

2020 Clinical Practice Guidelines

Date reviewed: January 2020

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Adult health (Return to the table of contents.)			
Alzheimer's disease/dementia	<i>Guideline Watch (October 2014): Practice Guideline for the Treatment of Patients with Alzheimer's Disease and Other Dementias</i>	American Psychiatric Association (APA)	http://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/alzheimerwatch.pdf
Anxiety	<i>Anxiety Disorders</i> (Last revised July 2018)	National Institute of Mental Health (NIMH)	https://www.nimh.nih.gov/health/topics/anxiety-disorders/index.shtml
Asthma	<i>Guidelines for the Diagnosis and Management of Asthma (EPR-3)</i> (August 2007)	National Heart, Lung and Blood Institute (NHLBI)	https://www.nhlbi.nih.gov/health-topics/guidelines-for-diagnosis-management-of-asthma
Behavioral health screening, assessment and treatment	<i>The American Psychiatric Association Practice Guidelines for the Psychiatric Evaluation of Adults Third Edition</i> (August 2015)	APA	https://psychiatryonline.org/doi/full/10.1176/appi.books.9780890426760.pe02
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Bipolar disorder* * Addresses diagnosis and treatment of bipolar disorder in special populations, such as children and adolescents	<i>Bipolar Disorder: Assessment and Management</i> (Minor update April 2018)	National Institute for Health and Care Excellence (NICE)	https://www.nice.org.uk/guidance/cg185/resources/bipolar-disorder-assessment-and-management-pdf-35109814379461
	<i>Evidence-based guidelines for treating bipolar disorder: Revised third edition recommendations from the British Association for Psychopharmacology</i> (2016)	British Association for Psychopharmacology	https://www.bap.org.uk/pdfs/BAP_Guidelines-Bipolar.pdf
Coronary artery disease	<i>AHA/ACCF Secondary Prevention and Risk Reduction Therapy for Patients With Coronary and Other Atherosclerotic Vascular Disease</i> (2011 update)	American Heart Association (AHA)/American College of Cardiology Foundation (ACCF)	https://www.ahajournals.org/doi/pdf/10.1161/CIR.0b013e318235eb4d
	<i>Treatment of Hypertension in Patients With Coronary Artery Disease</i> (March 2015)	AHA/ACCF and American Society of Hypertension	https://www.ahajournals.org/doi/pdf/10.1161/CIR.000000000207
	<i>AHA/ACCF Secondary Prevention and Risk Reduction Therapy for Patients With Coronary and Other Atherosclerotic Vascular Disease: 2011 Update</i> (November 2011)	AHA/ACCF	https://www.ahajournals.org/doi/pdf/10.1161/CIR.0b013e318235eb4d
	<i>Effectiveness-Based Guidelines for the Prevention of Cardiovascular Disease in Women- 2011 Update</i> (February 2011)	AHA	https://www.ahajournals.org/doi/pdf/10.1161/CIR.0b013e31820faaf8
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Celiac disease	<i>ACG Clinical Guidelines: Diagnosis and Management of Celiac Disease</i> (April 2013)	American College of Gastroenterology	http://gi.org/wp-content/uploads/2013/05/ACG_Guideline_CeliacDisease_May_2013.pdf
Chronic kidney disease	<i>The National Kidney Foundation Kidney Disease Outcomes Quality Initiative (NKF KDOQI)TM evidence-based clinical practice guidelines for all stages of chronic kidney disease (CKD) and related complications</i>	National Kidney Foundation	https://www.kidney.org/professionals/guidelines/guidelines_commentaries
	<i>National Chronic Kidney Disease Fact Sheet</i> (2017)	Centers for Disease Control and Prevention (CDC)	https://www.cdc.gov/diabetes/pubs/pdf/kidney_factsheet.pdf
	<i>KDIGO (Kidney Disease Improving Global Outcomes) 2012 Clinical Practice Guideline for the Evaluation and Management of Chronic Kidney Disease</i> (January 2013)	International Society of Nephrology	https://kdigo.org/wp-content/uploads/2017/02/KDIGO_2012_CKD_GL.pdf
Chronic obstructive pulmonary disease	<i>Global Strategy for the Diagnosis, Management, and Prevention of Chronic Obstructive Pulmonary Disease</i> (2019)	Global Initiative for Chronic Obstructive Lung Disease	https://goldcopd.org/gold-reports
Depression	<i>Depression in Adults: Screening</i> (January 2016)	U.S. Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/Page/Document/UpdateSummaryFinal/depression-in-adults-screening1
	<i>Practice Guideline for the Treatment of Patients with Major Depressive Disorder Third Edition</i> (October 2010)	APA	http://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/mdd.pdf
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Depression (cont.)	<i>Depression in adults: recognition and management Clinical Guideline CG90</i> (Updated April 2018)	National Collaborating Centre for Mental Health commissioned by NICE	https://www.nice.org.uk/guidance/cg90/resources/depression-in-adults-recognition-and-management-pdf-975742638037
Diabetes	<i>Standards of Medical Care in Diabetes</i> (January 2019)	American Diabetes Association (ADA)	http://care.diabetesjournals.org/content/42/Supplement_1
Gender dysphoria/incongruence	<i>Endocrine Treatment of Gender-Dysphoric/Gender-Incongruent Persons: An Endocrine Society* Clinical Practice Guideline</i> (September 2017) <i>Correction to Clinical Practice Guideline</i> (February 2018) <i>Correction to Clinical Practice Guideline</i> (July 2018)	The Endocrine Society	https://academic.oup.com/jcem/article/102/11/3869/4157558 https://academic.oup.com/jcem/article/103/2/699/4675081 https://academic.oup.com/jcem/article/103/7/2758/5036711
Fall risk	<i>Falls Prevention in Community-Dwelling Older Adults: Interventions</i>	USPSTF	https://www.uspreventiveservicestaskforce.org/Page/Document/RecommendationStatementFinal/falls-prevention-in-older-adults-interventions1
	<i>Evidence-Based Falls Prevention Programs: Resources for Professionals and Advocates</i>	National Council on Aging	https://www.ncoa.org/center-for-healthy-aging/falls-resource-center/falls-prevention-tools-and-resources/resources-for-professionals

