



Patient at risk for preeclampsia

Member name: [Member first and last name] Medicaid ID number: [Medicaid ID number] Member Date of Birth: [Member DOB]

Summary

Our preliminary pregnancy risk screening process has identified the above patient as a potential candidate for intervention to prevent preeclampsia. Low-dose, prenatal aspirin and stress reduction tools might be helpful in achieving this goal.

Why should I prescribe low dose aspirin therapy?

For women who have had a prior pregnancy complicated by preeclampsia, studies have shown that lowdose aspirin taken after 12 weeks of pregnancy can reduce the recurrence of the disease. More broadly, the literature shows that women with certain high-risk conditions would also benefit. The US Preventive Services Task Force* recommends aspirin for women with one or more of the following high-risk conditions:

- Prior pregnancy with preeclampsia
- Multifetal gestation
- Diabetes
- Hypertension
- Renal disease
- Autoimmune disease (i.e., lupus, antiphospholipid syndrome)

What is the impact of this update?

Increasing provider awareness for at-risk women for preeclampsia and taking proactive measures can improve pregnancy outcomes, including decreasing the incidence of premature births and both maternal and infant mortality.

Interventions

If you decide that these interventions are appropriate for your patient, please consider writing a prescription for prenatal 81 mg aspirin. The Texas Drug Vendor Program has a list of covered 81 mg aspirins that pharmacies can use to bill to the pharmacy benefit. Please see the link below: https://www.txvendordrug.com/formulary/formulary-search

Do you have questions?

If you have questions about this communication, are no longer treating this patient, wish to discontinue receiving these provider alerts or have received this communication in error, please contact Provider Services at <1-800-454-3730> or an OB case manager at <insert phone number>.

* ACOG Committee Opinion #743 July 2018; USPSTF at www.uspreventiveservicestaskforce.org

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TX-NL-0302-20 June 2020