

Market Applicability						
Market	GA	KY	MD	NJ	NY	WA
Applicable	X	X	NA	X	X	NA

Dose Optimization Mental Health

Override(s)	Approval Duration
Prior Authorization	3 months: if dose is being titrated
Quantity Limit	1 year: for all other approval criteria

APPROVAL CRITERIA

Requests for multiple doses of lower strength medications may be approved based on the following criteria:

- I. Individual is intolerant to the recommended drug regimen due to adverse side effects; **OR**
- II. Individual did not achieve desired results with the recommended drug regimen; **OR**
- III. Requested dosage form is not commercially available as a once daily dose; **OR**
- IV. Individual's dose is being titrated; **OR**
- V. Individual cannot use the recommended dosage forms (e.g., unable to swallow tablets)

Requests will be approved up to the recommended maximum daily dosing limit that is supported by the FDA for the approved indication. Requests for quantities greater than the maximum daily dose will be reviewed for medical necessity.

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Medications	Strength	Reject Limit
Abilify (aripiprazole) tablet	2, 5, 10 mg	1/day
Abilify Mycite (aripiprazole with sensor) tablet	2, 5, 10, 15 mg	1/day
Adderall (amphetamine salts) tablet	5, 7.5, 10, 12.5, 15 mg	3/day
Adderall XR (amphetamine salts) capsule	5, 10, 15 mg	1/day
Alprazolam oral concentrate	1 mg/ml	4ml/day
Alprazolam XR tablet	0.5, 1, 2, 3 mg	1/day
Ambien (zolpidem tartrate) tablet	5, 10 mg	1/day
Ambien CR (zolpidem tartrate) tablet	6.25, 12.5 mg	1/day
Amitriptyline tablet	10, 25, 50, 75, 100, 150 mg	3/day
Aplenzin ER (bupropion hydrobromide)	174 mg	1/day
Aptensio XR (methylphenidate hydrochloride extended-release 24 hour) capsule	15, 20, 30 mg	1/day
Aricept (donepezil hydrochloride) tablet	5, 10 mg	1/day
Buspirone tablet	5, 7.5, 10, 15 mg	3/day
Buspirone tablet	30 mg	2/day
Butisol (butabarbital sodium) tablet	30 mg	3/day
Butisol (butabarbital sodium) tablet	50 mg	2/day
Carbamazepine chewable	100 mg	8/day
Carbamazepine suspension	100 mg/5 ml	40ml/day
Carbamazepine tablet	200 mg	8/day
Chloral Hydrate liquid	500 mg/5 ml	10ml/day
Chloral Hydrate suppository	500 mg	2/day
Chlordiazepoxide capsule	5, 10, 25 mg	4/day
Chlorpromazine tablet	10, 25, 50 mg	4/day
Celexa (citalopram) tablet	10, 20mg	1.5/day

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Clomipramine capsule	25 mg	2/day
Clomipramine capsule	50 mg	5/day
Clomipramine capsule	75 mg	3/day
Clonidine tablet	0.1, 0.2 mg	10/day
Clonidine tablet	0.3 mg	8/day
Clorazepate tablet	3.75, 7.5, 15 mg	4/day
Clozapine tablet	25, 50,100mg	3/day
Cognex (tacrine hydrochloride) capsule	10, 20, 30, 40 mg	4/day
Concerta (methylphenidate hcl) tablet	18, 27 mg	1/day
Cymbalta (duloxetine hcl) capsule	30 mg	1/day
D-Amphetamine capsule SA	5 mg	2/day
D-Amphetamine ER capsule	5 mg	2/day
Daytrana (methylphenidate) 9 HR patch	10, 15 mg	1/day
Depakote (divalproex sodium) sprinkle capsule	125 mg	8/day
Depakote (divalproex sodium) tablet EC	125 mg	2/day
Depakote (divalproex sodium) tablet EC	250 mg	3/day
Depakote ER (divalproex sodium) tab SA	250 mg	2/day
Depakote ER (divalproex sodium) tab SA	500 mg	7/day
Desipramine tablet	10 mg	4/day
Desipramine tablet	100 mg	3/day
Desipramine tablet	25, 50, 75, 150 mg	2/day
Dexedrine (dextroamphetamine) tablet	5 mg	3/day
Dexedrine (dextroamphetamine) spansule	5 mg	2/day
Dextroamphetamine tablet	5 mg	3/day
Dextrostat (dextroamphetamine) tablet	5 mg	3/day
Diazepam tablet	2, 5, 10 mg	4/day
Diazepam oral concentrate	5 mg/ml	8ml/day
Divalproex tablet	500 mg	7/day