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Heart failure	<i>2013 ACCF/AHA guideline for the Management of Heart Failure: a Report of the American College of Cardiology Foundation/</i>	ACCF/AHA/Task Force on Practice Guidelines/Heart Failure Society of America (HFSA)	http://www.onlinejacc.org/content/62/16/e147?ijkey=079f90818917662ed8e6c54bd132bb10bede26a1&keytype=tf_ipsecsha

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	<i>American Heart Association Task Force on Practice Guidelines (October 2013)</i>		http://www.onlinejacc.org/content/70/6/776?_ga=2.23313085.667318568.1514996759-679389624.1511900706
	<i>ACCF/AHA/HFSA Guideline for the Management of Heart Failure (Focused update 2017)</i>		
Hyperlipidemia	<i>2018 AHA/ACC/AACVPR/AAPA/ABC/ACPM/ADA/AGS/APhA/ASPC/NLA/PCNA Guideline on the Management of Blood Cholesterol (October 2018)</i>	ACC/AHA/American Association of Cardiovascular and Pulmonary Rehabilitation (AAPA)/American Academy of Physician Assistants/Association of Black Cardiologists (ABC)/American College of Preventive Medicine (ACPM)/ADA/American Geriatrics Society (AGS)/American Pharmacists Association (APhA)/American Society of Preventive Cardiology (ASPC)/National Lipid Association/Preventive Cardiovascular Nurses Association (PCNA)	http://www.onlinejacc.org/content/accj/early/2018/11/02/j.jacc.2018.11.003.full.pdf
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Hypertension	<i>ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA Guideline for the Prevention, Detection, Evaluation, and Management of High Blood Pressure in Adults (November 2017)</i> <i>Correction to Guideline (May 2018)</i>	ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/American Society of Hypertension (ASH)/ASPC/National Medical Association (NMA)/PCNA	http://www.onlinejacc.org/content/early/2017/11/04/j.jacc.2017.11.006?sso=1&sso_redirect_count=1&access_token= http://www.onlinejacc.org/content/71/19/2275

