

Market Applicability							
Market	DC	GA	KY	MD	NJ	NY	WA
Applicable	X	X	X	X	X	X	X

Narcolepsy Agents

Override(s)	Approval Duration
Prior Authorization Quantity Limit	1 year

Medications	Quantity Limit
Nuvigil (Armodafinil)	May be subject to quantity limit

APPROVAL CRITERIA

Requests for Nuvigil (Armodafinil) may be approved if the following criteria are met:

- I. Individual is 18 years of age or older; **AND**
- II. Diagnosis of one of the following:
 - A. Narcolepsy
 - B. Excessive daytime sleepiness
 - C. Obstructive sleep apnea/hypopnea syndrome with residual excessive daytime sleepiness in conjunction with appropriate medical treatment
 - D. Shift work sleep disorder
 - E. Bipolar depression with standard of care

Medications	Quantity Limit
Provigil (Modafinil)	May be subject to quantity limit

APPROVAL CRITERIA

Requests for Provigil (Modafinil) may be approved if the following criteria are met:

- I. Individual is 6 years of age or older; **AND**
- II. Diagnosis of one of the following:
 - A. Narcolepsy
 - B. Excessive daytime sleepiness
 - C. Obstructive sleep apnea/hypopnea syndrome with residual excessive daytime sleepiness in conjunction with appropriate medical treatment
 - D. Shift work sleep disorder

Market Applicability							
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Applicable	X	X	X	X	X	X	X

- E. Attention Deficit Hyperactivity Disorder
- F. Unipolar and bipolar depression
- G. Depression-related fatigue
- H. Sleep deprivation
- I. Steinert Myotonic Dystrophy Syndrome

Medications	Quantity Limit
Sunosi (Solriameftol)	May be subject to quantity limit

APPROVAL CRITERIA

Requests for Sunosi (Solriameftol) may be approved if the following criteria are met:

- I. Individual is 18 years of age or older;

AND

- II. Diagnosis of narcolepsy;

OR

- III. Diagnosis of obstructive sleep apnea with residual excessive daytime sleepiness; **AND**
- IV. Previous trial and failure of modafinil or armodafinil in the past year or medical justification for use

Medications	Quantity Limit
Wakix (Pitolisant)	May be subject to quantity limit

APPROVAL CRITERIA

Requests for Wakix (Pitolisant) may be approved if the following criteria are met:

- I. Individual is 18 years of age or older; **AND**
- II. Diagnosis of narcolepsy

Medications	Quantity Limit
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This policy does not apply to health plans or member categories that do not have pharmacy benefits, nor does it apply to Medicare. Note that market specific restrictions or transition-of-care benefit limitations may apply.

Market Applicability							
Market	DC	GA	KY	MD	NJ	NY	WA
Applicable	X	X	X	X	X	X	X

Xyrem (Sodium oxybate)	May be subject to quantity limit
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APPROVAL CRITERIA

Requests for Xyrem (Sodium oxybate) may be approved if the following criteria are met:

- I. Individual is 7 years of age or older;

AND

- II. Diagnosis of narcolepsy with cataplexy and/or excessive daytime sleepiness ;

OR

- III. Diagnosis of fibromyalgia; **AND**
- IV. Evidence of previous trial and failure with the following or medical justification for use:
 - A. Amitriptyline
 - B. SNRIs
 - C. SSRIs
 - D. Anticonvulsants (gabapentin, pregabalin)
 - E. NSAIDs and acetaminophen

Key References:

1. Clinical Pharmacology [database online]. Tampa, FL: Gold Standard, Inc.: 2020. URL: <http://www.clinicalpharmacology.com>. Updated periodically.
2. DailyMed. Package inserts. U.S. National Library of Medicine, National Institutes of Health website. <http://dailymed.nlm.nih.gov/dailymed/about.cfm>. Accessed: January 1, 2020.
3. DrugPoints® System [electronic version]. Truven Health Analytics, Greenwood Village, CO. Updated periodically.
4. Lexi-Comp ONLINE™ with AHFS™, Hudson, Ohio: Lexi-Comp, Inc.; 2020; Updated periodically.

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