		Mark	et Appl	icability	1		
Market	DC	GA	KY	MD	NJ	NY	WA
Applicable	Х	Х	NA	NA	NA	NA	NA

# **Smoking Cessation**

Override(s)	Approval Duration
Prior Authorization	<b>Initial approval:</b> 3 months per quit attempt.
Quantity Limit	
	Continued use: An additional 3 month
	approval for individuals who have
	successfully stopped smoking at the end of
	12 weeks will be considered with a prior
	authorization request. The maximum
	duration of approvable therapy per quit
	attempt is 24.

Medications	Quantity Limit
Chantix (varenicline)*	May be subject to quantity limit
0.5mg, 1mg tablets	
Starter Pak	
Nicotrol Inhaler (nicotine inhaler)*	
Each cartridge containing 10 mg (4 mg is	
delivered) nicotine	
Nicotrol Nasal Spray (nicotine nasal spray)*	
Nicotine 0.5mg/1actuation	
Zyban (bupropion SR)*	
150mg sustained-release tablet	

\*Non-Preferred agents: Chantix, Nicotrol Inhaler, Nicotrol Nasal Spray, Zyban

\*Kentucky Medicaid – See State Specific Mandates \*Nevada Medicaid – See State Specific Mandates \*New York Medicaid - See State Specific Mandates \*South Carolina Medicaid-See State Specific Mandates

### **APPROVAL CRITERIA**

Requests for a smoking cessation medication may be approved for individuals who meet the following criteria:

I. Individual has a diagnosis of nicotine dependence;

PAGE 1 of 3 11/08/2019

This policy does not apply to health plans or member categories that do not have pharmacy benefits, nor does it apply to Medicare. Note that market specific restrictions or transition-of-care benefit limitations may apply. CRX-ALL-0468-19

		Mark	et Appl	icability	1		
Market	DC	GA	KY	MD	NJ	NY	WA
Applicable	Х	Х	NA	NA	NA	NA	NA

#### AND

II. Individual is 18 years of age or older;

## AND

- III. Individual has had a trial (medication samples/coupons/discount cards are excluded from consideration as a trial) of and inadequate response or intolerance to one of the following agents for smoking cessation:
  - A. Bupropion; OR
  - B. Bupropion SR; OR
  - C. Nicotine gum; **OR**
  - D. Nicotine patches; OR
  - E. Nicotine lozenges.

	4	State Specific Mandates
State	Date effective	Mandate details (including specific bill if applicable)
South Carolina	7/01/2017	<ul> <li>Medicaid Bulletin #17-010         <ul> <li>No Prior Authorization allowed for smoking cessation products</li> <li>Bupropion for tobacco use</li> <li>Varenicline</li> <li>Nicotine gum</li> <li>Nicotine lozenge</li> <li>Nicotine inhaler</li> <li>Nicotine patch</li> </ul> </li> </ul>
Nevada	7/01/2017	No Prior Authorization or Step Therapy allowed for smoking cessation products
Kentucky	6/29/2017	KY SB89         No Prior Authorization or Step Therapy         allowed for smoking cessation products
New York	12/01/16	<ul> <li>NY HARP:         <ul> <li>No quantity limits or duration of use limitations</li> <li>No Prior Authorization for Chantix, Nicotrol NS and Nicotrol Inhaler</li> </ul> </li> </ul>

PAGE 2 of 3 11/08/2019

This policy does not apply to health plans or member categories that do not have pharmacy benefits, nor does it apply to Medicare. Note that market specific restrictions or transition-of-care benefit limitations may apply. CRX-ALL-0468-19

		Mark	et Appl	icability	/		
Market	DC	GA	KY	MD	NJ	NY	WA
Applicable	Х	Х	NA	NA	NA	NA	NA

<ul> <li>No Prior Authorization for Chantix, Nicotrol NS and Nicotrol Inhaler</li> </ul>
--

#### Key References:

- 1. Clinical Pharmacology [database online]. Tampa, FL: Gold Standard, Inc.: 2019. URL: <u>http://www.clinicalpharmacology.com</u>. Updated periodically.
- 2. DailyMed. Package inserts. U.S. National Library of Medicine, National Institutes of Health website. http://dailymed.nlm.nih.gov/dailymed/about.cfm. Accessed: September 6, 2019.
- 3. DrugPoints® System [electronic version]. Truven Health Analytics, Greenwood Village, CO. Updated periodically.
- 4. Lexi-Comp ONLINE<sup>™</sup> with AHFS<sup>™</sup>, Hudson, Ohio: Lexi-Comp, Inc.; 2019; Updated periodically.
- Clinical Guidelines for Prescribing Pharmacotherapy for Smoking Cessation. December 2012. Agency for Healthcare Research and Quality, Rockville, MD. <u>http://www.ahrq.gov/professionals/clinicians-providers/guidelines-</u> recommendations/tobacco/prescrib.html Accessed September 6, 2019.
- 6. Ebbert JO, Hatsukami DK, Croghan IT, et.al. Combination varenicline and bupropion SR for tobacco-dependence treatment in cigarette smokers: a randomized trial. *JAMA*. 2014 Jan 8; 311(2):155-63.
- Fiore MC, Jaen CR, Baker TB, et al. Treating Tobacco Use and Dependence: 2008 Update. Clinical Practice Guideline. Rockville, MD: U.S. Department of Health and Human Services. Public Health Service. May 2008. Available from: <u>https://www.ncbi.nlm.nih.gov/books/NBK63952/</u>. Accessed September 6, 2019.
- 8. Koegelenberg CF, Noor F, Bateman ED, et.al. Efficacy of varenicline combined with nicotine replacement therapy vs varenicline alone for smoking cessation: a randomized clinical trial. *JAMA*. 2014 Jul;312(2): 155-61.
- 9. Rigotti NA. Pharmacotherapy for smoking cessation in adults. UpToDate. Last updated July 9, 2019. Accessed September 6, 2019.
- Siu ALA. Annals of internal medicine: Behavioral and Pharmacotherapy Interventions for Tobacco Smoking Cessation in Adults, Including Pregnant Women: U.S. Preventive Services Task Force Recommendation Statement. American College of Physicians; 10/2015;163:622.

PAGE 3 of 3 11/08/2019

This policy does not apply to health plans or member categories that do not have pharmacy benefits, nor does it apply to Medicare. Note that market specific restrictions or transition-of-care benefit limitations may apply. CRX-ALL-0468-19