Obesity	<i>Weight Loss to Prevent Obesity-Related Morbidity and Mortality in Adults</i> (September 2018)	USPSTF	https://www.uspreventiveservicestaskforce.org/Page/Document/UpdateSummaryFinal/obesity-in-adults-interventions1
	<i>AHA/ACC/TOS Guideline for the Management of Overweight and Obesity in Adults</i> (November 2013)	ACC/AHA Task Force on Practice Guidelines and The Obesity Society (TOS)	http://circ.ahajournals.org/content/early/2013/11/11/01.cir.0000437739.71477.ee
Oppositional defiant disorder	<i>Common Questions About Oppositional Defiant Disorder</i> (April 2016)	American Academy of Family Physicians (AAFP)	https://www.aafp.org/afp/2016/0401/p586.pdf
Post-traumatic stress disorder (PTSD)	<i>Clinical Practice Guideline for the Treatment of Posttraumatic Stress Disorder (PTSD) in Adults</i> (February 2017)	APA	https://www.apa.org/ptsd-guideline/ptsd.pdf

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PTSD (cont.)	<i>VA/DOD Clinical Practice Guideline for the Management of Posttraumatic Stress Disorder and Acute Stress Disorder (V3.2017)</i>	Department of Veterans Affairs Department of Defense: The Management of Posttraumatic Stress Disorder Work Group	https://www.healthquality.va.gov/guidelines/MH/ptsd/VA_DoDPTSDCPGFinal012418.pdf
	<i>PTSD Screening Instruments</i>	Department of Veterans Affairs: PTSD: National Center for PTSD	https://www.ptsd.va.gov/professional/assessment/screens/index.asp
Rheumatoid arthritis	<i>American College of Rheumatology: Referral Guidelines</i> (August 2015)	American College of Rheumatology (ACR)	https://www.rheumatology.org/Portals/0/Files/Referral%20Guidelines.pdf
	<i>2015 American College of Rheumatology Guideline for the Treatment of Rheumatoid Arthritis</i>		https://www.rheumatology.org/Portals/0/Files/ACR%202015%20RA%20Guideline.pdf

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Schizophrenia	<i>Practice Guideline for the Treatment of Patients with Schizophrenia Guideline Watch</i> (September 2009)	APA	http://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/schizophrenia-watch.pdf
Sickle cell anemia	<i>Evidence-Based Management of Sickle Cell Disease: Expert Panel Report</i> (September 2014)	NHLBI	https://www.nhlbi.nih.gov/health-topics/evidence-based-management-sickle-cell-disease
Suicide risk	<i>SAFE-T: Suicide Assessment Five Step Evaluation and Triage</i>	Suicide Prevention Resource Center	https://www.integration.samhsa.gov/images/res/SAFE_T.pdf
Trauma care	<i>A Treatment Improvement Protocol: Trauma-Informed Care in Behavioral Health Services</i> (2014)	Substance Abuse and Mental Health Services Administration (SAMHSA)	https://store.samhsa.gov/system/files/sma14-4816_litreview.pdf
Condition/disease	Guideline title	Recognized source(s)	Website(s)
Trauma care (cont.)	<i>Trauma-Informed Care in Behavioral Health Services: Treatment Improvement Protocol (TIP) Series</i>	SAMHSA	https://store.samhsa.gov/series/tip-series-treatment-improvement-protocols-tips
Infectious disease (Return to the table of contents.)			
Chlamydia/human papillomavirus (HPV)	<i>Sexually Transmitted Diseases Treatment Guidelines</i> (June 2015)	CDC	https://www.cdc.gov/std/tg2015/tg-2015-print.pdf
Hepatitis B	<i>AASLD Guidelines for Treatment of Chronic Hepatitis B</i> (August 2015) <i>Update on Prevention, Diagnosis, and Treatment of Chronic Hepatitis B: AASLD 2018 Hepatitis B Guidance</i> (Jan 2018)	American Association for the Study of Liver Diseases (AASLD)	http://www.aasld.org/sites/default/files/guideline_documents/hep28156.pdf https://www.aasld.org/sites/default/files/HBVGuidance_Terrault_et_al-2018-Hepatology.pdf

