

Market Applicability				
Market	GA	MD	NJ	NY
Applicable	X	X	X	X

Nurtec ODT (rimegepant)

Override(s)	Approval Duration
Prior Authorization Quantity Limit	Requests for acute migraine treatment: 1 year Initial request for migraine prophylaxis: 3 months Renewal requests for migraine prophylaxis: 1 year

Medications	Quantity Limit
Nurtec ODT (rimegepant) 75 mg tablets	8 tablets per 30 days*

*For approval of up to 18 tablets per 30 days, the individual must meet the following criteria:

- I. Individual has a diagnosis of migraine headaches; **AND**
- II. Individual is using Nurtec ODT as preventative therapy for episodic migraine headaches.

APPROVAL CRITERIA

Requests for Nurtec ODT (rimegepant) for **acute** migraine treatment may be approved when the following criteria are met:

- I. Individual has a diagnosis of migraine headaches; **AND**
- II. Individual is using for acute treatment of migraine headaches;

AND

- III. Individual has had a trial (medication samples/coupons/discount cards are excluded from consideration as a trial) of and inadequate response or intolerance to **two** preferred oral triptans (AHS 2019); **OR**

Preferred oral agents: naratriptan (generic Amerge), sumatriptan (generic Imitrex).

- IV. Individual has one of the following cardiovascular or non-coronary vascular contraindications to use of triptans:

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- A. Ischemic coronary artery disease (CAD) including angina pectoris, history of myocardial infarction, documented silent ischemia, coronary artery vasospasm (including Prinzmetal's angina); **OR**
- B. History of stroke or transient ischemic attack (TIA); **OR**
- C. Peripheral vascular disease; **OR**
- D. Ischemic bowel disease; **OR**
- E. Uncontrolled hypertension.

Initial requests for Nurtec ODT (rimegepant) for migraine **prophylaxis** may be approved when the following criteria are met:

- I. Individual has a diagnosis of episodic migraine defined as at least 4 and fewer than 15 migraine days per month and fewer than 15 headache days per month on average during the previous 3 month period (ICHD-3); **AND**
- II. Individual is using Nurtec ODT for migraine prophylaxis;

AND

- III. Individual has had a trial (medication samples/coupons/discount cards are excluded from consideration as a trial) of and inadequate response to a 2 month trial at target or usual effective dose or intolerance to two agents for migraine prophylaxis* (at least one agent in any two of the following classes) or has a contraindication to all of the following medications (AAN/AHA 2012/2015, Level A and B evidence; ICSI 2013, high quality evidence, AHS 2019):
 - A. The following antidepressants: amitriptyline, venlafaxine, nortriptyline, duloxetine; **OR**
 - B. One of the following beta blockers: Metoprolol, propranolol, timolol (oral), nadolol, atenolol, nebivolol; **OR**
 - C. The following calcium channel blocker: verapamil; **OR**
 - D. One of the following antiepileptic agents: valproate sodium, divalproex sodium, topiramate, gabapentin; **OR**
 - E. Botox (for chronic migraine).

*Agents for migraine prophylaxis – May require Prior Authorization

Renewal requests for Nurtec ODT (rimegepant) for migraine **prophylaxis** may be approved when the following criteria are met:

- I. Individual has a reduction in the overall number of migraine days or reduction in number of severe migraine days per month; **AND**
- II. Individual has obtained clinical benefit deemed significant by individual or prescriber including any of the following (AHS 2019):

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New Program Date 03/19/2020

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- A. 50% reduction in frequency of days with headache or migraine; **OR**
- B. Significant decrease in attack duration; **OR**
- C. Significant decrease in attack severity; **OR**
- D. Improved response to acute treatment; **OR**
- E. Reduction in migraine-related disability and improvements in functioning in important areas of life; **OR**
- F. Improvements in health related quality of life and reduction in psychological stress due to migraine.

Requests for Nurtec ODT (rimegepant) for migraine **prophylaxis** may not be approved for the following:

- I. Individual is using concomitantly with another prophylactic CGRP agent (i.e., Aimovig, Ajovy, Emgality, or Vyepti).

Nurtec ODT (rimegepant) may not be approved for the following:

- I. Individual is currently using one of the following agents:
 - A. A strong CYP3A4 inhibitor (such as ketoconazole, itraconazole, clarithromycin); **OR**
 - B. A strong or moderate CYP3A4 inducer (such as carbamazepine, phenytoin, St. John's wort, modafinil, rifampin); **OR**
 - C. A P-glycoprotein (P-gp) or BCRP inhibitor (such as ketoconazole, quinidine, tacrolimus, verapamil, sulfasalazine);

OR

- II. Individual has severe hepatic impairment (Child-Pugh C); **OR**
- III. Individual has end-stage renal disease (CrCl < 15 mL/min).

Key References:

- Clinical Pharmacology [database online]. Tampa, FL: Gold Standard, Inc.: 2021. URL: <http://www.clinicalpharmacology.com>. Updated periodically.
- DailyMed. Package inserts. U.S. National Library of Medicine, National Institutes of Health website. <http://dailymed.nlm.nih.gov/dailymed/about.cfm>. Accessed: April 23, 2021.
- DrugPoints® System [electronic version]. Truven Health Analytics, Greenwood Village, CO. Updated periodically.
- Lexi-Comp ONLINE™ with AHFS™, Hudson, Ohio: Lexi-Comp, Inc.; 2021; Updated periodically.
- Beithon J, Gallenberg M, Johnson K, et al. Diagnosis and Treatment of Headache. Institute for Clinical Systems Improvement. Available from: https://www.icsi.org/guidelines__more/catalog_guidelines_and_more/catalog_guidelines/catalog_neurological_guidelines/headache/. Updated January 2013.

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1. 6. American Headache Society. The American Headache Society position statement on integrating new migraine treatments into clinical practice. *Headache*. 2019;59:1-18.

Federal and state laws or requirements, contract language, and Plan utilization management programs or policies may take precedence over the application of this clinical criteria.

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