may authorize a second opinion by a qualified provider outside of the network, upon request by the member or provider.

A second opinion regarding medical necessity is a covered service, offered at no cost to our members.

# **Medical Management**

## **Denial of Service and Peer-to-Peer Review**

Only a medical or behavioral health physician with an active professional license or certification may deny services for lack of medical necessity, including the denial of:

- Procedures.
- Hospitalization.
- · Equipment.

When a request is determined to be not medically necessary, the requesting provider will be notified of:

- The decision.
- The process for appeal.
- How to reach the reviewing physician for peer-to-peer discussion of the case.
- How to request the criteria and guidelines on which the decision was based.

Requesting physicians may wish to speak with the Amerigroup reviewing physician. This peer-to-peer discussion may be initiated by calling the peer-to-peer number at 1-844-227-8345 within two business days. A peer-to-peer is not required to appeal an adverse decision.

## **Medical Management**

#### **Referrals to Specialists**

The Medical Management department is available to assist providers in identifying a network specialist and/or arranging for specialist care. Please keep in mind that specialists must be Iowa Medicaid-certified, whether in-network or out-of-network. Also keep in mind the following Medical Management guidelines. Authorization is:

- Required when referring a member to an out-of-network specialist.
- Required for an out-of-network referral when an in-network specialist is not available in the geographical area.
- Not required if referring a member to an in-network specialist for consultation or a nonsurgical course of treatment.

Provider responsibilities include documenting referrals in the member's chart and requesting the specialist to provide updates about diagnosis and treatment.

**Please note:** Obtain a precertification approval number before referring members to an out-of-network provider. For out-of-network providers, we require precertification for the initial consultation and each subsequent service.

## **Medical Management**

#### **Additional Services: Behavioral Health**

Amerigroup is committed to providing a continuum of care management from initial contact to coordination of care and interventions. Our behavioral health care managers work closely with our medical case managers to support the behavioral health services needed by our members. The key to this support system is our three-tiered system:

- **Tier 1**: Member Services and outreach calls to members.
- **Tier 2**: Increased interaction with members to assist with provider referrals, problem-solving and removing obstacles to receiving treatment.
- **Tier 3**: Intensive case management offering interventions on an episodic basis or triggered by a long length of stay, medical and behavioral health comorbidity, and/or multiple admissions.

Contact the Medical Management department for more information and precertification of all behavioral health, facility-based care, including:

- Inpatient admissions.
- Intensive outpatient program.
- Emergency department visits.
- Partial hospitalization programs.
- Pharmacological management.

Please have the following information ready when requesting a referral:

- Clinical information supporting the request
- Diagnosis with ICD code
- First date of outpatient service or date of hospital admission
- Procedure with CPT and/or HCPCS codes
- Specialist or attending provider name

#### **Medical Management**

#### **Chronic Condition Health Home and Integrated Health Home**

Chronic Condition Health Home (CCHH) eligibility criteria require members to have two chronic conditions, or one chronic condition and the risk of developing another from the following list:

- Mental health condition
- Substance use disorder
- Asthma
- Diabetes
- Heart disease
- BMI over 25
- Hypertension
- Child BMI > 85<sup>th</sup> percentile
- One serious mental illness

An Integrated Health Home (IHH) is a team of professionals working together to provide person-centered, coordinated care for adults with a serious mental illness (SMI) and children with a serious emotional disturbance (SED). Eligibility for IHH services includes either:

- An adult with an SMI: psychotic disorders, schizophrenia, schizoaffective disorder, major depression, bipolar disorder, delusional disorder, obsessive compulsive disorder or another mental health diagnosis with significant functional impairment
- A child or youth with an SED: A diagnosable mental, behavioral or emotional disorder of sufficient duration to meet diagnostic criteria specified within the most current Diagnostic and Statistical Manual of Mental Disorders (DSM) that results in a functional impairment

#### Eligibility criteria include:

- Members who get full Medicaid benefits.
- Members who get full Medicaid benefits and also have Medicare.
- Members enrolled in the Iowa Health and Wellness Plan and are determined to be medically exempt.
- Members enrolled in the 1915(i) Habilitation program.
- Members enrolled in the 1915(c) Children's Mental Health Waiver.

#### **Health Home Providers**

Health Home providers are selected based on meeting provider standards as described in the Iowa State Plan Amendment to CMS approved June 08, 2012, for chronic health conditions, and Integrated Health Home for Adults and Children, approved June 18, 2013.

- a) CCHH providers will be registered with the state and include staff to fill the following roles:
  - i) Designated practitioner
  - ii) Dedicated care coordinator
  - iii) Health coach
- b) IIHH providers will meet Iowa certification and accreditation standards, be able to provide community-based mental health services, and in conjunction with Amerigroup, include a physician and a psychiatrist who hold an active Iowa license that may be employed by Amerigroup or the Health Home partner. The Health Home partner will have a:
  - i) Nurse care manager
  - ii) Social work care coordinator
  - iii) Peer support specialist or family support specialist

Amerigroup will provide supports, consultation and training for Health Home providers, including:

- a) A statewide network of CCHH and IHH partners
- b) Oversight and technical support to deliver integrated physical and behavioral health services and supports
- c) An infrastructure and support for Health Home providers, including Member 360 access
- d) Clinical guidelines, decision support tools and screening and assessment instruments
- e) Coordinating care between Amerigroup care managers and medical staff
- f) Tracking, monitoring and reporting on medical services to reduce gaps in care
- g) Supporting Health Home on the implementation and utilization of health information technology, including electronic health records and continuity of care document exchange
- h) Facilitating shared treatment planning meetings for members with complex situations
- i) Ensuring that IHH care coordinators serving 1915(i) Habilitation and 1915 (c) CMH Waiver members adhere to assessment, service planning, documentation and monitoring requirements
- j) Establishing a continuous quality improvement program that includes ability to evaluate outcomes on a program basis as well as an individual-level basis
  - i) Clinical outcomes
  - ii) Self-management
  - iii) Experience of care, member satisfaction
  - iv) Service utilization

# **Payment and Incentive Payments**

Health Home providers will be paid a monthly payment per enrollee/per month, based on a tiered approach with an eligible bonus for meeting quality standards (to be defined in the provider contract).

# **Medical Management**

# **Additional Services: Vision Care**

Members have access to basic vision care services through Superior Vision Care providers. For confirmation of vision services, contact Superior Vision Care at 1-866-819-4298.

#### **CHAPTER 9: HEALTH SERVICES PROGRAMS**

#### **Health Services Programs**

#### **Overview**

At Amerigroup, we're proud of our joint efforts with the community-based health organizations to maximize health care services for our members. These service organizations include the following:

- Diabetes Prevention program
- Iowa Department of Human Services
- Local health departments
- Prenatal care coordination agencies
- School-based service providers

Our approach is collaborative, results-oriented, community-based and member-centered.

We encourage providers to work with these community organizations to coordinate care, ensure continuity and provide culturally appropriate services to our members enrolled in IA Health Link. Our agreements offer clear guidelines for sharing clinical data that can help our members lead healthier lives.

The intent of our collaboration with our community partners is to supplement providers' treatment plans. When combined with our own Health Services programs, they can improve our members' overall health by informing, educating and encouraging self-care. The targeted programs are divided into four categories:

- Preventive care programs, including Taking Care of Baby and Me® for mothers-to-be, Well Woman
  for keeping women healthy at any stage of life, and HealthCheck, a health screening and
  immunization program for members under the age of 21.
- Health management programs that promote knowledge and encourage self-care for specific medical conditions and chronic disease, including diabetes, asthma and heart disease.
- Health education, including our Amerigroup on Call phone line, available 24 hours a day, 7 days a week for all health-related questions.
- Telehealth, a unique health care delivery method utilizing computers and videoconferencing equipment to connect providers to specialists in different locations.

#### **Health Services Programs**

#### **Preventive Care: Initial Health Assessments**

The initial health assessment (IHA) offers a baseline for providers to assess and manage a member's physical condition. Providers then offer the educational support necessary to allow members to become more actively engaged in their own treatment and preventive health care.

We encourage our members to schedule a visit with their new PCP as soon as possible after enrollment. The IHA should include the following categories of patient information:

- Demographics
- Patient history
- Physical examination
- Developmental assessment
  - Self-perceived health status
  - o Behavioral change strategies
  - Special needs (e.g., hearing/vision impairment and language preferences)

# **Health Services Programs**

#### **Preventive Care: Well Woman**

The Well Woman program was designed to remind and encourage women to have regular cervical and breast cancer screenings. PCP responsibilities for the care of female members include:

- Educating members on preventive health care guidelines for women
- Informing and referring members for cervical and breast cancer screenings
- Scheduling screening exams for members

If the PCP is not a women's health specialist, Amerigroup will offer female members direct access to women's health specialists within the network for covered, routine and preventive health care services.

Members have the right to receive family planning services, in addition to routine care, from any Medicaid provider. Members also have the right to receive tuberculosis, sexually transmitted infection (STI) and HIV/AIDS care from any public health agency.

#### **Health Services Programs**

## **Preventive Care: Taking Care of Baby and Me**

Taking Care of Baby and Me is a proactive case management program for all expectant mothers and their newborns. It identifies pregnant women as early in their pregnancies as possible through review of state enrollment files, claims data, lab reports, hospital census reports, and provider notification of pregnancy and delivery notification forms and self-referrals. Once pregnant members are identified, we act quickly to assess obstetrical risk and ensure appropriate levels of care and case management services to mitigate risk.

Experienced case managers work with members and providers to establish a care plan for our highest risk pregnant members. Case managers collaborate with community agencies to ensure mothers have access to necessary services, including transportation, WIC, breastfeeding support and counseling.

When it comes to our pregnant members, we're committed to keeping both mom and baby healthy. That's why we encourage all of our moms-to-be to take part in our Taking Care of Baby and Me program offering:

- Individualized, one-on-one case management support for women at the highest risk.
- Care coordination for moms who may need a little extra support.
- Educational materials and information on community resources.
- Incentives to keep up with prenatal and postpartum checkups and well-child visits after the baby is born.

As part of the Taking Care of Baby and Me program, members are offered the My Advocate® program. This program provides pregnant women proactive, culturally appropriate outreach and education through Interactive Voice Response (IVR), text or smart phone application. This program does not replace the high-touch case management approach for high-risk pregnant women. However, it does serve as a supplementary tool to extend our health education reach. The goal of the expanded outreach is to identify pregnant women who have become high-risk, to facilitate connections between them and our case managers and improve member and baby outcomes. Eligible members receive regular calls with tailored content from a voice personality (Mary Beth). For more information on My Advocate, visit www.myadvocatehelps.com.

For parents with infants admitted to the neonatal intensive care unit (NICU), we offer the You and Your Baby in the NICU program. Parents receive education and support to be involved in the care of their babies, visit the NICU, interact with hospital care providers and prepare for discharge. Parents are provided with an educational resource outlining successful strategies they may deploy to collaborate with the care team.

Our case managers are here to help you. If you have a member in your care that would benefit from case management, please call us at 1-800-454-3730. Members can also call Amerigroup on Call at 1-866-864-2544 (English) (TTY: 711) or 1-866-864-2545 (Spanish), available 24 hours a day, 7 days a week.

#### **Health Services Programs**

#### **Preventive Care: Long-acting Reversible Contraception**

IA Health Link members have access to immediate postpartum placement of long-acting reversible contraception (intrauterine devices [IUDs] and etonogestrel implants) during their inpatient delivery admission. Physicians may implant the device of the patient's choice. Facilities and providers will receive the same reimbursement as if the device were implanted on an outpatient basis.

To help ensure the devices are immediately available to patients, postpartum facilities are encouraged to stock obstetrical units with the LARC devises. The device HCPCS codes and insertion CPT codes for the inpatient procedure are noted below:

<b>HCPCS</b> code	Description
J7300	Intrauterine copper contraceptive
J7301	Levonorgestrel-releasing intrauterine contraceptive system, 13.5 mg
J7307	Etonogestrel (contraceptive) implant system, including implant and supplies
J7297	Levonorgestrel-releasing intrauterine contraceptive system, 52 mg, three-year duration
J7298	Levonorgestrel-releasing intrauterine contraceptive system, 52 mg, five-year duration
J7296	Levonorgestrel-releasing intrauterine contraceptive system, 19.5 mg, five-year duration (Kyleena)
CPT code	Description
11981	Insertion, non-biodegradable drug delivery implant
58300	Insertion of IUD

Unintended pregnancies continue to be a major health problem in the United States. These unintended pregnancies are associated with higher rates of maternal and neonatal complications of pregnancy. Long-acting methods are more effective at preventing unintended pregnancies, have significantly greater continuation rates than oral contraceptives, the vaginal contraceptive ring or the contraceptive patch, and have very low rates of serious side effects.

We respectfully ask providers to discuss reproductive life planning, and if appropriate, the option of immediate postpartum placement of the IUD or implant with their patients. It is suggested these discussions take place early on, during the third trimester of pregnancy. Please provide additional counseling and support to your teenage and young patients (ages 13-19), as this group is at the greatest risk for early discontinuation of contraception. It appears there is lower discontinuation at two years of IUDs as compared to the etonogestrel implant. When clinically appropriate, IUDs should be considered over the implant.

If you have questions regarding providing this new service to your patients, please contact Provider Services at 1-800-454-3730 Monday through Friday, from 7 a.m.-6:30 p.m. Central time. You may also visit our website at https://providers.amerigroup.com/ia.

## **Health Services Programs**

#### **Health Management: Disease Management Centralized Care Unit**

Our Disease Management (DM) programs are based on a system of coordinated care management interventions and communications designed to assist physicians and others in managing members with chronic conditions. We also offer weight management services to members with a DM condition and weight concern. The programs include a holistic, member-centric care management approach that allows case managers to focus on multiple needs of members. Please note a member must have a qualifying DM condition in order to enroll in a program.

Our disease management programs include:

- Asthma
- Bipolar disorder
- Chronic obstructive pulmonary disorder (COPD)
- Congestive heart failure (CHF)
- Coronary artery disease (CAD)
- Diabetes
- HIV/AIDS
- Hypertension
- Major depressive disorder
- Schizophrenia
- Substance use disorder

#### **Program Features**

- Proactive identification process
- Evidence-based clinical practice guidelines from recognized sources
- Collaborative practice models that include the physician and support providers in treatment planning
- Continuous self-management education, including primary prevention, behavior modification programs, compliance/surveillance, home visits, integrated case management for high-risk members
- Ongoing process and outcomes measurement, evaluation and management
- Ongoing communication with providers regarding patient status

Amerigroup Disease Management Clinical Practice Guidelines are located at <a href="https://providers.amerigroup.com/ia">https://providers.amerigroup.com/ia</a>. Simply log in to the secure site by entering your user name and password. Select the Clinical Policy and Guidelines link on the top navigation menu. A copy of the guidelines can be printed from the website or you can contact Provider Services at 1-800-454-3730 to request a copy.

#### Who is Eligible?

All members with the listed conditions/diagnoses are eligible for DM services. Members are identified through continuous case-finding efforts that include but are not limited to welcome calls, claims mining and referrals.

#### **Disease Management Provider Rights and Responsibilities**

The provider has the right to:

- Have information about Amerigroup, including provided programs and services, our staff, and our staff's qualifications and any contractual relationships.
- Decline to participate in or work with the Amerigroup programs and services for his or her patients, depending on contractual requirements.

- Be informed of how Amerigroup coordinates our interventions with treatment plans for individual patients.
- Know how to contact the person responsible for managing and communicating with the Provider's patients.
- Be supported by the organization to make decisions interactively with patients regarding their health care.
- Receive courteous and respectful treatment from Amerigroup staff.
- Communicate complaints regarding Disease Management as outlined in the Amerigroup Provider Complaint and Grievance Procedure.

#### **Hours of Operation**

Amerigroup care managers are licensed nurses/social workers and are available Monday through Friday, from 8 a.m.-5 p.m. Central time. Confidential voicemail is available 24 hours a day.

#### **Contact Information**

Please call 1-888-830-4300 (TTY: 711) to reach a case manager. Additional information about disease management can be obtained by visiting <a href="https://providers.amerigroup.com/ia">https://providers.amerigroup.com/ia</a> and selecting Medical > Disease Management Centralized Care Unit. Members can obtain information about our DM programs by calling 1-888-830-4300 (TTY: 711).

# **Health Services Programs**

#### **Health Management: Healthy Families**

Healthy Families is a six-month program for children 7-17 years of age who are overweight, obese or at risk of becoming overweight or obese. Healthy Families includes coaching using motivational interviewing, lifestyle education and written materials to support member-identified goals. Members can be referred to the program by calling 1-888-830-4300.

#### **Health Services Programs**

#### Health Management: Women, Infants and Children

The special supplemental nutrition program for Women, Infants and Children (WIC) serves to safeguard the health of low-income women, infants and children up to age 5 who are at nutritional risk. WIC provides nutritious foods to supplement diets, information on healthy eating, and referrals to health care.

Providers are responsible for:

- Identifying if a member is eligible for WIC and referring that member to the WIC program.
- Informing and educating eligible members of the availability of WIC services, including availability of food vouchers, nutrition education classes and community referrals.
- Providing written materials about WIC services in the provider's office.

Member eligibility is contingent upon meeting WIC's nutritional risk requirement\* as well as:

- A woman who is pregnant, up to six weeks after the birth.
- A woman who is breastfeeding, up to the infant's first birthday.
- An infant, up to the infant's first birthday.
- A child, up to the child's fifth birthday and who is at nutritional risk.

Examples are as follows:

<sup>\*</sup> The nutritional risk requirement means an individual has medically based or dietary-based conditions.

- Medically based conditions include anemia, underweight, or a history of poor pregnancy outcomes.
- Dietary-based conditions include a failure to meet dietary guidelines or inappropriate nutrition practices.

For more information about the WIC program, go to the WIC website at http://idph.iowa.gov/wic.

#### **Health Services Programs**

## **Health Education: Amerigroup on Call**

We recognize that questions about health care prevention and management do not always come up during office hours. Amerigroup on Call, a phone line staffed by registered nurses, provides a powerful provider support system and is a component of after-hours care. Amerigroup on Call allows members to closely monitor and manage their own health by giving members the ability to ask questions whenever the need arises. Amerigroup on Call is available 24 hours a day, 7 days a week by calling 1-866-864-2544 (English) or 1-866-864-2545 (Spanish) (TTY: 711).

Members may contact Amerigroup on Call for:

- Self-care information, including assistance with symptoms, medications and side-effects, and reliable self-care home treatments.
- Access to specialized nurses trained to discuss health issues specific to our teenage members.
- Information on more than 300 health care topics through Amerigroup on Call audio tape library.

Amerigroup on Call nurses have access to telephone interpreter services for callers who do not speak English. All calls are confidential.

## **Health Services Programs**

# **Health Education: Drug Lock-In Initiative**

In conjunction with our initiative to reduce inappropriate use of the emergency room (ER), we developed a lock-in program to decrease inappropriate use of the ER for pain management and drug-seeking behavior. Members receive information about the primary care hospitals and pharmacies they may use to receive services and procure pharmaceuticals. Providers assigned to the member receive information on members who are assigned to the lock-in program.

#### **Health Services Programs**

# **Health Education: Smoking Cessation**

A member can enroll with the Amerigroup Smoking Cessation Program which offers Nicotine Replacement Therapy (NRT) and counseling. If a member is participating with the Amerigroup Smoking Cessation Program administered by National Jewish Health (NJH), no prior authorization is required.

To help a member enroll with Amerigroup Smoking Cessation Program:

The member can self-refer by calling Member Services 1-800-600-4441. The provider can also refer the member by calling Provider Services at 1-800-454-3730.

#### What happens when a member is referred to the Amerigroup Smoking Cessation Program?

a. Amerigroup confirms member enrollment and the member's information is passed along to Amerigroup's vendor, National Jewish Health (NJH). NJH contacts the member within one business day of receiving the referral. Three attempts are made to reach the member. If the member is reached, counseling begins. After completion of the first call, the member is eligible for NRT product.

- b. If the member wants NRT, NJH conducts a medical screen for contraindications. If contraindication is indicated, NJH sends provider consent form to provider. The provider completes the form and returns it to NJH as indicated on consent form via fax to 1-888-827-7057 or mail Real Solutions Tobacco Cessation Program by Amerigroup c/o National Jewish Health 1400 Jackson St., S117A Denver, CO 80206).
- c. If the provider approved use of NRT or the member does not have any contraindications, NJH ships a 28 day supply of NRT directly to member's home. Under this program the member is allowed up to a two months' supply of patches, lozenges or gum.

#### **Health Services Programs**

# **Provider Assessment of Smoking Use**

The following are guidelines providers should use to help members quit smoking:

- Assess members' smoking status and offer advice about quitting.
- Use the state's online Notification of Pregnancy form as a way to notify us, through the state, of pregnant women who smoke. Women are more likely to quit smoking during pregnancy.
- Offer members resources to stop smoking, including Clearing the Air program information from the National Cancer Institute.
- Refer members to the Amerigroup Smoking Cessation Program by having the member call Member Services 1-800-600-4441. The provider can also refer the member by calling Provider Services at 1-800-454-3730.

#### **CHAPTER 10: CLAIMS SUBMISSION AND GUIDELINES**

#### **Claims Submission and Guidelines**

#### **Overview**

Having a fast and accurate system for processing claims allows providers to manage their practices and our members' care more efficiently. With that in mind, Amerigroup has made claims processing as streamlined as possible. Share the following guidelines with your staff, billing service and electronic data processing agents:

- Submit "clean" claims, making sure the right information is on the right form
- Submit claims within the contracted filing time limit
- Submit corrected claims with the appropriate frequency code, within the contracted filing limit

Providers can check claim status at www.Availity.com. Providers must register with Availity to access the secure portion of the website. Once signed up, you can log in to a single account and perform numerous administrative tasks for members covered by IA Health Link or by other selected payers. Providers may also access Availity from our website at <a href="https://providers.amerigroup.com/ia">https://providers.amerigroup.com/ia</a> by selecting Login or Register. Detailed information on accessing Availity is available at <a href="https://providers.amerigroup.com/ia">www.Availity.com</a> or on our website at <a href="https://providers.amerigroup.com/ia">https://providers.amerigroup.com/ia</a>.

In this chapter, we also provide a detailed list of the following:

- Covered services
- Clinical submission categories
- Common reasons for rejected and returned claims
- Reimbursement policies

## **Submitting "Clean" Claims**

Claims are defined as "clean" when they are submitted without any defects, with all required information required for processing and in the timely filing period.

A claim submitted with incomplete or invalid information may be returned. If you use the Electronic Data Interchange (EDI), claims will be returned for incomplete or invalid information. Claims may be returned if they are not submitted with the proper HIPAA-compliant code set. In each case, an error report would be generated and sent to the provider for claims not accepted. You and your staff are responsible for working with your EDI vendor to ensure "erred out" claims are corrected and resubmitted.

Generally, there are two types of forms you'll need for reimbursement:

- CMS-1500 for professional services: https://www.cms.gov/Medicare/CMS-Forms/CMS-Forms/CMS-Forms/CMS1188854.html
- CMS-1450 (UB-04) for institutional services: https://www.cms.gov/Medicare/CMS-Forms/CMS-Forms/CMS-Forms/CMS1196256.html

These forms are available in both electronic and hard copy/paper formats. Using the wrong form or not filling out the form correctly or completely causes the claim to be returned, resulting in processing and payment delays.

#### **Claims Submission and Guidelines**

#### **Methods for Submission**

There are two methods for submitting a claim:

- Electronically (preferred) via an EDI vendor or web portal submission
- Paper or hard copy

#### **Claims Submission and Guidelines**

## **Web Portal Submission**

The Availity Portal offers a variety of online functions to help you reduce administrative costs, eliminate paper work and decrease phone calls. You will need to sign up to access this new portal. Once signed up, you can log in to a single account and perform numerous administrative tasks for members covered by Amerigroup or by other payers.

Claims can be submitted electronically through Availity Portal. For more information about Availity, such as how to register, training opportunities and more, visit www.Availity.com.

#### **Claims Submission and Guidelines**

#### **Electronic Claims**

Electronic filing methods are preferred for accuracy, convenience and speed. Electronic Data Interchange (EDI) allows providers and facilities to submit and receive electronic transactions from their computer systems. For questions about EDI, contact EDI Provider Services at 1-800-590-5745.

The EDI Solutions Helpdesk can assist with any of the following:

- Learning more about EDI and how to get connected
- Submitting claims electronically to Amerigroup, if your system is compatible
- Getting technical assistance and support

lowa providers have access to use any EDI clearinghouse connected to the Amerigroup Enterprise EDI Gateway. Providers have four options to submit electronic claims:

- Availity: payer ID 26375 for professional and institutional claims
- Emdeon: payer ID 27514 for professional and institutional claims
- Capario: payer ID 28804 for professional and institutional claims
- Smart Data Solutions: payer ID 81237 for professional and institutional claims

If you are using another EDI vendor in Iowa please provide the information above so the vendor can work with their affiliate EDI vendor to submit claims.

If you use EDI, submit the following provider information:

- Provider name
- Individual or group NPI, if applicable
- Federal provider tax identification number (TIN)
- Amerigroup payer identification number

After submitting electronic claims, monitor claim status by doing the following:

- Access Availity, the secure provider portal, on our website at https://providers.amerigroup.com/ia.
   Select Login or Register to access the secure site.
- Watch for and confirm Plan Batch Status Reports from your vendor/clearinghouse to ensure your claims have been accepted by Amerigroup.
- Correct and resubmit Plan Batch Status Reports and error reports electronically.
- Correct errors and electronically resubmit immediately to prevent denials due to late filing.

**Please note:** A front-end editing process may occur with your contracted EDI vendor or clearinghouse to catch mistakes. If claims are not in a HIPAA-compliant transaction code set, your claim may be "erred out" by your EDI vendor. An error report will be sent to you and your claim will not be sent through for payment. Review the error report, make the necessary changes and file again. Providers must be lowa Medicaid-certified or the claims will be rejected during the front-end editing.

#### **Claims Submission and Guidelines**

#### **Paper Claims**

Paper claims are scanned for clean and clear data recording. To get the best results, paper claims must be legible and submitted in the proper format. Follow these requirements to speed processing and prevent delays:

- Use the correct form and be sure the form meets Centers for Medicare & Medicaid Services (CMS) standards.
- Use black or blue ink. Do not use red ink because the scanner may not be able to read red ink.
- Use the "remarks" field for messages.
- Do not stamp or write over boxes on the claim form.
- Send the original claim form to Amerigroup and retain a copy for your records.
- Do not staple original claims together; Amerigroup will consider the second claim as an attachment and not an original claim to be processed separately.
- Remove all perforated sides from the form. To help our equipment scan accurately, leave a ¼-inch border on the left and right sides of the form after removing perforated sides.
- Type information within the designated field. Be sure the type falls completely within the text space and is properly aligned.

- Do not highlight any fields on the claim forms or attachments. Highlighting makes it more difficult to create a clear electronic copy when the document is scanned.
- If using a dot matrix printer, do not use "draft mode" because the characters generally do not have enough distinction and clarity for the optical scanner to read accurately.

Submit paper claims to:

Amerigroup Claims P.O. Box 61010 Virginia Beach, VA 23466-1010

If you submit paper claims, you must include the following provider information:

- Provider name
- Rendering provider group or billing provider
- Federal provider TIN
- NPI (excluding atypical providers)
- Medicare number (if applicable)

**Please note:** Some claims may require additional attachments. Be sure to include all supporting documentation when submitting your claim. Claims with attachments should be submitted on paper. After filing a paper claim, you should receive a response from Amerigroup within 30 business days after we receive the paper claim. If the claim contains all required information, Amerigroup enters the claim into the claims system for processing and sends you either a remittance advice (RA) or a claims disposition notice (CDN) when the claim is finalized.

#### **Claims Submission and Guidelines**

#### **National Provider Identifier**

The NPI is a 10-digit, all numeric identifier. NPIs are issued only to providers of health services and supplies. As a provision of HIPAA, the NPI has been established to improve efficiency and reduce fraud and abuse. All Amerigroup participating providers must have an NPI number with the exception of atypical providers. NPIs are divided into two types:

- Type One: Individual providers, including, but not limited to physicians, dentists and chiropractors
- **Type Two**: Hospitals and medical groups, including but not limited to hospitals, group practices, Federally Qualified Health Centers (FQHCs) and Rural Health Clinics (RHCs)

Using your NPI for claims and billing has several advantages due to simplification, for example:

- Billing process: Maintaining and using legacy identifiers for each of the health care plans is no longer necessary.
- Provider changes: Modifying provider information is easier, such as changing a business address or phone number.
- Provider identification: Using a single identification number for electronic transactions with any health care plan with which they are affiliated.

NPI: HIPAA requires the adoption of a standard unique provider identifier for health care providers. All Amerigroup participating providers must have an NPI number, with the exception of atypical providers. The NPI is a 10-digit intelligence-free numeric identifier. Intelligence-free means the numbers do not carry information about health care providers, such as the state in which they practice or their specialty.

Providers may apply for an NPI online at the National Plan and Provider Enumeration System (NPPES) website: https://nppes.cms.hhs.gov. Or, request a paper application by calling NPPES at 1-800-465-3203.

The following websites offer additional NPI information:

- CMS: www.cms.gov
- NPPES: https://nppes.cms.hhs.gov
- Workgroup for Electronic Data Interchange: www.wedi.org
- National Uniform Claims Committee: www.nucc.org

#### **Atypical Providers**

Atypical providers include individuals or businesses that are not health care providers and do not meet the definition of a health care provider according to the NPI rules. These types of providers do not require an NPI number. Examples of atypical providers include but are not limited to the following:

- Home delivered meals
- Consumer Directed Attendant Care, Individual and Agency
- Homemaker services
- Companion services
- Home modification/repair services
- Transportation services

#### Claims Submission and Guidelines

#### **Enrollment in Iowa Medicaid**

To be reimbursed for services by Amerigroup, providers must successfully complete Iowa Medicaid's provider enrollment process. Providers enroll by completing an online enrollment application at <a href="http://www.dhs.iowa.gov/ime/providers/enrollment">http://www.dhs.iowa.gov/ime/providers/enrollment</a>.

#### **Claims Submission and Guidelines**

#### **ICD-10 Clinical Modification (CM)**

As of October 1, 2015, ICD-10 became the code set for medical diagnoses and inpatient hospital procedures in compliance with HIPAA requirements and in accordance with the rule issued by the U. S. Department of Health and Human Services (HHS).

#### What is ICD-10?

International Classification of Diseases, 10th Revision (ICD-10) is a diagnostic and procedure coding system endorsed by the World Health Organization (WHO) in 1990. It replaces the International Classification of Diseases, 9th Revision (ICD-9), which was developed in the 1970s. Internationally, the codes are used to study health conditions and assess health management and clinical processes; and in the United States, the codes are the foundation for documenting the diagnosis and associated services provided across healthcare settings.

Although we often use the term ICD-10 alone, there are actually two parts to ICD-10:

- ICD-10-CM (Clinical Modification) used for diagnosis coding
- ICD-10-PCS (Procedure Coding System) used for inpatient hospital procedure coding; a variation from the WHO baseline and unique to the United States

ICD-10-CM replaced the code sets, ICD-9-CM, Volumes 1 and 2 for diagnosis coding, and ICD-10-PCS will replaced ICD-9-CM, Volume 3 for inpatient hospital procedure coding.

#### **Claim Filing Limits**

Filing limits are determined as follows:

- If Amerigroup is the primary payer, the time period is 180 days.
- If Amerigroup is the secondary payer, the time period is 180 days for an in-network provider and 365 days for an out-of-network provider.

The time period is determined from the last date of service on the claim through the Amerigroup receipt date. If Amerigroup is the secondary payer, the 180-day period will not begin until the provider receives notification of the primary payer's responsibility. This is outlined in the Provider Agreement. Claims must be submitted within the contracted filing limit to be considered for payment. Claims submitted after that time period will be denied for timely filing.