Hepatitis C	<i>HCV Guidance: Recommendations for Testing, Managing and Treating Hepatitis C</i>	Infectious Diseases Society of America (IDSA)/AASLD	http://www.hcvguidelines.org
	<i>Guidelines for the Screening, Care and Treatment of Persons with Chronic Hepatitis C Infection</i> (April 2016)	World Health Organization (WHO)	http://apps.who.int/iris/bitstream/handle/10665/205035/9789241549615_eng.pdf;jsessionid=569946A6B8399B8CE D0D09D7F7A9BD3C?sequence=1
HIV/AIDS	<i>Primary Care Guidelines for the Management of Persons Infected With HIV: 2013 Update by the HIV Medicine Association of the Infectious Diseases Society of America</i> (November 2013)	HIV Medicine Association of the IDSA	https://www.idsociety.org/practice-guideline/primary-care-management-of-patients-infected-with-hiv
Condition/disease	Guideline title	Recognized source(s)	Website(s)
HIV/AIDS (cont.)	<i>Recommendations for HIV Prevention with Adults and Adolescents with HIV in the United States</i> (December 2014)	CDC	https://stacks.cdc.gov/view/cdc/44064
	<i>2017 HIVMA of IDSA Clinical Practice Guideline for the Management of Chronic Pain in Patients Living With HIV</i> (September 2017)	IDSA	https://www.idsociety.org/globalassets/idsa/practice-guidelines/2017-hivma-of-idsa-clinical-practice-guideline-for-the-management-of-chronic-pain-in-patients-living-with-hiv.pdf
	<i>HIV and Adolescents: Guidance for HIV testing and counselling and care for adolescents living with HIV</i> (2013)	WHO	http://apps.who.int/iris/bitstream/handle/10665/94334/9789241506168_eng.pdf?sequence=1
Pediatric/adolescent health (Return to table of contents.) See adult health for additional resources for the following conditions:			

<ul style="list-style-type: none"> • Bipolar disorder • Oppositional defiant disorder 			
ADHD	<i>Clinical Practice Guideline for the Diagnosis, Evaluation, and Treatment of Attention-Deficit/Hyperactivity Disorder in Children and Adolescents</i> (November 2011)	American Academy of Pediatrics (AAP)	http://pediatrics.aappublications.org/content/128/5/1007.full.pdf
Autism	<i>Practice Parameter for the Assessment and Treatment of Children and Adolescents With Autism Spectrum Disorder</i> (February 2014)	American Academy of Child and Adolescent Psychiatry	http://www.jaacap.com/article/S0890-8567(13)00819-8/abstract http://www.jaacap.com/article/S0890-8567(13)00819-8/pdf
Condition/disease	Guideline title	Recognized source(s)	Website(s)
Celiac disease	<i>Guideline for the Diagnosis and Treatment of Celiac Disease in Children: Recommendations of the North American Society for Pediatric Gastroenterology, Hepatology and Nutrition</i> (January 2005)	North American Society for Pediatric Gastroenterology, Hepatology, and Nutrition	http://www.naspghan.org/files/documents/pdfs/position-papers/ceciac_guideline_2004_jpgn.pdf
Depression	<i>Depression in Children and Adolescents: Screening</i> (February 2016)	USPSTF	https://www.uspreventiveservicestaskforce.org/Page/Document/UpdateSummaryFinal/depression-in-children-and-adolescents-screening1
	<i>Depression in children and young people: identification and management</i> (Updated September 2017)	NICE	https://www.nice.org.uk/guidance/cg28/resources/depression-in-children-and-young-people-identification-and-management-pdf-975332810437
Hypertension in children and adolescents	<i>Clinical Practice Guideline for Screening and Management of High Blood Pressure in Children and Adolescents</i>	AAP	http://pediatrics.aappublications.org/content/pediatrics/140/3/e20171904.full.pdf