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Donepezil ODT tablet	5, 10 mg	1/day
Doral (quazepam) tablet	15 mg	1/day
Doxepin capsule	10 mg	4/day
Doxepin capsule	25, 50 , 75, 100, 150 mg	2/day
Doxepin oral concentrate	10 mg/ml	30ml/day
Drizalma Sprinkle (duloxetine delayed-release) tablet	30, 40 mg	1/day
Edluar (zolpidem tartrate)	5, 10 mg	1/day
Effexor XR (venlafaxine hcl) capsule	37.5, 75 mg	1/day
Emsam (selegiline) 24 hour patch	6 mg	1/day
Equetro (carbamazepine) capsule	300 mg	6/day
Ergoloid mesylates tablet	1 mg	3/day
Estazolam tablet	1, 2 mg	1/day
Evekeo (amphetamine sulfate) tablet	5 mg	3/day
Exelon (rivastigmine tartrate) capsule	1.5, 3, 4.5, 6 mg	2/day
Exelon (rivastigmine tartrate) patch	4.6 mg/24 hr, 9.5mg/24 hr, 13.3 mg/24hr	1 patch/day
Fanapt (iloperidone) tablet	1, 2, 4 mg	2/day
Fazaclo (clozapine) tablet	12.5, 25 mg	3/day
Fluoxetine capsule	10 mg	1/day
Fluoxetine tablet	10 mg	1.5/day
Fluoxetine cap/tab	20 mg	4/day
Fluphenazine tablet	1, 2.5 mg	4/day
Flurazepam capsule	15, 30 mg	1/day
Fluvoxamine tablet	25, 50 mg	1/day
Focalin (dexamethylphenidate hcl) tablet	2.5, 5 mg	2/day
Focalin XR (dexamethylphenidate hcl) capsule	5, 10 mg	1/day
Focalin XR (dexamethylphenidate hcl) capsule	15, 20 mg	1/day
Galantamine solution	4 mg/mL oral	6 ml/day
Geodon (ziprasidone hcl) capsule	20, 40 mg	2/day

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Guanfacine tablet	1	2/day
Halcion (triazolam) tablet	0.125, 0.25 mg	1/day
Haloperidol tablet	0.5, 1, 2 mg	3/day
Hydroxyzine syrup	10 mg/5 ml	100ml/day
Hydroxyzine hcl tablet	10, 25 mg	4/day
Hydroxyzine hcl tablet	50 mg	8/day
Hydroxyzine pam capsule	25, 50, 100 mg	4/day
Imipramine hcl tablet	10 mg	2/day
Imipramine hcl tablet	25 mg	1/day
Imipramine hcl tablet	50 mg	6/day
Imipramine pam capsule	100 mg	2/day
Imipramine pam capsule	125, 150 mg	2/day
Imipramine pam capsule	75 mg	1/day
Intuniv (guanfacine ER) tablet	1, 2 mg	1/day
Invega (paliperidone) tablet	3 mg	1/day
Irenka (duloxetine) Delayed Release capsule	40 mg	3/day
Jornay PM (methylphenidate) capsule	20, 40 mg	1/day
Khedezla ER (desvenlafaxine succinate) tablet	50, 100 mg	1/day
Latuda (lurasidone) tablet	20, 40, 60 mg	1/day
Lexapro (escitalopram oxalate) tablet	5, 10 mg	1.5/day
Lithium carbonate	150, 300, 600 mg	3/day
Lithium ER tablet	300, 450 mg	3/day
Loxapine succinate capsule	5, 10, 25 mg	4/day
Lunesta (eszopiclone) tablet	1, 2, 3 mg	1/day
Marplan (isocarboxazid) tablet	10 mg	6/day
Maprotiline tablet	25, 50, 75 mg	3/day
Meprobamate tablet	200, 400 mg	4/day
Metadate CD (methylphenidate hcl) capsule	10, 20, 30 mg	1/day

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Metadate ER (methylphenidate hcl) tablet	10 mg	3/day
Methylin (methylphenidate hcl) tablet	5, 10 mg	3/day
Methylin (methylphenidate hcl) chewable tablet	2.5, 5 mg	3/day
Methylin ER (methylphenidate hcl) tablet	10 mg	3/day
Methylphenidate tablet	5, 10 mg	3/day
Methylphenidate ER tablet	18, 27 mg	1/day
Mirtazapine rpd dislv	15, 30, 45 mg	1/day
Mirtazapine tablet	7.5, 15, 30, 45 mg	1/day
Moban (molindone hydrochloride) tablet	5, 10, 25, 50 mg	4/day
Namenda (memantine) tablet	5 mg	3/day
Namenda (memantine) solution	10 mg/5 ml	10ml/day
Namenda (memantine) titration pack	5-10mg	2/day
Nardil (phenelzine sulfate) tablet	15 mg	6/day
Nefazodone tablet	50, 100, 150, 200, 250 mg	2/day
Niravam (alprazolam) tablet	0.25, 0.5, 1, 2 mg	3/day
Norpramin (desipramine hcl) tablet	25, 50 mg	2/day
Nortriptyline solution	10mg/5 ml, 20mg/10 ml	20ml/day
Nortriptyline capsule	10, 25 mg	4/day
Nortriptyline capsule	50 mg	3/day
Nortriptyline capsule	75 mg	2/day
Nuplazid (pimavanserin)	17 mg	1/day
Orap (pimozide) tablet	1 mg	10/day
Orap (pimozide) tablet	2 mg	5/day
Pamelor (nortriptyline hcl) capsule	10 mg	4/day
Paroxetine tablet	10 mg	1.5/day
Paroxetine tablet	20 mg	1/day
Paroxetine ER	12.5 mg	1/day
Paxil (paroxetine hcl)	10 mg	1.5/day

