

Clinical Practice Guidelines

Texas | Medicaid

Date reviewed January 2024 Date adopted February 2024

Table of Contents:

ADULT HEALTH Note: Multiple documents also discuss the management of the referenced condition in the pediatric population.

INFECTIOUS DISEASE

PEDIATRIC/ADOLESCENT HEALTH

SUBSTANCE USE

WOMENS HEALTH

OTHER-TECHNOLOGY

Condition/Disease	Guideline Title	Recognized Source(s)	URL
ADULT HEALTH Retu	urn to table of contents		
Adjustment Disorder	Adjustment Disorder (2017)	John Hopkins Medicine	https://www.hopkinsguides.com/hopkins/view/Johns_Hopkins_Psychiatry_Guide/787068/all/Adjustment_Disorder# 3.0
Alzheimer's Disease / Dementia	Health Systems and Medical Professionals Resource Site	Alzheimer's Association	https://www.alz.org/professionals/health-systems-medical-professionals

Updated:

Commercial/Exchange Quality Improvement Committee

Quality Improvement Committee (GBD)

CPGs are applicable to all LOBs

provider.wellpoint.com/tx

Medicaid services provided by Wellpoint Insurance Company to members in the Medicaid Rural Service Area and the STAR Kids program and Wellpoint Texas, Inc. to all other Wellpoint members in Texas.

TXWP-CD-051887-24 | June 2024

Clinical Practice Guidelines Date reviewed January 2024 Date adopted February 2024 Page 2 of 39

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	American Psychiatric Association Practice Guideline on the Use of Antipsychotics to Treat Agitation or Psychosis in Patients with Dementia (July 2018)	American Psychiatric Association	https://psychiatryonline.org/doi/pdf/10.1176/appi.books.9 780890426807
Anxiety	Anxiety Disorders (Last Revised July 2018)	National Institute of Mental Health (NIMH)	http://www.nimh.nih.gov/health/publications/anxiety-disorders/treatment-of-anxiety-disorders.shtml
Appendicitis	Diagnosis and Treatment of Acute Appendicitis: 2020 Update of the WSES Jerusalem Guidelines	World Society of Emergency Surgery (WSES)	https://www.wses.org.uk/wp-content/uploads/2020/04/acute-appendicitis-update.pdf
Asthma	Guidelines for the Diagnosis and Management of Asthma (EPR-3)	National Heart, Lung and Blood Institute (NHLBI)	https://www.nhlbi.nih.gov/health-topics/guidelines-for-diagnosis-management-of-asthma

Updated:

Clinical Practice Guidelines Date reviewed January 2024 Date adopted February 2024 Page 3 of 39

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	(August 2007) 2020 Focused Updates to the Asthma Management Guidelines: A Report from the National Asthma Education and Prevention Program Coordinating Committee Expert Panel Working Group		https://www.nhlbi.nih.gov/health-topics/all-publications-and-resources/2020-focused-updates-asthma-management-guidelines
	Asthma Clinical Practice Guidelines (2023)	Global Initiative for Asthma (GINA)	https://ginasthma.org/
Atopic Dermatitis	Guidelines of Care for the Management of Atopic Dermatitis (Last updated 2023)	American Academy of Dermatology	https://www.aad.org/member/clinical- quality/guidelines/atopic-dermatitis

Updated:

Clinical Practice Guidelines Date reviewed January 2024 Date adopted February 2024 Page 4 of 39

Condition/Disease	Guideline Title	Recognized Source(s)	URL
Behavioral Health Screening, Assessment and Treatment	The American Psychiatric Association Practice Guidelines for the Psychiatric Evaluation of Adults 3rd edition (August 2015)	American Psychiatric Association (APA)	https://psychiatryonline.org/doi/full/10.1176/appi.books.9 780890426760.pe02
	National Guidelines for Behavioral Health Crisis Care Best Practice Toolkit (2020)	Substance Abuse and Mental Health Services Administration (SAMHSA)	https://www.samhsa.gov/sites/default/files/national-guidelines-for-behavioral-health-crisis-care-02242020.pdf
* Addresses diagnosis and treatment of bipolar disorder in special populations such as children and adolescents	CANMAT and International Society for Bipolar Disorders (ISBD) 2018 guidelines for the management of patients with bipolar disorder	Canadian Network for Mood and Anxiety Treatments (CANMAT)	https://www.canmat.org/2019/03/27/2018-bipolar-guidelines/

Updated:

Clinical Practice Guidelines Date reviewed January 2024 Date adopted February 2024 Page 5 of 39