	(September 2017)		
Obesity	<i>Expert Committee Recommendations Regarding the Prevention, Assessment, and Treatment of Child and Adolescent Overweight and Obesity: Summary Report</i> (December 2007)	AAP	http://pediatrics.aappublications.org/content/120/Supplement_4/S164.full.pdf
	<i>Clinical Report: The Role of the Pediatrician in Primary Prevention of Obesity</i> (July 2015)	AAP	http://pediatrics.aappublications.org/content/early/2015/06/23/peds.2015-1558
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Oppositional defiant disorder	<i>Fifty Years of Preventing and Treating Childhood Behavior Disorders: a Systematic Review to Inform policy and practice</i> (April 2017)	National Institute of Health PubMed	https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5950520
Substance use (Return to table of contents.)			
Substance use	<i>Medication-Assisted Treatment of Adolescents With Opioid Use Disorders</i> (September 2016)	AAP	http://pediatrics.aappublications.org/content/early/2016/08/18/peds.2016-1893
	<i>Unhealthy Alcohol Use in Adolescents and Adults: Screening and Behavioral Counseling Interventions</i> (November 2018)	USPSTF	https://www.uspreventiveservicestaskforce.org/Page/Document/UpdateSummaryFinal/unhealthy-alcohol-use-in-adolescents-and-adults-screening-and-behavioral-counseling-interventions
	<i>CDC Guideline for Prescribing Opioids for Chronic Pain — United States</i> (March 2016)	CDC	www.cdc.gov/mmwr/volumes/65/rr/rr6501e1.htm

	<i>Medication-Assisted Treatment (MAT)</i> (Last updated February 2018)	SAMHSA	http://dpt.samhsa.gov
	<i>Relearn Life Without Cigarettes</i>	National Alliance for Tobacco Cessation	https://www.becomeanex.org/docs/fotonovela_english.pdf
	<i>Identifying and Treating Patients Who Use Tobacco</i> (July 2017)	U.S. Department of Health and Human Services	https://millionhearts.hhs.gov/files/Tobacco-Cessation-Action-Guide.pdf
All states offer free smoking cessation telephone quit line services. Dialing 1-800-QUIT-NOW (1-800-784-8669) will connect the caller to their state quit line.			
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Women's health (Return to table of contents.)			
Routine antepartum care	<i>American Academy of Pediatrics, Guidelines for Perinatal Care, Eighth Edition</i> (September 2017)	AAP and American Congress of Obstetrics and Gynecology (ACOG)	https://shop.aap.org/guidelines-for-perinatal-care-8th-edition-ebook Members only
Depression in pregnancy	<i>Screening for Perinatal Depression ACOG Committee Opinion 757</i> (November 2018)	ACOG	https://www.acog.org/-/media/Committee-Opinions/Committee-on-Obstetric-Practice/co757.pdf?dmc=1&ts=20190102T2051356897
Preventive care	<i>Women's Preventive Services Guidelines</i> (Last reviewed 2017)	Health Resources and Services Administration	https://www.hrsa.gov/womens-guidelines-2016/index.html
Cancer screening	<i>Women's Health Care Physicians: Cervical Cancer FAQ</i> (December 2015)	ACOG	https://www.acog.org/Patients/FAQs/Cervical-Cancer
	<i>Cervical Cancer: Screening</i> (August 2018)	USPSTF	https://www.uspreventiveservicestaskforce.org/Page/Document/UpdateSummaryFinal/cervical-cancer-screening2
Diabetes and pregnancy	<i>Management of Diabetes in Pregnancy</i> (January 2019)	ADA	http://care.diabetesjournals.org/content/42/Supplement_1/S165
	<i>Gestational Diabetes Mellitus, Screening</i> (January 2014)	USPSTF	https://www.uspreventiveservicestaskforce.org/Page/Document/UpdateSummaryFinal/gestational-diabetes-mellitus-screening?ds=1&s=gestational diabetes

