

Pharmacy and prescriber lock-in for corrective managed care programs from Amerigroup Community Care

As part of the nationwide effort to reduce misuse and abuse of prescription medications, Amerigroup Community Care implemented the Corrective Managed Care Program (CMCP) in 2012 to identify and engage members who need additional clinical supports to better manage their prescription medications. The CMCP team works in collaboration with pharmacies, physicians and the state partner with the overarching goal of improving member health outcomes, ensuring medication use in accordance with physician-prescribed treatment regimens and eliminating harmful prescription drug use. In 2016, the Maryland Department of Health (MDH) implemented an MCO mandate for pharmacy CMCP, requiring all MCOs to review and enroll members who meet specific criteria into CMCP pharmacy lock-in.

Prescriber lock-in (within 30 days)	Pharmacy lock-in (within 30 days)
1. Two controlled substances and/or	1. Six controlled substances and
2. Three different pharmacies and/or	2. Three different pharmacies and
3. Two different prescribers (not in same practice)	3. Three different prescribers

OR

1. Are receiving methadone or suboxone from an opiate treatment program and filling prescriptions for controlled substances
2. Have broken a pain management contract with a prescriber
3. At prescriber's request

Clinical review process:

- Clinicians contact and communicate with the prescriber(s). This may entail linking providers together to determine best care for the member.
- Investigation of prescription history and potentially dangerous contraindications. Expressing these concerns to prescribers, members and PCP as needed.
- Clinicians call the members being reviewed to discuss safety, support that can be provided and assist with referrals as needed.
- Clinicians work to collaborate with pharmacies and physicians to ensure that all have a complete clinical picture of the member.
- Retrospective review to include such items as missing therapies, duplicate therapies or inappropriate utilization of care benefits.

Prescriber assignment

Members are assigned to a prescriber or prescriber group for all opiate prescriptions. The Amerigroup team works with the providers to determine the most appropriate and safest prescriber. At times, PCPs are asked to cover the assignment while member is transitioning to a pain management specialist or other appropriate care. The CMCP team can change assignments at any time.

Provider coordination and collaboration is key to the success of CMCP

The CMCP team from Amerigroup reaches out to all prescribers during the clinical review process to verify information, determine and address risk, encourage collaboration and provide care coordination support for members being enrolled. Members may be enrolled in case management, disease management or other clinical programs through Amerigroup in addition to CMCP. You can reach the CMCP team directly by dialing **1-410-981-4569**.

Please note:

- Psychotropic and substance use disorder medications are not covered by the MCO pharmacy benefits manager; they are managed by Maryland Medicaid Fee For Service.
We can only lock into a prescriber for opiate medications.
- Maryland's prescription drug monitoring program does not reflect methadone, suboxone or any other medications dispensed in a non-pharmacy (methadone clinic, hospital) setting.