Condition/Disease	Guideline Title	Recognized Source(s)	URL
Coronary Artery Disease (CAD)	AHA / ACCF Secondary Prevention and Risk Reduction Therapy for Patients with Coronary and Other Atherosclerotic Vascular Disease (November 2011 Update)	American Heart Association/ American College of Cardiology Foundation (AHA/ACCF)	https://www.ahajournals.org/doi/pdf/10.1161/CIR.0b013e3 18235eb4d
	Treatment of Hypertension in Patients with Coronary Artery Disease (March 2015)	American Heart Association, American College of Cardiology, and American Society of Hypertension	https://www.ahajournals.org/doi/pdf/10.1161/CIR.000000 000000207
	Effectiveness-Based Guidelines for the Prevention of Cardiovascular Disease in Women- 2011 Update (February 2011)	American Heart Association (AHA)	https://www.ahajournals.org/doi/pdf/10.1161/CIR.0b013e3 1820faaf8

Updated:

Clinical Practice Guidelines Date reviewed January 2024 Date adopted February 2024 Page 6 of 39

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	ACC/AHA Guideline on the Primary Prevention of Cardiovascular Disease (2019)	American College of Cardiology/American Heart Association (ACC/AHA)	https://www.jacc.org/doi/pdf/10.1016/j.jacc.2019.03.010
	2021 AHA/ACC/ASE/CHES T/SAEM/ SCCT/SCMR Guideline for the Evaluation and Diagnosis of Chest Pain	American College of Cardiology/ American Heart Association/ Society of Cardiovascular Computed Tomography / Society for Academic Emergency Medicine / Society for Cardiovascular Magnetic Resonance / American College of Chest Physicians / American Society of Echocardiography / American Heart	https://www.jacc.org/doi/pdf/10.1016/j.jacc.2021.07.053
	2021 ACC/AHA/SCAI Guideline for Coronary Artery Revascularization	American College of Cardiology /American Heart Association /Society for Cardiovascular Angiography and Interventions	https://www.jacc.org/doi/10.1016/j.jacc.2021.09.006?_ga=2. 60669549.1356655696.1641505900-317854238.1639608139
Celiac Disease	ACG Clinical Guidelines: Diagnosis and Management of	American College of Gastroenterology	https://journals.lww.com/ajg/fulltext/2023/01000/%20me rican_college_of_gastroenterology_guidelines.17.aspx

Updated:

Clinical Practice Guidelines Date reviewed January 2024 Date adopted February 2024 Page 7 of 39

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Celiac Disease (January 2023)		
Chronic Kidney Disease (CKD)	The National Kidney Foundation Kidney Disease Outcomes Quality Initiative (NKF KDOQI)™ evidence-based clinical practice guidelines for all stages of chronic kidney disease (CKD) and related complications	National Kidney Foundation	https://www.kidney.org/professionals/guidelines/guidelines_commentaries
	Chronic Kidney Disease: Detection and Evaluation (2017)	American Academy of Family Physicians (AAFP)	https://www.aafp.org/afp/2017/1215/p776.html
	KDIGO (Kidney Disease Improving Global Outcomes) 2012 Clinical Practice Guideline	International Society of Nephrology	https://kdigo.org/guidelines/ckd-evaluation-and-management/

Updated:

Clinical Practice Guidelines Date reviewed January 2024 Date adopted February 2024 Page 8 of 39

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	for the Evaluation and Management of Chronic Kidney Disease (January 2013)		
	KDIGO (Kidney Disease Improving Global Outcomes) 2017 Clinical Practice Guideline for the Evaluation and Management of Chronic Kidney Disease (July 2017)	International Society of Nephrology	https://kdigo.org/wp-content/uploads/2017/02/2017-KDIGO-CKD-MBD-GL-Update.pdf
Chronic Obstructive Pulmonary Disease (COPD)	Global Strategy for the Diagnosis, Management, and Prevention of Chronic Obstructive Pulmonary Disease	Global Initiative for Chronic Obstructive Lung Disease (GOLD)	http://goldcopd.org/gold-reports/

Updated:

Clinical Practice Guidelines Date reviewed January 2024 Date adopted February 2024 Page 9 of 39