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	<i>Gestational Diabetes</i>	ACOG	http://www.acog.org/Search?Keyword=gestational+diabetes
	<i>Postpartum Screening for Abnormal Glucose Tolerance in Women Who Had Gestational Diabetes Mellitus</i>	ACOG	https://www.acog.org/Search?Keyword=Postpartum+Screening+for+Abnormal+Glucose+Tolerance+in+Women+Who+Had+Gestational+Diabetes+Mellitus&Topics=43d4646b-dc34-4c12-abeb-bb516387312f Members only
Condition/disease	Guideline title	Recognized source(s)	Website(s)
Obstetrical care	<i>Guidelines for Antenatal Care</i>	ACOG	https://www.acog.org/Search?Keyword=antenatal&Topics=906bff1e-0656-4579-a7df-4a22f9bce483
	<i>WHO recommendations for Prevention and treatment of pre-eclampsia and eclampsia (2011)</i>	WHO	http://whqlibdoc.who.int/publications/2011/9789241548335_eng.pdf
	<i>Committee Opinion 455. Magnesium Sulfate Before Anticipated Preterm Birth for Neuroprotection (Reaffirmed 2018)</i>	ACOG/Society for Maternal Fetal Health	https://www.acog.org/Clinical-Guidance-and-Publications/Committee-Opinions/Committee-on-Obstetric-Practice/Magnesium-Sulfate-Before-Anticipated-Preterm-Birth-for-Neuroprotection
	<i>Pre-Gestational Diabetes Mellitus Number 201 (December 2018)</i>	ACOG	https://www.acog.org/Search?Keyword=pregestational+diabetes Members only
	<i>Management of Preterm Labor Number 171 (Reaffirmed 2018)</i>	ACOG	https://www.acog.org/Search?Keyword=management+of+preterm+labor Members only
	<i>Hypertension in Pregnancy</i>	ACOG	https://www.acog.org/Womens-Health/Preeclampsia-and-Hypertension-in-Pregnancy
	<i>Alcohol Abuse and Other Substance Use Disorders: Ethical Issues in Obstetric and Gynecologic Practice, Number 633</i>	ACOG	https://www.acog.org/Clinical-Guidance-and-Publications/Committee-Opinions/Committee-on-Ethics/Alcohol-Abuse-and-Other-Substance-Use-Disorders-Ethical-Issues-in-Obstetric-and-Gynecologic-Practice

	(Reaffirmed 2018)		
	<i>Guidelines for the identification and management of substance use and substance use disorders in pregnancy (2014)</i>	WHO	http://apps.who.int/iris/bitstream/10665/107130/1/9789241548731_eng.pdf?ua=1

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Smoking cessation during pregnancy	<i>Smoking Cessation During Pregnancy ACOG. Number 721 (October 2017)</i>	ACOG	https://www.acog.org/Clinical-Guidance-and-Publications/Committee-Opinions/Committee-on-Obstetric-Practice/Smoking-Cessation-During-Pregnancy
	<i>Need Help Putting Out That Cigarette?</i>	ACOG	http://www.tobacco-cessation.org/PDFs/NeedHelpBooklet.pdf
	<i>Smoking Cessation for Pregnancy and Beyond: Learn Proven Strategies to Help Your Patients Quit.</i>	Dartmouth Medical School	http://www.iml.dartmouth.edu/education/cme/Smoking/Linkpage/index.html