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Paxil (paroxetine hcl)	20 mg	1/day
Paxil CR (paroxetine hcl) tablet	12.5 mg	1/day
Perphenazine tablet	2 mg	4/day
Pexeva (paroxetine mesylate) tablet	10 mg	1.5/day
Pexeva (paroxetine mesylate) tablet	20 mg	1/day
Pristiq (desvenlafaxine succinate)	25, 50 mg	1/day
Protriptyline tablet	5, 10 mg	4/day
QuilliChew ER tablet	20 mg	1/day
Razadyne (galantamine hydrobromide) tablet	4, 8, 12 mg	2/day
Razadyne ER (galantamine hydrobromide) capsule	8, 16, 24 mg	1/day
Restoril (temazepam) capsule	7.5, 15, 22.5, 30 mg	1/day
Rexulti (brexpiprazole) tablet	0.25mg, 0.5mg, 1mg, 2mg	2/day
Risperdal (risperidone) tablet	0.25, 0.5, 1, 2 mg	2/day
Risperdal (risperidone) M-Tab	0.5, 1, 2 mg	2/day
Risperidone	0.25, 0.5, 1, 2 mg	2/day
Risperidone M-Tab	0.5, 1, 2 mg	2/day
Ritalin (methylphenidate hcl) tablet	5, 10 mg	3/day
Ritalin LA (methylphenidate hcl) capsule	10, 20 mg	1/day
Rozerem (ramelteon) tablet	8 mg	1/day
Saphris (asenapine) sublingual tablet	2.5, 5 mg	2/day
Sarafem (fluoxetine hcl)	10, 15 mg	1/day
Selfemra (fluoxetine hcl)	10 mg	1/day
Selfemra (fluoxetine hcl)	20 mg	4/day
Seroquel (quetiapine fumarate) tablet	25, 50, 100 mg	3/day
Seroquel XR (quetiapine fumarate) tablet	200 mg	1/day
Sertraline tablet	25, 50 mg	1.5/day
Sonata (zaleplon) capsule	5, 10 mg	1/day
Strattera (atomoxetine hcl) capsule	10, 18, 25, 40 mg	2/day

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Strattera (atomoxetine hcl) capsule	60, 80, 100 mg	1/day
Symbyax (olanzapine/fluoxetine) capsule	3/25, 6/25, 6/50, 12/25, 12/50 mg	1/day
Tegretol XR (carbamazepine) tablet	100, 200, 400 mg	2/day
Temazepam capsule	7.5, 15, 22.5, 30 mg	1/day
Thioridazine tablet	10, 25 mg	4/day
Thiothixene capsule	1, 2, 5 mg	3/day
Tranlycypromine	10 mg	6/day
Tranxene (clorazepate dipotassium) SD tablet	11.25, 22.5 mg	1/day
Trazodone tablet	100, 150 mg	3/day
Trazodone tablet	50, 300 mg	2/day
Trifluoperazine tablet	1, 2 mg	2/day
Trileptal (oxcarbazepine) tablet	600 mg	4/day
Trileptal (oxcarbazepine) suspension	300mg/5 ml	40ml/day
Trintellix (vortioxetine) tablet	5, 10 mg	1/day
Valproic acid capsule	250 mg	4/day
Venlafaxine ER tablet	37.5, 75 mg	1/day
Viibryd (vilazodone)	10, 20 mg	1/day
Vraylar (cariprazine) capsule	1.5, 3 mg	1/day
Vyvanse (lisdexamfetamine dimesylate)	10, 20, 30 mg	1/day
Wellbutrin tablet (bupropion hcl)	75 mg	4/day
Wellbutrin SR tablet (bupropion hcl ER)	100 mg	2/day
Wellbutrin XL (bupropion hcl) tablet	150 mg	1/day
Xanax (alprazolam) tablet	0.25, 0.5, 1, 2 mg	3/day
Zenzedi (dextroamphetamine) tablet	2.5mg	3/day
Zyprexa (olanzapine) tablet	2.5, 5, 7.5 mg	1/day
Zyprexa Zydis (olanzapine) tablet	5 mg	1/day

Key References:

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