Condition/Disease	Guideline Title	Recognized Source(s)	URL
Depression	Depression in Adults: Screening (June 2023)	U.S. Preventive Services Task Force (USPSTF)	Recommendation: Depression and Suicide Risk in Adults: Screening United States Preventive Services Taskforce (uspreventiveservicestaskforce.org)
	CANMAT Clinicians Guidelines 2016 Depression Guidelines	Canadian Network for Mood and Anxiety Treatments (CANMAT)	https://www.canmat.org/2019/03/17/2016-depressionguidelines/
	Nonpharmacologic Versus Pharmacologic Treatment of Adult Patients with Major Depressive Disorder: A Clinical Practice Guideline from the American College of Physicians (2016)	American College of Physicians (ACP)	https://annals.org/aim/fullarticle/2490527/nonpharmaco logic-versus-pharmacologic-treatment-adult-patients- major-depressive-disorder- clinical?_ga=2.240375883.977749235.1576523219- 1562492790.1557437793
	APA Clinical Practice Guideline for the Treatment of Depression	American Psychological Association (APA)	https://www.apa.org/depression-guideline/guideline.pdf

Updated:

Clinical Practice Guidelines Date reviewed January 2024 Date adopted February 2024 Page 10 of 39

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Across Three Age Cohorts (February 2019)		
Diabetes	Standards of Medical Care in Diabetes (2024)	American Diabetes Association (ADA)	https://diabetesjournals.org/care/issue/47/Supplement_1
Eating Disorders	Practice Guideline for the Treatment of Patients with Eating Disorders Fourth Edition (2023)	American Psychiatric Association (APA)	https://ajp.psychiatryonline.org/doi/pdf/10.1176%2Fappi.a jp.23180001
Eosinophilic Esophagitis	AGA Institute and the Joint Task Force on Allergy-Immunology Practice Parameters Clinical Guidelines for the Management of Eosinophilic Esophagitis (2020)	American Gastroenterological Association (AGA)	https://www.gastrojournal.org/action/showPdf?pii=S001 6-5085%2820%2930265-1

Updated:

Clinical Practice Guidelines Date reviewed January 2024 Date adopted February 2024 Page 11 of 39

Condition/Disease	Guideline Title	Recognized Source(s)	URL
Gender-Dysphoria/ Incongruence	Endocrine Treatment of Gender- Dysphoric/Gender- Incongruent Persons: An Endocrine Society* Clinical Practice Guideline (September 2017)	The Endocrine Society	https://academic.oup.com/jcem/article/102/11/3869/4157 558?login=true
	Correction to Clinical Practice Guideline (February 2018)		https://academic.oup.com/jcem/article/103/2/699/46750 81
	Correction to Clinical Practice Guideline (July 2018)		https://academic.oup.com/jcem/article/103/7/2758/50367
	Standards of Care for the Health of Transgender	World Professional Association for Transgender Health (WPATH)	https://www.wpath.org/publications/soc

Updated:

Clinical Practice Guidelines Date reviewed January 2024 Date adopted February 2024 Page 12 of 39

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	and Gender Diverse People, Version 8		
Fall Risk	Falls Prevention in Community- Dwelling Older Adults: Interventions	U.S. Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/Page/Document/RecommendationStatementFinal/falls-prevention-in-older-adults-interventions1
	Evidence –Based Falls Prevention Programs: Resources for Professionals and Advocates	National Council on Aging	https://www.ncoa.org/older-adults/health/prevention/falls-prevention
Heart Failure (HF)	2022 ACCF/AHA guideline for the management of heart failure: a report of the American College of Cardiology Foundation/America n Heart Association Task Force on Practice Guidelines	American College of Cardiology Foundation/American Heart Association Task Force on Practice Guidelines/ Heart Failure Society of America (ACCF/ AHA/HFSA)	https://www.ahajournals.org/doi/epub/10.1161/CIR.00000 0000001063

Updated:

Clinical Practice Guidelines Date reviewed January 2024 Date adopted February 2024 Page 13 of 39

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	ACCF/AHA/HFSA Guideline for the Management of Heart Failure (Focused Update 2017)		http://www.onlinejacc.org/content/70/6/776?_ga=2.23313 085.667318568.1514996759-679389624.1511900706
Hyperlipidemia	2018 AHA/ACC/AACVPR/ A APA/ABC/ACPM/AD A/ AGS/APhA/ASPC/NL A /PCNA Guideline on the Management of Blood Cholesterol (June 2019)	American College of Cardiology/American Heart Association/ American Association of Cardiovascular and Pulmonary Rehabilitation/American Academy of Physician Assistants/Association of Back Cardiologists/American College of Preventive Medicine/American Diabetes Association/American Geriatrics Society/American Pharmacists Association/ American Society of Preventive Cardiology/National Lipid Association/Preventive Cardiovascular Nurses Association (ACC/AHA/AACVPR/AAPA/ABC/ACPM /ADA/AGS/APhA/ASPC/NLA/PCNA)	https://www.acc.org/~/media/Non-Clinical/Files-PDFs-Excel-MS-Word-etc/Guidelines/2018/Guidelines-Made-Simple-Tool-2018-Cholesterol.pdf

