

Market Applicability							
Market	DC	GA	KY	MD	NJ	NY	WA
Applicable	X	X	X	X	X	X	X

Orlistat

Override(s)	Approval Duration
Prior Authorization	Initial requests:12 weeks Subsequent requests: 12 weeks

Medications
Alli (orlistat) All MCD markets
Xenical (orlistat) CA only

APPROVAL CRITERIA

- I. Initial requests may be approved if the following criteria are met:
 - A. Individual has a BMI of 30 kg/m² or greater; **AND**
 - B. Individual has attempted to lose weight through a formalized weight management program (hypocaloric diet, exercise, and behavior modification) for at least 6 months prior to request for drug therapy; **AND**
 - C. Individual is currently maintained on a reduced calorie diet and exercise program; **AND**
 - D. Individual is NOT receiving two medications for weight loss at the same time.

- II. Subsequent requests may be approved if individual meets ALL of the following criteria:
 - A. Individual has a BMI of 25 kg/m² or greater; **AND**
 - B. Individual has achieved/maintained an initial 5% weight loss or has continued to lose weight; **AND**
 - C. Individual is currently maintained on a reduced calorie diet and exercise program; **AND**
 - D. Individual is NOT receiving two medications for weight loss at the same time.

Requests (initial or subsequent) for orlistat (Alli, Xenical) may not be approved for individuals with the following:

- I. Chronic malabsorption syndrome; **OR**
- II. Cholestasis; **OR**
- III. Pregnancy

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State Specific Mandates		
State name	Date effective	Mandate details (including specific bill if applicable)
N/A	N/A	N/A

Key References:

Clinical Pharmacology [database online]. Tampa, FL: Gold Standard, Inc.: 2016. URL: <http://www.clinicalpharmacology.com>. Updated periodically.

DailyMed. Package inserts. U.S. National Library of Medicine, National Institutes of Health website. <http://dailymed.nlm.nih.gov/dailymed/about.cfm>.

DrugPoints® System (electronic version). Truven Health Analytics, Greenwood Village, CO. Updated periodically.

Lexi-Comp ONLINE™ with AHFS™, Hudson, Ohio: Lexi-Comp, Inc.; 2016; Updated periodically.

This policy does not apply to health plans or member categories that do not have pharmacy benefits, nor does it apply to Medicare. Note that market specific restrictions or transition-of-care benefit limitations may apply. CRX-ALL-0485-20