**Please note:** Amerigroup is not responsible for a claim never received. If a claim is submitted inaccurately, prolonged periods before resubmission may cause you to miss the filing deadline. Claims must pass basic edits to be considered received. To avoid missing deadlines, submit clean claims as soon as possible after delivery of service.

The following table outlines which form to use for different services and the time limit to file.

# **Claim Forms and Filing Limits**

Refer to the provider contract to confirm the time limits to file.

CMS-1500 Claim Phy		
Form  Spe	ysician and other professional services. ecific ancillary services, including the following: Ambulance Ambulatory surgical center Area education agencies Audiologists Birthing centers Certified registered nurse anesthetists Chiropractors Clinics Community mental health clinics Dialysis Durable medical equipment (DME) Diagnostic imaging centers Federally qualified health clinics Family planning clinics HCBS Hearing aid dispensers Home infusion Hospice Independently practicing physical therapists Laboratories Lead investigation agency Maternal health centers Medical equipment and supply dealers Nurse midwives Occupational therapy Opticians / optometrists Orthotics / Orthopedic shoe dealers Physical therapy Prosthetics Rural health clinics Screening centers Skilled nursing facilities (SNFs) Speech therapy  me ancillary providers may use a CMS-1450 form if they a spital are considered facility charges.	Submit within 180 days of service date.
CMS-1450 Claim Hos	spitals, institutions and home health services.	Submit within 180 days of service date.

# **Claims Submission and Guidelines**

# **Other Filing Limits**

Action	Description	Time Frame
Third-Party Liability or Coordination of Benefits (COB)	If the claim has third-party liability, COB or requires submission to a third party before submitting to Amerigroup, the filing limit starts from the date of service.	180 days from the date of the explanation of payment (EOP)

Action	Description	Time Frame
Checking Claim Status	Check claim status at any time by calling Provider Services or accessing our secure Provider portal, Availity, through our website at https://providers.amerigroup.com/ia. Refer to the Monitoring Submitted Claims section of this chapter for details.	
Claim Follow-Up	Submitting a corrected claim after Amerigroup requests additional information, or a correction to a claim.	Return the requested information within 90 days of the date of the request.
Provider Dispute	To request a provider dispute, submit your request through www.availity.com or send your written request to: Payment Dispute Unit Amerigroup Iowa, Inc. P.O. Box 61599 Virginia Beach, VA 23466-1599	Submit within 120 days of receipt of the Amerigroup remittance advice (RA) of the notice of action.
Retro Eligible Members	In instances where a member is made retro-eligible to Amerigroup, the provider must submit the claims within 90 days of the date that they are made retro-eligible. However, the provider is responsible for obtain and authorization for any services on a go forward basis.	Submit the claim within 90 days of the date the member is made retro eligible. The claims may deny for timely filing initially but contact your provider relations representative for assistance if needed in these circumstances or contact Provider Services.

#### **Claims from Noncontracted Providers**

The filing limit for out-of-network provider submissions of claims to the contractor is 12 months from the date of service. This conforms with the filing limit under the Medicaid state plan (42 C.F.R. § 447.45[d][4]). Amerigroup accepts the following claims from noncontracted providers under certain conditions and within certain time frames:

- Emergency services: 365 days from date of service or discharge date
- Medicaid enrolled: 365 days with precertification if services are not available in Iowa
- Newly Medicaid enrolled: Within 365 days of the date the new provider identifier is issued, and within 365 days of the date of service

#### Claims Submission and Guidelines

#### **Balance Billing**

Providers contracted with Amerigroup may not balance bill members for covered services above the amount Amerigroup pays to the provider.

Providers may balance bill a member when precertification of a covered service is denied. The provider must establish and demonstrate compliance with the following:

- Establish that precertification was requested and denied before rendering service.
- Request a review of the authorization decision made by Amerigroup.
- Notify the member that the service requires precertification and that Amerigroup has denied authorization. If out-of-network, the provider also must explain to the member that covered services may be available without cost when provided by an in-network provider. In such cases, precertification of service is required.
- Inform the member of his or her right to file a grievance if the member disagrees with the decision to deny authorization.

- Inform the member of his or her responsibility for payment of nonauthorized services.
- If the provider uses a waiver to establish member responsibility for payment, the waiver must meet the following requirements:
  - The waiver is signed only after the member receives appropriate notification and before services are rendered
  - The waiver does not contain any language or condition to the effect that if authorization is denied, the member is responsible for payment
  - A waiver must be obtained for each encounter or member visit that falls under the scenario of the noncovered services. Providers may not use nonspecific patient waivers
  - The waiver must specify the date services were provided and which services fall under the waiver's application
- The waiver must show the cost of the services and have a payment plan established
- The provider has the right to file a payment dispute for an Amerigroup payment resulting from a denial of authorization.

#### **Client Participation/Member Liability**

Some members have a member liability, also referred to as client participation, they are required to contribute to their cost of care. DHS has the responsibility for determining the member liability amount. This includes a portion of members eligible for Medicaid on the following bases: (i) members in an institutional setting; and (ii) 1915(c) HCBS waiver enrollees. Through the DHS eligibility and enrollment files, the state will notify Amerigroup of any applicable member liability amounts. This information will be made available to providers. Providers will be required to collect this amount from the member and bill gross/full charges. Amerigroup will adjudicate the claim and deduct the patient liability amount. In the event the sum of any applicable third-party payment and a member's financial participation equals or exceeds the reimbursement amount established for services, Amerigroup will make no payment to the provider. You may refer to the section on Client Participation for more details on the process.

#### **Claims Submission and Guidelines**

#### **Coordination of Benefits**

If a member carries insurance through multiple insurers, Amerigroup will coordinate the benefits to ensure maximum coverage without duplication of payments. Providers must submit coordination of benefits (COB) claims to the primary carrier before submitting to Amerigroup. After submitting the claim to the primary carrier, submit a claim for the total billed charges to Amerigroup along with a copy of the primary carrier's remittance advice. Indicate the *Other Coverage* information on the appropriate claim form. If you need to coordinate benefits, include at least one of the following items from the other health care program:

- Third-party RA
- Third-party letter explaining either the denial of coverage or reimbursement

COB claims received without at least one of these items will be mailed back to you with a request to submit to the other health care program first. Make sure the information you submit explains all coding listed on the other carrier's remittance advice or letter. We cannot process the claim without this information.

#### **Cost Avoidance Exceptions**

Providers are not always required to coordinate first with the liable third party. In the following situations, we will first pay the provider and then coordinate with the liable third party: (i) when the claim is for prenatal care for a pregnant woman; (ii) when the claim is for coverage derived from a parent whose obligation to pay support is being enforced by the state Title IV-D agency, and the provider of service has not received payment from the third party within 30 calendar days after the date of service; or (iii) when the

claim is for preventive pediatric services (including EPSDT) that are covered by the Medicaid program. Following reimbursement to the provider in these cost avoidance exception cases, we will actively seek reimbursement from responsible third parties and adjust claims accordingly.

#### **Coordination of Benefits Agreement**

CMS developed the Coordination of Benefits Agreement (COBA), which standardizes the way eligibility and Medicare claims payment information within a claims crossover context is exchanged. In accordance with our participation in this agreement, we submit our Medicaid enrollment data to CMS to obtain Medicare claim payment information. The exchange is used to create a claim to process coordination of benefits.

The COBA allows greater efficiency and simplification via consolidation of the claims crossover process; the provider does not need to submit any Medicare primary claim to the secondary carrier for reimbursement.

#### **Claims Submission and Guidelines**

#### **Subrogation**

Personal injury and workers' compensation claims: If a provider treats a recipient for injuries or illness sustained in an event for which liability may be contested or during the course of employment, the provider may elect to bill Medicaid for services provided without regard to the possible liability of another party or the employer. Alternatively, the provider may elect to seek payment by joining in the recipient's personal injury claim or workers' compensation claim, but in no event may the provider seek payment from both Medicaid and a personal injury or workers' compensation claim. After the provider accepts the Medicaid payment for services provided to the recipient, the provider shall not seek or accept payment from the recipient's personal injury or workers' compensation claim.

Providers must choose which method of payment they will pursue at the time of treatment and submit claims either to Amerigroup or to the member's personal injury/workers' compensation carrier. The law does not allow providers to submit claims to both carriers. If a provider submits to both carriers, receives payment from both carriers, and subsequently sends a refund to Amerigroup, submission of the refund still could be considered a fraudulent action. Seeking or accepting payment from both carriers is prohibited by law.

Amerigroup agrees to first pay the provider and then coordinate with the liable third party. We will not require providers to bill the third party prior to Amerigroup in the following situations: (i) the claim is for prenatal care for a pregnant woman; (ii) the claim is for coverage derived from a parent whose obligation to pay support is being enforced by the State Title IV-D Agency and the provider of service has not received payment from the third party within 30 calendar days after the date of service; or (iii) the claim is for preventive pediatric services (including EPSDT) that are covered by the Medicaid program. Following reimbursement to the provider in these cost avoidance exception cases, we will actively seek reimbursement from responsible third parties and adjust claims accordingly.

#### **Claims Submission and Guidelines**

## **Claims Filed With the Wrong Plan**

If you file a claim with the wrong insurance carrier, Amerigroup will process your claim within 180 days from the date of service. If the claim or claim dispute includes an explanation for the delay or other evidence that establishes the reason, Amerigroup will determine good cause based primarily on that statement or evidence and/or if the evidence leads to doubt about the validity of the statement. Amerigroup will contact the provider for clarification or additional information necessary to make a good cause determination.

#### Claims Submission and Guidelines

#### **Payment of Claims**

After filing a paper or electronic claim, you should receive a response from Amerigroup within 30 business days after we receive the claim. If the claim contains all required information, Amerigroup enters the claim into the claims system for processing and sends you either a remittance advice (RA) or a claims disposition notice (CDN) when the claim is finalized.

A "clean claim" is one in which all information required for processing is present. If a claim is denied because more information was required to process the claim, the claim denial notice shall specifically describe all information and supporting documentation needed to evaluate the claim for processing.

#### **Claims Submission and Guidelines**

### **Monitoring Submitted Claims**

After submitting paper or electronic claims, you can monitor and make changes to the claim by:

- Checking claim status on the secure provider website at https://providers.amerigroup.com/ia.
   Select Login or Register to access the secure site.
- Calling Provider Services.
- Confirming receipt of Plan Batch Status Reports from your vendor/clearinghouse to ensure claims have been accepted by Amerigroup.
- Correcting and resubmitting Plan Batch Status Reports and error reports electronically.
- Correcting errors and immediately resubmitting to prevent denials due to late filing.

#### **Claims Submission and Guidelines**

#### **Electronic Fund Transfer**

Amerigroup allows electronic funds transfers (EFTs) for claims payment transactions, meaning that claims payments are deposited directly into a previously selected bank account. Enroll in this service by calling Provider Services at 1-800-454-3730.

### **Claims Submission and Guidelines**

### **Electronic Remittance Advice**

Amerigroup providers can choose to receive electronic remittance advices (ERAs). ERAs are received through an electronic mailbox that has been set up between Amerigroup, the provider and/or the provider's clearinghouse. For more information call Provider Services at 1-800-454-3730.

#### Claims Submission and Guidelines

#### **Claims Overpayment Recovery Procedure**

Refund notifications may be identified by two entities — either Amerigroup/our contracted vendors or the providers. If Amerigroup/our contracted vendors identify the refund notification, we'll research and notify the provider of an overpayment and request a refund check. The provider may also identify an overpayment and proactively submit a refund check to reconcile the overpayment amount.

Once an overpayment has been identified by Amerigroup, Amerigroup will notify the provider of the overpayment. The overpayment notification will include instructions on how to refund the overpayment. If a provider identifies an overpayment and submits a refund, a completed Refund Notification Form specifying the reason for the return must be included. This form can be found on the provider website at <a href="https://providers.amerigroup.com/ia">https://providers.amerigroup.com/ia</a>. The submission of the Refund Notification Form will allow Cost Containment to process and reconcile the overpayment in a timely manner. The provider can also complete

a Recoupment Notification Form, which gives Amerigroup the authorization to adjust claims and create claim offsets. This form can also be found on the provider website at <a href="https://providers.amerigroup.com/ia">https://providers.amerigroup.com/ia</a>. For questions regarding the refund notification procedure or recoupment process, please call Provider Services at 1-800-454-3730.

In instances where we're required to adjust previously paid claims to adhere to a new published rate, we will initiate a reconciliation of the affected claims. Amerigroup will determine the cumulative adjusted reimbursement amount based on the new rates. In the event the outcome of this reconciliation results in a net amount owed to Amerigroup, Amerigroup will work with the provider and provide the appropriate notice prior to commencement of any recovery activities including through an offset against future claims payments. Such recoveries are not considered part of the overpayment recovery process described above or in the provider agreement.

Changes addressing the topic of overpayments have taken place with the passage of the Patient Protection and Affordable Care Act (PPACA), commonly known as the Healthcare Reform Act. The provision directly links the retention of overpayments to false claim liability.

The language of 42 U.S.C.A. § 1320a-7k makes explicit that overpayments must now be reported and returned to states or respective MCOs within 60 days of identification of the overpayment or by the date any corresponding cost report is due, whichever is later. After 60 days, the overpayment is considered a false claim, which triggers penalties under the False Claims Act including treble damages. In order to avoid such liability, health care providers and other entities receiving reimbursement under Medicaid should implement policies and procedures on reporting and returning overpayments that are consistent with the requirements in the PPACA.

Provision 42 U.S.C.A. § 1320a-7k, entitled "Reporting and Returning Overpayments – Deadline for Reporting and Returning Overpayments," clarifies the uncertainty left by the 2009 Fraud Enforcement and Recovery Act. This provision of the Healthcare Reform Act applies to providers of services, suppliers and Medicaid MCOs.

#### **Claims Submission and Guidelines**

#### **Third-Party Recovery**

Providers may not interfere with or place any liens upon the rights of the state of Iowa or Amerigroup (acting as Iowa's agent) to recovery from third-party billing.

#### **Claims Submission and Guidelines**

# **Claim Resubmissions**

If you have not heard from Amerigroup regarding a submitted claim after 30 business days from the submission of the claim, contact us to determine the status. To determine whether you need to resubmit a claim:

- Check the secure provider website at https://providers.amerigroup.com/ia. Select Login or Register to access the secure site.
- Contact Provider Services at 1-800-454-3730.

#### **Claims Submission and Guidelines**

#### Claims Returned for Additional Information

Amerigroup will send you a request for additional or corrected information when the claim cannot be processed due to incomplete, missing or incorrect information. Amerigroup also may request additional

information retroactively for a claim already paid. If you receive a request from Amerigroup for additional information, you must provide that information within 90 days of the date of the request or your claim may be denied.

To submit additional or corrected information, you must send:

- All supporting documentation you believe to be important or that is specifically requested by Amerigroup.
- A copy of the original, corrected CMS-1500 or CMS-1450 claim form.

Please note: Many of the claims returned for further information are returned for common billing errors.

#### **Claims Submission and Guidelines**

## **Reference: Covered Services**

For a listing of covered services, please see the **Covered and Noncovered Services** chapter.

#### **Claims Submission and Guidelines**

### **Reference: Clinical Submissions Categories**

The following is a list of claims categories for which we routinely may require submission of clinical information before or after payment of a claim. If the claim:

- Involves precertification, predetermination or some other form of utilization review, including but not limited to claims that are:
  - o Pending for lack of precertification.
  - o Involving medical necessity or experimental/investigative determinations.
  - o Involving drugs administered in a physician's office requiring precertification.
- Requires certain modifiers.
- Includes unlisted codes.
- Is under review to determine if the service is covered. Benefit determination cannot be made
  without reviewing medical records. This category includes, but is not limited to, specific benefit
  exclusions.
- Involves termination of pregnancy: All termination of pregnancy claims require review of medical
  records to determine if the pregnancy is the result of an act of rape or incest. Or, in cases where the
  woman suffers from a physical disorder, physical injury, or physical illness, including a physical
  condition that endangers the woman's life and is caused by or arising from the pregnancy itself. This
  condition would, as certified by a provider, place the woman in danger of death unless a termination
  of pregnancy is performed.
- Involves possible inappropriate or fraudulent billing.
- Is the subject of an internal or external audit, including high-dollar claims.
- Involves individuals under integrated case management or disease management.
- Is the subject of a dispute, including claims being mediated, arbitrated or litigated.

Other situations in which clinical information might be requested include:

- Accreditation activities
- Coordination of benefits
- Credentialing
- Quality improvement/assurance efforts
- Recovery/subrogation
- Requests relating to underwriting, including, but not limited to, member or provider misrepresentation/fraud reviews and stop-loss coverage issues

Examples provided in each category are for illustrative purposes only and are not meant to represent an exhaustive list within the category.

# **Claims Submission and Guidelines**

# **Reference: Common Reasons for Rejected and Returned Claims**

Many of the claims returned for further information are returned for common billing errors.

Problem	Explanation	Resolution
Member's Identification (ID) Number is Incomplete		Use the member's ID number on the IA Health Link card.
Duplicate Claim Submission	Overlapping service dates for the same service create a question about duplication. Claim was submitted to Amerigroup twice without additional information for consideration.	List each date of service, line by line, on the claim form. Avoid spanning dates, except for inpatient billing.  Read RAs and CDNs for important claim determination information before resubmitting a claim.  Additional information may be necessary.
Missing Codes for Required Service Categories	Current Healthcare Common Procedure Coding System (HCPCS) and Current Procedural Terminology (CPT) manuals must be used because changes are made to the codes quarterly or annually. Manuals may be purchased at any technical bookstore, or through the American Medical Association (AMA) or the Practice Management Information Corporation.	Verify all services are coded with the correct codes (see lists provided). Check the codebooks or ask someone in your office who is familiar with coding.
Unlisted Code for Service	Some procedures or services do not have an associated code; use an unlisted procedure code.	Amerigroup needs a description of the procedure and medical records to calculate reimbursement. DME, prosthetic devices, hearing aids or blood products require a manufacturer's invoice. For drugs/injections, the National Drug Code (NDC) number is required.
By Report Code for Service	Some procedures or services require additional information.	Amerigroup needs a description of the procedure and medical records to calculate reimbursement. DME, prosthetic devices, hearing aids or blood products require a manufacturer's invoice. For drugs/injections, the NDC number is required.
Unreasonable Numbers Submitted	Unreasonable numbers, such as "9999", may appear in the Service Units fields.	Check your claim for accuracy before submission.

Problem	Explanation	Resolution
Submitting Batches of Claims	Stapling claims together may make the subsequent claims appear to be attachments, rather than individual claims.	Clearly identify each individual claim and do not staple to another claim.

#### **Claims Submission and Guidelines**

#### **Reimbursement Policies**

Reimbursement policies serve as a guide to assist you with accurate claim submissions and to outline the basis for reimbursement if the service is covered by a member's Amerigroup benefit plan. These policies can be accessed at <a href="https://providers.amerigroup.com/ia">https://providers.amerigroup.com/ia</a>. Services must meet authorization and medical necessity guidelines appropriate to the procedure and diagnosis as well as the member's state of residence. Covered services do not guarantee reimbursement unless specific criteria are met.

You must follow proper billing and submission guidelines. You are required to use industry standard, compliant codes on all claims submissions. Services should be billed with CPT codes, HCPCS codes and/or revenue codes. The codes denote the service and/or procedures performed. The billed code(s) are required to be fully supported in the medical record and/or office notes. Unless otherwise noted within the policy, our policies apply to both participating and nonparticipating providers and facilities.

If appropriate coding guidelines, billing guidelines or current reimbursement policies are not followed, Amerigroup may:

- Reject or deny the claim.
- Recover and/or recoup the claim payment.

Amerigroup reimbursement policies are developed based on nationally accepted industry standards and coding principles. These policies may be superseded by mandates in provider, state, federal, or CMS contracts and/or requirements. System logic or set up may prevent the loading of policies into the claims platforms in the same manner as described; however, Amerigroup strives to minimize these variations.

### **Reimbursement Hierarchy**

Claims submitted for payments must meet all aspects of criteria for reimbursements. The reimbursement hierarchy is the order of payment conditions that must be met for a claim to be reimbursed. Conditions of payment could include benefits coverage, medical necessity, authorization requirements or stipulations within a reimbursement policy. Neither payment rates nor methodology are considered to be conditions of payments.

#### **Review Schedules and Updates**

Reimbursement policies go through a review for updates to state contracts, state, federal or CMS requirements and Amerigroup business decisions. We reserve the right to review and revise our policies when necessary. Reimbursement policies go through a review every two years for updates to state, federal or CMS contracts and/or requirements. When there's an update, we'll publish the most current policies to our provider website under the *Quick Tools* menu.

#### **Medical Coding**

The Medical Coding department ensures correct coding guidelines have been applied consistently throughout Amerigroup. Those guidelines include but are not limited to:

• Use of the correct modifier.

- Effective date of transaction code sets is included (CPT, HCPCS, ICD diagnosis/procedures, revenue codes, etc.).
- Code editing rules are appropriately applied and within regulatory requirements.
- Analysis of codes, code definition and appropriate use.

### **Reimbursement by Code Definition**

Amerigroup allows reimbursement for covered services based on their procedure code definitions or descriptors, as opposed to their appearance under particular CPT categories or sections unless otherwise noted by state, federal or CMS contracts and/or requirements. There are eight CPT sections:

- 1. Evaluations and management
- 2. Anesthesiology
- 3. Surgery
- 4. Radiology (nuclear medicine and diagnostic imaging)
- 5. Pathology and laboratory
- 6. Medicine
- 7. Category II codes: supplemental tracking codes that can be used for performance measurement
- 8. Category III codes: temporary codes for emerging technology, services, or procedures

At times, procedure codes are located in particular CPT categories when those procedures may not, as a general understanding, be classified within the particular category (e.g., venipuncture is located in the CPT surgical section but is not considered to be a surgical procedure).

#### **Provider Reimbursement and Fee Schedules**

Amerigroup reimburses providers based on state Medicaid reimbursement methodologies and monitors the state website for any changes in fee schedules. Upon notification either by the state or through monitoring of the state website, Amerigroup would initiate the steps needed to update our systems to implement fee schedule and reimbursement changes.

Where the state does not have a rate established, Amerigroup will use CMS methodologies as applicable to establish a rate.

Fee schedule providers include the following:

- Ambulance
- Ambulatory surgical
- Assertive Community Treatment
- Audiologist
- Behavioral Health
- Birthing center
- Certified nurse midwife
- Certified registered nurse anesthesiologist
- Chiropractor
- Clinic
- Clinical Social Worker
- Community Based ICF/MR
- Community mental health center
- Crisis Response Services
- Family planning clinic
- Habilitation service
- Hearing Aid Dealer

- Independent Lab
- Independent Speech Pathologist
- Indian Health Services
- Lead Inspection Agencies
- Maternal Health Center
- Medical Supplies
- Nurse Practitioner
- Optician
- Optometrist
- Orthopedic Shoe Dealer
- Pharmacy
- Physical Therapist
- Physician
- Podiatrist
- Psychologist
- Psychiatric Medical Institute for Children
- Psychologist

- Public Health Agencies
- Rehabilitation Agency

- Screening Center
- Subacute Mental Health Services

#### **Claims Submission and Guidelines**

#### **Acute Care Hospitals/Critical Access Hospitals**

#### **Inpatient Services**

Inpatient payment is based on the prospective payment system (PPS), which uses provider specific diagnostic related group (DRG) base rates. The base rate is multiplied by the lowa-specific DRG weight to determine the final payment.

DRG payment: DRG provider specific base rate x DRG weight

Graduate medical education (GME) will be a flat rate add-on based on a provider specific payment rate.

#### **Cost Outliers**

An inpatient claim qualifies for a cost outlier payment when costs of service (not including any add-on amounts for direct or indirect medical education or for disproportionate-share costs) exceed the cost threshold. This cost threshold is the greater of either:

- Two times the statewide average DRG payment for that case.
- The hospital's individual DRG payment for that case plus \$16,000.

Additional payment for cost outliers is 80 percent of the excess between the hospital's cost for the discharge and the cost threshold established for the case.

#### **Long-Stay Outlier**

Reimbursement for long-stay outliers is calculated at 60 percent of the average daily rate for the given DRG for each approved day of stay beyond the upper day threshold. Payment for long-stay outliers is made at 100 percent of the calculated amount when the claim is originally filed for DRG payment.

### **Short-Stay Outlier**

Short-stay outliers are incurred when a member's length of stay is greater than two standard deviations below the average statewide length of stay for a given DRG, rounded to the next highest whole number of days. Payment for short-stay outliers is 200 percent of the average daily rate for each day the member qualifies, up to the full DRG payment.

#### **Outpatient Services**

Outpatient reimbursement is based on the ambulatory payment classification (APC) payment. The APC payment is calculated by multiplying the applicable APC relative weight by the provider specific APC rate. The APC payment is multiplied by a discount factor percent and by the units of service when applicable.

### **Hospital Outlier Payment Requests**

Cost outlier requests must be submitted to Amerigroup for review within 90 days from the date of the explanation of payment (EOP) of the initial DRG payment for both participating and nonparticipating hospitals. The request must include supporting information, including medical records, as indicated below:

Iowa Hospital Request Checklist	Items to provide
1	Outlier dispute cover letter naming the hospital contact person (make sure to indicate on the cover letter that this is regarding an Iowa Outlier Request)

Iowa Hospital Request Checklist	Items to provide
2	Copy of the original claim
3	Copy of the paid remittance(s) advice (RA)
4	Detailed itemized charges with revenue codes
5	Charges documented on itemized bill that correlate with UB-04 claim
6	Itemized bill numbered by provider and quantities billed
7	Check that total charges and DOS match on itemized bill, RA and UB-04
8	Charges documented in the itemized bill but not billed on the UB-04 are identified and marked
	through on the itemized bill.
9	Utilization review notes documenting severity of illness and intensity of service criteria met;
	notes signed and dated
10	Physician discharge summary
11	Physician orders
12	Operating room procedure notes (if applicable)
13	Physical/occupational/speech/radiology orders/respiratory therapy notes (if applicable)
14	Chart organized and labeled for review. (Please do not include tabs or insert tabs; however, it is
	acceptable to insert a page indicating documents that will proceed.)
15	Other documents (e.g., laboratory reports, anesthesiology records, etc.)
16	Request submitted within deadline of paid remittance advice
17	Indicate total number of pages submitted for review

**Note**: The outlier request submissions must include **all** of the documentation detailed above for proper consideration.

Upon receipt, the outlier request of the hospital is reviewed to see if it initially meets the requirements for outlier review. The request must be submitted within the timelines stated above. It must meet the threshold requirements for the DRG under which the claim is computed, and it is processed to pay the initial DRG payment. If the request meets the qualifications, then all the information provided by the hospital is forwarded to a vendor contracted by Amerigroup for a forensic review.

Upon the review, a response with the applicable supporting documents is sent to the provider that submitted the outlier request. The forensic review lists the categories of the exceptions with exhibits providing line item details in the particular areas or revenue codes as applicable.

If the provider disagrees with the review that was performed based on the documents that were received with the initial request, the following will apply:

- Outliers that do not meet the threshold of the reviewed documentation and have no additional payment can be disputed within 30 days of the date of the letter sent to the provider. The dispute must include any additional supporting documentation and the reason for the second-level dispute.
- Outliers that have reduced charges and an outlier payment being paid to the hospital can be
  disputed within 30 days of the date of the EOP. The dispute must include any additional supporting
  documentation and the reason for the second-level dispute.

Requests can be sent to Amerigroup to the attention of:

Attn: Outlier Requests Health Plan Operations Department 4800 Westown Parkway, Suite 200 West Des Moines, IA 50266 If you have questions, please contact our Provider Services team at 1-800-454-3730. You may also use the contact information listed on the letter with the outlier review results and findings.

#### **Claims Submission and Guidelines**

#### **Ambulatory Service Center**

Reimbursement is based on the ambulatory service center (ASC) fee schedule. Each procedure code is assigned to one of the nine ASC levels. Each of the nine levels is assigned to a separate reimbursement fee. If multiple procedures are medically necessary, payment will be made to the ASC procedure that is the most costly according to the fee schedule. The primary ASC procedure will be reimbursed at 100 percent and the secondary ASC procedure will be paid at 50 percent of the fee for that procedure.

#### **Claims Submission and Guidelines**

### **Behavioral Health Facility**

Services are reimbursed based on the Behavioral Health Fee Schedule or per diems as defined by state reimbursement.

#### **Claims Submission and Guidelines**

### Federally Qualified Health Center (FQHC) and Rural Health Clinics (RHC)

Reimbursement is based on Prospective Payment System (PPS) rates.

### **Claims Submission and Guidelines**

### **Intermediate Care Facility**

Reimbursement is based on a per diem rate that is derived from a cost based provider specific case mix adjusted rate.

# **Claims Submission and Guidelines**

### Intermediate Care Facility for Individuals Who Are Intellectually Disabled

Reimbursement is based on 100 percent of the Amerigroup rate(s) for nursing facility, intermediate care facility and state resources centers.

#### **Claims Submission and Guidelines**

### **Skilled Nursing Facility**

Reimbursement is based on a per diem rate that is derived from a cost based provider specific case mix adjusted rate. Provider assessment pass-through payment and add-on amount will be included in the reimbursement.

### **Claims Submission and Guidelines**

#### Hospice

Reimbursement is based on the state Medicaid rates.

#### **CHAPTER 11: BILLING PROFESSIONAL AND ANCILLARY CLAIMS**

### **Billing Professional and Ancillary Claims**

#### **Overview**

Providers can depend on efficient claims handling and faster reimbursement when they follow the Amerigroup professional and ancillary billing requirements. These requirements include using industry standardized codes for most health services. This chapter is broken down into health service categories to help you find the specific billing requirements and codes you will need for each.

You also will find information on billing members for services that are not medically necessary or not covered, billing for services for which the member is willing to pay, as well as information about completing the CMS-1500 claim form.

To help you navigate the various billing requirements and codes, we have organized the service categories as follows:

- Adult preventive care
- Behavioral health
- Emergency services
- Family planning services
- Hospital readmission policy
- Hysterectomies
- Immunizations covered by the Vaccines For Children (VFC) program
- Initial health assessments (IHAs)
- Maternity services
- Newborns
- Preventive medicine services: new patient
- Preventive medicine services: established patient
- Sensitive services
- Sterilization
- Termination of pregnancy

For the most efficient claims processing, accurately completed claims are essential. Follow these general guidelines for claims filing:

- Indicate the provider's NPI number in Box 24J of the CMS-1500 form when appropriate. Missing or invalid numbers may result in nonpayment.
- Submit only state certified NPIs.
- Use the member's identification number from the IA Health Link ID card.
- Federally Qualified Health Centers (FQHCs) should put the individual rendering provider NPI (if applicable) in 24j, and the billing/group NPI number in Box 33.

#### **Billing Professional and Ancillary Claims**

#### **Coding**

To process claims in an orderly and consistent manner, we use standardized codes. The HCPCS, sometimes referred to as National Codes, provides coding for a wide variety of services.

The principal coding levels are referred to as Level I and Level II:

• Level I: CPT codes maintained by the American Medical Association (AMA) and represented by five numeric digits.

• Level II: Codes that identify products, supplies and services not included in the CPT codes, such as ambulance supplies and durable medical equipment (DME). Level II codes sometimes are called the alphanumeric codes because they consist of a single alphabetical letter followed by four numeric digits.

In some cases, two-digit/character modifier code(s) should accompany the Level I or Level II coding. Reference guides useful for coding claims are:

- The CPT manual published by the AMA.
- The HCPCS manual published by the CMS.