Updated:

Clinical Practice Guidelines Date reviewed January 2024 Date adopted February 2024 Page 14 of 39

Condition/Disease	Guideline Title	Recognized Source(s)	URL
Hypertension	ACC/AHA/AAPA/AB	American College of Cardiology	http://www.onlinejacc.org/content/early/2017/11/04/j.jacc
	C/ACPM/AGS/APhA/	(ACC)/ American Heart Association	.2017.11.006?sso=1&sso_redirect_count=1&access_token=
	ASH/ASPC/NMA/PC	(AHA)/ American Academy of	
	NA Guideline for the	Physician Assistants (AAPA)/	
	Prevention,	Association of Black Cardiologists	
	Detection,	(ABC)/ American College of	
	Evaluation, and	Preventive Medicine (ACPM)/	
	Management of	American Geriatrics Society (AGS)/	
	High Blood Pressure	American Pharmacists Association	
	in Adults (November	(APhA)/ American Society of	
	2017)	Hypertension (ASH)/ American	
		Society for Preventive Cardiology	
		(ASPC)/ National Medical Association	
		(NMA)/ Preventive Cardiovascular	
		Nurses Association (PCNA)	
	Correction to		http://www.onlinejacc.org/content/71/19/2275
	Guideline		
	(May 2018)		
Low Back Pain	Noninvasive	American College of Physicians (ACP)	https://annals.org/aim/fullarticle/2603228/noninvasive-
	Treatments for		treatments-acute-subacute-chronic-low-back-pain-
	Acute, Subacute,		clinical-practice?_ga=2.247433220.1028399561.1575492235-
	and Chronic Low		1562492790.1557437793
	Back Pain: A Clinical		
	Practice Guideline		

Updated:

Clinical Practice Guidelines Date reviewed January 2024 Date adopted February 2024 Page 15 of 39

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	from the American College of Physicians (2017)		
Obesity	Weight Loss to Prevent Obesity- Related Morbidity and Mortality in Adults: Behavioral Interventions (September 2018)	U.S. Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/obesity-in-adults-interventions
	AHA /ACC /TOS Guideline for the Management of Overweight and Obesity in Adults (November 2013)	American College of Cardiology (ACC)/ American Heart Association (AHA) Task Force on Practice Guidelines and The Obesity Society (TOS)	http://circ.ahajournals.org/content/early/2013/11/11/01.cir. 0000437739.71477.ee
Oppositional Defiant Disorder (ODD)	Common Questions about Oppositional Defiant Disorder (April 2016)	American Academy of Family Physicians (AAFP)	https://www.aafp.org/dam/brand/aafp/pubs/afp/issues/2016/0401/p586.pdf

Updated:

Clinical Practice Guidelines Date reviewed January 2024 Date adopted February 2024 Page 16 of 39

Condition/Disease	Guideline Title	Recognized Source(s)	URL
Posttraumatic Stress Disorder	Clinical Practice Guideline for the	American Psychological Association (APA)	https://www.apa.org/ptsd-guideline
ou ess bisorde.	Treatment of Posttraumatic Stress Disorder (PTSD) in Adults (February 2017)		
	VA/DOD Clinical Practice Guideline for the Management of Posttraumatic Stress Disorder and Acute Stress Disorder (2024)	Department of Veterans Affairs Department of Defense: The Management of Posttraumatic Stress Disorder Work Group	https://www.healthquality.va.gov/guidelines/MH/ptsd/VA-DoD-CPG-PTSD-Full-CPGAug242023.pdf
	PTSD Screening Instruments	Department of Veterans Affairs: PTSD: National Center for PTSD	https://www.ptsd.va.gov/professional/assessment/screens/index.asp
Rheumatoid Arthritis	2021 American College of Rheumatology Guideline for the Treatment of Rheumatoid Arthritis	American College of Rheumatology (ACR)	https://assets.contentstack.io/v3/assets/bltee37abb6b278 ab2c/blt9e44ccb701e1918c/63360f6775c0be225b8d943a/r a-guideline-2021.pdf

Updated:

