

### Integrated Health Home (IHH) contact information

| Health Home                                      | Contact person   | Phone number  | Email  | City                 | Counties served   | Adult/child population |
|--|--|---|--|----------------------|---|------------------------|
| <b>Abbe Center for Community Mental Health</b>   | Director: Brooke Johnson<br>Assistant Director: Peter Herber   | Main: 319-261-0576  | brooke.johnson5@unitypoint.org<br>peter.herber@unitypoint.org<br>Referral email:<br>CR_ABBE_MHCAbbeReferral@unitypoint.org | Cedar Rapids         | Fayette, Buchanan, Delaware, Benton, Linn, Jones, Iowa, Johnson, Cedar  | Adult                  |
| <b>Berryhill Center</b>                          | Team Lead: Jodena Harris                                       | Main: 515-955-7171  | jody.harris@unitypoint.org<br><br>General Inbox: fd_edcarecoordinator@unitypoint.org                                       | Fort Dodge           | Buena Vista, Pocahontas, Humboldt, Wright, Franklin, Sac, Calhoun, Webster, Hamilton,                         | Both                   |
| <b>Black Hawk-Grundy Mental Health Center</b>    | Director: Allison Cutsforth<br>Team Lead: RaeAnn Regenold      | Main: 319-234-2893<br>Allison: 319-234-2893, ext. 312<br>RaeAnn: 319-234-2893, ext. 306 | allison.cutsforth@unitypoint.org<br>raeann.regenold@unitypoint.org   | Waterloo             | Black Hawk, Grundy  | Both                   |
| <b>Bridgeview Community Mental Health Center</b> | IHH Lead: Lori Johnson   | Main: 563-243-5633<br>Lori: 563-243-5633 ext. 310                                       | lori.johnson@bridgeviewcmhc.com  | Clinton              | Clinton, Scott, Jackson   | Adult                  |
| <b>Broadlawns Medical Center</b>                 | IHH Manager: Shannon Huebner                                   | Main: 515-282-6770  | shuebner@broadlawns.org<br><br>General email: ihh@broadlawns.org   | Des Moines           | Polk  | Adult                  |
| <b>Capstone Behavioral Health</b>                | Director: Sarah Urias<br>Team Lead: Kadi DeGeest               | Main: 641-792-4012  | sarahu@capstonebh.com<br>kadid@capstonebh.com  | Newton               | Jasper, Marion, Poweshiek   | Adult                  |
| <b>Center Associates</b>                         | Director: Gabriela Lopez                                       | Main: 641-752-1585  | caihh@centerassoc.com  | Marshalltown         | Hardin, Marshall, Tama  | Both                   |
| <b>Child Health Specialty Clinic</b>             | Director: Linda Duffy<br>Team Lead: Billi Mitchell (Clinton)   | Linda: 563-583-5545, ext. 109<br>Billi: 563-243-0292                                    | linda-m-duffy@uiowa.edu<br>billi-mitchell@uiowa.edu  | Clinton,<br>Dubuque, | Howard, Winneshiek, Allamakee, Fayette, Clayton, Buchanan, Delaware, Jackson, Clinton, Dubuque                | Child                  |
| <b>Children's Square USA</b>                     | Director: Jennifer McInroy                                     | Main: 712-256-8888  | jmcinroy@childrensquare.org<br><br>General email: ihsreferral@childrensquare.org   | Council Bluffs       | Harrison, Mills, Pottawattamie  | Child                  |
| <b>Community Support Advocates</b>               | Director: Melissa Ahrens                                       | Main: 515-883-1776 or 515-210-4542  | melissaa@teamcsa.org   | Des Moines           | Boone, Dallas, Jasper, Madison, Polk, Story, Warren   | Both                   |
| <b>Counseling Associates</b>                     | Director: Kaitlin Krueger                                      | Main: 319-372-8045  | kkruieger@counselingassociatesinc.com  | Lee                  | Des Moines, Lee   | Adult                  |
| <b>Crossroads Behavioral Health</b>              | Director: Ashley Armstrong<br>Nurse Case Manager: Carla Lawson | Main: 641-782-8457  | aarmstrong@crossroadsbhs.org<br>clawson@crossroadsbhs.org  | Creston              | Adair, Madison, Adams, Union, Clarke, Taylor, Ringgold, Decatur   | Both                   |
| <b>Elevate</b>                                   | Assistant Director: Nicole Russell                             | Main: 319-348-3697  | nrussell@elevateccbhc.org  | Waterloo             | Mitchell, Howard, Winneshiek, Allamakee, Chickasaw, Floyd, Fayette, Clayton, Black Hawk, Grundy, Butler, Tama | Both                   |