# **Billing Professional and Ancillary Claims**

#### **Initial Health Assessments**

The Amerigroup primary medical groups (PMGs) function as a member's "health home". For that reason, we encourage our members to request an initial health assessment (IHA) as soon as possible after enrollment. The IHA should consist of a complete history, a physical exam and preventive services. When billing for IHAs, use the following ICD codes:

- Codes: Z00.121- Z00.129 for children (newborn to 18 years old)
- Codes: Z00.00-Z00.01 for adults (19 years and older)

### **Billing Professional and Ancillary Claims**

#### **Adult Preventive Care**

The following is a list of codes specific to adult preventive care. Reimbursement is subject to change based on Iowa's Medicaid Fee Schedule:

HCPCS/CPT	Description
77055/77056/77057	Mammogram
82270	Fecal occult blood test (lab procedure code only)
82465	Total serum cholesterol (lab procedure code only)
84153	PSA (lab procedure code only)
86580	Tuberculosis (TB) screening (PPD)
88150	Pap smear (lab procedure code only)
90658	Flu shot
90732	Pneumovax

## **Billing Professional and Ancillary Claims**

#### **Preventive Medicine Services: New Patient**

Preventive medicine services for a new patient include an initial, comprehensive preventive medical evaluation. This evaluation includes an age- and gender-appropriate history, examination, counseling, risk factor interventions, and the ordering of appropriate immunizations, laboratory and diagnostic procedures. Reimbursement is subject to change based on the Iowa Medicaid Fee Schedule.

HCPCS/CPT	Description
99381	Infant (under 1 year)
99382	Early childhood (ages 1-4)
99383	Late childhood (ages 5-11)
99384	Adolescent (ages 12-17)
99385	Ages 18-39
99386	Ages 40-64
99387	Ages 65 and older

#### **Billing Professional and Ancillary Claims**

### **Preventive Medicine Services: Established Patient**

Preventive medicine services for an established patient involve re-evaluation and management of existing conditions, if any. This exam includes an age- and gender-appropriate history, examination, counseling, risk factor interventions, and the ordering of appropriate immunizations, laboratory and diagnostic procedures. Reimbursement is subject to change based on the lowa Medicaid Fee Schedule.

HCPCS/CPT	Description
99391	Infant (under 1 year)
99392	Early childhood (ages 1-4)
99393	Late childhood (ages 5-11)
99394	Adolescent (ages 12-17)
99395	Ages 18-39
99396	Ages 40-64
99397	Ages 65 and older

# **Billing Professional and Ancillary Claims**

#### **Behavioral Health**

Bill all claims for behavioral health services to Amerigroup. See the **Covered and Noncovered Services** chapter in this manual for more detailed information about behavioral health benefits. Amerigroup Behavioral Health has contracted with a network of hospitals, group practices and independent behavioral health providers to offer behavioral health services to our members. When rendering medically necessary behavioral health services, please bill Amerigroup using behavioral health CPT codes.

### **Billing Professional and Ancillary Claims**

#### **Emergency and Related Professional Services**

Emergency services, as defined by state and local law, the Provider Agreement and our Member Handbook, are reimbursed in accordance with the Amerigroup Provider Agreement.

Please note: Precertification is not required for medically necessary emergency services.

**Emergency:** Any condition manifesting itself by acute symptoms of sufficient severity such that a layperson possessing an average knowledge of health and medicine could reasonably expect that the absence of immediate medical care could:

- Place the member's health in serious jeopardy or, with respect to a pregnant woman, the health of the woman and her unborn child.
- Cause serious impairment to bodily functions.
- Cause serious dysfunction to any bodily organ or part.

#### Covered emergency services include:

- Hospital-based emergency department services (room and ancillary) needed to evaluate or stabilize the emergency medical or behavioral health condition.
- Services by emergency providers.

All members should be referred back to their PCP for follow-up care. Unless clinically required, follow-up care should never occur in a hospital emergency room.

Hospitals will be reimbursed for emergency services billed with the following codes:

- 99284
- 99285
- 99281
- 99282
- 99283

Reimbursement of CPT codes is subject to change based on the Iowa Medicaid Fee Schedule.

# **Billing Professional and Ancillary Claims**

# **Family Planning Services**

The following is a list of diagnostic codes specific to family planning services:

ICD-10	Description
T8331XA	Breakdown (mechanical) of intrauterine contraceptive device, initial encounter
T8332XA	Displacement of intrauterine contraceptive device, initial encounter
T8339XA	Other mechanical complication of intrauterine contraceptive device, initial
	encounter
Z920	Personal history of contraception
Z30011	Encounter for initial prescription of contraceptive pills
Z30018	Encounter for initial prescription of other contraceptives
Z30019	Encounter for initial prescription of contraceptives, unspecified
Z3009	Encounter for other general counseling and advice on contraception
Z30430	Encounter for insertion of intrauterine contraceptive device
Z302	Encounter for sterilization
Z308	Encounter for other contraceptive management
Z3040	Encounter for surveillance of contraceptives, unspecified
Z3041	Encounter for surveillance of contraceptive pills
Z30431	Encounter for routine checking of intrauterine contraceptive device
Z3049	Encounter for surveillance of other contraceptives
Z3042	Encounter for surveillance of injectable contraceptive
Z3049	Encounter for surveillance of other contraceptives
Z308	Encounter for other contraceptive management
Z309	Encounter for contraceptive management, unspecified
Z310	Encounter for reversal of previous sterilization
Z3189	Encounter for other procreative management
Z3142	Aftercare following sterilization reversal
Z3161	Procreative counseling and advice using natural family planning
Z3169	Encounter for other general counseling and advice on procreation
Z9851	Tubal ligation status
Z9852	Vasectomy status
Z3181	Encounter for male factor infertility in female patient
Z3182	Encounter for Rh incompatibility status
Z3183	Encounter for assisted reproductive fertility procedure cycle
Z3184	Encounter for fertility preservation procedure
Z3189	Encounter for other procreative management
Z319	Encounter for procreative management, unspecified
Z975	Presence of (intrauterine) contraceptive device

The following is a list of self-referable family planning codes payable without precertification requirements. Reimbursement is subject to change based on the Iowa Medicaid Fee Schedule.

HCPCS/CPT	Description
00840	Anesthesia for intraperitoneal procedures in lower abdomen, including laparoscopy

HCPCS/CPT	Description
00851	Anesthesia for intraperitoneal procedures in lower abdomen, including
	laparoscopy, tubal ligation/transaction
00921	Anesthesia for intraperitoneal procedures in lower abdomen, including urinary
	tract, vasectomy, unilateral or bilateral
11976	Norplant removal
11981	Insertion, non-biodegradable drug delivery implant
55250	Vasectomy
57170	Diaphragm fitting
58300	IUD insertion
58301	IUD removal only
58600	Ligation or transection of fallopian tubes, abdominal or vaginal approach, unilateral
	or bilateral
58615	Occlusion of fallopian tubes by device (for example, band, clip, Falope ring), vaginal
	or suprapubic approach
81025	Pregnancy test
84703	Chorionic gonadotropin assay
89320	Semen analysis; complete (volume, count, motility and differential)
J7300	Intrauterine copper contraceptive
J7301	Levonorgestrel-releasing intrauterine contraceptive system, 13.5 mg
J7307	Etonogestrel (contraceptive) implant system, including implant and supplies

# **Billing Professional and Ancillary Claims**

# Immunizations Covered by the Vaccines for Children (VFC) Program

Amerigroup providers who administer vaccines to children 0-18 years of age may enroll in the VFC program. Amerigroup will reimburse only the administration fee for any vaccine available through the VFC program.

When billing immunizations, use the CMS-1500 form and do the following:

- In box 23, insert the PCP name
- On a line of Box 24D, use the appropriate CPT code
- On another line of Box 24D, use the appropriate administration procedure code (90471 through 90474)

The following immunizations are covered under the VFC program. Reimbursement for the administration is subject to change based on the Iowa Medicaid Fee Schedule:

HCPCS/CPT Code	Description
90632	Hepatitis A vaccine, adult dosage, for intramuscular use
90633	Hepatitis A vaccine, pediatric/adolescent dosage - 2-dose schedule, for intramuscular use
90636	Hepatitis A and Hepatitis B vaccine (HepA-HepB), adult dosage, for intramuscular use
90647	Haemophilus influenza b vaccine (Hib), PRP-OMP conjugate (3-dose schedule), for intramuscular use
90648	Haemophilus influenza b vaccine (Hib), PRP-T conjugate (4-dose schedule), for intramuscular use
90649	HPV (Gardasil) vaccine for members age 9-26
90655	Influenza virus vaccine, split virus, preservative free, for children 6–35 months of age, for intramuscular use
90657	Influenza virus vaccine, split virus, for children 6–35 months of age, for intramuscular use

HCPCS/CPT Code	Description
90658	Influenza virus vaccine, split virus, for use in individuals 3 years of age and above, for
	intramuscular use
90700	Diphtheria, tetanus toxoids, and acellular pertussis vaccine (DTaP), for use in
	individuals younger than 7 years, for intramuscular use
90702	Diphtheria and tetanus toxoids (DT) adsorbed, for use in individuals younger than 7
	years, for intramuscular use
90707	Measles, mumps and rubella virus vaccine (MMR), live, for subcutaneous use
90710	Measles, mumps, rubella and varicella vaccine (MMRV)
90712	Poliovirus vaccine, any types (OPV), live, for oral use
90713	Poliovirus vaccine, inactivated, (IPV), for subcutaneous or intramuscular use
90714	Tetanus and diphtheria toxoids (Td) absorbed, preservative free, for use in
	individuals 7 years or older, for intramuscular use
90715	Tetanus, diphtheria toxoids and acellular pertussis vaccine (TdaP), for use in
	individuals 7 years or older, for intramuscular use
90716	Varicella virus vaccine, live, for subcutaneous use
90721	Diphtheria, tetanus toxoids, and acellular pertussis vaccine and Haemophilus
	influenza b vaccine (DtaP-Hib), for intramuscular use
90723	Diphtheria, tetanus toxoids, acellular pertussis vaccine, Hepatitis B, and poliovirus
	vaccine, inactivated (DtaP-HepB-IPV), for intramuscular use
90732	Pneumococcal polysaccharide vaccine, 23-valent, adult or immuno-suppressed
	patient dosage, for use in individuals 2 years or older, for subcutaneous or
	intramuscular use
90733	Meningococcal polysaccharide vaccine (any groups), for subcutaneous use
90734	Meningococcal conjugate vaccine, serogroups A, C, Y and W-135 (tetravalent), for
	intramuscular use
90743	Hepatitis B vaccine, adolescent (2-dose schedule), for intramuscular use
90744	Hepatitis B vaccine, pediatric/adolescent dosage (3-dose schedule), for
	intramuscular use
90746	Hepatitis B vaccine, adult dosage, for intramuscular use
90748	Hepatitis B and Haemophilus influenza b vaccine (HepB-Hib), for intramuscular use
Modifier	Description
SK	Members of high-risk population

# **Billing Professional and Ancillary Claims**

# **Immunizations Coding**

When billing for immunizations, use the CMS-1500 form and do the following:

- On a line of Box 24D, use the appropriate CPT code.
- On another line of Box 24D, use the appropriate administration procedure code.

# **Billing Professional and Ancillary Claims**

# **Maternity Services**

Amerigroup will reimburse up to the maximum amount of the appropriate prenatal package when a provider bills for the following:

- Individual obstetrics visits
- Delivery care
- Postpartum care

Amerigroup requires itemization of maternity services when submitting claims for reimbursement. Please use the CMS-1500 claim form with the appropriate CPT and HCPCS codes, along with ICD

diagnosis codes. Also, include the applicable Evaluation and Management (E&M) code and coding for all other procedures performed.

Maternity billing requirements are as follows:

- Bill separately all laboratory tests, pregnancy tests and radiology services provided during pregnancy within the contract filing limit.
- Use the appropriate E&M, antepartum or postpartum, and CPT codes necessary for appropriate reimbursement. Indicate the estimated date of confinement (EDC) in Box 24D of the CMS-1500 claim form.
- If a member is admitted to the hospital during the course of her pregnancy, the diagnosis necessitating the admission should be the primary diagnosis on the claim.
- If a pregnancy is high-risk, document the high-risk diagnosis on the claim form.
- Identify the nature of a high-risk care visit in the diagnosis field in Box 21 of the CMS-1500 claim form, or in the appropriate field.
- Use the CMS-1500 claim form with itemized E&M codes.

# **Billing Professional and Ancillary Claims**

## **Maternity Services: Newborns**

Request your patients to take these important steps as soon as their babies are born:

- Immediately contact the DHS or their social worker to request the required paperwork.
- Fill out and return the required paperwork to DHS to enroll their newborn in Medicaid.

Hospitals may bill for newborn delivery and other newborn services separately from the claims for services they provide for the mother.

### **Billing Professional and Ancillary Claims**

#### **Newborns: Circumcision**

All circumcisions performed on members more than 12 months after birth will require precertification from our Medical Management department and will be subject to a medical necessity review. Circumcision charges should be billed with appropriate CPT codes. Reimbursement is subject to change based on the Iowa Medicaid Fee Schedule.

HCPCS/CPT	Description
54150	Circumcision, using clamp or other device - newborn
54160	Circumcision, surgical excision other than clamp, device or dorsal split - newborn
54161	Circumcision, surgical excision other than clamp, device or dorsal split - except
	newborn

### **Billing Professional and Ancillary Claims**

#### **Sensitive Services**

The following is a list of codes specific to sensitive health care services. Reimbursement is subject to change based on the Iowa Medicaid Fee Schedule:

HCPCS/CPT	Description
46608	Anoscopy; with removal of foreign body
57415	Removal of impacted vaginal foreign body (separate procedure) under anesthesia
59840	Dilation and curettage - used to induce a first trimester abortion, for termination of
	a pregnancy in the first 12-14 weeks of gestation
59841	Dilation and curettage - used to induce a second trimester abortion, for termination
	of a pregnancy after 12-14 weeks of gestation

HCPCS/CPT	Description
99170	Anogenital examination with colposcopic magnification in childhood for suspected
	trauma

The following is a list of procedure codes, including other sensitive services for minors over the age of 12 and through the age of 18 (plus 364 days). Reimbursement is subject to change based on the lowa Medicaid Fee Schedule:

HCPCS/CPT	Description
80300	Drug screen, qualitative; multiple drug classes chromatographic method, each procedure
80301	Drug screen, qualitative; single drug class method (for example, immunoassay, enzyme assay), each drug class
80302	Drug confirmation, each procedure
80303	Tissue preparation for drug analysis
80346-80347	Benzodiazepines
80173	Haloperidol
80184	Phenobarbital
80320-80322	Alcohol (ethanol); any specimen except breath
82075	Alcohol (ethanol); breath
82101	Alkaloids, urine, quantitative
82120	Amines, vaginal fluid, qualitative
82145	Amphetamine or methamphetamine
82205	Barbiturates, not elsewhere specified
82520	Cocaine or metabolite
82646	Dihydrocodeinone
82649	Dihydromorphinone
82654	Dimethadione
82742	Flurazepam
83840	Methadone
83992	Phencyclidine

### **Billing Professional and Ancillary Claims**

#### Sterilization

Sterilization is any medical procedure, treatment or operation for the purpose of rendering an individual permanently incapable of reproducing. Sterilization does not include medical procedures that may have the effect of producing sterility but were performed for an entirely different purpose, such as removal of a cancerous uterus or prostate gland. To qualify for reimbursement, the following conditions must be met:

- 30 full days must elapse between the date of the consult and the date of surgery, but not more than 180 days
- Prior to sterilization, the provider must complete the Consent for Sterilization form (form 470-0835 or 470-0835S [Spanish]), available on the DHS website at http://dhs.iowa.gov/ime/providers/forms.

**Please note:** Payment cannot be made to providers of associated services, including hospitals, anesthesiologists, pathologists and radiologists, unless the consent form is completed in an accurate and timely manner. The DHS will ask for recoupment of fees from Amerigroup, which will subsequently be recouped from the provider.

The following are required before performing sterilization:

Patient has voluntarily given his or her consent to be sterilized.

- Patient was at least 21 years of age on the date of consent.
- Patient is not mentally incompetent.
- Patient is not institutionalized.
- At least 30 days, but no more than 180 days, have elapsed between the date of consent and the sterilization.
- Consent form used was the same form provided by DHS; no other form may be substituted.
- Dates on the consent form cannot be altered.

The following are the exceptions to the 30-day waiting period:

- Emergency abdominal surgery when the patient signs an informed consent at least 72 hours prior to surgery
- Premature labor when the patient has given informed consent at least 30 days prior to the expected date of confinement. The provider must indicate the expected date of confinement on the consent form

The provider must follow these sterilization procedures for Amerigroup to pay the claim:

- At the time of the sterilization consult, the nurse verifies the patient is a member of Amerigroup. The nurse then attaches the appropriate consent form to the front of the patient's chart.
- The patient completes, signs and dates the section titled Consent for Sterilization.
- If an interpreter is necessary, the interpreter signs the consent form.
- The provider completes, signs and dates the section titled Statement of Person Obtaining Consent. Include the name and address of the facility where the procedure will be performed.
- The scheduling nurse schedules surgery. If anything is not in order, the procedure is postponed until the issue is resolved.
- At the post-operative visit, the provider follows the instructions for use of alternative final paragraphs, signs and dates the Physician Statement, on the Sterilization Consent form.
- The provider forwards a copy of the signed Sterilization Consent form to the facility where the procedure was performed.
- The provider files the original, signed Sterilization Consent form in the member's chart.
- The provider sends a signed copy of the Sterilization Consent form to Amerigroup, either submitted with the claim or sent separately to the Claims department.

#### **Billing Professional and Ancillary Claims**

### Hysterectomy

Payment will be made only for a medically necessary hysterectomy that is performed for a purpose other than sterilization and only when one or more of the following conditions are met:

A member or her representative has signed an acknowledgment that she has been informed
orally and in writing from the provider authorized to perform the hysterectomy that the
hysterectomy will make the member permanently incapable of reproducing.

This statement may be added to either the surgery consent form, written on the claim form, or on a separate sheet of paper. The member or her representative receiving the explanation must sign the statement.

The following language is satisfactory for such a statement:

Before the surgery, I received a complete explanation of the effects of this surgery, including the fact that it will result in sterilization.

(Date) (Signature of member or person acting on her behalf)

The vehicle for transmitting the acknowledgment that the member received the explanation before the surgery should not be the Consent for Sterilization Form (470-0835 or 470-0835S [Spanish]). This statement must be submitted to Amerigroup with the related Medicaid claim.

The member was already sterile before the hysterectomy: The provider must certify in writing that the member was already sterile at the time of the hysterectomy and must state the cause of the sterility. The following language is satisfactory for such a statement:

Before the surgery, this patient was sterile, and the cause of that sterility was

\_\_\_\_·

(Physician's signature) (Date)

This statement may be added to either the Surgery Consent Form, the claim form or a separate sheet of paper. A physician must sign any document stating the cause of sterility. This includes a history and physical, operative report, or claim form. This statement must be submitted to Amerigroup with the related Medicaid claim.

The hysterectomy was performed as the result of a life-threatening emergency in which the physician determined that prior acknowledgment was not possible: The physician must include a description of the nature of the emergency.

If the physician certifies that the hysterectomy was performed for a life-threatening emergency and includes a description of the nature of the emergency, the claim will be reviewed on an individual basis. Payment will be permitted only in extreme emergencies.

Where the member is about to undergo abdominal exploratory surgery or a biopsy, and removal of the uterus could be a potential consequence of the surgery, the member should be informed of this possibility and given an opportunity to acknowledge in writing the receipt of this information. This includes C-sections when there is a reasonable expectation a hysterectomy will be performed, such as in the event of an acreta.

# **Billing Professional and Ancillary Claims**

### **Termination of Pregnancy**

Abortions may only be authorized in the following situations:

- The pregnancy is the result of an act of rape or incest.
- A woman suffers from a physical disorder, physical injury or physical illness, including a lifeendangering physical condition caused by or arising from the pregnancy itself that would, as certified by a physician, place the woman in danger of death unless an abortion is performed.

The provider must complete a Certification Regarding Abortion Form (470-0836) attesting to one of the circumstances listed above. In the case of rape or incest, the provider must include evidence that the crime was reported to law enforcement authorities. The Certification Regarding Abortion

Form must be submitted to the Amerigroup Claims department along with progress notes and any law enforcement documentation. Amerigroup will forward this information to the DHS for a final decision regarding coverage. After the DHS has made its decision, Amerigroup will notify the provider's office of the decision.

Locate the Certification Regarding Abortion Form on the Iowa DHS website at www.dhs.iowa.gov/ime/providers/forms. In the Search DHS Forms Library field, enter search criteria (e.g., "abortion certification") and select **Search**.

**Please note:** A termination of pregnancy must be scheduled and performed at an Iowa Medicaid-certified facility.

When a termination of pregnancy meets criteria for coverage, all other medically necessary services are covered as well. Complications arising from a termination of pregnancy, whether or not the termination of pregnancy is covered, are covered services.

Services incidental to a noncovered termination of pregnancy are not covered. Such services include but are not limited to any of the following when directly-related to a noncovered termination of pregnancy:

- Interpretation services
- Laboratory testing
- Recovery room services
- Routine follow-up visits
- Transportation (prenatal visits are covered)
- Ultrasound services

### **Billing Professional and Ancillary Claims**

### **Billing Members for Services Not Medically Necessary**

Providers may bill an Amerigroup member for a service that is not medically necessary if all of the following conditions are met:

- The member requests a specific service or item that, in your opinion, may not be reasonable or medically necessary.
- The member requests a specific service or item that, in our opinion, may not be reasonable or medically necessary.
- The provider obtains a written acknowledgement verifying that you notified the Amerigroup member of financial responsibility for services rendered.
- The member signs and dates the acknowledgement, indicating that the member has been notified of their responsibility to pay for the requested service prior to services being rendered.

### **Billing Professional and Ancillary Claims**

#### **Recommended Fields for CMS-1500**

All professional providers and vendors should bill Amerigroup using the most current version of the CMS-1500 claim form. Please review the Electronic Data Interchange (EDI) Companion guide for assistance at <a href="https://providers.amerigroup.com/Pages/edi.aspx">https://providers.amerigroup.com/Pages/edi.aspx</a>.

#### **CHAPTER 12: BILLING INSTITUTIONAL CLAIMS**

### **Billing Institutional Claims**

#### Overview

Billing for hospitals and other health care facilities and services can require special attention because major services have their own set of billing requirements. Throughout this chapter, specific billing requirements are broken down into the following service areas:

- Emergency room visits
- Urgent care visits
- Maternity
- Termination of pregnancy
- Inpatient acute care
- Inpatient sub-acute care
- Outpatient laboratory, radiology and diagnostic services
- Outpatient surgical services
- Outpatient infusion therapy visits and pharmaceuticals

We also have included helpful billing guidelines for the ancillary services used most often by providers, including diagnostic imaging. These ancillary services include the following:

- Ambulance services
- Ambulatory surgical centers
- Physical, speech and occupational therapy
- Durable medical equipment
- Dialysis
- Home infusion therapy
- Laboratory and diagnostic imaging
- Skilled nursing facilities
- Home health care
- Hospice
- Nursing facilities
- Intermediate care facility for individuals who are intellectually disabled (ICF/IDs)
- Nursing facilities for individuals who are mentally ill (NF/MI)

**Please note:** A member's benefits may not cover some of these services; confirm coverage before providing service.

And finally, this chapter will take a look at specific coding guidelines for the CMS-1450 (UB-04) claim form for hospital and health care facilities.

# **Billing Institutional Claims**

### **Basic Billing Guidelines**

In general, the basic billing guidelines for institutional claims submitted to Amerigroup include:

- Use Healthcare Common Procedure Coding System (HCPCS), Current Procedural Terminology (CPT) codes or revenue codes. Valid HCPCS, CPT or revenue codes are required for all line items billed, whether sent on paper or electronically.
- Provide medical records. Medical records for certain procedures may be requested for determination of medical necessity.

- Use modifiers in accordance with your specific billing instructions.
- Use codes for unlisted procedures. Because some provider services or procedures are not found in CPT, specific code numbers for reporting unlisted procedures have been designated. When using an unlisted procedure code, include a description of the service to help us calculate the appropriate reimbursement. We may request the member's medical records.
- Complete the appropriate billing for supplies and materials. Do not use CPT code 99070, which is for supplies and materials provided over and above those usually included with an office visit or other services. Amerigroup does not accept CPT code 99070. Health care providers must use HCPCS Level II codes, which provide a detailed description of the service.

**Please note:** System edits are in place for both electronic and paper claims. Claims submitted improperly cannot be processed easily and most likely will be returned.

### **Billing Institutional Claims**

## **Emergency Room Visits**

The billing requirements for an emergency room visit apply to the initial treatment of a medical or psychiatric emergency, but only if the patient does not remain overnight. If the emergency room visit results in an admission, all services provided in the emergency room must be billed in conformity with the guidelines and requirements for inpatient acute care.

The billing requirements for emergency room treatment cover all diagnostic and therapeutic services, including, but not limited to the following:

- Equipment
- Facility use, including nursing care
- Laboratory
- Pharmaceuticals
- Radiology
- Supplies
- Other services incidental to the emergency room visit

Precertification is not required for medically necessary emergency services. Specific coding is required for emergency room billing. Use the following guidelines:

- Bill each service date as a separate line item.
- Perform a screening examination on the member, regardless of copay.
- Use CPT codes 99284 or 99285 for emergency room billing.
- Use ICD principal diagnosis codes, as required, for all services provided in an emergency room setting.
- Use revenue codes 0450-0452 and 0459, as required.

**Please note:** Unless clinically required, follow-up care should never occur in the emergency department. Members should be referred back to their PCP and correct billing should follow standard, nonemergency guidelines.

### **Billing Institutional Claims**

#### **Urgent Care Visits**

The billing requirements for urgent care visits apply to all urgent care cases treated and discharged from the hospital outpatient department or emergency room.

**Urgent care:** Nonscheduled, nonemergency hospital services required to prevent serious deterioration of a patient's health as a result of an unforeseen illness or injury.

Urgent care billing should detail all diagnostic and therapeutic services, including but not limited to:

- Equipment
- Facility use, including nursing care
- Laboratory
- Pharmaceuticals
- Radiology
- Supplies
- Other services incidental to the visit

Specific coding is required for urgent care billing. Use the following guidelines:

- Bill each service date as a separate line item.
- Use current ICD principal diagnosis codes, as required, for all services provided in an urgent care setting or designated facility.
- Use the required CPT codes 99281-83.
- Use the required revenue codes 045X, 0516, 0526, 0700, 072X.

**Please note:** Urgent care billing does not apply when the member is admitted and treated for inpatient care following urgent care treatment. If the member is admitted following urgent care, the billing shifts to acute or subacute care.

## **Billing Institutional Claims**

### **Maternity Services**

The billing requirements for maternity care apply to all live and stillbirth deliveries. Payment for services includes but is not limited to the following:

- Room and board for mother, including nursing care
- Nursery for baby, including nursing care
- Delivery room/surgical suites
- Equipment
- Laboratory
- Pharmaceuticals
- Radiology
- Other services incidental to admission

The maternity care rate covers the entire admission. If an admission is approved for extension beyond the contracted time limit for continuous inpatient days, the billing requirement for the entire admission shifts to inpatient acute care. This applies to each approved and medically necessary service day. Therapeutic termination of pregnancy, treatment for ectopic and molar pregnancies and similar conditions are excluded from payment under this rate.

# **Billing Institutional Claims**

#### **Termination of Pregnancy**

Reimbursement for termination of pregnancy may only be authorized in the following situations:

- If the pregnancy is the result of an act of rape or incest
- In the case where a woman suffers from a physical disorder, physical injury or physical illness, including a life-endangering physical condition caused by or arising from the pregnancy itself that

would, as certified by a physician, place the woman in danger of death unless an abortion is performed

The provider must complete and submit a Certification Regarding Abortion Form (470-0836) attesting to one of the circumstances listed above. In the case of rape or incest, the provider must include evidence that the crime was reported to law enforcement authorities. The Certification Regarding Abortion Form (470-0836) must be submitted to the Amerigroup Claims department along with progress notes and any law enforcement documentation. Amerigroup will forward this information to the DHS for a final decision regarding coverage. After the DHS has made its decision, Amerigroup will notify the provider's office of the decision.

Locate the Certification Regarding Abortion Form on the Iowa DHS website at www.dhs.iowa.gov/ime/providers/forms. In the Search DHS Forms Library field, enter search criteria (e.g., "abortion certification") and select Search.

**Please note:** Failure to submit the Certification Regarding Abortion Form correctly will result in denial of the claim.

# **Billing Institutional Claims**

## **Inpatient Acute Care**

The billing requirements for inpatient acute care apply to each approved and medically necessary service day in a licensed bed. These requirements include, but are not limited to:

- Room and board, including nursing care
- Emergency room, if connected to admission
- Urgent care, if connected to admission
- Equipment
- Laboratory
- Pharmaceuticals
- Radiology
- Supplies
- Surgical and recovery suites
- Other services incidental to the admission

**Please note:** Precertification is required for all admissions except standard vaginal delivery and Cesarean sections.

Special billing instructions and requirements:

- Medical Management approval is required for all admissions except routine deliveries.
- Observation room, or outpatient billing with an inpatient stay, should be completed on the CMS 1450 claim form. Complete the "From" box of form locator 6 (FL 6) and form locator 17 (FL 17) correctly to ensure the claim is processed. Note the following requirements:
  - o Ensure the dates reported in (FL 6) and (FL 17) are the same.
  - Verify the charges in (FL 6) and (FL 17) reflect the date the patient was admitted to the hospital.
  - Do not use (FL 6) and (FL 17) to include the date of any observation stay or outpatient charges that occurred prior to inpatient admission. This usage is incorrect and may cause processing delays.

### **Billing Institutional Claims**

### **Inpatient Sub-acute Care**

The billing requirements for inpatient sub-acute care include each approved and medically necessary service day in a licensed and accredited facility at the appropriate level of care.

**Sub-acute care:** Includes levels of inpatient care less intensive than those required in an inpatient acute care setting.

Covered services include, but are not limited to:

- Room and board, including nursing care
- Equipment
- Laboratory
- Pharmaceuticals
- Radiology
- Supplies
- Other services incidental to the admission

**Please note:** All sub-acute admissions require precertification and a treatment plan.

The treatment plan must accompany the admission and include:

- Functional, reasonable, objective and measurable goals within a predictable time frame for each skilled discipline
- A discharge plan and customized options, identified and implemented from the admission date
- Weekly summaries for each discipline
- Biweekly conference reports

### **Billing Institutional Claims**

### **Outpatient Laboratory, Radiology and Diagnostic Services**

Specific billing requirements for services related to outpatient laboratory, pathology, radiology and other diagnostic tests include, but are not limited to the following:

- Facility use
- Nursing care, including incremental nursing
- Equipment
- Professional services
- Specified supplies and all other services incidental to the outpatient visit

**Please note:** Outpatient radiation therapy is excluded from this service category and should be billed under the requirements of the "Other Services" category.

# **Billing Institutional Claims**

#### **Outpatient Surgical Services**

Specific billing requirements related to outpatient surgical services include, but are not limited to the following:

- Facility use, including nursing care
- Blood
- Equipment
- Imaging services
- Implantable prostheses
- Laboratory

- Pharmaceutical
- Radiology
- Supplies
- All other services incidental to the outpatient surgery visit

**Please note:** Even if a service is classified by the hospital as an outpatient service, if the member is receiving that service as of 12 a.m., bill the service at the inpatient diagnostic related group (DRG) rate.