Clinical Practice Guidelines Date reviewed January 2024 Date adopted February 2024 Page 17 of 39

Condition/Disease	Guideline Title	Recognized Source(s)	URL
Rhinitis	Rhinitis 2020: A practice parameter update	American Academy of Allergy, Asthma, and Immunology (AAAAI)	https://www.jacionline.org/action/showPdf?pii=S0091-6749%2820%2931023-X
Schizophrenia	Practice Guideline for the Treatment of Patients with Schizophrenia 3 rd edition (2021)	American Psychiatric Association (APA)	https://s21151.pcdn.co/wp-content/uploads/APA-Practice-Guideline-for-the-Trmt-of-Patients-with-Schizophrenia-3rd-Edition-SRC-1-8-21-CMMC-1.pdf
	VA/DoD Clinical Practice Guideline for Management of First-Episode Psychosis and Schizophrenia	Veterans Administration/Department of Defense (VA/DoD)	https://www.healthquality.va.gov/guidelines/MH/scz/VADODCPGSchizophreniaCPG_Final_508.pdf
Sickle Cell Anemia	American Society of Hematology 2020 guidelines for sickle cell disease: management of acute and chronic pain	American Society of Hematology	https://ashpublications.org/bloodadvances/article/4/12/ 2656/460974/

Updated:

Clinical Practice Guidelines Date reviewed January 2024 Date adopted February 2024 Page 18 of 39

Condition/Disease	Guideline Title	Recognized Source(s)	URL
Suicide Risk	SAFE-T: Suicide Assessment Five Step Evaluation and Triage	Suicide Prevention Resource Center (SPRC)	https://www.samhsa.gov/resource/dbhis/safe-t-pocket-card-suicide-assessment-five-step-evaluation-triage-safe-t-clinicians
	Assessment and Management of Patients at Risk for Suicide (2019)	Veterans Administration/Department of Defense (VA/DoD)	https://www.healthquality.va.gov/guidelines/mh/srb/index.asp
Surgery	Surgical technical evidence review for gynecologic surgery conducted for the Agency for Healthcare Research and Quality Safety Program for Improving Surgical Care and Recovery (December 2018)	Agency for Healthcare Research and Quality (AHRQ)	https://www.ajog.org/article/S0002-9378(18)30583-0/pdf

Updated:

Clinical Practice Guidelines Date reviewed January 2024 Date adopted February 2024 Page 19 of 39

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Surgical Technical Evidence Review for Colorectal Surgery Conducted for the AHRQ Safety Program for Improving Surgical Care and Recovery (October 2017) Surgical Technical Evidence Review for Elective Total Joint Replacement Conducted for the AHRQ Safety Program for Improving Surgical Care and Recovery (February 2018)	AHRQ	https://journals.sagepub.com/doi/pdf/10.1177/2151458518754451
Trauma Care	A Treatment Improvement Protocol: Trauma- Informed Care in	Substance Abuse and Mental Health Services Administration (SAMHSA)	https://store.samhsa.gov/product/Trauma-Informed- Care-in-Behavioral-Health-Services/SMA15-4420

Updated:

Clinical Practice Guidelines Date reviewed January 2024 Date adopted February 2024 Page 20 of 39

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Behavioral Health Services (2014)		
	Trauma-Informed Care in Behavioral Health Services: Treatment Improvement Protocol (TIP) Series		https://store.samhsa.gov/?f%5B0%5D=series%3A1078
INFECTIOUS DISEASI	Return to Table	e of Contents	
Chlamydia/ Human Papillomavirus (HPV)	Sexually Transmitted Diseases Treatment Guidelines (2021)	Center for Disease Control and Prevention (CDC)	https://www.cdc.gov/std/default.htm
Hepatitis B	AASLD Guidelines for Treatment of Chronic Hepatitis B (August 2015)	American Association for the Study of Liver Diseases (AASLD)	https://aasldpubs.onlinelibrary.wiley.com/doi/epdf/10.10 02/hep.28156
	Update on Prevention, Diagnosis, and Treatment of		https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5975958/pdf/nihms957253.pdf

Updated:

Clinical Practice Guidelines Date reviewed January 2024 Date adopted February 2024 Page 21 of 39

