

Provider update

Iowa Medicaid Integrated Mental Health Services and Supports UM Guideline

Subject: Integrated Services and Supports (Wraparound Services)

Guideline #:

Current Effective Date: 07/26/2021

Status: Active

Last Review Date: 07/09/2021

Description

Integrated Services and Supports (Wraparound Services) is a Behavioral Health Service designed to address mental health and substance use disorder service gaps for Iowa Medicaid members. These interventions listed on the mental health treatment plan assist individuals with remaining in or returning to their home and limit the need for more intensive out of home mental health treatment.

The integrated behavioral health services and supports allows for the inclusion of informal services provided by community-based organizations, family and friends into the treatment plan. The unique services available as part of integrated behavioral health supports and services augment and complement other elements in the treatment plan to assist the member with remaining in or returning home.

Service provision is through a contracted Mental Health and Substance Use provider. Service provision must be integrated into the treatment plan created by either the community mental health provider or integrated health home services and is consistent with parity.

Clinical Indications

Medically Necessary:

Integrated Behavioral Health Services and Supports

Integrated behavioral health services and supports are clinically appropriate when the member has all of the following:

- 1) A mental health treatment plan must be completed by a mental health clinician and Integrated Services and Supports be recommended by a mental health clinician. **AND**
 - a. The Integrated Services and Supports needed are included in this plan. **AND**
 - b. A joint treatment planning process, in the form of a Member Centered Meeting (MCM), including Amerigroup Case Manager or individual contacts with the member/family may identify the need for integrated services/supports **AND**
 - c. A joint treatment planning process, in the form of a Member Centered Meeting (MCM), will define natural family support as opposed to reimbursable family support. **AND**
 - d. The member/family member must give consent to and participate in the planning process and other members of the team, including an Amerigroup Case Manager, giving their input as well.

- 2) The interventions listed on the mental health treatment plan assist members with remaining in or returning to their home **AND**
- 3) The interventions listed on the mental health treatment plan will limit the need for more intensive out of home mental health treatment **AND**
- 4) Integrated services and supports are specifically tailored to the member’s needs at a particular point in time and not a set menu of services **AND**
- 5) The interventions listed allow for flexibility in providing members with unique services on a per diem basis to address mental health needs in order to augment and compliment the services already being provided. **AND**
- 6) Integrated services and supports requested are not duplicative of an existing Medicaid service or other services available to the member through another route. Services requested as H2022 services but are duplicative of other requested services cannot be authorized as H2022.

Not Medically Necessary:

When behavioral health services and supports are no longer clinically appropriate per the above Medical Necessity Criteria or when the services and supports being requested do not fall within the Iowa Medicaid Enterprise description of this service.

Coding

Service Code	Modifier	Description
H2022	-	Integrated Services and Supports/Wraparound Services

Discussion/General Information

Ideally these services provide more flexibility to address the mental health needs to augment and complement existing mental health services provided through other funders and systems. There may be natural support involvement identified as part of the mental health treatment plan that potentially would require reimbursement and at other times be part of the family process.

Examples include, but are not limited to:

- Peer mentor
- Family support person
- Transportation for treatment
- Hotel for parent to attend treatment of child

Multiple types of unique services and supports fall under the category of integrated behavioral health services and supports. There should be an individualized member specific treatment explanation on the mental health treatment plan for each service and/or support that is provided under this service code. The integrated services and supports request need to align with the severity of symptoms/need of the member.

Definitions

Behavioral health services means mental health and substance use disorder treatment services. IAC 441-73.1(249A)

Mental disorder means a disorder, dysfunction, or dysphoria diagnosed pursuant to the current version of the Diagnostic and Statistical Manual of Mental Disorders published by the American Psychiatric Association, excluding intellectual disabilities, personality disorders, medication-induced movement disorders and other adverse effects of medication, and other conditions that may be a focus of clinical attention. IAC 441-78.12(1)

Family support means services provided by a family support peer specialist that assist the family of an individual to live successfully in the family or community including, but not limited to, education and information, individual advocacy, family support groups, and crisis response. IAC 441-25.1(331)

The role of community mental health centers in the mental health and disability services system is to provide an organized set of services in order to adequately meet the mental health needs of this state's citizens based on organized catchment areas. IAC Chapter 230A Community Mental Health Centers

Natural supports mean services and supports an individual using the service identifies as wanted or needed that are provided at no cost by family, friends, neighbors, and others in the community or by organizations or entities that serve the general public. IAC 441-24.1(225C)

Service plan means an individualized goal-oriented plan of services written in language understandable by the individual using the service and developed collaboratively by the individual and the organization. IAC 441-24.1(225C)

Appropriate means the degree to which the services or supports or activities provided or undertaken by the organization are suitable and desirable for the needs, situation, or problems of the individual using the service. IAC 441-24.1(225C)

The State seeks to attain quality standards in the provision of services to individuals diagnosed with a chronic mental illness. Service Quality Standards IAC 225C.28A

References

Government Agency, Medical Society, and Other Authoritative Publications:

1. Diagnostic and Statistical Manual of Mental Disorders, 5th Edition. Arlington, VA. 2013. Available at: <http://dsm.psychiatryonline.org/book.aspx?bookid=556>. Accessed on May 11, 2016.
2. HCPC Code: 2016 Alpha-Numeric HCPCS File, Downloaded from [CMS.gov](https://www.cms.gov)- A federal government website managed by the Centers for Medicare & Medicaid Services, 7500 Security Boulevard, Baltimore, MD 21244. Accessed on May 11, 2016.
3. Iowa Administrative Code Chapter 24 on Accreditation of Providers of Services to Persons with Mental Illness, Intellectual Disabilities or Developmental Disabilities: <https://www.legis.iowa.gov/docs/iac/chapter/12-23-2015.441.24.pdf>
4. Iowa Administrative Code Chapter 73 on Managed Care: <https://www.legis.iowa.gov/docs/iac/chapter/441.73.pdf>
5. Iowa Administrative Code Chapter 78 on Amount, Duration and Scope of Medical and Remedial Services: <https://www.legis.iowa.gov/docs/iac/chapter/441.78.pdf>
6. Iowa Administrative Code Chapter 25 on Disability Services Management: <https://www.legis.iowa.gov/docs/iac/chapter/441.25.pdf>
7. Iowa Administrative Code Chapter 230A on Community Mental Health Centers: <https://www.legis.iowa.gov/docs/ico/chapter/230A.pdf>

8. Iowa Administrative Code Chapter 225C, (Subchapter II) on Mental Health and Disability Services: <https://www.legis.iowa.gov/docs/ico/chapter/225C.pdf>

Websites for Additional Information
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None

History

Status	Date	Action
New	4.6.2016	Creation of UM Guidelines
Approved	07/22/2021	Approved at Medical Operations Committee (MOC)
Update	7/9/2021	Update UM Guidelines
Approved	08/26/2021	Approved at MOC