Specific dates, codes and medical records may be required for billing. Use the following guidelines:

- Follow the billing requirements for outpatient surgery when the respiratory therapy department performs an ECG, EEG or EKG. Do not apply the outpatient therapy billing requirements.
- Include service dates for each procedure (both principal and other).
- Include CPT/HCPCS codes for each surgical procedure in form locators 44 (HCPCS/RATES).
- Provide medical records when Amerigroup needs to review and determine the correct grouping for services not defined in the surgery grouping.
- Use billing field entry 13X.
- Use revenue codes 036X, 0480, 0481, 0490, 070X, 071X, 075X, 076X, 079X and 0975, as required, along with the appropriate CPT/HCPCS code.
- Use the CPT/HCPCS code, as mandated by the HIPAA, for outpatient surgery billing.

### **Billing Institutional Claims**

### **Outpatient Infusion Therapies and Pharmaceuticals**

This section covers the following topics:

- Outpatient infusion therapies
- Outpatient infusion pharmaceuticals

#### **Outpatient Infusion Therapies**

Billing requirements for outpatient infusion therapy visits apply to each outpatient hospital visit and include, but are not limited to:

- Facility use, including nursing care
- Equipment
- Intravenous solutions, excluding pharmaceuticals
- Kinetic dosing
- Laboratory
- Professional services
- Radiology
- Supplies, including syringes, tubing, line insertion kits, etc.
- Other services incidental to the outpatient infusion therapy visit

#### **Outpatient Infusion Pharmaceuticals**

Special billing requirements for outpatient infusion pharmaceuticals apply to drugs such as chemotherapy, hydration and antibiotics used during each outpatient infusion therapy visit. An important exception is for blood and blood products, which are billed under the "Other Services" category. Special outpatient infusion pharmaceuticals billing instructions are listed below.

Specific codes and service dates are required, including:

• Use revenue codes 026X, 028X, 0331, 0335 or 0940, as required, for each outpatient infusion therapy visit.

- Use revenue code 0940 or 0949 with CPT/HCPCS codes 36511-36513, 36515-36516 or 36522 when billing for therapeutic aphaeresis claims.
- List each drug for each visit as a separate line item and include the service date.
- Use HCPCS codes, as required, for all pharmaceuticals when:
  - o Billed with revenue codes 0250-0252, 0256-0259, or 063X. Include the units with pharmaceutical CPT/HCPCS codes
  - o Billed with revenue codes 026X, 028X, 0331, 0335, 0940
- When using an unlisted CPT/HCPCS code, provide the name of the drug or medication in Box 43 of the CMS-1450 claim form.

Note: A freestanding home infusion pharmacy that only bills for drugs and equipment should use a CMS-1500 form. Home health and home infusion companies should use a CMS-1450 form.

### **Billing Institutional Claims**

## **Ancillary Billing Overview**

Most ancillary claims are submitted for laboratory and diagnostic imaging or durable medical equipment (DME). The following sections provide special billing requirements for each.

**Please note:** Because the member's benefits may not cover all of the services listed, confirm benefit coverage first.

### **Billing Institutional Claims**

#### **Ambulance Services**

Ambulance providers, including municipalities, should use the CMS-1500 form to bill for ambulance services. Use the appropriate two-digit origin and destination codes that describe the "to" and "from" locations.

# **Billing Institutional Claims**

#### **Ambulatory Surgical Centers**

Most outpatient surgery delivered in an ambulatory surgery center requires precertification. Ambulatory Surgical Centers bill on the CMS-1500 form.

# **Billing Institutional Claims**

#### **Physical, Speech and Occupational Therapies**

The physical, speech or occupational therapy setting determines the correct billing form:

- CMS-1500 claim form: When providing services in an office, clinic or outpatient setting
- CMS-1450 claim form: When providing services in a rehabilitation center or for physical, speech, or
  occupational therapists affiliated with home health agencies, providing services in a patient's home

**Please note:** The treatment is limited to 60 visits per therapy discipline per enrollment year for Iowa Health and Wellness Plan (IHAWP) members. All physical, speech or occupational therapy for members requires precertification. Contact the Amerigroup Medical Management department at 1-800-454-3730.

### **Billing Institutional Claims**

### **Durable Medical Equipment**

Billing for custom-made durable medical equipment (DME), prescribed to preserve bodily functions or prevent disability, requires preservice review. Without such review, claims for DME will be denied. Prior to dispensing, please contact the Amerigroup Medical Management department at 1-800-454-3730.

**Please note:** The presence of an HCPCS code does not necessarily mean that the benefit is covered or that payment will be made. Some DME codes may be *By Report* (customized) and therefore require additional information for preservice review and processing. A DME purchase less than \$500 does not require precertification. This does not apply to DMS.

DME billing requires a differentiation between rentals and purchased equipment, as well as specific codes and modifiers. Special guidelines for DME billing:

- Use HCPCS codes for DME or supplies.
- Use an unlisted or miscellaneous code, such as E1399, when a HCPCS code does not exist for a particular item of equipment.
- Use valid codes for DME and supplies. If valid HCPCS codes exist, unlisted codes will not be accepted.
- Attach the manufacturer's invoice to the claim if using a miscellaneous or unlisted code. The invoice must be from the manufacturer, not the office making the purchase.

Please note: Catalogue pages are not acceptable as a manufacturer's invoice.

# **Billing Institutional Claims**

### **Durable Medical Equipment: Rentals**

Most DME is dispensed on a rental basis and requires medical documentation from the prescribing provider. Rented items remain the property of the DME provider until the purchase price is reached. Charges for rentals exceeding the reasonable charge for a purchase are not accepted. Rental extensions may be obtained only on approved items.

**Please note:** DME providers should use normal equipment collection guidelines. Amerigroup is not responsible for equipment not returned by members.

#### **Billing Institutional Claims**

### **Durable Medical Equipment: Purchase**

DME may be reimbursed on a rent-to-own basis, unless otherwise specified at the time of review by our Medical Management department.

### **Billing Institutional Claims**

### **Durable Medical Equipment: Wheelchairs and Wheeled Mobility Aids**

At Amerigroup, we follow Medicaid guidelines for calculating By Report (customized) wheelchair claims. Claims must include the following:

- Catalogue number
- Item description
- Manufacturer's name
- Model number

Mark each catalogue page or invoice line so we can match each item to the appropriate claim line. Enter the total MSRP of the wheelchair in the Reserved for Local Use field (Box 19) on the CMS-1500 claim form. The total MSRP includes:

- Accessories
- Modifications or replacement parts

Also provide the name of the Rehabilitation and Assistive Technology of America (RESNA)-certified technician.

### **Billing Institutional Claims**

### **Dialysis**

Dialysis centers and other entities performing dialysis should use the CMS-1450 claim form to bill for dialysis services.

# **Billing Institutional Claims**

### **Home Infusion Therapy**

Home infusion therapy requires precertification. When billing for home infusion therapy, use the CMS-1500 form and follow these guidelines:

- Obtain precertification, as required, from the Amerigroup Medical Management department for all infusion therapy.
- Submit all claims within the contracted filing limit.
- Use the appropriate HCPCS codes to bill for all injections.
- Use HCPCS code J3490 along with the National Drug Code (NDC) for billing injections only if an appropriate injection code is not found.

# **Billing Institutional Claims**

#### **Laboratory and Diagnostic Imaging**

For laboratory and diagnostic imaging, use the CMS-1500 form and refer to the basic billing guidelines found in the **Overview** section of this chapter.

### **Billing Institutional Claims**

#### **Skilled Nursing Facilities**

All skilled nursing facility care requires precertification. Contact the Amerigroup Medical Management department for precertification at 1-800-454-3730 and bill using the CMS-1450 form.

### **Billing Institutional Claims**

#### **Home Health Care**

All home health care requires precertification from our Medical Management department before delivery of service. When billing for a home health care visit, use the CMS-1450 form. The Amerigroup Medical Management department phone is 1-800-454-3730.

**Please note:** When billing for supplies and equipment used in a home health care visit, please refer to the **Durable Medical Equipment** section of this chapter for billing requirements.

### **Billing Institutional Claims**

#### **Hospice**

Hospice services no longer require precertification. When billing for hospice services, use the CMS-1450 form. For information regarding billing, member qualification and coverage information, please call our Medical Management department at 1-800-454-3730.

# **Billing Institutional Claims**

### **Additional Billing Resources**

The following reference books provide detailed instructions on uniform billing requirements:

- CPT, published by the American Medical Association (AMA)
- HCPCS, National Level II (current year), published by CMS
- ICD (current edition) Volumes 1,2,3 (current year), published by the Practice Management Information Corporation

### **Billing Institutional Claims**

#### CMS-1450 Claim Form

All state sponsored business approved facilities should bill Amerigroup using the most up-to-date version of the CMS-1450 claim form. All fields must be completed using standardized code sets. These code sets are used to ensure that claims are processed in an orderly and consistent manner. HCPCS provides codes for a variety of services and consists of Level I and Level II codes:

- Level I: CPT codes determined by the AMA and represented by five numeric digits.
- Level II: Other codes identifying products, supplies and services not included in the CPT codes, such as ambulance services and DME. Sometimes referred to as the alphanumeric codes because they consist of a single alphabetical letter followed by four numeric digits.

In some cases, two-digit/character modifier codes should accompany the Level I or Level II coding.

# **Billing Institutional Claims**

#### **CMS-1450 Revenue Codes**

CMS-1450 revenue codes are required for all institutional claims.

# **Billing Institutional Claims**

#### **Institutional Inpatient Coding**

For institutional inpatient coding, use the guidelines in the following code manuals:

- Use current ICD procedure codes in Boxes 74-74e of the CMS-1450 claim form when the claim indicates that a procedure was performed.
- Use modifier codes when appropriate; refer to the current edition of the provider's CPT manual published by the AMA.
- Refer to your Provider Agreement for diagnostic related group (DRG) information.

### **Billing Institutional Claims**

#### **Institutional Outpatient Coding**

For institutional outpatient coding, use the guidelines in the following code manuals:

- The CPT manual published by the AMA
- The HCPCS published by CMS

**Please note:** When using an unlisted CPT/HCPCS code, provide the name of the drug or medication in Box 43 of the CMS-1450 claim form.

### **Billing Institutional Claims**

#### **Recommended Fields for CMS-1450**

For assistance in completing the CMS-1450 form, please review the Electronic Data Interchange (EDI) Companion guides at https://providers.amerigroup.com/Pages/edi.aspx.

# **Billing Institutional Claims**

### **Consumer-Directed Attendant Care (CDAC) Provider Billing**

Below are the requirements when completing a claim form in order for payment to be made. You must:

- Correctly complete the claim form, including the member's (or the member's legal representative's) signature.
- Be an enrolled provider with both the IME and the member's MCO.
- Ensure the case/care manager has approved the CDAC Agreement, which is also signed by the provider and the member.
- Submit claims on a monthly basis, and only after the end of the month in which the service was provided.
- Use the Claim for Targeted Medical Care (Form 470-2486) or the universal CMS-1500 paper claim form to submit claims.
  - The Targeted Medical Care form may be submitted by fax to 1-844-400-3463 or mailed to: Amerigroup lowa, Inc.

P.O. Box 61010 Virginia Beach, VA 23466-1010

For questions, please call Provider Services at 1-800-454-3730.

#### **CHAPTER 13: MEMBER TRANSFERS AND DISENROLLMENT**

#### **Member Transfers and Disenrollment**

#### **Overview**

At Amerigroup, our members have the freedom to choose their most important link to quality health care: their doctor. After enrollment, we strongly encourage our members to select a PCP and remain with that provider because we believe in the positive impact of having a medical "home." This home establishes a centralized hub from which all health care can be coordinated, no matter how many other caregivers become involved.

Occasionally, members may encounter barriers to effective relationships with their PCP. These obstacles may arise from geographical access, cultural and language differences, or simply personal preferences. Our members may change their PCP at any time, for any reason.

Members also have the right to change health care plans, following specific rules and timelines. If a member requests disenrollment, Amerigroup will provide information and assistance in the disenrollment process. We are committed to supporting providers' practices as well. Providers have the right to request that a member be reassigned to another PCP, under certain conditions and following specific guidelines.

Amerigroup notifies PCPs of changes in member assignments through PCP Assignment Reports. These reports are available on Availity, our secure provider portal, at <a href="https://providers.amerigroup.com/ia">https://providers.amerigroup.com/ia</a>. Select Login or Register to access the secure site. Providers may also call Provider Services at 1-800-454-3730.

#### **Cause for Disenrollment**

If a managed long-term services and supports member would have to change their residential, institutional or employment support provider based on the provider's change in status from an in-network to an out-of-network provider, the member has a cause for disenrollment.

#### **Member Transfers and Disenrollment**

#### **PCP-Initiated Member Transfers**

A PCP may request member reassignment to a different PCP by completing and submitting the Provider Request for Member Deletion from PCP Assignment form located at <a href="https://providers.amerigroup.com/ia">https://providers.amerigroup.com/ia</a> Medical > Forms.

Amerigroup will conduct a thorough review of the request for reassignment to determine whether the cause and documentation are sufficient to approve the request. This review includes monitoring to ensure consistency with our guidelines and policies.

The provider is expected to coordinate service for up to 30 days after the date Amerigroup receives the change request form. Upon completing the PCP assignment change, we will forward the form and any other information related to the case to the Member Services representative. This representative informs the member of the change within five working days. The change will be effective the day Amerigroup enters the change into the system.

#### **Member Transfers and Disenrollment**

#### **PCP-Initiated Member Disenrollment**

The disenrollment process for abusive behavior and failure to follow a prescribed treatment plan is as follows:

- Complete the Provider Request for Member Deletion from PCP Assignment form located at <a href="https://providers.amerigroup.com/ia">https://providers.amerigroup.com/ia</a> > Medical > Forms.
- Mail or fax (preferred) the form to:

Amerigroup Iowa, Inc.

P.O. Box 62429

Virginia Beach, VA 23466-2429

Fax: 1-800-964-3627

 Continue to manage the member's care as required until we can reassign the member to another PCP, or not more than 30 days from the day we receive the Provider Request for Member Deletion from PCP Assignment form, whichever comes first.

Following our receipt of the Provider Request for Member Deletion from PCP Assignment form, we:

- Scan and log the form into the system for tracking purposes.
- Reassign the member to a new PCP for continuity of care. The effective date is no later than 30 days from the date on the Provider Request for Member Deletion from PCP Assignment form.
- Log the new PCP assignment into the tracking system.
- Send an identification (ID) card and fulfillment material to the member indicating the newly assigned PCP's name, address and phone number.
- Document any abusive behavior and notify the Amerigroup Fraud and Abuse department if the abusive behavior continues.
- Send a warning letter to the member stating that if the behavior continues, Amerigroup will file a
  disenrollment request with the DHS. If the DHS grants approval, Amerigroup proceeds with the
  disenrollment process.

Prior to disenrollment, we will make every attempt to resolve issues and keep the member in our health care plan. If these attempts fail, we will reassign the member to another PCP or forward the disenrollment request form to the appropriate state agency requesting member reassignment to another health care plan.

#### **Member Transfers and Disenrollment**

#### **State Agency-Initiated Member Disenrollment**

Contracted state agencies inform Amerigroup of membership changes by sending daily and monthly enrollment reports. These reports contain all active membership data and incremental changes to eligibility records and Amerigroup disenrolls members not listed on the report.

State-initiated disenrollment may occur due to changes in circumstances including:

- Ineligibility for Medicaid, Hawki or the Iowa Health and Wellness Plan. If the member becomes ineligible and is later reinstated to these programs, MCO enrollment will also be reinstated.
- The member transfers to an eligibility group excluded from managed care organization enrollment.
- A shift to an eligibility category not covered by the contract.
- A change of place of residence to another state.
- The Iowa DHS determines participation in the Health Insurance Premium Payment program (HIPP) is more cost-effective than enrollment in the contract.
- Death.

#### **Member Transfers and Disenrollment**

### **Member-Initiated PCP Reassignment**

Members have the right to change their PCP at any time. When a member enrolls in Amerigroup, he or she may select a PCP or allow their PCP to be assigned. After that, if the member wants to make a change, he or she is instructed to call our Member Services to request an alternate PCP.

Amerigroup accommodates member requests for PCP reassignment whenever possible. Our staff will work with the member to make the new selection, focusing on special needs. Our policy is to maintain continued access to care and continuity of care during the transfer process.

When a member calls to request a PCP change:

- The Member Services representative checks the availability of the member's choice. If the member
  can be assigned to the selected PCP, the Member Services representative will do so. If the PCP is not
  available, the representative will assist the member in finding an available PCP. If the member
  advises the representative that he or she is hospitalized, the PCP change will take effect upon
  discharge.
- Amerigroup notifies PCPs of member transfers through the PCP Assignment Report. These reports
  are available on Availity, our secure provider portal, at <a href="https://providers.amerigroup.com/ia">https://providers.amerigroup.com/ia</a>. Select
  Login or Register to access the secure site.
- The effective date of a PCP change will be the same as the date of the member request.

#### **Member Transfers and Disenrollment**

#### **Member-Initiated Disenrollment Process**

When members enroll in our program, we provide instructions on disenrollment procedures. Disenrollments become effective the last day of the calendar month following administrative cut-off or are subject to the DHS cut-off dates. If a member asks a provider how to disenroll from Amerigroup, the provider should direct the member to call Member Services at 1-800-600-4441 (TTY: 711).

**Please note:** Providers may not take retaliatory action against any member for requesting transfer or disenrollment.

When Member Services receives a call from a member who wants to disenroll, we attempt to find out the reason for the request and determine if we can resolve the situation. If we cannot resolve the situation, we inform the member that the disenrollment process will take 15-45 days and refer the member to the DHS.

If the state chooses to limit disenrollment, Amerigroup must allow a member to request disenrollment as follows:

- For cause, at any time
- Without cause, at the following times:
  - During the 90 days following the date of the member's initial enrollment into Amerigroup or during the 90 days following the date the state sends the member notice of that enrollment, whichever is later
  - o At least once every 12 months thereafter
  - Upon automatic reenrollment under 42 CFR 438.56 if the temporary loss of Medicaid eligibility has caused the member to miss the annual disenrollment opportunity
  - o When the state imposes the intermediate sanction specified in § 438.702(a)(4)

Members may request disenrollment from Amerigroup as follows:

- During the first 90 days following the date of the member's initial enrollment with Amerigroup: The member may request disenrollment for any reason, in writing or by calling Amerigroup.
- After the 90 days following the date of the member's enrollment with Amerigroup: When the member is requesting disenrollment due to good cause, the member will first make a verbal or written filing of the issue through the Amerigroup grievance process. If there's no resolution, Amerigroup will direct the member to the enrollment broker. The enrolled member may request disenrollment in writing or by calling the enrollment broker's toll-free member telephone line to request a good-cause change for enrollment. Good-cause changes include the following:
  - Amerigroup does not, because of moral or religious objections, cover the service the member seeks.
  - The member needs related services to be performed at the same time, and not all related services are available within the network. In addition, the member's PCP or another provider determines that receiving the services separately would subject the member to unnecessary risk.
  - Other reasons, including but not limited to poor quality of care, lack of access to services covered under the contract, lack of access to providers experienced in dealing with the member's health care needs, or eligibility and choice to participate in a program not available in managed care (e.g., PACE).

#### **Use of Amerigroup Grievance Procedures**

The state requires that the member seeks amends through our grievance process before making a determination on the member's request.

The grievance process must be completed in time to allow the disenrollment, if approved, to be no later than the first day of the second month following the month in which the member requests disenrollment. Amerigroup follows the timelines of an expedited grievance.

The state makes the final decision for disenrollment.

#### **Member Transfers and Disenrollment**

#### **Member Transfers to Other Plans**

Members may choose a different health care plan on an annual basis during the open enrollment period. As required by federal regulations, the open enrollment period lasts for 90 days for IA Health Link members. Upon initial enrollment, a member has 90 days to switch plans and once a year there after, they will have an opportunity to switch plans.

However, members retain the right to change their health care plan when they have "just cause", which can be any of the following:

- The member has a lack of access to necessary services covered under the health care plan's contract
- The member has a lack of access to providers experienced in dealing with the member's health care needs.
- The health care plan does not, for moral or religious objections, cover the services the member seeks.
- The member has concerns over quality of care.
- The member requires related services to be performed at the same time, and not all related services are available within the health care plan's network.

• The member's PCP leaves the health care plan and participates with another health care plan under contract with the state of lowa, and the member requests the transfer to remain with the PCP.

The member, Amerigroup or the DHS may initiate member disenrollment. If the request comes from a member and includes a member grievance, the grievance will be processed separately through the grievance process. Disenrollment may result in the following:

- Enrollment with another health care plan
- Termination of eligibility
- Return to traditional Medicaid for continuity of care if the member's benefits fall into a voluntary aid code

#### **Member Transfers and Disenrollment**

### **Amerigroup-Initiated Member Disenrollment**

Amerigroup can't disenroll members or encourage members to disenroll for any reason, including issues around the member's health care needs or change in health care status or because of the member's utilization of medical services, diminished capacity, or uncooperative or disruptive behavior resulting from the member's special needs (except when the member's continued enrollment seriously impairs our ability to furnish services to either this particular member or other members).

In instances where the exception applies, Amerigroup will provide evidence to Iowa DHS that continued enrollment of the member seriously impairs our ability to furnish services to either this particular member or other members. We have methods by which Iowa DHS is assured that disenrollment is not requested for another reason other than those permitted under the state contract. All our requests for the state to disenroll a member will be in writing and specify the basis for the request.

If applicable, our request must document that reasonable steps were taken to educate the member regarding proper behavior, and the member refused to comply. Iowa DHS will review and approve all Amerigroup-initiated requests for disenrollment; the state retains sole authority for determining if conditions for disenrollment have been met and disenrollment will be approved. In accordance with 42 CFR 438.56, disenrollment requested by Amerigroup must comply with the following:

- All disenrollment requests must specify the reason(s) Amerigroup is requesting the member's disenrollment.
- Amerigroup may not request disenrollment because of an adverse change in the member's health status or because of the member's utilization of medical services, diminished mental capacity, or uncooperative or disruptive behavior resulting from his or her special needs (except when his or her continued enrollment seriously impairs our ability to furnish services to either this particular member or other members).
- All disenrollment requests must specify the methods by which we assure lowa DHS we didn't request disenrollment for reasons other than those permitted under the contract.

Amerigroup may also request disenrollment for a member who has moved permanently out of the state. When a member moves out of our service area, he or she is responsible for notifying the DHS of the new permanent address. The DHS will disenroll the member from Amerigroup.

### **Disenrollment Effective Date**

The effective date of a state-approved disenrollment must be no later than the first day of the second calendar month after the month in which:

- The member requests disenrollment pursuant to subrule 73.4(1).
- The state notifies the member and Amerigroup of disenrollment pursuant to subrule 73.4(2).

Amerigroup requests disenrollment pursuant to subrule 73.4(3).

The member will remain enrolled and Amerigroup will be responsible for services covered under the contract until the effective date of disenrollment, unless the member is in an inpatient setting at the time of disenrollment. If the member is in an inpatient setting at the time of disenrollment, Amerigroup is responsible for the inpatient services for 60 days or until the member is discharged.

#### **Time Frame for Disenrollment Determinations**

Regardless of the procedures followed, the effective date of an approved disenrollment must be no later than the first day of the second month following the month in which the member requests disenrollment or Amerigroup submits the request to the state.

If Amerigroup or the state (whichever is responsible) fails to make the determination within the time frames specified in 42 CFR 438.56, the disenrollment is considered approved for the effective date that would have been established had the state or Amerigroup complied with the specified time frames.

# **CHAPTER 14: RECONSIDERATIONS, DISPUTES, GRIEVANCES AND APPEALS**

### **Reconsiderations, Disputes, Grievances and Appeals**

#### **Overview**

We encourage providers and members to seek resolution of issues through our grievances and appeals process. Verbal complaints and written grievances are tracked and trended, resolved within established time frames and referred to peer review when needed. The Amerigroup grievances and appeals process meets all state of lowa requirements and federal laws. The member, or member's authorized representative with written consent, has a right to be informed about 1) how to obtain a hearing and the representation rules involved; 2) filing grievances and appeals and the requirements and time frames for filing; 3) assistance available with filing grievances and appeals; 4) the toll-free number to file oral grievances and appeals; 5) the right to request continuation of benefits during an appeal or state fair hearing filing although the member may be liable for the costs of any continued benefits if the action is upheld; and 6) any state-determined appeal rights to challenge the failure of the organization to cover a service. The building blocks of this resolution process are the grievance and the appeal.

A **grievance** is an expression of dissatisfaction about any matter other than an adverse benefit determination as defined below. Examples include but are not limited to:

- The member is unhappy with the quality of the care.
- The doctor the member wants to see does not have a contract with us to provide services to the member.
- The member is not able to receive culturally competent care.
- The member got a bill from a provider for a service that should be covered by Amerigroup.
- Rights and/or dignity were not respected.
- The member is recommending changes in policies and services.
- Any other access to care issues exist.

The term is also used to refer to the overall system of grievances and appeals handled by Amerigroup as well as access to the state fair hearing process. The NCQA classifies grievance requests as stages in the appeal process.

The member may file a grievance at any time. An urgent grievance concerns urgent or emergency care services.

An **appeal** is a request for a review of an adverse benefit determination. It is a clear expression by the member, or the member's authorized representative with written consent, following an Amerigroup decision that the member wants the decision reconsidered or reviewed. Examples of an adverse benefit determination or Amerigroup decisions a member may choose to appeal include but are not limited to:

- Denial or limited authorization of a requested service, including the type and level of service.
- Reduction, suspension or termination of a previously authorized service.
- Denial, in whole or in part, of payment for a service.
- Failure to provide services in a timely manner as defined by the agency.
- Failure of Amerigroup to act in the required time frames set forth in the contract.
- For a resident of a rural area with only one MCO, the denial of the member's request to obtain services outside the network.

The provider or an authorized representative, with the written consent of the member, is able to request an appeal, file a grievance or request a state fair hearing on behalf of a member. Members have a right to ask for support in filing a grievance. This includes but is not limited to auxiliary aids and services upon request,

such as providing interpreter services and toll-free numbers that have adequate TTY/TDD and interpreter capability. Providers may appeal on a member's behalf related to adverse determinations and nonmedical necessity claims determinations. This can only be done with the member's written consent.

If a member has a grievance, we would like to hear about the issue either by phone or in writing. Members have the right to file a grievance regarding any aspect of our services. The member or member's authorized representative (including a provider, with the member's written consent) can file a grievance or appeal. Member grievances and appeals include but are not limited to:

- Access to health care services.
- Care and treatment by a provider.
- Issues having with how we conduct business.

Amerigroup does not discriminate against providers for filing a grievance or an appeal on the member's behalf. In addition, providers are prohibited from penalizing a member in any way for expressing a complaint or filing a grievance.

**Please note:** Amerigroup offers an expedited appeal for decisions involving urgently needed care. Standard and expedited appeals are never reviewed by a person who is subordinate to the initial decision-maker.

#### **Grievances**

# Members: Filing a Grievance

To help ensure Amerigroup members' rights are protected, all members are entitled to a grievances and appeals process. Our goal is to resolve verbal and written grievances in a timely and equitable manner and in accordance with state and federal regulations. Members are encouraged to discuss their concerns with the Member Services department, who can help the member submit a grievance. The representative interviews the member and records details in the Member Services tracking system.

The member may file a grievance verbally with our Member Services department or they can submit a written grievance at any time with as much information as possible, including:

- Who is part of the grievance.
- What happened.
- When the incident happened.
- Where the incident happened.
- Why the member was not happy with the health care services.

To file a grievance verbally, the member can reach Member Services at:

- 1-800-600-4441 (TTY 711) during normal business hours.
- 1-866-864-2544 (TTY 711) for after-hours support in English.
- 1-866-864-2545 (TTY 711) for after-hours support in Spanish.

The member must attach documents that will help us investigate the problem and should mail the written grievance to the Amerigroup Grievances and Appeals department at:

Grievances and Appeals Department Amerigroup Iowa, Inc. 4800 Westown Parkway, Regency Building 3, Suite 200 West Des Moines, IA 50266 The following are guidelines surrounding grievances:

- The Grievances and Appeals department may request medical records or an explanation from the provider(s) involved in the case.
- The Grievances and Appeals department notifies providers of the need for additional information either by phone, mail or fax. Written correspondence to providers includes a signed and dated letter.
- Providers are expected to respond to requests for additional information within 10 days.
- If the Grievances and Appeals department is unable to resolve the grievance within the 30-day period, we will notify the member in writing and explain the reason for the delay. This may extend the case up to an additional 14 days for members. If the time frame is extended, for any extension not requested by the member, Amerigroup will give the member written notice of the reason for the delay. There is no right to appeal a grievance decision.

Interpreter services and translation of materials into non-English languages and alternative formats are available, at no cost, to support members with the grievance and appeals process.

# **Grievances and Appeals**

#### **Members: Resolution**

Amerigroup investigates the member's grievance to develop a resolution in a nondiscriminatory manner. After we make a determination, we send a resolution letter to the member outlining our findings.

#### Grievances

# Confidentiality

All grievances are handled in a confidential manner. We do not discriminate against a member for filing a grievance or requesting a state fair hearing. We notify members of our grievances process in the Member Handbook. Members may request a translated version in languages other than English by calling 1-800-600-4441 (TTY: 711).

#### **Grievances**

#### Discrimination

Amerigroup does not engage in, aid or perpetuate discrimination against any person by providing significant assistance to any entity or person that discriminates on the basis of race, color or national origin in providing aid, benefits or services to beneficiaries. Amerigroup does not utilize or administer criteria having the effect of discriminatory practices on the basis of gender or gender identity. Amerigroup does not select site or facility locations that have the effect of excluding individuals from, denying the benefits of or subjecting them to discrimination on the basis of gender or gender identity. In addition, in compliance with the Age Act, Amerigroup may not discriminate against any person on the basis of age, or aid or perpetuate age discrimination by providing significant assistance to any agency, organization or person that discriminates on the basis of age. Amerigroup provides health coverage to our members on a nondiscriminatory basis, according to state and federal law, regardless of gender, gender identity, race, color, age, religion, national origin, sexual orientation, physical or mental disability, or type of illness or condition.

Members who contact us with an allegation of discrimination are informed immediately of their right to file a grievance. This also occurs when an Amerigroup representative working with a member identifies a potential act of discrimination. The member is advised to submit a verbal or written account of the incident and is assisted in doing so, if the member requests assistance. We document, track and trend all alleged acts of discrimination.

Members are also advised to file a civil rights complaint with the U.S. Department of Health and Human Services Office for Civil Rights (OCR):

- Through the OCR complaint portal at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf
- By mail to: U.S. Department of Health and Human Services, 200 Independence Ave. SW, Room 509F, HHH Building, Washington, DC 20201
- By phone at: 1-800-368-1019 (TTY/TTD: 1-800-537-7697)

Complaint forms are available at www.hhs.gov/ocr/office/file/index.html.

Amerigroup provides free tools and services to people with disabilities to communicate effectively with us. Amerigroup also provides free language services to people whose primary language isn't English (e.g., qualified interpreters and information written in other languages). These services can be obtained by calling the customer service number on their member ID card.

If you or your patient believe that Amerigroup has failed to provide these services, or discriminated in any way on the basis of race, color, national origin, sexual orientation, age, disability, gender or gender identity, you can file a grievance with our grievance coordinator via:

Mail: 4800 Westown Parkway, Regency Building 3, West Des Moines, IA 50266

• Phone: 515-327-7012, ext. 47107

• Email: iga@amerigroup.com

### **Equal Program Access on the Basis of Gender**

Amerigroup provides individuals with equal access to health programs and activities without discriminating on the basis of gender. Amerigroup must also treat individuals consistently with their gender identity, and is prohibited from discriminating against any individual or entity on the basis of a relationship with, or association with, a member of a protected class (i.e., race, color, national origin, sexual orientation, gender, gender identity, age or disability).