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Chronic Hepatitis B: AASLD 2018 Hepatitis B Guidance (Jan 2018)		
Hepatitis C	HCV Guidance: Recommendations for Testing, Managing and Treating Hepatitis C	Infectious Diseases Society of America (IDSA)/ American Association for the Study of Liver Disease (AASLD)	http://www.hcvguidelines.org/
	Guidelines for the Screening, Care and Treatment of Persons with Chronic Hepatitis C Infection (2017)	World Health Organization (WHO)	https://www.who.int/publications/i/item/9789241550345
HIV/AIDS	Primary Care Guidelines for the Management of Persons Infected With HIV: 2013 Update by the HIV Medicine	HIV Medicine Association of the Infectious Diseases Society of America (IDSA)	https://www.idsociety.org/practice-guideline/primary-care-management-of-people-with-hiv/

Updated:

Clinical Practice Guidelines Date reviewed January 2024 Date adopted February 2024 Page 22 of 39

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Association of the Infectious Diseases Society of America (2020)		
	HIV Guidelines	Centers of Disease Control and Prevention (CDC)	https://www.cdc.gov/hiv/guidelines/index.html
	2017 HIVMA of IDSA Clinical Practice Guideline for the Management of Chronic Pain in Patients Living with HIV (2017)	Infectious Diseases Society of America	https://www.idsociety.org/globalassets/idsa/practice-guidelines/2017-hivma-of-idsa-clinical-practice-guideline-for-the-management-of-chronic-pain-in-patients-living-with-hiv.pdf
	HIV and Adolescents: Guidance for HIV testing and counselling and care for adolescents living with HIV (2013)	World Health Organization (WHO)	https://www.who.int/publications/i/item/9789241506168
Lyme Disease	Clinical Practice Guidelines by the	Infectious Diseases Society of America (IDSA), American Academy of	https://www.idsociety.org/practice-guideline/lyme-disease/#null

Updated:

Clinical Practice Guidelines Date reviewed January 2024 Date adopted February 2024 Page 23 of 39

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Infectious Diseases Society of America (IDSA), American Academy of Neurology (AAN), and American College of Rheumatology (ACR): 2020 Guidelines for the Prevention, Diagnosis and Treatment of Lyme Disease	Neurology (AAN), and American College of Rheumatology (ACR)	
Upper Respiratory Infections	Treatment of the Common Cold (2019)	American Academy of Family Physicians (AAFP)	https://www.aafp.org/pubs/afp/issues/2019/0901/p281.html
	Adult Outpatient Treatment Recommendations (Last reviewed October 3, 2017)	Centers for Disease Control and Prevention (CDC)	https://www.cdc.gov/antibiotic-use/clinicians/adult-treatment-rec.html
	Pediatric Outpatient Treatment	Centers for Disease Control and Prevention (CDC)	https://www.cdc.gov/antibiotic-use/clinicians/pediatric-treatment-rec.html

Updated:

Clinical Practice Guidelines Date reviewed January 2024 Date adopted February 2024 Page 24 of 39

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Recommendations (Last reviewed February 1, 2017)		
	IDSA Guidelines on the Treatment and Management of Patients with COVID- 19 (Document updated on a regular basis)	Infectious Diseases Society of America	https://www.idsociety.org/practice-guideline/covid-19-guideline-treatment-and-management/
Tuberculosis	Treatment of Drug- Resistant Tuberculosis. An Official ATS/CDC/ERS/IDSA Clinical Practice Guideline (2019)	American Thoracic Society (ATS), the Centers for Disease Control and Prevention (CDC), the European Respiratory Society, and Infectious Diseases Society of American (IDSA)	https://www.idsociety.org/practice-guideline/treatment-of-drug-resistant-tb/#null
PEDIATRIC/ADOLES	CENT HEALTH) Return	to Table of Contents	
Adjustment Disorder	Adjustment Disorder: Collection of Evidence-Based Practices, 7 th Edition	Virginia Commission on Youth	http://vcoy.virginia.gov/009%20adj.pdf

Updated:

Clinical Practice Guidelines Date reviewed January 2024 Date adopted February 2024 Page 25 of 39

Condition/Disease	Guideline Title	Recognized Source(s)	URL
Anxiety	Clinical Practice Guideline for the Assessment and Treatment of Children and Adolescents with Anxiety Disorders	American Academy of Adolescent Psychiatry	Clinical Practice Guideline for the Assessment and Treatment of Children and Adolescents With Anxiety Disorders - Journal of the American Academy of Child & Adolescent Psychiatry (jaacap.org)
Attention Deficit Hyperactivity Disorder (ADHD)	(2020) Clinical Practice Guideline for the Diagnosis, Evaluation, and Treatment of Attention- Deficit/Hyperactivity Disorder in Children and Adolescents (October 2019)	American Academy of Pediatrics (AAP)	https://pediatrics.aappublications.org/content/144/4/e20 192528
Autism	Identification Evaluation and Management of Children with Autism	American Academy of Pediatrics (AAP)	https://pediatrics.aappublications.org/content/pediatric s/early/2019/12/15/peds.2019-3447.full.pdf

