

AIM Specialty Health *Outpatient Rehabilitative and Habilitative Services Clinical Appropriateness Guidelines* updates

Summary of change:

Effective for dates of service on and after June 12, 2022, the following updates will apply to the AIM Specialty Health® (AIM)* *Outpatient Rehabilitative and Habilitative Services Clinical Appropriateness Guidelines*. As part of the AIM guideline annual review process, these updates are focused on advancing efforts to drive clinically appropriate, safe, and affordable healthcare services.

Physical therapy and occupational therapy:

- Removed definition of **evidence-based therapy** and added definition for **functional progress**
- Added examples of the following:
 - Appropriate goals
 - Skilled intervention documentation
 - Clinically meaningful improvement and functional progress
 - Rehabilitation purpose

Speech-language pathology:

- Removed definition of **evidence-based therapy** and added definition for **functional progress**
- Added examples of the following:
 - Appropriate goals
 - Functional progress
 - Rehabilitation purpose

Physical therapy and occupational therapy adjunctive treatments:

- Removed dry needling indication
- Edited exclusions

As a reminder, ordering and servicing providers may submit prior authorization requests to AIM in one of the following methods:

- Access AIM's *ProviderPortals*SM directly at www.providerportal.com:
 - **Online access is available 24/7 to process orders in real-time and is the fastest and most-convenient way to request authorization.**
- Access AIM via the Availity* Portal at <https://www.availity.com>.
- Call the AIM Contact Center toll-free number at **800-714-0040** available Monday through Friday, from 7 a.m. to 7 p.m. Central time.

If you have questions related to guidelines, please contact AIM via email at aim.guidelines@aimspecialtyhealth.com. Additionally, you may access and download a copy of the current and upcoming guidelines at

<https://aimspecialtyhealth.com/resources/clinical-guidelines>.

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<https://provider.amerigroup.com>