Amerigroup may not deny or limit health services that are ordinarily or exclusively available to individuals of one gender, to a transgender individual based on the fact that a different gender was assigned at birth, or because the gender identity or gender recorded is different from the one in which health services are ordinarily or exclusively available.

### **Payment Disputes**

# **Providers: Claim Payment Dispute Process**

If you disagree with the outcome of a claim, you may begin the Amerigroup provider payment dispute process. The simplest way to define a claim payment dispute is when the claim is *finalized*, but you disagree with the outcome.

There are three common, claim-related issues that are not considered claim payment disputes. To avoid confusion with claim payment disputes, these are briefly defined below. They are:

- Claim inquiry: A question about a claim but not a request to change a claim payment
- Claim correspondence: When Amerigroup requests further information to finalize a claim
  - Typically, these requests include medical records, itemized bills or information about other insurance a member may have.
- **Medical necessity appeals:** A pre-service appeal for a denied service. For these, a claim has not yet been submitted.

For more information on each of these, please refer to the appropriate section in this provider manual.

The Amerigroup payment dispute process consists of two internal steps. You will <u>not</u> be penalized for filing a claim payment dispute, and no action is required by the member.

- 1. **Claim payment reconsideration:** This is first step in the Amerigroup provider payment dispute process. The reconsideration represents your initial request for an investigation into the outcome of the claim. Most issues are resolved at the claim payment reconsideration step.
- 2. **Claim payment appeal:** This is the second step in the Amerigroup provider payment dispute process. If you disagree with the outcome of the reconsideration, you may request an additional review as a claim payment appeal.

A claim payment dispute may be submitted for multiple reason(s), including:

- Contractual payment issues.
- Disagreements over reduced or zero-paid claims.
- Post-service authorization issues.
- Other health insurance denial issues.
- Claim code-editing issues.
- Duplicate claim issues.
- Retro-eligibility issues.
- Claim data issues.
- Timely filing issues.\*

#### **Claim Payment Reconsideration**

The first step in the Amerigroup claim payment dispute process is called the reconsideration. It is your initial request to investigate the outcome of a finalized claim. Please note, we cannot process a reconsideration without a finalized claim on file.

We accept reconsideration requests in writing, verbally and through our provider web portal within 120 calendar days from the date on the *Explanation of Payment (EOP)* (see below for further details on how to submit). Reconsiderations filed more than 120 days from the *EOP* will be considered untimely and denied unless good cause can be established.

When submitting reconsiderations, please include as much information as you can to help us understand why you think the claim was not paid as you would expect.

If a reconsideration requires clinical expertise, it will be reviewed by appropriate clinical Amerigroup professionals.

Amerigroup will make every effort to resolve the claims payment reconsideration within 30 calendar days of receipt of all necessary information. If additional information is required to make a determination, the determination date will be 30 days from the date we receive all information.

We will send you our decision in a determination letter, which will include:

- 1. A statement of the provider's reconsideration request.
- 2. A statement of what action Amerigroup intends to take or has taken.
- 3. The reason for the action.
- 4. Support for the action, including applicable statutes, regulations, policies, claims, codes or provider manual references.

<sup>\*</sup> Amerigroup will consider reimbursement of a claim that has been denied due to failure to meet timely filing if you can: 1) provide documentation the claim was submitted within the timely filing requirements or 2) demonstrate good cause exists.

- 5. An explanation of the provider's right to request a claim payment appeal within 30 calendar days of the date of the reconsideration determination letter.
- 6. An address to submit the claim payment appeal.

If the decision results in a claim adjustment, the payment and EOP will be sent separately.

### **Claim Payment Appeal**

If you are dissatisfied with the outcome of a reconsideration determination, you may submit a claim payment appeal.

We accept claim payment appeals through our provider website or in writing within 30 calendar days of the date on the reconsideration determination letter or 30 calendar days of the date of the *EOP*. Claim payment appeals received more than 30 calendar days after the *EOP* or the claims reconsideration determination letter will be considered untimely and upheld unless good cause can be established.

When submitting a claim payment appeal, please include as much information as you can to help us understand why you think the reconsideration determination was in error. Please note, we cannot process a claim payment appeal without a reconsideration on file.

If a claim payment appeal requires clinical expertise, it will be reviewed by appropriate clinical Amerigroup professionals.

Amerigroup will make every effort to resolve the claim payment appeal within 30 calendar days of receipt of all necessary information. If additional information is required to make a determination, the determination date will be 30 days from the date we receive all information.

The claim payment appeal determination letter will include:

- 1. A statement of the provider's claim payment appeal request.
- 2. A statement of what action Amerigroup intends to take or has taken.
- 3. The reason for the action.
- 4. Support for the action including applicable statutes, regulations, policies, claims, codes or provider manual references.

If the decision results in a claim adjustment, the payment and EOP will be sent separately.

#### **How to Submit a Claim Payment Dispute**

We have several options when filing a claim payment dispute:

- Verbal (reconsideration only): Verbal submissions may be submitted by calling Provider Services at 1-800-454-3730.
- Availity Portal (reconsideration and claim payment appeal): Amerigroup can receive
  reconsiderations and claim payment appeals via the secure Provider Availity Payment Appeal Tool at
  https://www.availity.com. Supporting documentation can be uploaded on the Availity Portal. You
  will receive immediate acknowledgement of your submission.

 Written (reconsideration and claim payment appeal): Written reconsiderations and claim payment appeals should be mailed to:

Provider Payment Disputes Amerigroup Iowa, Inc. P.O. Box 61599 Virginia Beach, VA 23466-1599

# **Required Documentation for Claims Payment Disputes**

Amerigroup requires the following information when submitting a claim payment dispute (reconsideration or claim payment appeal):

- Your name, address, phone number, email, and either your NPI or TIN
- The member's name and their Amerigroup or Medicaid ID number
- A listing of disputed claims, which should include the Amerigroup claim number and the date(s) of service(s)
- All supporting statements and documentation

#### **Claim Inquiries**

# **Providers: Claim Inquiries**

A question about a claim or claim payment is called an inquiry. Inquiries do not result in changes to claim payments, but the outcome of the claim inquiry may result in the initiation of the claim payment dispute. In other words, once you get the answer to your claim inquiry, you may opt to begin the claim payment dispute process.

Our Provider Experience program helps you with claim inquiries. Just call 1-800-454-3730 and select the claims prompt within our IVR. We connect you with a dedicated resource team called the Provider Service Unit (PSU) to ensure:

- The availability of helpful, knowledgeable representatives to assist you.
- Increased first-contact issue resolution rates.
- Significantly improved turnaround time of inquiry resolutions.
- Increased outreach communication to keep you informed of your inquiry status.

The PSU is available to assist you with determining the appropriate process to follow for resolving your claim issue.

### **Claim Correspondence**

# **Providers: Claim Correspondence**

Claim correspondence is different from a payment dispute. Claim correspondence is when Amerigroup requires more information to finalize a claim. Typically, Amerigroup makes the request for this information through the *EOP*. The claim or part of the claim may, in fact, be denied, but it is only because more information is required to process the claim. Once the information is received, Amerigroup will use it to finalize the claim.

The following table provides examples of the most common correspondence issues along with guidance on the most efficient ways to resolve them.

Type of Issue	What Do I Need to Do?
Rejected claim(s)	Use the EDI Hotline at 1-800-590-5745 when your claim was submitted electronically but was never paid or was rejected. We're available to assist you with setup questions and help resolve submission issues or electronic claims rejections.
EOP requests for supporting Documentation (Sterilization/ Hysterectomy/Abortion Consent Forms, itemized bills and invoices)	Submit a Claim Correspondence Form, a copy of your EOP and the supporting documentation to:  Claims Correspondence Amerigroup Iowa, Inc. P.O. Box 61599 Virginia Beach, VA 23466-1599
EOP requests for medical records	Submit a Claim Correspondence Form, a copy of your EOP and the medical records to:  Claims Correspondence Amerigroup Iowa, Inc. P.O. Box 61599 Virginia Beach, VA 23466-1599
Need to submit a corrected claim due to errors or changes on original submission	Submit a Claim Correspondence Form and your corrected claim to:  Claims Correspondence  Amerigroup Iowa, Inc.  P.O. Box 61599  Virginia Beach, VA 23466-1599
	Clearly identify the claim as corrected. We cannot accept claims with handwritten alterations to billing information. We will return claims that have been altered with an explanation of the reason for the return. Provided the claim was originally timely received, a corrected claim must be received within 365 days of the date of service. In cases where there was an adjustment to a primary insurance payment and it is necessary to submit a corrected claim to Amerigroup to adjust the other health insurance (OHI) payment information, the timely filing period starts with the date of the most recent OHI <i>EOB</i> .
Submission of coordination of benefits (COB)/third-party liability (TPL) information	Submit a Claim Correspondence Form, a copy of your EOP and the COB/TPL information to:  Claims Correspondence Amerigroup Iowa, Inc. P.O. Box 61599 Virginia Beach, VA 23466-1599
Emergency room payment review	Submit a Claim Correspondence Form, a copy of your EOP and the medical records to:  Claims Correspondence Amerigroup Iowa, Inc. P.O. Box 61599 Virginia Beach, VA 23466-1599

# **Appeals**

# **Medical Necessity Appeals**

Medical necessity appeals/prior authorization appeals are different than claim payment disputes. For more information, refer to the **Members: Appeals** section in this manual.

#### **Disputes**

### **Providers: Nonmedical Necessity Claims Determinations**

Claim payment disputes also may include retrospective medical necessity reviews. Requests for this kind of review must be submitted with all pertinent information, within 365 days of a claim disposition and be submitted in writing to Amerigroup to:

Payment Dispute Unit Amerigroup Iowa, Inc. P.O. Box 61599 Virginia Beach, VA 23466-1599

Claim payment dispute requests are resolved within 30 days of receipt of the written request in one of the following ways:

- Amerigroup changes a previous claim disposition: The provider will be notified of the final disposition through an RA notice indicating the additional payment due to the provider.
- Amerigroup upholds a previous claim disposition: The provider will receive a resolution letter with the details of the decision.

# **Disputes**

### **Providers: Mediation and Arbitration**

If the provider is not satisfied with the outcome of a review conducted through the appeal process on the member's behalf, additional steps may be taken as stated in the Provider Agreement:

- Mediation
- Arbitration

If these processes have been exhausted and the provider has the member's consent, the provider may request a state fair hearing with the Department of Human Services:

Appeals Department lowa Department of Human Services 1305 E. Walnut St., 5th Floor Des Moines, IA 50319

# **Dissatisfaction or Concerns Relating to Plan Operations**

A provider may be dissatisfied or concerned about another provider, a member or an operational issue, including claims processing and reimbursement.

An explanation must be submitted in writing up to 60 days from the date the provider became aware of the issue and include the following:

- Provider's name
- Date of the incident
- Description of the incident

Submit the explanation to the following address:

Amerigroup Iowa, Inc. 4800 Westown Parkway, Suite 200 West Des Moines, IA 50266 Providers may also fax explanations to 515-267-1278.

Amerigroup may request medical records or an explanation of the issues raised in the explanation in the following ways:

- Phone
- Fax, with a signed and dated letter
- Mail, with a signed and dated letter

Providers are notified in writing of the issue resolution. Findings or decisions of peer review or quality of care issues are not disclosed.

# When to Expect Resolution for an Issue

Amerigroup will investigate and resolve provider issues within 60 business days of receipt of the explanation. For expedited issues, Amerigroup will investigate and respond within three business days of receipt to resolve.

# **Appeals**

### **Members: Appeals**

An adverse benefit determination is a denial, modification or reduction of services based on eligibility, benefit coverage or medical necessity. It can mean any of the following:

- The denial or limited authorization of a requested service, including determinations based on the type or level of service, requirements for medical necessity, appropriateness, setting, or effectiveness of a covered benefit
- The reduction, suspension or termination of a previously authorized service
- The denial, in whole or in part, of payment for a service
- The failure to provide services in a timely manner as defined by the state
- The failure of Amerigroup to act within the time frames in § 438.408(b) (1) (2) regarding the standard resolution of grievances
- For a resident of a rural area with only one MCO: the denial of a member's request to exercise his or her right, under § 438.52(b) (2) (ii), to obtain services outside the network

Amerigroup informs members of their grievance, appeal and state fair hearing rights in the member enrollment materials. If a member would like to file an appeal, the member, or member's authorized representative with the member's consent, must notify us within 60 calendar days of the date on the Notice of Adverse Benefit Determination letter. The request for an appeal may be verbal or written. Verbal appeals must be followed up with in writing. Providers may submit appeals on a member's behalf with written consent. When a provider, or provider on member behalf, expresses dissatisfaction about an adverse determination involving a clinical issue, the case is handled automatically as an appeal rather than a complaint.

All appeals are acknowledged in writing within three business days of receipt. Appeals are divided into two categories:

• Standard appeal: The appropriate process when a member, or his or her representative with written consent, requests that Amerigroup reconsider the denial of a service or payment for services, in whole or in part. Iowa's standard appeal process requires resolution within 30 calendar days of receipt of the written appeal request or within an additional 14 (44 total) calendar days if the member requests an extension, or if Amerigroup and the DHS determine it's in the best interest of the member to extend the decision time frame.

• **Expedited appeals:** An appeal when the amount of time necessary to complete a standard appeal process could jeopardize the member's life, health or the ability to maintain or regain maximum function. Iowa's expedited appeal process requires resolution within 72 hours of receipt of the expedited appeal request.

Members have the right to appeal an Amerigroup denial of services or payment for services, in whole or in part. A denial of this type is called an adverse benefit determination. A member, or his or her representative with written consent, may submit a verbal or written appeal regarding an adverse benefit determination within 60 calendar days from receipt of the denial letter. With the exception of expedited appeals, all verbal appeals must be confirmed in writing and signed by the member or his or her representative.

Amerigroup provides the member and their representative the opportunity, before and during the appeals process, to examine the member's case file, including medical records and any other documents or records considered during the appeals process. Providers and members are notified in writing of their right for an appeal, if any. Findings or decisions of peer review or quality of care issues are not disclosed. Upon determination of the appeal, Amerigroup ensures there is no delay in notification or mailing to the member (and if applicable, the member's representative) about the appeal decision. The appeal decision notice shall describe the actions taken, the reasons for the action, the member's right to request a state fair hearing and the process for filing a state fair hearing request.

A **first-level review** is the appeal process that must be exhausted through Amerigroup before a state fair hearing is granted. Once the first-level review process is complete, a notice of decision will be issued by us and will identify further appeal rights, if applicable.

Providers cannot file an appeal on their own behalf.

#### **Appeals**

#### **Members: Time Frames**

Members and authorized representatives have 60 calendar days to file an appeal from the date of the Notice of Adverse Benefit Determination letter.

All appeals are acknowledged in writing within three business days of receipt. Upon receipt of the notice of appeal, Amerigroup will send an acknowledgment of receipt of the appeal to the member, member's representative or both. We'll keep a copy of the acknowledgment of receipt of appeal on file. Appeal decisions must be in writing and resolved within the following time frames:

- Pre-service and post-service appeals: within 30 calendar days of receipt of the appeal request
- Expedited appeals: within 72 hours of receipt of the appeal request

Amerigroup complies with NCQA, state and federal standards.

### **Appeals**

# **Members: Response to Standard Appeals**

After Amerigroup receives a verbal or written appeal request, the Grievances and Appeals department takes the issue into consideration and investigates the case. The member, his or her representative and the provider are given the opportunity to submit written comments and documentation relevant to the appeal. Amerigroup may request medical records or a provider explanation of the issues raised in the appeal by phone or by fax or mail, with a signed and dated letter.

Providers are expected to comply with the request for additional information within 10 days.

When the appeal is the result of a medical necessity determination, a physician reviewer of the same or similar specialty who was not involved in the initial decision and has experience treating the condition being appealed reviews the case. The physician reviewer contacts the provider, if needed, to discuss possible alternatives.

### **Appeals**

# **Members: Resolution of Standard Appeals**

Standard appeals are resolved within 30 calendar days of receipt of the initial written or verbal request. Members are notified in writing of the appeal resolution, including their right to further appeal, if any.

### **Appeals**

#### **Members: Extensions**

The resolution time frame for an appeal not related to an ongoing hospitalization or emergency may be extended up to 14 calendar days if:

- The member or his or her representative requests an extension.
- Amerigroup shows that there is a need for additional information and that the delay is in the member's interest.

If we extend the time frame and it was not at the request of the member, we must notify the member/representative in writing of the extension and reason for the delay and must complete all of the following:

- Make reasonable efforts to give the member prompt oral notice of the delay.
- Within two calendar days, give the member written notice of the reason for the decision to extend the time frame and inform the member of the right to file a grievance if he or she disagrees with that decision.
- Resolve the appeal as expeditiously as the enrollee's health condition requires and no later than the date the extension expires.

### **Appeals**

### **Members: Expedited**

If the amount of time necessary to participate in a standard appeal process could jeopardize the member's life, health or ability to attain, maintain or regain maximum function, the member may request an expedited appeal. Amerigroup will inform the member of the limited time frame available for providing information, as well as that the duration for submitting an expedited appeal is limited.

When an expedited appeal is requested, Amerigroup will inform the member and member's authorized representative of the limited time available to present evidence and allegations of fact or law. Amerigroup ensures that punitive action is not taken against a provider who either requests an expedited resolution or supports a member's appeal.

#### **Appeals**

### **Members: Timeline for Expedited Appeals**

Members have the right to request an expedited appeal within 60 calendar days of receipt of the denial letter. Expedited appeals are acknowledged by phone and in writing.

If Amerigroup denies a request for an expedited appeal, we must:

• Transfer the appeal to the time frame for standard resolution, which is 30 calendar days.

 Make a reasonable effort to give the member prompt verbal notice of the denial and follow up within two days with written notice.

# **Appeals**

### **Members: Response to Expedited Appeals**

Amerigroup may request medical records or a provider explanation of the issues raised in an expedited appeal by phone or by fax or mail, with a signed and dated letter.

Providers are expected to comply with the request for additional information within 24 hours.

# **Appeals**

### **Members: Resolution of Expedited Appeals**

Amerigroup resolves expedited appeals as quickly as possible and within 72 hours of the request. The member is notified by phone, whenever possible, as well as in writing within two days of the expedited appeal decision.

### **Appeals**

### **Members: State Fair Hearing**

Members, or the member's representative with written consent, may request a state fair hearing after they have exhausted our internal appeal process. The request must be filed within 120 calendar days of the resolution letter.

Members, or the member's representative with written consent, may appeal in person, by phone or in writing. To appeal in writing, they may complete an appeal electronically at <a href="http://dhs.iowa.gov/node/966">http://dhs.iowa.gov/node/966</a> or write a letter telling DHS why they disagree with our appeal resolution. If the member does not want to complete the form online, he or she may mail, fax or take the appeal letter to:

Appeals Section
Department of Human Services
1305 E. Walnut St., 5th Floor
Des Moines, IA 50319
Fax: 515-564-4044

Members (or the member's representative) may also appeal by phone by calling the DHS Appeals Section at 515-281-3094.

### The process is as follows:

- The state sends a notice of the hearing request to Amerigroup.
- Upon receipt of the request, we forward all documents related to the request to the state.
- The state of lowa schedules a hearing, which is held by teleconference, unless the member requested an in-person hearing.
- The state notifies all parties of the date, time and place of the hearing. Representatives from our administrative, medical and legal departments may attend the hearing to present testimony and arguments. Our representatives may cross-examine witness and offer rebutting evidence.
- An Administrative Law Judge renders a decision in the hearing.
- If any party disagrees with the judge's decision, they can request a Director's review and a decision will be rendered after the review is complete.

 If our position is overturned, we must adhere to the final decision and ensure the decision is carried out.

**Please note:** If the member needs special arrangements to attend the hearing due to a disability or needs language translation services, please call 515-281-8774.

### **Appeals**

### Confidentiality

All appeals are handled in a confidential manner. We do not discriminate against a member, their representative or provider appealing on a member's behalf with written consent for requesting a state fair hearing. We notify members of our appeals process in the Member Handbook; members may request a translated version in languages other than English.

#### **Appeals**

# **Continuation of Benefits during Appeal**

Members must file a request within 10 days of receiving a Notice of Adverse Benefit Determination letter from Amerigroup regarding a decision to reduce, limit, terminate or suspend benefits. We will tell the member that they may be liable for the costs of that care if the DHS upholds our decision. If the member requests that we continue coverage, the following conditions apply:

- If the DHS reverses our decision, we are responsible for covering services provided during the state fair hearing process.
- If the DHS upholds our decision, we may pursue reimbursement for all services provided to the member, to the extent that services were rendered solely because of this requirement.

Members can continue receiving covered services while their appeal or the state fair hearing process is pending if all of the following apply:

- An appeal is filed timely (i.e., on or before the effective date of the adverse benefit determination or
  within 10 calendar days of the date Amerigroup sent the notice of adverse benefit determination).
   The date the notice is received is considered to be five days after the date on the notice unless the
  member shows he or she did not receive the notice within the five-day period.
- The appeal or state fair hearing request is filed either:
  - Within 10 calendar days from the date we mailed the Notice of Adverse Benefit Determination letter.
  - Before the effective date of this notice.
- The services were ordered by an authorized provider.
- The authorization period for the services has not ended.
- The member asks that the service continues.

If a member's benefits are continued while an appeal or state fair hearing request is pending, the services must be continued until one of the following happens:

- The member decides not to continue the appeal or state fair hearing.
- The member does not request a state fair hearing within 10 days of the level 1 decision.
- The authorization for services expires or service authorization limits are met.
- A hearing decision is issued in the state fair hearing that is adverse to the member.

#### **CHAPTER 15: CREDENTIALING AND RECREDENTIALING**

# **Credentialing and Recredentialing**

#### Overview

Credentialing is the process of validating the professional competency and conduct of providers and health delivery organizations. Providers and health delivery organizations must meet rigorous credentialing standards to be part of the Amerigroup provider network. The credentialing process involves verifying licensure, board certification and education. The process also involves identifying malpractice or negligence claims through the applicable Iowa state agencies and the National Practitioner Database.

We require recredentialing every three years to stay current with your professional information. Recredentialing is also essential to our members, who depend on the accuracy of the information in the Amerigroup Provider Directory.

The Amerigroup Provider Directory includes information for these provider types:

- Physicians (including specialists)
- Hospitals
- Pharmacies
- Behavioral health providers
- LTSS providers as appropriate

Hard copies of the provider directories are updated at least monthly. Electronic provider directories are updated no later than 30 calendar days after Amerigroup receives updated provider information. Provider directories are posted on the Amerigroup website in a machine-readable file and format.

We streamlined the credentialing process by teaming up with the Council for Affordable Quality Healthcare (CAQH), which is nationally recognized for its thoroughness in collecting provider data. It is the medical director's or other designated physician's responsibility to participate in the credentialing program.

# **Credentialing and Recredentialing**

#### **Council for Affordable Quality Healthcare**

Amerigroup encourages Iowa providers to use CAQH's ProView for initial credentialing and periodic recredentialing. CAQH is a not-for-profit alliance of the nation's leading health care plans and networks whose mission is to improve health care quality and access for more than 165 million Americans covered by these plans. The CAQH data collection system of 800,000 providers allows administrative requirements to be streamlined.

CAQH's ProView meets industry standards for collecting the provider data used in credentialing. Providers in all 50 states and the District of Columbia are able to enter information free of charge, reducing paperwork for more than 550 participating health care plans. ProView allows providers to fill out one application to meet the credentialing data needs of multiple organizations. For both Amerigroup and providers, recredentialing through ProView is helpful because this process:

- Supports Amerigroup administrative streamlining and paper reduction efforts.
- Helps to ensure the accuracy and integrity of the provider database.
- Simplifies the credentialing application process, eliminating redundant application forms and streamlining paperwork for providers.
- Enables providers to utilize CAQH's database at no cost.

Our credentialing process for office-based providers is consistent with National Committee for Quality Assurance (NCQA) guidelines and the state of Iowa requirements to practice medicine. Practitioners are notified within 60 calendar days of the credentialing committee's decision.

# **Credentialing and Recredentialing**

### **Approved Provider Types**

Practitioners who fall within the scope of credentialing are strongly encouraged to use the CAQH application, with the exception of health delivery organizations. CAQH will accept providers from among the following approved provider types (this list is not all-inclusive; we have only listed the standard provider types):

- Audiologist (AUD)
- Certified applied behavioral analyst
- Certified registered nurse anesthetist (CRNA)
- Clinical nurse specialist (CNS)
- Clinical social workers
- Doctor of podiatric medicine (DPM)
- Doctor of chiropractic (DC)
- Doctor of osteopathy (DO)
- Licensed practical nurse (LPN)
- Medical doctor (MD)

- Neuropsychologist (NEU)
- Nurse midwife (NMW)
- Nurse practitioner (NP)
- Nutritionist (LN)
- Occupational therapist (OT)
- Physical Therapist (PT)
- Psychiatrists
- Psychiatric nurse practitioners
- Psychologists (PsyD)
- Registered nurse (RN)
- Respiratory therapist (RT)
- Speech pathologist (SLP)

# **Credentialing and Recredentialing**

#### **Approved Health Delivery Organizations**

All health delivery organizations falling within the scope of credentialing will utilize a facility/ancillary application:

- Hospitals
- Behavioral health facilities
- Cardiac catheterization labs
- Free-standing surgical centers
- Home health agencies
- Lithotripsy centers (facilities for treating kidney stones)
- Skilled nursing facilities (nursing homes)
- Community-based neurobehavioral rehabilitation
- Child care medical
- HCBS Habilitation Services
- HCBS Waivers (i.e., AIDS/HIV waiver, Brain Injury waiver, Children's Mental Health waiver, Elderly
  waiver, Health and Disability waiver, Intellectual Disability waiver and the Physical Disability waiver)

### **Credentialing and Recredentialing**

### **CAQH/ProView Registration: First Time Users**

Amerigroup providers must have a CAQH provider identification (ID) number to register and begin the credentialing process. Perform the following steps if you are not registered with CAQH:

- 1. After you obtain an Amerigroup provider record ID and submit a current signed Amerigroup agreement, CAQH will add your name to the roster.
- 2. You can log on to CAQH and register at https://proview.caqh.org/login.

- 3. When you receive your CAQH provider ID, go to the CAQH website to complete your application. Providers who do not have Internet access may submit their application via fax to CAQH by first contacting the CAQH Help Desk at 1-888-599-1771.
- 4. After successfully authenticating key information, you will be able to create your own user name and unique password to begin using the CAQH ProView database.

**Please note:** Registration and completion of the online application are free.

### **Credentialing and Recredentialing**

# **CAQH/ProView Registration: Completing the Application Process**

The ProView standardized application is a single, standard online form that meets the needs of all participating health care organizations. When completing the application, indicate which participating health care plans and health care organizations you authorize to access your application data. All of the data you submit through ProView is maintained by CAQH in a secure data center.

The following materials will be helpful while completing the ProView online application:

- Previously completed credentialing application
- List of previous and current practice locations
- Various identification numbers (Universal Provider Identification Number [UPIN], NPI, Medicare, Medicaid, etc.)
- State license(s) applicable to your provider type
- Current Drug Enforcement Administration (DEA) certificate, if applicable
- Current Controlled and Dangerous Substances certificate, if applicable
- Internal Revenue Service (IRS) W-9 form(s)
- Current malpractice insurance face sheet
- Summary of all pending or settled malpractice cases within the past 10 years
- History of refusal or cancellation of professional liability insurance
- Curriculum vitae
- Disclosure of ownership

After completing the online credentialing application, you will be asked to:

- Authorize access to your information. Check the box next to Amerigroup or select the Global Authorization option.
- Verify your data entry and attestation for accuracy and completeness.
- Submit supporting documents:
  - State license(s) applicable to your provider type
  - o Board certification or highest level of medical training or education
  - Work history
  - Admitting privileges at a hospital accredited by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO), National Integrated Accreditation for Healthcare Organizations (NIAHO), American Osteopathic Association (AOA) or a network hospital previously approved by the committee
  - Current DEA certificate or plan to prescribe if no DEA certificate, if applicable
  - o Current Controlled and Dangerous Substances certificate, if applicable
  - Copy of the professional liability insurance face sheet is required. Organizational providers are required to maintain professional liability insurance in the amounts specified in the Network Provider Agreement consistent with State law requirements and Amerigroup policy.
  - o Summary of all pending or settled malpractice case(s) within the past 10 years
  - o Curriculum vitae

- o Current signed attestation
- Written protocol (advanced nurse practitioners only)
- Supervision form (physician assistants only)
- Hospital Coverage letter, required by Amerigroup from providers who do not have admitting privileges at a participating network hospital
- State or federal license sanctions or limitations
- o Medicare, Medicaid or Federal Employees Health Benefits Program (FEHBP) sanctions
- Disclosure of Ownership

If the credentials verification process indicates any discrepancies between the verification information and the information that was submitted by the participant, the practitioner has the right to:

- Review the information/supporting documents that were submitted in the provider application.
- Correct information, after Amerigroup provides a written summary of the discrepancies.

The written information should include the following:

- Discrepancy information
- Process to correct incorrect information
- Time frame for submitting changes
- Address
- Review process

Amerigroup will notify practitioners of:

- Their right to be informed of the status of their application upon request.
- The information it is allowed to share with practitioners.
- Our process for responding to requests for application status.

The quickest, most efficient way of uploading these documents is directly to the CAQH portal at <a href="https://proview.caqh.org/Login/Index?ReturnUrl=%2f">https://proview.caqh.org/Login/Index?ReturnUrl=%2f</a>.

**Please note:** While the CAQH credentialing data set is substantially complete, Amerigroup may need to supplement, clarify or confirm certain responses on your application on a case-by-case basis. Providers may also submit additional documentation by email or mail if unable to upload to:

Email: documents@proview.caqh.org

Mail: CAQH

P.O. Box 696537 San Antonio, TX 78269

If you have any questions about accessing the ProView database, you may contact the CAQH Help Desk for assistance at 1-888-599-1771.

### **Credentialing and Recredentialing**

### **CAQH/ProView Registration: Existing Users**

If you are an existing CAQH/UPD user through participation in another health plan, log on to the ProView database and authorize Amerigroup to access your information by following these steps:

- 1. Go to the CAQH website at https://www.caqh.org/solutions/caqh-proview/.
- 2. **Select** the link titled **Providers**. Then, enter your username and password.
- 3. Click the Authorize tab located under the CAQH logo.
- 4. Scroll down, locate **Amerigroup** and check the box next to **Amerigroup**, or select the **Global Authorization** option.

5. Click **Save** to submit your changes.

For more information about the CAQH ProView database and application process, visit the CAQH website.

# **Credentialing and Recredentialing**

#### **Additional CAQH Resources**

CAQH contact information is as follows:

Phone: 1-888-599-1771 (Monday-Thursday, 7 a.m.-9 p.m. Central time; Friday, 7 a.m.-7 p.m. Central time)

Email: documents@proview.caqh.org

**Please note:** Providers with vision and/or hearing challenges may call the CAQH Help Desk and complete the application by phone.

# **Credentialing and Recredentialing**

# **Contracting Process for Hospital or Facility-Based Providers**

Hospital or facility-based providers must submit a request for contracting and participating in the Amerigroup network. Eligible hospital or facility-based specialists include, but are not limited to:

- Anesthesiologist
- Emergency room provider
- Hospitalist
- Neonatologist
- Pathologist
- Radiologist

Hospital or facility-based providers must have the following:

- Hospital privileges
- Type 1 NPI number
- Iowa Medical Board license (temporary permit is acceptable) or appropriate Iowa licensure applicable to provider type Certificate/American Association of Nurse Anesthetists (AANA) number (applicable to CRNA Providers only)
- Certificate/AANA number (applicable to CRNA providers only)

**Please note:** Having an Amerigroup provider record ID does not automatically activate the Medicaid network. The effective date for Amerigroup providers is the date credentialing is complete and contracts are dually executed. A provider is considered participating and in-network on this effective date. Claims will be processed out-of-network until the provider has applied for network participation and has been approved and activated in the Medicaid network.