Updated:

Clinical Practice Guidelines Date reviewed January 2024 Date adopted February 2024 Page 26 of 39

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Spectrum Disorder (January 2020)		
Celiac Disease	Guideline for the Diagnosis and Treatment of Celiac Disease in Children: Recommendations of the North American Society for Pediatric Gastroenterology, Hepatology and Nutrition (January 2005)	North American Society for Pediatric Gastroenterology, Hepatology, and Nutrition (NASPGHAN)	http://www.naspghan.org/files/documents/pdfs/position-papers/celiac_guideline_2004_jpgn.pdf
Depression	Depression and Suicide Risk in Children and Adolescents: Screening (October 2022)	U.S. Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/uspstf/re commendation/screening-depression-suicide-risk- children-adolescents
	APA Clinical Practice Guideline for the	American Psychological Association (APA)	https://www.apa.org/depression-guideline/guideline.pdf

Updated:

Clinical Practice Guidelines Date reviewed January 2024 Date adopted February 2024 Page 27 of 39

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Treatment of Depression Across Three Age Cohorts (February 2019)		
Hypertension in Children and Adolescents	Clinical Practice Guideline for Screening and Management of High Blood Pressure in Children and Adolescents (September 2017)	American Academy of Pediatrics (AAP)	https://publications.aap.org/pediatrics/article/140/3/e20 171904/38358/Clinical-Practice-Guideline-for-Screening- and
Obesity	Clinical Practice Guideline for the Evaluation and Treatment of Children and Adolescents with Obesity (January 2023)	American Academy of Pediatrics (AAP)	https://publications.aap.org/pediatrics/article/doi/10.154 2/peds.2022-060640/190443/Clinical-Practice-Guideline- for-the-Evaluation-and?autologincheck=redirected
	Clinical Report: The Role of the	American Academy of Pediatrics (AAP)	http://pediatrics.aappublications.org/content/early/2015/06/23/peds.2015-1558

Updated:

Clinical Practice Guidelines Date reviewed January 2024 Date adopted February 2024 Page 28 of 39

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Pediatrician in Primary Prevention of Obesity (July 2015)		
Oppositional Defiant Disorder (ODD)	Fifty years of preventing and treating childhood behavior disorders: a systematic review to inform policy and practice (April 2017)	National Institute of Health (NIH) PubMed	https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5950520
Pharmacologic Monitoring of Antipsychotics	Evidence-Based Recommendations for Monitoring Safety of Second Generation Antipsychotics in Children and Youth (2011)	Canadian Institutes of Health Research	https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3143700/pdf/ccap20_3p218.pdf
SUBSTANCE USE	Return to Table	of Contents	
	The ASAM Criteria: Treatment Criteria	American Society of Addiction Medicine	https://www.asam.org/asam-criteria

Updated:

Clinical Practice Guidelines Date reviewed January 2024 Date adopted February 2024 Page 29 of 39

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	for Addictive, Substance-Related, and Co-occurring Conditions, Volume 1: Adults. 4th ed		Document requires purchase
	Medication-Assisted Treatment of Adolescents with Opioid Use Disorders (September 2016)	American Academy of Pediatrics (AAP)	https://publications.aap.org/pediatrics/article/138/3/e201 61893/52715/Medication-Assisted-Treatment-of- Adolescents-With
	American Society of Addiction Medicine Consensus Statement - Appropriate Use of Drug Testing in Clinical Addiction Medicine (Reviewed December 2019)	American Society of Addiction Medicine	https://www.asam.org/quality-care/clinical- guidelines/drug-testing
	Unhealthy Alcohol Use in Adolescents and Adults:	U.S. Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/Page/Document/UpdateSummaryFinal/unhealthy-alcohol-use-in-

Updated:

Clinical Practice Guidelines Date reviewed January 2024 Date adopted February 2024 Page 30 of 39