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| <b>Ellipsis</b>                                 | Supervisor: Ashley Stotz   | Main: <b>515-243-3459</b>  | ashley.stotz@ellipsisiowa.org  | Des Moines     | Dallas, Jasper, Marion, Polk, Poweshiek, Warren, Madison, Mahaska  | Child |
| <b>Eyerly Ball</b>                              | Director: Marlie Atwood  | Main: <b>515-241-0982</b>  | marliea@eyerlyball.org   | Des Moines     | Boone, Dallas, Madison, Polk, Story, Warren, Greene, Marshall, Hardin  | Adult |
| <b>Families First Counseling</b>                | Director: Bethany Ellingson  | Main: <b>319-505-3812</b><br>24/7 contact: <b>844-225-7444</b>   | bellingson@families-first.net<br>integratedhealthhome@families-first.net   | Decorah        | Allamakee, Buchanan, Clayton, Delaware, Howard, Winneshiek   | Child |
| <b>Family Resources</b>                         | Director: Carmen Galvin<br>Supervisor: Allison Mason   | Main: <b>563-468-2299</b><br>Allison: <b>563-275-6351</b>  | carmeng@famres.org<br>amason@famres.org<br>IHHreferrals@famres.org   | Davenport      | Muscatine, Scott   | Both  |
| <b>First Resources</b>                          | Director: Stephanie Millard<br>Supervisor: Ashley LeVeck   | Office: <b>641-954-7244</b><br>Stephanie: <b>641-682-8114</b>  | Smill@FirstResources.us<br>aleve@firstresources.us   | Mt. Pleasant   | Des Moines, Henry, Jefferson, Lee, Van Buren, Wapello  | Both  |
| <b>Four Oaks Family &amp; Children Services</b> | Director: Susan Brooks<br>Team Lead: Mia Masteller   | Main: <b>319-364-0259</b><br>Susan: <b>319-364-0259</b><br>Mia: <b>641-423-3222</b>  | sbrooks@fouroaks.org<br>mmasteller@fouroaks.org  | Cedar Rapids   | Tama, Story, Benton, Linn, Jones, Jackson, Jasper, Poweshiek, Iowa, Johnson, Cedar, Clinton, Mitchell, Kossuth, Hancock, Winnebago, Worth, Cerro Gordo, Floyd, Franklin                                  | Both  |
| <b>Heartland Family Services</b>                | Director: Kyle Sturdefant<br>Team Lead: Stephen Sorsby   | Main/Kyle: <b>712-256-5368</b><br>Stephen: <b>712-435-5632</b>   | ksturdefant@heartlandfamilyservice.org<br>ssorsby@heartlandfamilyservice.org   | Council Bluffs | Harrison, Mills, Pottawattamie   | Adult |
| <b>Hillcrest Family Services</b>                | Director: Faith Housman<br>Supervisor (Dubuque): Jaelyn Ballina<br>Supervisor (Southeast): David Crawford<br>Supervisor (Jackson): Alayna Soto | Main (Dubuque Co.): <b>563-557-4422</b><br>Main (Jackson Co.): <b>563-653-4958</b><br>Main (SE Region): <b>319-527-4455</b><br>Faith: <b>319-527-4455, ext. 1704</b> | faith.housman@hillcrest-fs.org<br><br>General email: ihh@hillcrest-fs.org  | Dubuque        | Keokuk, Washington, Louisa, Des Moines, Henry, Van Buren, Jefferson, Clinton, Jackson, Jones, Dubuque  | Both  |
| <b>Northeast Iowa Mental Health Center</b>      | Director: Kate Forman<br>Team Lead: Sheila Corcoran  | Main: <b>563-382-3649</b>  | formanca@neimhc.org<br>corcorsh@neimhc.org   | Decorah        | Allamakee, Clayton, Fayette, Howard, Winneshiek  | Adult |
| <b>Orchard Place</b>                            | Director: Sonni Vierling<br>Supervisors: Krystal Arleaux (non-ICM) and Kendra Hunt (ICM)   | Main: <b>515-256-3450</b><br>Sonni: <b>515-256-3445</b>  | svierling@orchardplace.org<br>karleaux@orchardplace.org<br>khunt@orchardplace.org<br><br>General email: ihp@orchardplace.org                                   | Des Moines     | Polk, Warren   | Child |
| <b>Pathways Behavioral Health Services</b>      | Director: Stevan Kingery   | Main: <b>319-352-2064</b><br>Stevan: <b>319-239-8880</b>   | stevan.kingery@pathwaysb.org   | Waterloo       | Black Hawk, Bremer, Butler, Chickasaw, Grundy  | Both  |
| <b>Plains Area Mental Health</b>                | Director: Shawna Kalous<br><br>Team Lead(s):<br>Erin Rand<br>Ethan Price<br>Amber Hallengren<br>Theresa Berg<br>Cassidy Markert                | Main: <b>800-325-1192</b>  | skalous@pamhc.org<br>erand@pamhc.org<br>eprice@pamhc.org<br>ahallengren@pamhc.org<br>tberg@pamhc.org<br>cmarkert@pamhc.org<br><br>General email: IHS@pamhc.org | Cherokee       | Lyon, Osceola, Dickenson, Emmet, Sioux, O'Brien, Clay, Palo Alto, Plymouth, Cherokee, Buena Vista, Pocahontas, Woodbury, Ida, Sac, Monona, Crawford, Carroll, Greene, Calhoun, Harrison, Shelby, Guthrie | Both  |