To complete the contracting process, hospital or facility-based providers must take the steps outlined in the following sections, as appropriate.

#### **Medical Group Adding a Provider**

If you are part of a medical group with a Group Medicaid Agreement, and this group is adding you as a facility-based provider: Complete and fax the Medicaid Facility-Based Provider Application to your local Network Management office for processing.

#### **Provider or Medical Group Interested in Contracting with Amerigroup**

If you are a provider or a medical group interested in contracting as a facility-based provider with the Medicaid network, and you do not currently have a Medicaid Agreement:

- 1. Complete the Online Agreement Request Form. Or request an agreement be mailed or faxed to you by contacting your local Network Management office.
- 2. Complete and sign either of the following documents:
  - a. Provider or Medical Group Agreement (as applicable). Return to your local Network Management office.
  - b. Medicaid Facility-Based Provider application. Return to your local Network Management office

All providers are able to participate in the Medicaid program unless that provider has a sanction and is ineligible to participate. On a monthly basis, Amerigroup obtains updated information on sanctioned providers. If the provider is on probation, Amerigroup will request a written explanation from the provider which will be reviewed by the credentialing committee. If a provider is confirmed to have any sanctions, we reserve the right to immediately terminate the contract with that provider, as outlined in our policies.

# **Credentialing and Recredentialing**

# **Credentialing Updates**

You must inform CAQH and Amerigroup of changes to your practice; our members rely on the accuracy of the information in our online Provider Directory. CAQH will send you automatic reminders to review and attest to the accuracy of your data every 4 months. If you are a participating provider, submit most changes online by using the Change Your Information form available on the CAQH website at https://www.caqh.org/solutions/caqh-proview/

### **Credentialing and Recredentialing**

# Recredentialing

When you are scheduled for recredentialing, Amerigroup sends your name on the Amerigroup roster of providers to CAQH. We determine if you have completed the UPD credentialing process and have authorized Amerigroup to access your information or selected the **Global Authorization** option. If you have made this authorization, Amerigroup obtains your current information from the ProView database and completes the recredentialing process without contacting you.

If your recredentialing application is not available to Amerigroup through CAQH for any reason, CAQH mails you a Welcome Kit with access and registration instructions along with your personal CAQH provider ID. You may then obtain immediate access to the ProView database via the Internet to complete and submit your application. For detailed instructions, go to the section **CAQH/ProView Registration: Existing Users** in this chapter. After you have granted access to Amerigroup, recredentialing resumes.

Amerigroup notifies practitioners of their right to:

- Review information obtained from outside sources (e.g., malpractice insurance carriers and state licensing boards) to support their credentialing application.
- Correct erroneous information.

We will also notify providers of the time frame and format for submitting corrections.

#### Where to Submit Corrections

We will document the receipt of corrected information in the practitioner's credentialing file. We are not required to reveal the source of information if:

- It was not obtained to meet verification requirements.
- Federal or state law prohibits disclosure.

Amerigroup remains responsible for credentialing and recredentialing its practitioners, even if it delegates all or part of these activities. Compliance is monitored on a monthly/quarterly basis, and formal audits are conducted annually.

The Amerigroup credentialing committee:

- Uses participating practitioners to provide advice and expertise for credentialing decisions.
- Reviews credentials for practitioners who do not meet established thresholds.
- Ensures that files that meet established criteria are reviewed and approved by a medical director or designated physician.

**Please note:** You must enter your changes into the ProView database and authorize access to Amerigroup during the credentialing and recredentialing process. Only health care plans participating in the ProView database and those to which you have granted access receive these changes.

# **Credentialing and Recredentialing**

# **Ownership Disclosure**

As part of the initial and subsequent recredentialing process, Amerigroup follows the CMS process regarding ownership disclosure. You may be periodically required to submit a Disclosure of Ownership questionnaire, located on the CMS website at www.cms.gov.

### **Credentialing and Recredentialing**

# **Professional Liability Coverage**

To the extent allowed under applicable law or state agency requirements, verification of professional liability insurance coverage may be accomplished by the use of an attestation signed by the provider indicating the name of the carrier, policy number, coverage limits, the effective date and expiration date of such insurance coverage.

If attestation is not acceptable, the practitioner's professional liability insurance information is verified by obtaining a copy of the professional liability insurance face sheet from the practitioner or from the insurance carrier. Practitioners are required under applicable law to maintain professional liability insurance in specified amounts. The application form must include specific questions regarding the dates and amount of a practitioner's current malpractice insurance. NCQA requires practitioners to attest to the dates and amount of their current malpractice coverage, even if the amount is \$0.

# **CHAPTER 16: ACCESS STANDARDS AND ACCESS TO CARE**

#### **Access Standards and Access to Care**

#### **Overview**

This chapter outlines the Amerigroup standards for timely and appropriate access to quality health care. Following guidelines set by the National Committee for Quality Assurance (NCQA), the American College of Obstetricians and Gynecologists (ACOG) and the Iowa Department of Human Services (DHS), these standards help ensure that medical appointments, emergency services and continuity of care for new and transferring members are provided fairly, reasonably and within specific time frames.

We recognize that cultural and linguistic barriers may affect our members' ability to understand or comply with certain instructions or procedures. To break through those barriers and ensure that our access standards can be met, we encourage providers to access the Amerigroup Cultural Competency Training and Cultural and Linguistic Toolkit called Caring for Diverse Populations. Locate this information on our website at <a href="https://providers.amerigroup.com/ia">https://providers.amerigroup.com/ia</a> under Provider Resources & Documents > Training. Or for additional information on cultural diversity and interpreter services, please refer to <a href="https://providers.amerigroup.com/ia">Chapter 24: Cultural Diversity and Linguistic Services</a> in this manual.

Amerigroup monitors provider compliance with access to care standards on a regular basis. Failure to comply may result in corrective action.

### **Access Standards and Access to Care**

### **General Appointment Scheduling**

**Urgent, nonemergency:** The existence of conditions due to an illness or injury which are not life threatening but which require expeditious treatment because of the prospect of the condition worsening without clinical intervention.

**Emergency:** A medical condition manifesting itself by acute symptoms of sufficient severity (including severe pain) such that a prudent layperson, with an average knowledge of health and medicine, could reasonably expect the absence of immediate medical attention to result in serious jeopardy to the health of the individual, or in the case of a pregnant woman, the health of the woman or her unborn child; serious impairment to bodily functions; or serious dysfunction of any bodily organ or part.

### Iowa Medicaid requires providers to comply with the following standards:

Nature of Visit	Appointment Standards
Emergent or emergency visits	Immediately upon presentation, 24 hours a day, 7 days a week and without preauthorization
PCP urgent visits	Within 24 hours
PCP routine visits	Not to exceed four to six weeks from the date of a patient's request for a routine
Persistent symptoms	Within 48 hours
Specialist urgent visit	Within 24 hours
Specialist routine visit	Within 30 calendar days
Initial visit for pregnant women	Within 14 calendar days
Behavioral health urgent,	Within one hour of presentation at a service delivery site or within 24
nonemergency	hours of telephone contact with provider or the contractor
Behavioral health emergency	Within 15 minutes of arrival
Behavioral health mobile crisis	Within one hour of presentation or request

Nature of Visit	Appointment Standards
Behavioral health persistent	Within 48 hours of reposting symptoms
symptoms	
Behavioral health routine	Within three weeks of requesting appointment
Substance use disorder and	Within 48 hours of seeking treatment
pregnancy	
Intravenous drug use	No later than 14 days after making the request for admission, or 120 days after the date of such request if no program has the capacity to admit the individual on the date of such request, and if interim services are made available to the individual no later than 48 hours after such request.

### **Access Standards and Access to Care**

# **Services for Members under the Age of 21**

Amerigroup strongly recommends that our members see their PCP as soon as possible after enrollment.

Nature of Visit	Appointment Standards
Initial Health Assessments (IHAs)	Newborns: within 14 days of enrollment
	Children: within 60 days of enrollment
	Adults (18-21): within 90 days of enrollment
Preventive care visits	Based on the American Academy of Pediatrics (AAP) Periodicity Schedule
	found within the Preventive Health Guidelines

### **Access Standards and Access to Care**

### **Services for Members 21 Years and Older**

Nature of Visit	Appointment Standards
Initial Health Assessments (IHAs)	Within 90 days of enrollment
Preventive care visits after initial	Within 60 days of request
diagnosis	

### **Access Standards and Access to Care**

### **Prenatal and Postpartum Visits**

renatar and restpartain visits	
Nature of Visit	Appointment Standards
Prenatal	Within 14 days of request
Third trimester	Within 5 business days of request, or immediately if an emergency
High-risk pregnancy	Within 14 business days of request, or immediately if an emergency
Postpartum exam	Between 3-8 weeks after delivery

# **Access Standards and Access to Care**

#### **Wait Times**

When a provider's office receives a call from an Amerigroup member during regular business hours for assistance and possible triage, the provider or another health care professional must take or return the call within 30 minutes.

#### **Access Standards and Access to Care**

# **Nondiscrimination Statement**

Providers must post a statement in their offices detailing hours of operation. These hours of operation must not discriminate against Amerigroup members enrolled in IA Health Link. The statement must include the following:

- Waiting times for appointments
- Waiting times for care at facilities

Languages spoken

#### **Access Standards and Access to Care**

#### Americans with Disabilities Act

Providers must comply with all applicable federal and state laws in assuring accessibility to all services for members with disabilities, pursuant to the Americans with Disabilities Act (ADA) and the Rehabilitation Act of 1973, maintaining the capacity to deliver services in a manner that accommodates the needs of its members. Providers contracted with Amerigroup are required by law to provide disabled persons full and equal access to medical services.

Although a review of the requirements of the law and implementing regulations can be daunting, providing full and equal access to persons with disabilities can be achieved by:

- Removing physical barriers.
- Providing means for effective communication with people who have vision, hearing or speech disabilities, including providing auxiliary aids as needed.
- Providing flexibility in scheduling to accommodate people with disabilities.
- Allowing extra time for members with disabilities to dress and undress, transfer to examination tables, and extra time with the provider in order to ensure the individual is fully participating and understands the information.
- Making reasonable modifications to policies, practices and procedures.

For more information on making changes to a practice to ensure ADA compliance, providers can refer to these additional resources:

- https://www.ada.gov
- https://www.ada.gov/medcare\_mobility\_ta/medcare\_ta.htm

#### **Access Standards and Access to Care**

### **Interpreter Services**

Amerigroup will ensure that members who need interpreter services have access to interpreters 24 hours a day, 7 days a week. Services include, but are not limited to, face-to-face assistance during office visits at no cost to you or the member. Providers should strongly discourage the use of minors, friends and family members acting as interpreters.

Request telephonic interpreters for members needing language assistance as outlined below: During business hours:

- Providers call Provider Services at 1-800-454-3730
- Members call Member Services at 1-800-600-4441

After-hours, providers and members can call Amerigroup on Call at:

- Phone: 1-866-864-2544 (English)Phone: 1-866-864-2545 (Spanish)
- TTY: 711
- Hours: 24 hours a day, 7 days a week, 365 days a year

Request face-to-face interpreters for members needing language assistance, including American Sign Language as outlined below.

During business hours:

• Providers call Provider Services at 1-800-454-3730

Members call Member Services at 1-800-600-4441 (TTY 711)

**Please note:** To schedule face-to-face interpreter services, please allow 72 hours. To cancel, please provide a 24-hour notice.

#### **Access Standards and Access to Care**

# **Missed Appointment Tracking**

When members miss appointments, providers must do the following:

- 1. Document the missed appointment in the member's medical record.
- 2. Make at least three attempts to contact the member to determine the reason for the missed appointment.
- 3. Provide a reason in the member's medical record for any delays in performing an examination, including refusals by the member.

#### **Access Standards and Access to Care**

#### **After-Hours Services**

Amerigroup policy, and the state of lowa's requirement, is for our members to have access to quality health care services 24 hours a day, 7 days a week. This kind of access means PCPs must have a system in place to ensure members may call after-hours with medical questions or concerns. Amerigroup monitors PCP compliance with after-hours access standards on a regular basis. Failure to comply may result in corrective action.

PCPs must adhere to the answering service and answering machine protocols defined in the following sections.

#### **Answering Service**

Answering service or after-hours personnel must:

- Forward member calls directly to the PCP or an on-call provider, or instruct the member that the provider will contact the member within 30 minutes.
- Ask the member if the call is an emergency. In the event of an emergency, immediately direct the member to dial 911 or proceed to the nearest hospital emergency room.
- Have the ability to contact a telephone interpreter for members with language barriers.
- Return all calls.

# Answering machine messages:

- May be used when provider office staff or an answering service is not immediately available.
- Must instruct members with emergency health care needs to dial 911 or proceed to the nearest hospital emergency room.
- Must provide instructions on how to contact the PCP or an on-call provider in a nonemergency situation.
- Must provide instructions in English, Spanish and any other language appropriate to the PCP's practice.

We offer the following suggested language for answering machines:

Hello, you've reached [insert physician office name]. If this is an emergency, hang up and dial 911 or go to the nearest hospital emergency room. If this is not an emergency and you have a medical concern or question, please call [insert contact phone or pager number]. You will receive a return call from the on-call physician within [time frame].

**Please note:** Amerigroup prefers that PCPs use an in-network provider for on-call services. When this is not possible, PCPs must use their best efforts to ensure the covering on-call provider abides by the terms of the Provider Agreement.

#### **Access Standards and Access to Care**

# **Amerigroup on Call**

Members may call Amerigroup on Call, our 24/7 information phone line, any time of the day or night, to speak to a registered nurse. Nurses provide health information and options for any of the following:

- Authorization requests
- Emergency instructions
- Health concerns
- Local health care services
- Medical conditions
- Prescription drugs
- Transportation needs
- Access to interpreter services

Phone: 1-866-864-2544 (English); TTY: 711 Phone: 1-866-864-2545 (Spanish); TTY: 711

Hours: 24 hours a day, 7 days a week, 365 days a year

#### **Access Standards and Access to Care**

# **Continuity of Care**

Amerigroup provides continuity of care for members with qualifying conditions when health care services are not available within the network or when the member or provider is in a state of transition.

A qualifying condition is defined as a medical condition that may qualify a member for continued access to care and continuity of care.

Qualifying conditions include, but are not limited to the following:

- Acute conditions (for example, cancer)
- Degenerative and disabling conditions or diseases caused by a congenital or acquired injury or illness requiring a specialized rehabilitation program or a high level of service, resources or coordination of care in the community
- Newborns, who are covered retroactively to the date of birth
- Organ transplant or tissue replacement
- Pregnancy, with 12 weeks or less remaining before the expected delivery date, through immediate postpartum care
- Scheduled inpatient/outpatient surgery that was approved and/or precertified through the applicable DHS process
- Serious chronic conditions (hemophilia, for example)
- Terminal illness

States of transition may be when the member is any of the following:

- Newly enrolled
- Moving out of the service area
- Disenrolling from Amerigroup to another health plan
- Exiting Amerigroup to receive excluded services

- Hospitalized on the effective date of transition
- Transitioning through behavioral health services
- Scheduled for appointments within the first month of plan membership with specialists. These appointments must have been scheduled prior to the effective date of membership.

A state of transition also is applicable when the provider's contract terminates.

Amerigroup providers help ensure continuity and coordination of care through collaboration. This includes the confidential exchange of information between PCPs and specialists as well as behavioral health providers. In addition, Amerigroup coordinates care when the provider's contract has been discontinued to facilitate a smooth transition to a new provider.

Providers must maintain accurate and timely documentation in the member's medical record including but not limited to the following:

- Consultations
- Precertification
- Referrals to specialists
- Treatment plans

All providers share responsibility in communicating clinical findings, treatment plans, prognosis and the member's psychosocial condition as part of the coordination of care process. Medical Management nurses review member and provider requests for continuity of care. These nurses facilitate continuation with the current provider until a short-term regimen of care is completed or the member transitions to a new provider.

**Please note:** Only Amerigroup can make adverse determination decisions regarding continuity of care. Adverse determination decisions are sent in writing to the member and provider within two business days of the decision. Members, and providers with the member's written consent, may appeal the decision by following the procedures in the **Grievances and Appeals** chapter. Reasons for continuity of care denials include, but are not limited to the following:

- Course of treatment is complete
- Member is ineligible for coverage
- Condition is not a qualifying condition
- Request is for change of PCP only and not for continued access to care
- Requested services are not covered
- Services rendered are covered under a global fee
- Treating provider currently is contracted with our network

**Please note:** Amerigroup does not impose any pre-existing condition limitations on its Medicaid members, nor require evidence of insurability to provide coverage to any of our members.

#### **Access Standards and Access to Care**

### **Provider Contract Termination**

Amerigroup will arrange for continuity of care for members affected by a provider whose contract is terminated. A terminated provider actively treating members must continue to treat members until the date of termination. PCPs must give at least 90 days advance notice and specialists must give at least 120 days advance notice before terminating the Provider Agreement. The exception is when the PCP or primary care clinic (PCC) provides 30 percent or more of Amerigroup services, in which case the PCP or PCC must give at least 120 days advance notice. HCBS providers must provide at least 30 days advance notice to Amerigroup

when they are no longer willing or able to provide services to a member, and to cooperate with the member's care coordinator to facilitate a seamless transition to alternate providers.

After Amerigroup receives a provider's notice to terminate a contract, we notify all impacted members. We send a letter at least 15 days in advance to inform the affected members about the:

- Impending termination of their provider.
- Member's right to request continued access to care.
- Member Services phone number to make PCP changes and/or forward referrals to Medical Management for continued access to care consideration.

Members under the care of specialists may also submit requests for continued access to care, including continued care after the transition period. HCBS providers must continue to provide services to the member in accordance with the member's plan of care and as directed by Amerigroup, until the member has been transitioned to a new provider; this transition may exceed 30 days from the date of notice to us. Members should contact Member Services at 1-800-600-4441.

#### **Access Standards and Access to Care**

### **Newly Enrolled**

Our goal is to ensure that the health care of our newly enrolled members is not disrupted or interrupted. Amerigroup ensures continuity of care for our newly enrolled members when the member's health or behavioral health condition has been treated by specialists. We also ensure continuity of care when the member's health could be placed in jeopardy if medically necessary covered services are disrupted or interrupted.

Amerigroup will pay a newly enrolled member's existing out-of-network provider for medically necessary covered services until that regimen of care is completed. The member's records, clinical information and care are transferred to an Amerigroup provider.

Payment to out-of-network providers is made within the same time period required for providers within the network. In addition, we comply with out-of-network provider reimbursement rules as adopted by the DHS. However, we are not obligated to reimburse the member's existing out-of-network providers for on-going care if the time elapsed has been greater than:

- 90 days after the member enrolls in Amerigroup.
- Nine months after the member enrolls in Amerigroup, if the member was diagnosed with a terminal illness at the time of enrollment in our plan and has been receiving ongoing treatment for the illness.

All new enrollees receive evidence of coverage (EOC) membership information in their enrollment packets, which provides information regarding members' rights to request continuity of care.

#### **Access Standards and Access to Care**

#### **Second Opinions**

Amerigroup will help to ensure that members have access to a second opinion regarding any medically necessary covered service. When the request involves care from a specialist, a provider of the same specialty must give the second opinion. When no provider exists within the network who meets the qualification, Amerigroup may authorize a second opinion by a qualified out-of-network provider. This service is provided at no cost to the member.

#### **Access Standards and Access to Care**

### **Emergency Transportation**

Amerigroup covers emergency transportation services without precertification. When a member's condition is life-threatening and requires use of special equipment, life support systems and close monitoring by trained attendants while en route to the nearest appropriate facility, we will provide emergency transport by ambulance.

Examples of conditions considered for emergency transport include but are not limited to the following:

- Acute and severe illnesses
- Acute or severe injuries from auto accidents
- Extensive burns
- Loss of consciousness
- Semi-consciousness, seizure, or cardiopulmonary resuscitation (CPR) treatment during transport
- Untreated fractures

Emergency transportation is also available for facility-to-facility transfers when the required emergency treatment is not available at the first facility.

#### **Access Standards and Access to Care**

### **Emergency Dental Services for Adults and Children**

When a member has a dental emergency resulting in swelling, fever, infection or injury to the jaw, natural teeth, mouth or face, Amerigroup covers the initial dental work and oral surgery, including anesthesia and drugs, for services provided in the following settings: outpatient, doctor's office, emergency care and urgent care.

The services are limited to the care needed to give proper treatment. Injury as a result of chewing or biting is not considered an accidental injury. Initial dental work refers to services provided within 48 hours of the injury, or as soon as possible. Covered services include all exams and treatment to complete the repair, such as:

- Anesthesia
- Lab tests
- Mandibular/maxillary reconstruction
- Oral exams
- Oral surgery
- Prosthetic services
- Restorations
- X-rays

#### **Access Standards and Access to Care**

#### **Border City Providers**

Some cities outside of the state of Iowa but within 50 miles of the Iowa border are designated as "Border Cities." Eligible providers practicing outside of Iowa but within a border city-designated area may enroll with Amerigroup for the provision of services to IA Health Link members. Such enrollment will not require Iowa licensure but the provider must meet the licensing requirements of the state in which they are providing the services and obtain an Iowa Medicaid identification number.

#### **CHAPTER 17: PROVIDER ROLES AND RESPONSIBILITIES**

### **Provider Roles and Responsibilities**

#### **Overview**

At Amerigroup, our goal is to provide quality health care to the right member, at the right time and in the appropriate setting. To achieve this goal, PCPs, specialists and ancillary providers must fulfill their roles and responsibilities with the highest integrity. We rely on your extensive health care education, experience and dedication to our members, who look to you to get well and stay well.

Amerigroup analyzes performance annually against the standards for the geographic distribution of each type of practitioner providing primary care.

# **Provider Roles and Responsibilities**

# **Primary Care Physicians**

PCPs are the principle point of contact for our members. The PCP's role is to provide members with a health "home," the member's first stop in the health care process and a centralized hub for a wide variety of ongoing health care needs. Amerigroup furnishes PCPs with a current list of assigned members. The PCP's role is to:

- Coordinate members' health care 24 hours a day, 7 days a week.
- Develop members' care and treatment plans, including preventive care.
- Maintain members' current medical records, including documentation of all services provided by the PCP, specialists, or referral services.
- Adhere to wait times, as outlined within the Provider Agreement and Provider Manual.
- Refer members to specialists.
- Coordinate with outpatient clinical services.
- Provide complete information about proposed treatments and prognosis for recovery to our members or their representatives.
- Facilitate interpreter services by presenting information in a language that our members or their representatives can understand.
- Ensure that members' medical and personal information is kept confidential as required by state and federal laws.

The PCP's scope of responsibilities includes providing or arranging for:

- Routine and preventive health care services.
- Emergency care services.
- Hospital services.
- Ancillary services.
- Interpreter services.
- Referrals to specialists.
- Coordination with outpatient clinical services, such as therapeutic, rehabilitative or palliative services.

**Please note:** Services should always be provided without regard to race, religion, sex, color, national origin, age or physical/behavioral health status.

Amerigroup members may select any contracted provider as their PCP as long as that provider is taking new patients. We keep providers up-to-date with detailed member information. We also furnish each provider with a current list of assigned members and provide medical information about the members' potential

health care needs. Providers may use this information to coordinate treatment and services more effectively.

PCPs should provide services only to those Amerigroup members who have chosen you as their PCP. Verify that a member is assigned to you using any of the following methods:

- Call Provider Services at 1-800-454-3730
  - o Use the automated voice response (AVR) system to verify PCP assignment
  - Speak to a Member Services representative
- Log into Availity, the secure provider portal, at <a href="https://providers.amerigroup.com/ia">https://providers.amerigroup.com/ia</a>. Select Login or Register to access the secure site.

You may experience delays in claims payments if you treat members who are not assigned to you on the date of service. If you must provide services to an Amerigroup member not assigned to you, obtain precertification first. Noncontracted providers must obtain precertification before treating Amerigroup members.

# **Provider Roles and Responsibilities**

#### Referrals

PCPs coordinate and make referrals to specialists, ancillary providers and community services. Providers should refer members to network facilities and providers. When this is not possible, providers should follow the appropriate process for requesting out-of-network referrals.

Please note: Specialty referrals to network providers do not require precertification.

All PCPs must perform the following with regard to referrals:

- Help members schedule appointments with other health care providers, including specialists.
- Track and document appointments, clinical findings, treatment plans and care received by members referred to specialists or other health care providers.
- Refer members to health education programs and community resource agencies, when appropriate.
- Coordinate with the Women, Infants and Children (WIC) program to provide medical information necessary for WIC eligibility determinations, such as height, weight, hematocrit or hemoglobin.
- Coordinate with the local tuberculosis (TB) control program to ensure that all members with confirmed or suspected TB have a contact investigation and receive directly observed therapy (DOT).
- Report any member who is noncompliant, drug resistant or who is or may be posing a public health threat to the Iowa Department of Human Services (DHS) or the local TB control program.
- Perform screening and evaluation procedures for the detection and treatment of, or referral for, any known or suspected behavioral health problems and disorders.

### **Provider Roles and Responsibilities**

#### **Out-Of-Network Referrals**

We recognize that an out-of-network referral may be justified at times. The Amerigroup Medical Management department will work with the PCP to determine medical necessity and will authorize out-of-network referrals on a limited basis. For assistance, contact the Medical Management department at:

Phone: 1-800-454-3730 Fax: 1-800-964-3627

#### **Provider Roles and Responsibilities**

# **Interpreter Services**

Providers must notify members of the availability of interpreter services. Providers also must train their answering services and on-call personnel on how to access those services. Amerigroup providers should strongly discourage the use of minors, friends and family members acting as interpreters. Providers also must accommodate non-English speaking members by having multilingual messages on answering machines.

For those instances when you cannot communicate with a member due to language barriers, telephonic and face-to-face interpreter services are available at no cost to you or the member. Request telephonic interpreters for members needing language assistance as outlined below:

### During business hours:

- Providers call Provider Services at 1-800-454-3730
- Members call Member Services at 1-800-600-4441 (TTY: 711)

After-hours, providers and members call Amerigroup on Call at:

- 1-866-864-2544 (English)
- 1-866-864-2545 (Spanish)
- TTY: 711

Request face-to-face interpreters for members needing language assistance, including American Sign Language, during business hours:

- Providers call Provider Services at 1-800-454-3730
- Members call Member Services at 1-800-600-4441 (TTY: 711)

**Please note:** To schedule face-to-face interpreter services, please allow 72 hours. To cancel, please provide a 24-hour notice.

### **Provider Roles and Responsibilities**

#### **Transitioning Members between Medical Facilities and Home**

When medically indicated, the PCP initiates or assists with the discharge or transfer of members:

- From an inpatient facility to the appropriate skilled nursing or rehabilitation facility, or to the member's home.
- From an out-of-network hospital to an in-network hospital, or to the member's home with home health care assistance (within benefit limits).

The coordination of member transfers from noncontracted, out-of-network facilities to contracted, in-network facilities is a priority that may require the immediate attention of the PCP. Contact the Amerigroup Medical Management department to assist at 1-800-454-3730.

### **Provider Roles and Responsibilities**

#### **Noncovered Services**

All PCPs must inform members of the costs associated with noncovered services prior to rendering the noncovered services. For more information, call Provider Services at 1-800-454-3730.

#### **Provider Roles and Responsibilities**

### **Specialists**

Specialists, licensed with additional training and expertise in a specific field of medicine, supplement the care given by PCPs. Specialists are charged with the same responsibilities as PCPs, including the responsibility of ensuring that precertification has been obtained before rendering services. Access to specialty care begins when the PCP refers a member to a specialist for medically necessary conditions beyond the PCP's scope of practice. Specialists diagnose and treat conditions specific to their area of expertise.

**Please note:** Specialty care is limited to Amerigroup benefits.

The following guidelines are in place for specialists:

- For urgent care, the specialist should see the member within 24 hours of receiving the request.
- For routine care, the specialist should see the member within two weeks of receiving the request.

In some cases, a member may self-refer to a specialist. These cases include but are not limited to:

- Family planning and evaluation.
- Diagnosis, treatment and follow-up of sexually transmitted infections (STIs).

For some medical conditions, the specialist should be the PCP. Members may request that the specialist be assigned as their PCP if the member:

- Has a chronic illness.
- Has a disabling condition.
- Is a child with special health care needs.

### **Provider Roles and Responsibilities**

# **Hospital Scope of Responsibilities**

PCPs refer members to plan-contracted network hospitals for medically necessary conditions beyond the PCP's scope of practice. Hospital care is limited to Amerigroup benefits. Hospital professionals diagnose and treat conditions specific to their area of expertise. Hospital responsibilities include:

- Notification of admission and services
- Notification of observations
- Notification of precertification review decision

Refer to the following sections for specific information.

#### **Notification of Admission and Services**

The hospital must notify Amerigroup or the review organization of an admission or service at the time the member is admitted or the service is rendered. If the member is admitted or a service is rendered on a day other than a business day, the hospital must notify Amerigroup of the admission or service the morning of the next business day.

# **Notification of Observations**

If our member is admitted to the hospital or for observation, this will be flagged in our census, and we will deploy discharge planning and care coordination through our Utilization Management staff. If the member is released home and we are notified by the hospital, PCP or member, Integrated Case Management will conduct outreach to coordinate required follow-up care and outreach within a week.

#### **Notification of Precertification Decisions**

If the hospital has not received notice of precertification at the time of a scheduled admission or service, as required by the Utilization Management Guidelines and the Hospital Agreement, the hospital should contact Amerigroup and request the status of the decision.

Any admission or service requiring precertification that has not received the appropriate review may be subject to post-service review denial. Generally, providers are required to perform all precertification functions with Amerigroup. Before rendering services, the hospital must ensure that precertification has been granted or risk post-service denial.

# **Provider Roles and Responsibilities**

# **Ancillary Scope of Responsibilities**

PCPs and specialists refer members to plan-contracted network ancillary providers for medically necessary conditions beyond the PCP's or specialist's scope of practice. Ancillary providers diagnose and treat conditions specific to their area of expertise. Ancillary care is limited to Amerigroup benefits.

We have a wide network of participating health care professionals and facilities. All services provided by the health care professional, and for which the health care professional is responsible, are listed in the Ancillary Agreement.

### **Provider Roles and Responsibilities**

# **Responsibilities Applicable to All Providers**

The responsibilities applicable to all Amerigroup providers include the following:

- After-hours services
- Collaboration
- Confidentiality
- Continuity of care
- Disenrollees
- Eligibility verification
- Licenses and certifications
- Mandatory reporting of abuse
- Medical records standards and documentation
- Office hours
- Open clinical dialog/affirmative statement
- Oversight of nonphysician practitioners
- Precertification
- Prohibited activities
- Provider contract terminations
- Termination of ancillary provider/patient relationship
- Updating provider information

#### **Provider Roles and Responsibilities**

# **Office Hours**

To maintain continuity of care, providers are required to be available for a minimum of 24 hours each week. Office hours must be clearly posted and members must be informed about the provider's availability at each site. There are strict guidelines for providing access to health care 24 hours a day, 7 days a week:

- Providers must be available 24 hours a day by phone.
- An on-call provider must be available to take calls when a provider is not available.

#### **Provider Roles and Responsibilities**

### **After-Hours Services**

All PCPs must have an after-hours system in place to ensure that our members can call with medical concerns or questions after normal office hours. The answering service or after-hours personnel must forward member calls directly to the PCP or on-call provider, or instruct the member that the provider will be in contact within 30 minutes.

#### **Emergencies**

The answering service or after-hours personnel must ask the member if the call is an emergency. In the event of an emergency, the member must be directed to dial 911 or to proceed to the nearest hospital emergency room immediately.

