

Preventing the Flu

The CDC recommends that patients (including infants 6 months and older, pregnant patients, the elderly, and patients with chronic medical conditions) get the flu vaccine in September or October, at the earliest, to provide protection for the duration of the flu season, which begins in October and ends in May. The flu vaccine helps prevent illness from the influenza virus.

If you would like information on safely administering the flu shot and other immunizations, visit the CDC [website](#).

To support your practice efforts, Amerigroup Community Care has health education materials in English and Spanish that provide information regarding:

- Flu symptoms and risk factors.
- Differences between the flu and a cold.
- Why antibiotics will not work to address the flu or a cold.
- Ways to protect oneself from the flu, including handwashing and, the most effective method, the flu shot.
- Who should get the flu shot, and why it's necessary to get one each year.
- Locations where members can get flu shots.

Amerigroup can provide copies of these materials upon request. Contact your Provider Services representative at **800-454-3730** to request copies for your staff and for distribution to your patients.



Email is the quickest and most direct way to receive important information from Amerigroup Community Care.

To start receiving email from us (including some sent in lieu of fax or mail), submit your information using the QR code to the right or via our online form (<https://bit.ly/3lKw9vg>).