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| <b>Prairie Ridge</b>   | Director: Cassandra Galsim<br>Team Lead: Michelle Pralle   | Main: <b>641-424-2391</b><br>IHH Main: <b>641-243-7264</b>   | cgalsim@prairieridge.net<br>mpralle@prairieridge.net  | Mason City         | Winnebago, Worth, Mitchell,<br>Hancock, Cerro Gorrdo, Floyd,<br>Franklin, Kossuth                        | Adult |
| <b>Robert Young Center</b>   | Director: Paul Phares<br>Team Lead: Jennifer Craft<br>Quality Management Clerk: Carol<br>DeBrackeleire | Main: <b>309-779-3000</b><br>Paul: <b>309-779-3060</b><br>Jennifer: <b>309-779-2063</b><br>Carol: <b>309-779-2100</b>                      | paul.phares@unitypoint.org<br>jennifer.craft@unitypoint.org<br>carol.debrackeleire@unitypoint.org             | Rock Island        | Muscatine, Scott, Clinton, Cedar   | Both  |
| <b>Siouxland Mental Health Center</b>  | Directors: Audrey Larson, Jessica<br>Maxwell<br>Lead: Katie Boatman                                    | Main: <b>712-202-0173</b><br>Audrey: <b>712-202-0173</b><br>Jessica: <b>712-202-0173, ext. 152</b><br>Katie: <b>712-202-0173, ext. 182</b> | alarson@siouxlandmentalhealth.com<br>jmaxwell@siouxlandmentalhealth.com<br>kboatman@siouxlandmentalhealth.com | Sioux City         | Woodbury   | Both  |
| <b>Southern Iowa Mental Health Center</b>  | Director: Melia Mura<br>Team lead: Rob Breckenridge  | Main: <b>641-682-8772</b><br>Melia: <b>641-814-8739</b>  | mmura@simhcottumwa.org<br>rbreckenridge@simhcottumwa.org  | Ottumwa            | Decatur, Lucas, Wayne, Monroe,<br>Appanoose, Davis, Wapello,<br>Jefferson, Van Buren, Keokuk,<br>Mahaska | Both  |
| <b>Southwest Iowa Mental Health Center (Zion<br/>Integrated Behavioral Health Services as of July 1,<br/>2023)</b> | Director: Billie Butler  | Main/Billie: <b>712-243-2606, ext. 8325</b>  | bbutler@swimhc.org  | Atlantic           | Audubon, Cass, Guthrie, Shelby   | Both  |
| <b>Stepping Stone Family Services</b>  | IHH Program Manager: Becca Bolton  | Main: <b>515-276-6338</b><br>Becca: <b>515-421-4000</b>  | Becca@steppingsoneia.com  | West Des<br>Moines | Dallas, Polk, Story, Warren  | Both  |
| <b>Tanager Place</b>   | IHH Manager: Tresa Sterns  | Main: <b>319-286-4531</b>  | tstearns@tanagerplace.org   | Cedar Rapids       | Delaware, Tama, Benton, Linn,<br>Jones, Iowa, Johnson, Cedar   | Child |
| <b>The Arc of East Central Iowa</b>  | Director: Whitney Alber  | Main: <b>319-365-0487</b>  | walber@arceci.org   | Cedar Rapids       | Benton, Cedar, Iowa, Johnson,<br>Jones, Linn   | Both  |
| <b>Vera French Community Mental Health Center</b>  | Director: Jamie Nowlin<br>Lead: Ashley Cole  | Main/Jamie: <b>563-888-6229</b><br>Ashley: <b>563-888-6237</b>   | nowlinj@verafrenchmhc.org<br>colea@verafrenchmhc.org  | Davenport          | Clinton, Muscatine, Scott  | Both  |
| <b>Waubonsie Mental Health Center</b>  | Director: Stacy Nelson   | Main: <b>712-542-2388</b>  | stacyn@waubonsiemhc.com   | Clarinda           | Fremont, Montgomery, Page,<br>Taylor   | Both  |
| <b>Young House Family Services</b>   | Director: Heather Hobb<br>Lead/Nurse Care Manager: Misty<br>Harris                                     | Main: <b>319-752-4000</b><br>Heather: <b>319-752-4000 ext. 1103</b><br>Misty: <b>319-752-4000 ext. 1134</b>                                | hhobb@younghouse.org<br>mharris@younghouse.org  | Burlington         | Des Moines, Lee, Henry   | Child |
| <b>YSS</b>   | Director: Marissa Spoo<br>Lead: Mark Vasquez   | Main: <b>515-233-2250</b><br>Marissa: <b>515-290-5308</b><br>Mark: <b>515-233-2250</b>   | mspoo@yss.org<br>mvasquez@yss.org   | Ames               | Boone, Greene, Story   | Child |

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