If the PCP's staff or answering service is not available, an answering machine may be used. The answering machine message must instruct members with emergency health care needs to dial 911 or go directly to the nearest hospital emergency room. The message also must give members an alternative contact number to reach the PCP or on-call provider with medical concerns or questions.

# **Language-Appropriate Messages**

Non-English speaking members who call their PCP after-hours should expect to get language appropriate messages. In the event of an emergency, these messages should direct the member to dial 911 or proceed to the nearest hospital emergency room immediately. In a nonemergency situation, members should receive instructions on how to contact the on-call provider. If an answering service is used, the service should know where to contact a telephone Interpreter. All calls taken by an answering service must be returned.

#### **Network On-Call Providers**

Amerigroup prefers PCPs use network providers for on-call services. When that is not possible, the PCP must ensure that the covering on-call provider or other provider abides by the terms of the Provider Agreement. Amerigroup will monitor PCP compliance with after-hours access standards on a regular basis. Failure to comply may result in corrective action.

#### Amerigroup on Call

Members may call Amerigroup on Call 24 hours a day, 7 days a week to speak to a registered nurse. These nurses provide health information regarding illness, options for accessing care and availability of emergency services. Amerigroup on Call can be reached at 1-866-864-2544 (English; TTY: 711) or 1-866-864-2545 (Spanish).

### **Provider Roles and Responsibilities**

#### **Licenses and Certifications**

Providers must maintain all licenses, certifications, permits, accreditations or other prerequisites required by Amerigroup and federal, state and local laws for providing medical services.

### **Provider Roles and Responsibilities**

# **Eligibility Verification**

All providers must verify member eligibility immediately before providing services, supplies or equipment. Because eligibility may change monthly, a member eligible on the last day of the month may not be eligible on the first day of the following month. Amerigroup is not responsible for charges incurred by ineligible patients. As part of the primary medical group (PMG) lock-in program, a member's PMG assignment also

must be verified. Services are considered for payment if rendered by a provider affiliated with the assigned group.

#### **Provider Roles and Responsibilities**

#### **Collaboration**

Providers share the responsibility of giving respectful care, working collaboratively with Amerigroup specialists, hospitals, ancillary providers, and members and their families. Providers must allow Amerigroup to use performance data in cooperation with Quality Improvement programs and activities. Providers must permit members to participate actively in decisions regarding medical care, including, except as limited by law, their decision to refuse treatment.

# **Provider Roles and Responsibilities**

### **Continuity of Care**

PCPs maintain frequent communication with specialists, hospitals and ancillary providers to ensure continuity of care. Amerigroup encourages providers to maintain open communication with their patients regarding appropriate treatment alternatives, regardless of their benefit coverage limitations. PCPs are responsible for being an ongoing source of primary care appropriate to the member's needs.

We established comprehensive mechanisms to ensure continued access to care for members when providers leave our health care program. Under certain circumstances, members may finish a course of treatment with the terminating provider. For more information, refer to **Chapter 14: Access Standards and Access to Care**.

# **Provider Roles and Responsibilities**

#### **Medical Records Standards**

Medical records must be maintained in a manner ensuring effective and confidential member care and quality review. At Amerigroup, we perform medical record reviews upon signing a provider contract. We then perform medical record reviews at least every three years to ensure that providers remain in compliance with these standards.

Medical records must be stored and retrieved in a manner that protects patient information according to the Confidentiality of Medical Information Act. This act prohibits a provider of health care from disclosing any individually identifiable information regarding a patient's medical history, treatment, or behavioral and physical condition, without the patient's or legal representative's consent or specific legal authority.

Records required through a legal instrument may be released without patient or patient representative consent. Providers must be familiar with the security requirements of HIPAA and be in compliance. For more information on medical records standards, refer to **Chapter 18: Quality Assessment and Performance**.

# **Provider Roles and Responsibilities**

#### **Updating Provider Information**

Providers are required to inform Amerigroup of any material changes to their practice such as:

- Change in their professional business ownership.
- Change in their business address or the location where services are provided.
- Change in their federal 9-digit tax identification number (TIN).
- Change of their specialty.
- Services offered to children.
- Languages spoken.

- Change in demographic data.
- Legal or governmental action initiated against a health care professional. This type of action
  includes, but is not limited to, an action for professional negligence, for violation of the law or
  against any license or accreditation which, if successful, would impair the ability of the health care
  professional to carry out the duties and obligations under the Provider Agreement.
- Other problems or situations that impair the ability of the health care professional to carry out the
  duties and obligations under the Provider Agreement's care review and grievance resolution
  procedures.
- Notification that the provider is accepting new patients.

To notify Amerigroup of changes, providers should call Provider Services at 1-800-454-3730.

# **Provider Roles and Responsibilities**

# **Oversight of Nonphysician Practitioners**

All providers using nonphysician practitioners must supervise and oversee nonphysician practitioners consistent with state and federal laws. The supervising provider and the nonphysician practitioner must have written guidelines for adequate supervision. All supervising providers must follow state licensing and certification requirements.

### **Provider Roles and Responsibilities**

# **Open Clinical Dialogue/Affirmative Statement**

Nothing within the Provider Agreement or this manual should be construed as encouraging providers to restrict medically necessary covered services or limit clinical dialog between providers and their patients. Providers may communicate freely with members regarding the available treatment options, including medications, regardless of benefit coverage limitations.

# **Provider Roles and Responsibilities**

#### **Provider Contract Termination**

A terminated provider actively treating members must continue treatment until the termination date. The termination date is the end of the 90-day period following written notice of termination, or according to a timeline determined by the medical group contract.

After we receive a provider's notice to terminate a contract, we notify members impacted by the termination. Amerigroup sends a letter to inform affected members about the:

- Impending termination of their provider.
- Member's right to request continued access to care.
- Member Services phone number to request PCP changes.
- Referrals to Medical Management for continued access to care consideration.

Members under the care of specialists may also submit requests for continued access to care, including after the transition period, by calling Member Services at 1-800-600-4441 (TTY: 711).

Amerigroup may terminate the Provider Agreement if we determine that the quality of care or services given by a health care provider is not satisfactory. We make this determination by reviewing member satisfaction surveys, integrated case management data, member complaints or grievances, other complaints or lawsuits alleging professional negligence and quality of care indicators.

#### **Provider Roles and Responsibilities**

# **Termination of the Ancillary Provider/Patient Relationship**

Under certain circumstances, an ancillary provider may terminate the professional relationship with a member, as provided for and in accordance with the provisions of this manual. However, ancillary providers may not terminate the relationship because of the member's medical condition or the amount, type or cost of covered services required by the member.

We'll notify members affected by the termination at least 30 calendar days prior to the effective termination date and help them select a new practitioner.

### **Provider Roles and Responsibilities**

#### Disenrollees

When a member disenrolls and requests a transfer to another health plan, providers are expected to work with Amerigroup case managers responsible for helping the member make the transition. This transition must occur without disruption of any regimen of care that qualifies as a continuity of care condition. The case manager will coordinate with the member, the member's providers and the case manager at the new health plan to ensure an orderly transition.

### **Provider Roles and Responsibilities**

#### **Provider Rights**

Amerigroup providers, acting within the lawful scope of practice, shall not be prohibited from advising a member or advocating on behalf of a member for any of the following:

- The member's health status, medical care or treatment options, including any alternative, self-administered treatment
- Any information the member needs to decide among all relevant treatment options
- The risks, benefits and consequences of treatment or nontreatment
- The member's right to participate in decisions regarding their health care, including the right to refuse treatment and to express preferences about future treatment decisions
- To receive information on the Grievances and Appeals and state fair hearing procedures
- To have access to policies and procedures covering authorization of services
- To be notified of any decision to deny a service authorization request, or to authorize a service in an amount, duration or scope that is less than requested
- To challenge, on behalf of our members, the denial of coverage, or payment for, medical assistance
- To be free from discrimination for the participation, reimbursement or indemnification of any
  provider who is acting within the scope of his or her license or certification under applicable law
  solely based on that license or certification

The Amerigroup provider selection policies and procedures do not discriminate against particular providers who serve high-risk populations or specialize in conditions requiring costly treatment.

### **Provider Roles and Responsibilities**

# **Prohibited Activities**

All providers are prohibited from:

- Billing eligible members for covered services.
- Segregating members in any way from other persons receiving similar services, supplies or equipment.
- Discriminating against Amerigroup members or Medicaid participants.

# **Provider Roles and Responsibilities**

# **Misrouted Protected Health Information**

You are not permitted to use or disclose Protected Health Information about individuals who you are not currently treating or are not enrolled to your practice. This applies to Protected Health Information accessible in any online tool, sent in any medium including mail, email, fax or other electronic transmission.

#### CHAPTER 18: CLINICAL PRACTICE AND PREVENTIVE HEALTH CARE GUIDELINES

#### **Clinical Practice and Preventive Health Care Guidelines**

#### Overview

At Amerigroup, we believe that providing quality health care should not be limited to the treatment of injury or illness. We are committed to helping providers and members become more proactive in the quest for better overall health. To accomplish this goal, we offer providers tools to assist in finding the best, most cost-effective ways to:

- Provide member treatment.
- Empower members through education.
- Encourage member lifestyle changes, when possible.

We want providers to have access to the most up-to-date clinical practice and preventive health care guidelines, offered by nationally recognized health care organizations and based on extensive research. These guidelines include the latest standards for treating the most common and serious illnesses, such as diabetes and hypertension. These guidelines also include recommendations for preventive screenings, immunizations and member counseling based on age and gender.

### **Clinical Practice and Preventive Health Care Guidelines**

#### **Clinical Practice Guidelines**

Providers need the latest research on treating common conditions, such as asthma, diabetes and hypertension. The Clinical Practice Guidelines follow nationally-recognized best practices for standards of treatment and give providers a powerful tool in educating our members. The Clinical Practice Guidelines are available on our website at <a href="https://providers.amerigroup.com/ia">https://providers.amerigroup.com/ia</a> The website offers the most up-to-date clinical resources and guidelines.

If you do not have Internet access, request a hard copy of the Clinical Practice Guidelines by calling Provider Services at 1-800-454-3730.

The following Clinical Practice Guidelines are updated continually:

- Asthma: Guidelines for the Diagnosis and Management of Asthma (EPR 3 Summary Report 2007)
- Chlamydia: 2015 Sexually Transmitted Disease Treatment Guidelines (Chlamydial Infections)
- Chronic Heart Failure (CHF) in the Adult: 2009 Focused Update Incorporated Into the ACC/AHA
   2005 Guidelines for the Diagnosis and Management of Heart Failure in Adults
- Chronic Obstructive Pulmonary Disease (COPD): Global Initiative for Chronic Obstructive Lung
  Disease (GOLD)
- Coronary Artery Disease (CAD): Circulation—AHA/ACCF Guideline
- Diabetes:
  - o 2013 Standards of Care
  - Evidence Table: Standards of Medical Care in Diabetes—2013
- Heart and Vascular Resources: National Heart, Lung and Blood Institute
- High Blood Cholesterol: Management of Blood Cholesterol in Adults: Systematic Evidence Review from the Cholesterol Expert Panel
- Human Papillomavirus (HPV): 2015 Sexually Transmitted Diseases Treatment Guidelines (Human Papillomavirus Infections)
- Hypertension and High Blood Pressure: High Blood Pressure Guidelines (JNC 7)
- Maternity and Perinatal: Guidelines for Perinatal Care, 7th Edition

**Please note:** Our recommendation of these guidelines is not an authorization, certification, explanation of benefits or a contract. Actual member benefits and eligibility for services are determined in accordance with the requirements set forth by the state.

### **Clinical Practice and Preventive Health Care Guidelines**

#### **Preventive Health Care Guidelines**

Good health begins with good lifestyle habits and regular exams. We support providers in helping members to take control of their own health by identifying and reducing the risk of potentially serious conditions. The Preventive Health Care Guidelines, offered by nationally-recognized health organizations as a provider resource, are an effective tool for improving the overall health of our members by emphasizing education and behavior change. The Preventive Health Guidelines are available on our website at <a href="https://providers.amerigroup.com/ia">https://providers.amerigroup.com/ia</a> . To request a hard copy of the Preventive Health Guidelines please call Provider Services at 1-800-454-3730.

**Please note:** Our recommendation of these guidelines is not an authorization, certification, explanation of benefits or a contract. Actual member benefits and eligibility are determined in accordance with the requirements set forth by the state.

#### **CHAPTER 19: INTEGRATED CASE MANAGEMENT**

### **Integrated Case Management**

#### Overview

Integrated Case management is a cooperative effort providing expert assistance to both providers and members in the coordination of complex health care. The program is designed to develop, implement, coordinate and monitor health care plans to optimize our members' health care benefits.

A case manager, through discussions with providers and members, collects data and analyzes information about actual and potential care needs for the purpose of developing a health care plan. Members referred to integrated case management may be identified by disease or condition, or high utilization of services.

Examples of members appropriate for referral to integrated case management include those with:

- Unmanaged chronic conditions such as asthma, diabetes and heart failure.
- Complex or multiple-care cases, including multiple trauma or cancer.
- Frequent hospitalizations or emergency room visits.
- Hemophilia, sickle cell anemia, cystic fibrosis or cerebral palsy.
- High-risk or teen pregnancies.
- Human immunodeficiency virus (HIV)/Acquired immune deficiency syndrome (AIDS).
- Potential transplants.
- Preterm births.

We make the following information available to contracted providers:

- Amerigroup criteria for determining which members might benefit from integrated case management
- Provider's responsibility for identifying members who meet that criteria
- Process for providers to follow when notifying Amerigroup about identified members

Additionally, the Integrated Case Management department provides descriptions of the programs for the following conditions or needs:

- Asthma
- Cardiovascular disease, including hypertension, coronary artery disease (CAD) and chronic heart failure (CHF)
- Children with special health care needs
- Chronic kidney disease (CKD) and end-stage renal disease (ESRD)
- Chronic obstructive pulmonary disease (COPD)
- Diabetes
- Oncology
- Pregnancy, high-risk obstetrics and teen pregnancy
- Special programs, including discharge transitions

**Please note:** Our Integrated Case Management department is sensitive to the cultural and linguistic diversity of our members and its impact on their interaction within the health care system. We encourage providers to become familiar with our cultural and linguistic training materials, available on our website at <a href="https://providers.amerigroup.com/ia">https://providers.amerigroup.com/ia</a> Provider Resources & Documents > Training.

# **Integrated Case Management**

### **Provider Responsibilities**

PCPs have the responsibility of participating in the integrated case management process by sharing information and facilitating the process as follows:

- Referring members who could benefit from integrated case management
- Sharing information as soon as the PCP identifies complex health care needs
- Collaborating with Integrated Case Management staff on an ongoing basis
- Referring members to specialists, as required
- Providing medical information
- Monitoring and updating the care plan to promote health care goals
- Coordinating county or state-linked services such as public health, behavioral health, schools and waiver programs

#### **Integrated Case Management**

#### **Referral Process**

Providers, nurses, social workers and members or their representatives may refer members to Integrated Case Management as follows:

Phone: 1-800-454-3730

Fax (using the Integrated Care Management Referral Form): 1-800-964-3627

A case manager responds to a faxed request within three business days.

The Care Management Referral Form is on our provider website at https://providers.amerigroup.com/ia.

# **Integrated Case Management**

#### **Delegated Entities**

In some cases, Amerigroup delegates management, disease management, utilization management and integrated case management activities to external entities. Amerigroup monitors these activities and performs oversight to ensure that those entities are in compliance with federal, state and accreditation standards.

#### **Integrated Case Management**

### **Role of the Integrated Case Manager**

The case manager's role is to assess the member's health care status, develop a health care plan, and:

- Facilitate communication and coordination within the health care team.
- Facilitate communication with the member and his or her family in the decision-making process.
- Educate the member and provider(s) about care management, community resources, benefits, cost factors and all related topics so informed decisions may be made.
- Encourage appropriate use of medical facilities and services, with the goal of improving quality of care and maintaining cost-effectiveness on a case-by-case basis.

The Integrated Case Management department includes experienced and credentialed registered nurses, some of whom are certified case managers. The department also includes social workers, who add valuable skills allowing us to address our members' medical, psychological, social and financial issues. Interpreter services are available to support the integrated case management process at no cost to the member.

# **Integrated Case Management**

#### **Integrated Case Management Procedure**

When a member has been identified as having a condition that may require integrated case management, the case manager contacts the referring provider and member for an initial assessment. With the involvement of the member, the member's representative and the provider, the case manager develops an individualized care plan. That plan may involve coordinating services with public and behavioral health departments, schools and other community health resources.

The integrated case manager periodically reassesses the care plan to monitor the following:

- Progress toward goals
- Necessary revisions
- New issues to be addressed to ensure the member receives the support necessary to achieve care plan goals

After goals are met or Integrated Case Management can no longer impact the case, the integrated case manager closes the case.

# **Integrated Case Management**

# **Transitioning Disenrollees**

The case manager's responsibility is to assist when a member requests help to transition to another health plan. This must occur without disruption of any regimen of care that qualifies as a continuity of care condition. The case manager works with the member, the member's providers and the integrated case manager at the new health plan to ensure an orderly transition.

### **Integrated Case Management**

# **Continued Access to Care**

New Amerigroup members may receive services from out-of-network, Iowa Medicaid-certified providers if certain guidelines are met. First, the provider must contact us to discuss the scheduled health services in advance of the service date. Second, the case must meet a qualifying condition, as defined below, in which the member:

- Has been approved and scheduled to receive a cornea and/or kidney transplant or tissue replacement.
- Has been approved by the state of lowa and scheduled to receive any other organ transplant or tissue replacement. Amerigroup will provide continuity of care for the preparation work for presurgery up until the member is transferred to fee-for-service Medicaid for the transplant or tissue replacement.
- Is in her second trimester of pregnancy and has an established relationship with an Iowa Medicaid-certified, out-of-network obstetrician and/or delivery hospital, or has a prior relationship with a nonparticipating provider with previous pregnancies.
- Has been scheduled for inpatient/outpatient surgery that was approved prior to transitioning to Amerigroup.
- Has appointment(s) within the initial month of Amerigroup membership. These appointments must have been scheduled prior to the effective date of transition with Iowa Medicaid-certified, out-of-network specialists.
- Has received ongoing chemotherapy or radiation treatment.
- Has enrolled a newborn effective on the date of birth and within the first 100 days of life. The child must be born to a mother who was enrolled in the health plan at the time of the birth.
- Is undergoing screening for long-term care placement.

• Is transitioning through behavioral health services, especially if the member received precertification from the previous health plan or through fee-for-service coverage.

# **Integrated Case Management**

### **Continuity of Care Process**

Our integrated case management nurses review member and provider requests for continuity of care. These nurses facilitate continuation with the current provider until the regimen of care is complete or the member transitions to a new provider.

Only Amerigroup can make adverse determination decisions regarding continuity of care. Adverse determination decisions are sent in writing to the member and provider within two business days of the decision. Members, and providers with the member's written consent, may appeal the decision by following the procedures in the **Grievances and Appeals** chapter of this manual. Reasons for continuity of care denial include, but are not limited to:

- Course of treatment being complete
- Member being ineligible for coverage
- Condition is not a qualifying condition
- Request is for change of PCP and not for continued access to care
- Requested services are not covered benefits
- Services rendered are covered under a global fee
- Treating provider currently is contracted with Amerigroup

# **Case Management**

#### **Health Home Services**

#### Overview

lowa has a CMS-approved health home program for Medicaid members with chronic medical and behavioral health conditions. Chronic condition health homes are established for members with two qualifying chronic health conditions, or one qualifying chronic condition and at risk of a second qualifying condition. Integrated health homes (IHHs) are established for adults and children with mental health conditions.

A health home supports a member's health care and service needs — physical and mental health and social supports. A health home appoints a care coordinator, a health care team and service providers to serve as the member's health home in collaboration with Amerigroup. Health homes are a health service model whereby a member's health service providers and caregivers communicate with one another to address health needs in a comprehensive manner. This is accomplished with a dedicated care manager who oversees and promotes access among health providers and social service organizations to promote the member's health. Health records are shared among providers (either electronically or on paper) so that services are not duplicated or neglected. The health home services are provided through a network of organizations including providers, health plans and community-based organizations. When all of the services are considered collectively, they become a collaborative health home.

A health home facilitates access to a range of health and community services, simplifying the process for the member. Core health home services include:

- Comprehensive care management
- Care coordination
- Transitions in care
- Support to individual and family members
- The facilitation of referrals to community services and supports

• Health promotion and self-care

### **Eligibility Criteria**

Chronic Condition Health Home eligibility criteria require members to have two chronic conditions, or one chronic condition and the risk of developing another from the following list:

- Mental health condition
- Substance use disorder
- Asthma
- Diabetes
- Heart disease
- BMI over 25
- Hypertension
- Child BMI > 85th percentile
- One serious mental illness

An integrated health home (IHH) is a team of professionals working together to provide person-centered, coordinated care for adults with a serious mental illness (SMI) and children with a serious emotional disturbance (SED). Eligibility for IHH services includes either:

- An adult with an SMI: Psychotic disorders, schizophrenia, schizoaffective disorder, major depression, bipolar disorder, delusional disorder, obsessive compulsive disorder or another mental health diagnosis with significant functional impairment.
- A child or youth with an SED: A diagnosable mental, behavioral or emotional disorder of sufficient duration to meet diagnostic criteria specified within the most current Diagnostic and Statistical Manual of mental disorders (DSM) that results in a functional impairment.

Eligibility criteria for either a chronic condition health home or IHH include:

- Members who get full Medicaid benefits.
- Members who get full Medicaid benefits and who also have Medicare.
- Members enrolled in the lowa Health and Wellness Plan and determined to be medically exempt.

Amerigroup will identify eligible members, or an IHH partner may refer a member to Amerigroup for eligibility determination. Members in the following programs are not eligible for the Health Home program:

- Iowa Health and Wellness Plan (unless determined to be medically exempt)
- Qualified Medicare Beneficiary
- Special Low-Income Medicare Beneficiary
- Program of All-Inclusive Care for the Elderly
- Iowa Family Planning Network
- Health Maintenance Organization members
- Presumptive Eligible\*

<sup>\*</sup> Temporary Medicaid coverage for women who are pregnant or need treatment for breast and cervical cancer and children under the age of 19 who need temporary medical coverage.

# **CHAPTER 20: QUALITY ASSESSMENT AND PERFORMANCE IMPROVEMENT**

# **Quality Assessment and Performance Improvement**

#### **Overview**

Our goal is continuous, measurable improvement in our delivery of quality health care. Following federal and state guidelines, we have a Quality Assessment and Performance Improvement (QAPI) program in place to advance our levels of readiness, service and care. The QAPI program, aligned with the State of Iowa's quality standards, includes focused studies measuring quality of care in the following clinical and service areas:

- Childhood immunization status
- Comprehensive diabetes care (HbA1C Testing and LDL-C Screening)
- Chronic obstructive pulmonary disease (COPD) and chronic heart failure (CHF) care
- Healthy birth outcomes
- Lead testing of 1- and 2-year-olds
- Smoking cessation
- Use of appropriate medication for asthmatics

All providers are expected to participate in these studies as part of our mutual goal of providing responsive, cost-effective health care that improves our members' lives. The studies include:

- Participation in multi-disciplinary teams for problem solving.
- Population studies.
- Random sample-based studies.
- Satisfaction surveys.

We share information from these studies with providers and encourage constructive feedback. Based on the results of the previous year's QAPI program, Amerigroup reviews and assesses the program's effectiveness and develops a new work plan for the next year's activities.

We also participate in national evaluations designed to gauge our performance and that of providers. An important measure of performance comes from the National Committee for Quality Assurance (NCQA), which annually reports HEDIS scores to health care plans throughout the country. This professional evaluation serves as a yearly report card and is a tool used by more than 90 percent of America's health care plans to rate performance across a wide spectrum of care and service areas, including:

- Member satisfaction with care access
- Member satisfaction with claims processing
- Customer service

Amerigroup uses the HEDIS data to identify areas for improvement and shares the results with providers. We submit the results of the HEDIS assessment and our own quality studies annually to the Iowa Department of Human Services (DHS), which makes the results public. As a result, HEDIS summaries may be used by potential members to make comparisons before choosing a health care plan.

We also are committed to tracking preventable adverse medical events, also known as "never events," with the ultimate goal of eliminating these events.

**Please note:** If we determine the quality of care or services provided by a health care professional is not satisfactory, Amerigroup may terminate the Provider Agreement and related addendums. We make this determination by reviewing member satisfaction surveys, case management data, member complaints or grievances, other complaints or lawsuits alleging professional negligence, or quality of care indicators.

### **Quality Assessment and Performance Improvement**

# **Quality Assessment and Performance Improvement Program**

The QAPI program focuses on developing and implementing standards for clinical care and service, measuring conformity to those standards and taking action to improve performance. The scope of the QAPI program includes, but is not limited to, the monitoring and evaluation of:

- Care and service provided in all health delivery settings.
- Internal organizational performance.
- Provider/member satisfaction.
- Provider promotion of preventive health programs and exams.
- Provider management of member health status.
- Provider site facilities and medical records.

Amerigroup develops an annual plan of quality improvement activities based on the results of the previous year's QAPI program evaluation. Then we review, evaluate and revise the QAPI program's effectiveness. The evaluation is a written description of the ability of Amerigroup to implement the QAPI program, meet program objectives, and develop and implement plans to improve the quality of care and service to our members. The QAPI program requires the medical director's or designated physician's involvement in the QI program.

Providers support the activities of the QAPI program by:

- Completing corrective action plans, when applicable.
- Participating in the facility and medical record audit process.
- Providing access to medical records for quality improvement projects and studies.
- Responding in a timely manner to requests for written information and documentation, if a quality of care or grievance issue has been filed.
- Using preventive health and clinical practice guidelines in member care.

### **Quality Assessment and Performance Improvement**

### **Healthcare Effectiveness Data and Information Set (HEDIS)**

HEDIS is a national evaluation and core set of performance measurements gauging the effectiveness of Amerigroup and providers in delivering quality care. We are ready to help when providers and their office staff need training to participate in required HEDIS evaluations. Providers can request consultations and training in the following areas:

- Information about the year's selected HEDIS studies
- How data for those measures will be collected
- Codes associated with each measure
- Tips for smooth coordination of medical record data collection

Our Quality Improvement staff will contact the provider's office when we need to review or copy any medical records required for quality improvement studies. Office staff must provide access to medical records for review and copying.

# **Quality Assessment and Performance Improvement**

#### **Quality Management**

Twice a year, and in accordance with NCQA standards, Amerigroup analyzes relevant utilization data against established thresholds for each plan to detect current utilization levels. If our findings fall outside specified target ranges and indicate potential underutilization or overutilization, further analysis will occur based on the recommendation of the Amerigroup Utilization Management committee.

The follow-up analysis may include gathering the following data from specific provider and practice sites:

- Case management services needed by members
- Claims payments for covered services
- Coordination with other providers and agencies
- Focus studies
- Investigation and resolution of member and provider complaints and appeals within established time frames
- Retrospective reviews of services provided without authorization

# **Quality Assessment and Performance Improvement**

#### **Best-Practice Methods**

Best-practice methods are our most up-to-date compilation of effective strategies for quality health care delivery. We share best practice methods during site visits to provider offices. Member Services and Network Management departments offer policies, procedures and educational toolkits to help guide improvements. Toolkits may include examples of best practices from other offices, including:

- Resources for improving compliance with preventive health services.
- Clinical practice guidelines.
- Care for members with special or chronic care needs.

# **Quality Assessment and Performance Improvement**

### **Member Satisfaction Surveys**

Member satisfaction with our health care services is measured every year by the NCQA. The NCQA conducts a survey called the Consumer Assessment of Healthcare Providers and Systems (CAHPS®). The survey is designed to measure member satisfaction with our services, including:

- Access to care.
- Amerigroup customer service.
- Provider communications.
- Provider office staff performance.

We distribute the results of the CAHPS survey to both members and providers. Providers should review the results, share the results with office staff and incorporate appropriate changes in their offices.

### **Quality Assessment and Performance Improvement**

#### **Provider Satisfaction Surveys**

Amerigroup may conduct provider surveys to monitor and measure provider satisfaction with our services and identify areas for improvement. Provider participation in these surveys is highly encouraged and your feedback is very important. We inform providers of the results and plans for improvement through provider bulletins, newsletters, meetings or training sessions.

### **Quality Assessment and Performance Improvement**

# **Medical Record and Facility Site Reviews**

We conduct medical record and facility site reviews to determine provider:

- Compliance with standards for providing health care.
- Compliance with standards for storing medical records.
- Compliance with processes that maintain safety standards and practices.
- Involvement in the continuity and coordination of member care.

The DHS and Amerigroup have the right to enter the premises of providers to inspect, monitor, audit or otherwise evaluate the work performed. We perform all inspections and evaluations in such a manner as to not unduly delay work in accordance with the Provider Agreement. Amerigroup will conduct an office visit for those sites where a complaint is received within 60 calendar days of determining that the threshold was met.

If the threshold was not met, Amerigroup will implement corrective actions to improve offices that do not meet site criteria. The evaluation of the effectiveness of the corrective action will be performed at least every six months until deficient offices meet the site standards and threshold. Follow-up visits will be documented and presented to the QI committee.

### **Quality Assessment and Performance Improvement**

#### **Medical Record Documentation Standards**

Amerigroup requires providers to maintain medical records in a manner that is current, organized, and permits effective and confidential member care and quality review. Medical records must be stored and retrieved in a manner that protects patient information according to the Confidentiality of Medical Information Act, which requires the following:

- Providers of health care are prohibited from disclosing any individually identifiable information regarding a patient's medical history, mental condition, physical condition or treatment without the patient's or legal representative's consent or specific legal authority.
- Records required through a legal instrument may be released without patient or patient representative consent.
- Providers must be familiar and in compliance with the security requirements of HIPAA.

# **Quality Assessment and Performance Improvement**

#### **Medical Record Security**

Medical records must be secure and inaccessible to unauthorized access to prevent loss, tampering, disclosure of information, alteration or destruction of the records. Information must be accessible only to authorized personnel within the provider's office, Amerigroup, the lowa DHS or to persons authorized through a legal instrument. Records must be made available to Amerigroup for purposes of quality review, HEDIS and other studies.

### **Quality Assessment and Performance Improvement**

#### **Storage and Maintenance**

Active medical records should be stored in a central medical record area and must be inaccessible to unauthorized persons. Medical records are to be maintained in a manner that is current, detailed and organized, permitting effective patient care and quality review while maintaining confidentiality. Inactive records are to remain accessible for a period of time that meets state and federal guidelines.

### **Quality Assessment and Performance Improvement**

### **Availability of Medical Records**

The medical record system must allow for prompt retrieval of each record when the member comes in for a visit. Providers must maintain members' medical records in a detailed and comprehensive manner that accomplishes the following:

- Conforms to good professional medical practice
- Facilitates an accurate system for follow-up treatment
- Permits effective, professional medical review and medical audit processes

Medical records must be legible, signed and dated, and maintained for at least ten years or for the duration of contested case proceedings, whichever is longer, as required by state and federal regulations.

Providers must supply a copy of a member's medical record upon reasonable request by the member at no charge. The provider also must facilitate the transfer of the member's medical record to another provider at the member's request. Access to medical records and confidentiality must be provided in accordance with the standards mandated in HIPAA and all other state and federal requirements.

Providers must permit Amerigroup and IA Health Link representatives to review members' medical records for the purposes of monitoring the provider's compliance with the medical record standards, capturing information for clinical studies, monitoring quality or any other reason. Providers should have procedures in place to permit the timely access and submission of medical records to Amerigroup upon request. Amerigroup encourages providers to use technology, such as health information exchanges, to transmit and store medical record data.

### **Quality Assessment and Performance Improvement**

### **Medical Record Requirements**

At a minimum, every medical record must include the following:

- The patient's name or identification (ID) number on each page in the record
- Personal biographical data, including home address, employer, emergency contact name and phone number, home and work phone numbers and marital status
- Entries dated with month, day and year
- Entries documented with the author's identification and title. For example, handwritten signature, unique electronic identifier or initials
- Identification of all providers participating in the member's care
- Information on the services furnished by these providers
- List of problems, including significant illnesses, medical conditions, and psychological conditions
- Presenting complaints, diagnoses and treatment plans, including the services to be delivered
- Physical findings relevant to the visit, including vital signs, normal and abnormal findings, and appropriate subjective and objective information
- Information on allergies and adverse reactions, or a notation that the patient has no known allergies or history of adverse reactions
- Information on advance directives
- Past medical history, including serious accidents, operations and illnesses. In addition:
  - For patients 14 years old and older, the record must include information about substance abuse
  - For children and adolescents, the record must include past medical history as relates to prenatal care, birth, operations, and childhood illnesses
- Notations concerning the use of cigarettes, alcohol and substance abuse for patients 14 years and older, including anticipatory guidance and health education
- Physical examinations, treatment necessary and possible risk factors relevant to the particular treatment
- Prescribed medications, including dosages and dates of initial or refill prescriptions
- Information about the individuals to be instructed in assisting the patient
- Medical records must be legible, dated and signed by the provider, physician assistant, nurse practitioner, or nurse midwife providing patient care
- Up-to-date immunization record for children, or an appropriate history for adults

- Documentation of attempts to provide immunizations. If the member refuses immunization, proof
  of voluntary refusal of the immunization in the form of a signed statement by the member or
  guardian shall be documented in the member's medical record
- Evidence of preventive screening and services, in accordance with Amerigroup's preventive health practice guidelines
- Documentation of referrals, consultations, diagnostic test results, and inpatient records. Evidence of
  the provider's review may include the provider's initials or signature and notation in the patient's
  medical record. The provider may indicate review and patient contact, follow-up treatment,
  instructions, return office visits, referrals, and other patient information
- Notations of patient appointment cancellations or "no shows" and the attempts to contact the patient to reschedule
- No indication or implication that the patient was placed at inappropriate risk by a diagnostic test or therapeutic procedure
- Documentation on whether an interpreter was used in any initial or follow-up visit

# **Quality Assessment and Performance Improvement**

### **Advance Directives**

Recognizing a person's right to dignity and privacy, our members have the right to execute an advance directive, also known as a living will, to identify their wishes concerning health care services should they become incapacitated. Providers are expected to adhere to the following guidelines:

- Discuss the sensitive issues raised by advance directives with patients and their families.
- Advise members of their right to change or revoke their advance directive at any time.
- Advise members of their right to contact Member Services to request additional information about advance directives.
- Document in the member's medical record the discussion about advance directives.
- Document in the member's medical record whether or not an advance directive has been completed.
- Place a copy of a completed advance directive in the member's medical record.

### **Quality Assessment and Performance Improvement**

#### **Medical Record Review Process**

A member of our Quality Improvement department will call the provider's office to schedule a medical record review on a date and time occurring within 30 days. On the day of the review, the Quality Improvement associate will:

- 1. Request the number and type of medical records required.
- 2. Review the appropriate type and number of medical records per provider.
- 3. Complete the medical record review.
- 4. Meet with the provider or office manager to review and discuss the results of the medical record review.
- 5. Provide a copy of the medical record review results to the office manager or provider, or send a final copy within 10 days of the review.
- 6. Schedule follow-up reviews for any corrective actions identified.

Providers must attain a score of 80 percent or greater to pass the medical record review. Amerigroup conducts a medical record review annually, according to our medical records standards, at select primary care sites and high-volume provider offices.

#### **Quality Assessment and Performance Improvement**

### **Facility Site Review Process**

An initial site inspection is required for all provider offices participating in Amerigroup, regardless of other accreditation or certification. In addition:

- A site review is required as part of the initial credentialing process for new providers if that site has not been reviewed and accepted as part of our credentialing process.
- OB-GYN specialist sites participating in our plan and not serving as PCPs also must undergo an initial site inspection.

A member of our Quality Improvement department will call the provider's office to schedule an appointment date and time before the facility site review due date. The department will fax or mail a confirmation letter with an explanation of the audit process and required documentation. During the facility site review, the Quality Improvement associate will:

- 1. Lead a prereview conference with the provider or office manager to review and discuss the process of facility review and answer any questions.
- 2. Conduct a review of the facility.
- 3. Develop a corrective action plan, if applicable.

After the facility site review is completed, our associate will meet with the provider or office manager to:

- 1. Review and discuss the results of the facility site review and explain any required corrective actions.
- 2. Provide a copy of the facility site review results and the corrective action plan to the provider or office manager, or mail a final copy within 10 days of the review.
- 3. Educate the provider and office staff about our standards and policies.
- 4. Schedule a follow-up review for any corrective actions identified.

### **Quality Assessment and Performance Improvement**

#### **Facility Site Review: Corrective Actions**

If the facility site review results in a nonpassing score, Amerigroup will notify providers immediately of the nonpassing score, all cited deficiencies and corrective action requirements. The provider office will develop and submit corrective action plans and we will conduct follow-up visits every six months until the site complies with our standards.

The provider and office staff will:

- 1. Make an appointment time available for the review.
- 2. Be available to answer questions and participate in the exit interview.
- 3. Schedule follow-up reviews, if applicable.
- 4. Complete a corrective action plan.
- 5. Sign an attestation that corrective actions are complete.
- 6. Submit the completed corrective action plan, supporting documents and signed attestation to our quality improvement analyst.

### **Quality Assessment and Performance Improvement**

### **Preventable Adverse Events**

The breadth and complexity of today's health care system means there are inherent risks, many of which can be neither predicted nor prevented. However, preventable adverse events should be tracked and reduced, with the ultimate goal of eliminating these events.

Providers and health care systems, as advocates for our members, are responsible for the continuous monitoring, implementation and enforcement of applicable health care standards. Focusing on patient

safety, we work collaboratively with providers and hospitals to identify preventable adverse events and implement appropriate strategies and technologies to avoid these events. Our goal is to enhance the quality of care received not only by our members, but all patients receiving care in these facilities.

Prevention of adverse events may require the disclosure of protected health information (PHI). HIPAA specifies that PHI may be disclosed for the purpose of health care operations in relation to quality assessment and improvement activities. Moreover, the information you share with us is legally protected through the peer review process and will be maintained in a strictly confidential manner. If you receive a request for medical records, please provide the records within 10 days from the date of request.

We will continue to monitor activities related to the list of adverse events from federal, state and private payers, including "never events":

**Never events:** As defined by the National Quality Forum (NQF), never events are adverse events that are serious, but largely preventable, and of concern to both the public and health care providers.

Preventable adverse events should not occur. When they do, we firmly support the concept that a health plan and its members should not pay for resultant services.

Medicaid is prohibited from paying for certain health care acquired conditions (HCAC), and this ruling applies to all hospitals.

#### **CHAPTER 21: ENROLLMENT AND MARKETING RULES**

### **Enrollment and Marketing Rules**

#### **Overview**

The delivery of quality health care poses numerous challenges, not the least of which is the commitment shared by Amerigroup and providers to act in the best interest of our members. We want our members to make the best health care decisions possible. And when members ask for our assistance, we want to provide that assistance so they make those decisions without undue influence.

We recognize that providers occupy a unique, trusted and respected part of people's lives. Given the complexity of modern-day healthcare and the inherent difficulties communicating with some of the populations we serve, there are potentially serious pitfalls when providers try to assist in the decision-making process. Sometimes, even though the intent is to help make our members' lives better, we may overstep.

For that reason, we are committed to following strict enrollment and marketing guidelines created by Iowa DHS and to honoring the rules for all state health care programs.

### **Enrollment and Marketing Rules**

### **Marketing Policies**

Amerigroup providers are prohibited from making marketing presentations and advising or recommending to an eligible individual that he or she select membership in a particular plan. The DHS marketing practice policies prohibit network providers from making any of the following false or misleading claims:

- The provider's office staffs are employees or representatives of the state, county or federal government.
- Amerigroup is recommended or endorsed by any state or county agency, or any other organization.
- The state or county recommends that a prospective member enroll with a specific health care plan.
- A prospective member or medical recipient loses Medicaid or other welfare benefits if the prospective member does not enroll with a specific health care plan.

These policies also prohibit network providers from taking the following actions:

- Making marketing presentations, advising or recommending to an eligible individual that he or she select membership in a specific health care plan.
- Offering or giving away any form of compensation, reward or loan to a prospective member to induce or procure member enrollment in a specific health care plan.
- Engaging in direct marketing to members designed to increase enrollment in a particular health care
  plan. The prohibition should not constrain providers from engaging in permissible marketing
  activities consistent with broad outreach objectives and application assistance.
- Using any list of members originally obtained for enrollment purposes from confidential state or county data sources, or from the data sources of other contractors.
- Employing marketing practices that discriminate against potential members other than persons specifically excluded from coverage under our contract. Providers may not discriminate based on marital status, age, religion, sex, national origin, language, sexual orientation, ancestry, or preexisting psychiatric problems or medical conditions, such as pregnancy, disability or AIDS.
- Reproducing or signing an enrollment application for the member.
- Displaying materials only from the provider's contracted managed health care organizations and excluding others.

### Providers are permitted to:

- Assist members in applying for benefits by calling for enrollment information:
  - o Amerigroup Member Services: 1-800-600-4441 (TTY: 711)
  - o lowa Medicaid Member Services: 1-800-338-8366 or 515-256-4606 (when calling from within the Des Moines area); TTY: 1-800-735-2942
- Distribute copies of Amerigroup applications to potential members.
- File a complaint with Amerigroup if a provider or member objects to any form of marketing, either
  by other providers or by Amerigroup representatives. Refer to Chapter 14: Grievances and Appeals
  for more information on the grievance process.

# **Enrollment and Marketing Rules**

#### **Enrollment Process**

The DHS determines the eligibility and enrollment for individuals seeking to enroll in IA Health Link or Hawki, after which the process is as follows:

- 1. DHS presents IA Health Link or Hawki to eligible individuals and families.
- 2. DHS informs Amerigroup of new member enrollment.
- 3. Providers are given notice of new members assigned to their care through monthly eligibility reports. Providers access these reports by logging into Availity, the secure provider portal, at <a href="https://providers.amerigroup.com/ia">https://providers.amerigroup.com/ia</a>. Select Login or Register to access the secure site.
- 4. Amerigroup sends each new member a New Member Kit within five business days of receiving the DHS monthly membership file. This kit includes the Member Handbook, an information card with important phone numbers, and instructions for changing a PCP.
- 5. Members select a PCP. After 14 days, if the member has not selected a PCP, Amerigroup assigns a PCP to the member.

# **CHAPTER 22: FRAUD, ABUSE AND WASTE**

### Fraud, Abuse and Waste

#### **Overview**

We're committed to protecting the integrity of our health care program and the efficiency of our operations by preventing, detecting and investigating fraud, abuse and waste.

### Fraud, Abuse and Waste

### **Understanding Fraud, Abuse and Waste**

Combating fraud, abuse and waste begins with knowledge and awareness.

**Fraud:** Any type of intentional deception or misrepresentation made with the knowledge that the deception could result in some unauthorized benefit to the person committing it — or any other person; the attempt itself is fraud, regardless of whether or not it is successful

**Abuse:** Any practice inconsistent with sound fiscal, business or medical practices that results in an unnecessary cost to the Medicaid program, including administrative costs from acts that adversely affect providers or members

**Waste:** Generally defined as activities involving careless, poor or inefficient billing or treatment methods causing unnecessary expenses and/or mismanagement of resources

### Fraud, Abuse and Waste

#### **Examples of Provider Fraud, Abuse and Waste**

The following are examples of provider fraud, abuse and waste:

- Altering medical records
- Billing for services not provided
- Billing for medically unnecessary tests
- Billing professional services performed by untrained personnel
- Misrepresentation of diagnosis or services
- Overutilization
- Soliciting, offering or receiving kickbacks or bribes
- Unbundling
- Underutilization
- Upcoding

### Fraud, Abuse and Waste

### **Examples of Member Fraud, Abuse and Waste**

The following are examples of member fraud, abuse and waste:

- Disruptive or threatening behavior
- Frequent emergency room visits for nonemergency conditions
- Forging, altering or selling prescriptions
- Letting someone else use a member's IA Health Link identification (ID) card
- Not telling the truth about the amount of money or resources the member has for the purpose of obtaining benefits
- Not telling the truth about a medical condition to obtain medical treatment
- Obtaining controlled substances from multiple providers

- Relocating to an out-of-service area
- Using multiple providers to obtain similar treatments and/or medications
- Using a provider not approved by the PCP
- Using someone else's IA Health Link ID
- Violating the Pain Management Contract\*

# Fraud, Abuse and Waste

# Reporting Provider or Recipient Fraud, Abuse or Waste

If you suspect either a provider (doctor, dentist, counselor, etc.) or member (a person who receives benefits) has committed fraud, abuse or waste, you have the right and responsibility to report the incident.

### **Provider Reporting**

Providers may report allegations of fraud, abuse or waste by contacting Amerigroup at:

Phone: 1-800-454-3730 Fax: 1-800-964-3627 Mail: ATTN: MSIU

Amerigroup Iowa, Inc.

P.O. Box 62509

Virginia Beach, VA 23466

#### **Member Reporting**

Members should let us know if they suspect a doctor, dentist, pharmacist other health care providers, or another person receiving benefits is doing something wrong. Members should contact us as follows:

Phone: 1-800-600-4441

TTY: 711

Mail: ATTN: MSIU

Amerigroup Iowa, Inc.

P.O. Box 62509

Virginia Beach, VA 23466

Both providers and members may report fraud, abuse and waste by completing our Waste, Fraud and Abuse Report Form online at our website at <a href="https://providers.amerigroup.com/ia">https://providers.amerigroup.com/ia</a>. To locate this form, select Waste, Fraud, & Abuse at the bottom of the page.

When reporting about a provider, include the following:

- Name, address, and phone number of the provider
- Name and address of the facility (hospital, nursing home, home health agency, etc.)
- Medicaid number of the provider and facility, if available
- Type of provider (doctor, dentist, therapist, pharmacist, etc.)
- Names and phone numbers of other witnesses who can help in the investigation
- Dates of events
- Summary of what happened

When reporting about a member who receives benefits, include the following:

• The person's name

<sup>\*</sup> The Pain Management Contract is a written agreement between a provider and member that the member will not misrepresent his or her need for medication. If the contract is violated, the provider has the right to drop the member from his or her practice.

- The person's date of birth, Social Security number or case number, if available
- The city where the person lives
- Specific details about the fraud, abuse or waste

#### Fraud, Abuse and Waste

#### **Anonymous Reporting of Suspected Fraud, Abuse and Waste**

Any incident of fraud, abuse or waste may be reported to us anonymously. However, in certain instances, we may not be able to pursue an investigation without additional information. In such cases, we will need the following:

- The name of the person reporting and their relationship to the person suspected
- A call-back phone number for the person reporting the incident

**Please note:** The name of the person reporting the incident and his or her callback number will be kept in strict confidence by investigators to maintain that person's anonymity.

### Fraud, Abuse and Waste

### **Investigation Process**

We do not tolerate acts that adversely affect providers or members. We investigate all reports of fraud, abuse and waste. Allegations and the investigative findings are reported to DHS, regulatory agencies and law enforcement agencies. In addition to reporting, we take corrective action such as:

- Written warning and/or education: We send certified letters to the provider or member documenting the issues and need for improvement. Letters may include education or request for recoveries, or may advise of further action.
- **Medical record audit**: We may review medical records to substantiate allegations or validate claims submissions.
- **Special claims review**: A special claims review places payment or system edits on file to prevent automatic claim payment. This type of review requires a medical reviewer evaluation.
- Recoveries: We recover overpayments directly from the provider within 30 days. Failure of the
  provider to return the overpayment may be reflected in reduced payment of future claims or further
  legal action.

#### Fraud, Abuse and Waste

### **Acting on Investigative Findings**

We refer all criminal activity conducted by a member or provider to the appropriate regulatory and law enforcement agencies. If a provider has committed fraud, abuse or waste, the provider:

- Will be referred to the Quality Management department.
- May be presented to the credentials committee and/or peer review committee for disciplinary action, including provider termination.

Failure to comply with program policy, procedures or any violation of the contract will result in termination from our plan.

If a member has committed fraud, exhibited abusive or threatening behavior, or has failed to correct issues, he or she may be involuntarily disenrolled from our health care plan with state approval. Refer to the **Member Transfers and Disenrollment** chapter for more information.

### Fraud, Abuse and Waste

#### **False Claims Act**

We're committed to complying with all applicable federal and state laws, including the federal False Claims Act (FCA). The FCA is a federal law allowing the government to recover money stolen through fraud by government contractors. Under the FCA, anyone who knowingly submits, or causes another person or entity to submit, false claims for payment of government funds is liable for three times the damages, or loss, to the government, plus civil penalties of \$5,500 to \$11,000 per false claim.

The FCA also contains Qui Tam or "whistleblower" provisions. A "whistleblower" is an individual who reports in good faith an act of fraud or waste to the government, or files a lawsuit on behalf of the government. Whistleblowers are protected from retaliation from their employer under Qui Tam provisions in the FCA and may be entitled to a percentage of the funds recovered by the government.

#### Fraud, Abuse and Waste

### **Employee Education about the False Claims Act**

As a requirement of the Deficit Reduction Act of 2005, contracted providers who receive Medicaid payments of at least \$5 million dollars (cumulative from all sources), must comply with the following:

- Establish written policies for all employees, managers, officers, contractors, subcontractors and agents of the network provider. The policies must provide detailed information about the False Claims Act, administrative remedies for false claims and statements, any state laws about civil or criminal penalties for false claims, and whistleblower protections under such laws, as described in Section 1902(a)(68)(A).
- Include as part of such written policies detailed provisions regarding policies and procedures for detecting and preventing fraud, waste and abuse.
- Include in any employee handbook a specific discussion of the laws described in Section 1902(a)(68)(A), the rights of employees to be protected as whistleblowers, and policies and procedures for detecting and preventing fraud, abuse and waste.

#### **CHAPTER 23: MEMBER RIGHTS AND RESPONSIBILITIES**

### **Member Rights and Responsibilities**

#### Overview

Members should be clearly informed about their rights and responsibilities so they can make the best health care decisions. Members also have the right to ask questions about the way we conduct business, as well as the responsibility to learn about their health care plan coverage.

The following member rights and responsibilities are defined by the state of Iowa and appear in the Member Handbook.

# **Member Rights and Responsibilities**

### **Member Rights**

Amerigroup honors civil rights and provides covered services to all eligible members regardless of the following:

- Age
- Color
- Disability
- Marital status
- National origin
- Race
- Religion
- Gender
- Gender identity
- Sexual orientation
- Taking part in the military
- · Arrest or conviction record

All medically necessary covered services are offered to all members. All services are given in the same way to all members. All persons or groups who work with Amerigroup, or who refer or suggest services to members, shall do so in the same way for all members. Translation or interpretation services are offered free of charge for those members who need assistance.

### **Member Rights and Responsibilities**

# **Member Responsibilities**

Amerigroup members have the responsibility to:

- Show their IA Health Link ID card each time they receive medical care.
- Make or change appointments.
- Get to appointments on time.
- Call their PCP if they cannot make it to their appointment or if they will not be on time.
- Use the emergency room only for true emergencies.
- Pay for any services they ask for that are not covered by IA Health Link.
- Treat their PCP and other health care providers with respect.
- Tell us, their PCP and their other health care providers what they need to know to treat them.
- Do the things that keep them from getting sick.
- Follow the treatment plans members, their PCP and their other health care providers agree on.
- Tell us and their County/Tribal Economic Support Caseworker if:

- o They move.
- o They change their phone number.
- o The number of people in their household changes.
- o They have other insurance.
- They become pregnant.

#### **Member Rights**

The organization's member rights and responsibilities statement specifies that members have:

- A right to receive information about the organization, its services, its practitioners, its providers, and member rights and responsibilities.
- A right to be and their right to privacy.
- A right to a candid discussion of appropriate or medically necessary treatment options for their conditions, regardless of cost or benefit coverage.
- A right to voice complaints or appeals about the organization or the care it provides.
- A right to make recommendations regarding the organization's member rights and responsibilities policy.
- A responsibility to understand their health problems and participate in developing mutually agreed-upon treatment goals, to the degree possible.
- Ask for an oral Interpreter and have an interpreter given to them during any IA Health Link-covered service.
- Get the information given in the Member Handbook in another language or format.
- Get health care services as given by federal and state law. All covered services must be offered and accessible. When medically needed, services must be offered 24 hours a day, 7 days a week.
- Get details about treatment options, such as the right to ask for a second opinion.
- Make decisions about their health care.
- Be treated with dignity and respect.
- Be free from any form of restraint or seclusion used as means of force, control, convenience or retaliation.

#### CHAPTER 24: CULTURAL DIVERSITY AND LINGUISTIC SERVICES

### **Cultural Diversity and Linguistic Services**

#### **Overview**

Amerigroup recognizes providing health care services to a diverse population may present challenges. Those challenges arise when providers need to cross a cultural divide to treat members who may have different behaviors, attitudes and beliefs concerning health care, or who speak a different language. Differences in our members' ability to speak or read the same language as their health care providers may add an extra dimension of difficulty when providers try to encourage follow-through on treatment plans. Our Cultural Diversity and Linguistic Services toolkit, called "Caring for Diverse Populations," was developed to give you specific tools for breaking through cultural and language barriers in an effort to better communicate with your patients.

Sometimes the solution is as simple as finding the right interpreter for an office visit. Other times, a greater level of cultural awareness opens the door to the kind of interaction that makes treatment plans most effective: Has the patient been raised in a culture that frowns upon direct eye contact or receiving medical treatment from a member of the opposite sex? Is the patient self-conscious about his or her ability to read instructions?

The Cultural Diversity and Linguistic Services toolkit provides the information you'll need to answer those questions and continue building trust. The toolkit will enhance your ability to communicate with ease, talking to a wide range of people about a variety of culturally-sensitive topics. The toolkit also offers cultural and linguistic training to your office staff, enabling all aspects of an office visit to go smoothly.

We strongly encourage you to access the complete toolkit on our website at <a href="https://providers.amerigroup.com/ia">https://providers.amerigroup.com/ia</a> under Provider Resources & Documents > Training Programs. The toolkit contents are organized into the following sections:

# **Improving Communications with a Diverse Patient Base**

- Encounter tips for providers and their clinical staff
- A memory aid to assist with patient interviews
- Help in identifying literacy problems

### **Tools and Training for Your Office in Caring for a Diverse Patient Base**

- Interview guide for hiring clinical staff who have an awareness of cultural competency issues
- Availability of medical consumerism training for health educators to share with patients.

# **Resources to Communicate Across Language Barriers**

- Tips for locating and working with interpreters
- Common signs and sentences in many languages
- Language identification flashcards
- Language skill self-assessment tools

#### **Primer on How Cultural Background Impacts Health Care Delivery**

- Tips for speaking with people across cultures about a variety of culturally-sensitive topics
- Information about health care beliefs of different cultural backgrounds

# **Regulations and Standards for Cultural and Linguistic Services**

This section identifies important legislation impacting cultural and linguistic services, including a summary of the Culturally and Linguistically Appropriate Services (CLAS) standards, which serve as a guide on how to meet these requirements.

# **Resources for Cultural and Linguistic Services**

- A bibliography of print and Internet resources for conducting an assessment of the cultural and linguistic needs of your own practice's patient population
- Staff and provider cultural and linguistic competency training resources
- Links to additional tools in multiple languages and/or written for limited-English proficiency

The toolkit contains materials developed by and used with the permission of the Industry Collaboration Effort (ICE) Cultural and Linguistic Workgroup, a volunteer, multidisciplinary team of providers, health plans, associations, state and federal agencies and accrediting bodies working collaboratively to improve health care regulatory compliance through public education. More information on the ICE workgroup may be obtained on their website at www.iceforhealth.org.

# **Cultural Diversity and Linguistic Services**

#### **Interpreter Services**

For those instances when you cannot communicate with a member due to language barriers, interpreter services are available at no cost to you or the member. Amerigroup provides over-the-phone and face-to-face interpreters. Providers must notify members of the availability of interpreter services and strongly discourage the use of friends and family, particularly minors, to act as interpreters. Face-to-face interpreters for members needing language assistance, including American Sign Language, are available by placing a request at least 72 hours in advance. A 24-hour cancellation notice is required.

During business hours, request telephone interpreter services by calling:

Providers: 1-800-454-3730

Members: 1-800-600-4441 (TTY: 711)

After-hours, call Amerigroup on Call at:

English: 1-866-864-2544 Spanish: 1-866-864-2545

TTY: 711

For after-hours interpreter services, call Amerigroup on Call and take the following steps:

- 1. Give the member's identification (ID) number to Member Services.
- 2. Explain the need for an interpreter and state the language required.
- Wait on the line while the connection is made.
- 4. Once connected to the interpreter, the associate or Amerigroup on Call nurse introduces the Amerigroup member, explains the reason for the call, and begins the dialogue.

Request face-to-face interpreter services by calling:

Providers: 1-800-454-3730

Members: 1-800-600-4441 (TTY: 711)

Additional information on interpreter services is available on our website at <a href="https://providers.amerigroup.com/ia">https://providers.amerigroup.com/ia</a> under Provider Resources & Documents > Training Programs.

### Services for Members with Hearing Loss, Visual and/or Speech Impairment

Members with hearing loss or speech impairment can call the designated TTY number — 711. The lowa relay service is also available 24 hours a day by calling the numbers noted in the **Contact List** chapter. Members can also request face-to-face sign language interpreters at no cost. Members with visual impairments can request verbal assistance or alternative formats for assistance with printed materials at no cost.

#### **Translation of Materials**

Members can request translation of materials into non-English languages, at no cost, by contacting the appropriate Member Services number in the **Contact List** chapter.

All required information in this section is sent to current and potential members in an easily understood, readily accessible format.

# **APPENDIX A**

Healt	h Maintenance and Preventive Services
Tobacco cessation counseling	Amerigroup will offer a tobacco cessation counseling benefit that provides
Tobacco cessación counseling	telephonic coaching in addition to the pharmacological smoking cessation treatments available under the pharmacy benefit which follows Iowa Medicaid <i>Preferred Drug List (PDL)</i> .
Waived copays for specific services	To help promote access to preventive care and increase member attendance for various physical, preventative, wellness and behavioral health visits, Amerigroup will waive most copays. See the <b>Claims and Billing</b> chapter for more information.
Weight Watchers class voucher	Amerigroup will offer Weight Watchers or similar vouchers to help obese adults lose weight and develop healthy lifestyle habits. We will waive initiation fees and provide four free weeks of classes. Members who meet the participation requirements will receive vouchers to attend the first four weeks of classes at no cost to them.
Personal exercise kit	To further help reduce lowa's obesity rate, Amerigroup will offer personal exercise kits to promote healthy exercise to adults with a primary or secondary clinical diagnosis of obesity. The personal exercise kit will include various pieces of equipment to maintain muscle tone while increasing strength, flexibility, mobility and to improve health. Kit may include items such as an exercise band, weights, hydration bottle, and squeeze ball.
Healthy Families nutrition and fitness	Amerigroup will offer the Healthy Families Program to families with potentially
program	overweight pre-teen children. The six-month program focuses on fitness and nutrition via regularly scheduled phone calls to engage members in behavior change. Nurse Coaches send educational material via mail and refer members to online resources and local activities, when available. The Healthy Families Program connects mind and body, parents and children, to focus on healthy lifestyle choices with: <ul> <li>A family-centric approach</li> <li>Multiple levels of support via the family and community</li> <li>Availability of tangible materials for participants</li> <li>Web-based resources for further resources</li> </ul>
Boys and Girls Club® membership	To help promote the importance of an active and healthy lifestyle, Amerigroup
	will offer free memberships for children at participating clubs.
Oral hygiene kit	<ul> <li>Amerigroup will provide oral hygiene kits with educational materials and supplies to help members maintain good dental and oral health.</li> <li>For members ages 10 and under, the kit includes kid-focused educational materials, toothpaste for children, and a youth toothbrush</li> <li>For members older than 10, the kit includes items such as toothpaste, toothbrush, and dental floss.</li> </ul>
Home delivered meals	To help enable members to focus on recovery, alleviate stress and potentially reduce hospital readmission rates, Amerigroup will provide free homedelivered meals to recently discharged members and their families.
Post-discharge stabilization kit	To further support recently discharged members, Amerigroup will also provide a post-discharge stabilization kit. Kits will include items to facilitate member education, maintain appointment attendance, and improve medication and treatment plan adherence. Kits may also include telemonitoring and/or medication adherence solutions.

Training and Support Services	
Amerigroup Community Resource	To help ensure our members are aware of all local lowa community-based
Link	services, we will provide members access to our Amerigroup Community
	Resource link. This searchable online resource for community-based programs,

	benefits, and services is structured in an easy-to-use format and searchable with GPS technology. The Amerigroup Community Resource link will be a reliable source and valuable tool regarding the wide range of programs and
	services available throughout Iowa.
High School Equivalency Test	To help encourage members to obtain a high school-level education,
(HiSet®) assistance	Amerigroup will cover the costs of a HiSet preparation course and all required tests.
Personal backpack	To help our members maintain a sense of stability and ownership, Amerigroup will provide a personal backpack for eligible children. We will regularly update the selection of available backpacks so that choices remain current. Backpacks may include items such as health education tip sheets, school supplies, journals, and drawing supplies.
Comfort item	To help promote a sense of security, Amerigroup will provide a comfort item for eligible children. The Comfort Item Value-Added Service includes a stuffed animal or journal for our adolescent and young adult members.
Financial management support	Amerigroup will offer financial education and coaching to members and their families interested in developing skills to positively influence decision making to obtain greater control over personal finances. Members and their families are eligible for a financial health assessment, access to a financial helpdesk to develop strategies to build financial capacity, and webinars or virtual self-paced step-by-step programs.
Self-Advocacy memberships	To help members develop skills for increased independence and support community living and/or community integration, Amerigroup will provide eligible members an annual stipend to attend a conference or event sponsored by Iowans with Disabilities in Action, NAMI-Iowa, or Area Agencies on Aging.
Travel training	To help promote independence, community engagement, and access to community resources, Amerigroup will provide travel training assistance benefits to eligible members.
Supported employment	To help members search for meaningful employment, Amerigroup will offer supported employment services for eligible members with brain injury and intellectual disability that exceed unit caps in the BI and ID 1915(c) waiver programs.

	Independent Living Skills Services
Additional personal care attendant supports	To help keep members in their homes and reduce the risks of institutionalization, Amerigroup will provide additional personal care attendant (PCA) supports to eligible members.
Additional respite care services	To help ensure member's caregivers are provided 'breaks', Amerigroup will provide additional hours of respite care for caregivers of eligible members
Transportation assistance	To help ensure members can access therapeutic appointments, Amerigroup will offer transportation to and from scheduled appointments for eligible members and their families.
Assistive devices	To maximize independence, promote home safety, and support community living and/or community integration, Amerigroup will provide additional assistive device benefits to eligible members.
Additional minutes through Safelink®	To help ensure our members always have a way to contact us, eligible members will receive a free cellphone and plans of up to 250 minutes per month at no cost. Our members receive an additional 100 bonus lifetime minutes and free health information text messages.
Durable medical equipment and supplies	To maximize independence, promote safety and well-being, and support community living and/or community integration, Amerigroup will provide access to durable medical equipment (DME) and supplies when Medicaid covered benefits do not adequately address identified service needs.
Community reintegration benefit	To help assist members reintegrate into their communities, Amerigroup will provide a community reintegration benefit for eligible members.