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Screening and Behavioral Counseling Interventions (November 2018)		adolescents-and-adults-screening-and-behavioral-counseling-interventions
	CDC Guideline for Prescribing Opioids for Chronic Pain — United States (2022)	Centers for Disease Control and Prevention (CDC)	https://www.cdc.gov/mmwr/volumes/71/rr/rr7103a1.htm?s _cid=rr7103a1.htm_w
	American Society of Addiction Medicine Clinical Practice Guideline on Alcohol Withdrawal Management (2020)	American Society of Addiction Medicine	https://www.asam.org/docs/default-source/quality-science/the_asam_clinical_practice_guideline_on_alcohol -1.pdf?sfvrsn=ba255c2_2
	American Psychiatric Association Practice Guideline for the Pharmacological Treatment of Patients with	American Psychiatric Association	https://psychiatryonline.org/doi/pdf/10.1176/appi.books.9 781615371969

Updated:

Clinical Practice Guidelines Date reviewed January 2024 Date adopted February 2024 Page 31 of 39

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Alcohol Use Disorder (Reviewed 2020)		
	The National Practice Guideline for the Treatment of Opioid Use Disorder – 2020 Focused Update	American Society of Addiction Medicine	https://www.asam.org/quality-care/clinical-guidelines/national-practice-guideline
Cigarette Cessation	Medication for Substance Use Disorders- (Last Updated February 1, 2024)	Substance Abuse Mental Health Services Administration (SAMHSA)	https://www.samhsa.gov/medication-assisted-treatment
	Relearn Life Without Cigarettes	National Alliance for Tobacco Cessation (NATC)	https://www.becomeanex.org/
	Identifying and Treating Patients Who Use Tobacco (July 2017)	U.S. Department of Health and Human Services	https://millionhearts.hhs.gov/files/Tobacco-Cessation-Action-Guide.pdf
	ACC Expert Consensus Decision	American College of Cardiology (ACC)	https://www.jacc.org/doi/pdf/10.1016/j.jacc.2018.10.027

Updated:

Clinical Practice Guidelines Date reviewed January 2024 Date adopted February 2024 Page 32 of 39

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Pathway on Tobacco Cessation Treatment (2018)		
Electronic	Electronic Cigarettes	Centers for Disease Control and	https://www.cdc.gov/tobacco/basic_information/e-
Cigarettes		Prevention (CDC)	cigarettes/index.htm
	American Academy of Pediatrics Policy Statement E- Cigarettes and Similar Devices (February 2019)	American Academy of Pediatrics (AAP)	https://publications.aap.org/pediatrics/article/143/2/e201 83652/37305/E-Cigarettes-and-Similar-Devices
All states offer free s	moking cessation telep	hone quit line services. Dialing 1-800-QU	JIT NOW will connect the caller to their state quit line.
WOMEN'S HEALTH	Retu	rn to table of contents	
Perinatal Depression	Perinatal Depression: AAP Policy Statement on Recognition and Management (2019)	American Academy of Pediatrics (AAP)	https://www.aafp.org/pubs/afp/issues/2019/1001/p443.pdf
Routine Antepartum Care	American Academy of Pediatrics, Guidelines for Perinatal Care,	American Academy of Pediatrics (AAP) & American Congress of Obstetrics and Gynecology (ACOG)	https://www.acog.org/clinical-information/physician-faqs/-/media/3a22e153b67446a6b31fb051e469187c.ashx

Updated:

Clinical Practice Guidelines Date reviewed January 2024 Date adopted February 2024 Page 33 of 39

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Eighth Edition (September 2017)		
Preventive Care	Women's Preventive Services Guidelines (Last Reviewed 2022)	Health Resources and Services Administration (HRSA)	https://www.hrsa.gov/womens-guidelines- 2016/index.html
Cancer Screening	Women's Health Care Physicians: Cervical Cancer FAQs (May 2023)	American Congress of Obstetrics and Gynecology (ACOG)	https://www.acog.org/womens-health/faqs/cervical-cancer-screening
	Cervical Cancer: Screening (August 2018)	U.S. Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/uspstf/re commendation/cervical-cancer-screening
Diabetes and Pregnancy	Management of Diabetes in Pregnancy (January 2022)	American Diabetes Association (ADA)	https://diabetesjournals.org/care/article/47/Supplement _1/S282/153948/15-Management-of-Diabetes-in- Pregnancy-Standards
	Gestational Diabetes Mellitus,	United States Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/uspstf/re commendation/gestational-diabetes-mellitus- screening?ds=1&s=gestational%20diabetes

Updated:

Clinical Practice Guidelines Date reviewed January 2024 Date adopted February 2024 Page 34 of 39

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Screening (August 2021)		
	Gestational Diabetes	American Congress of Obstetrics and Gynecology (ACOG)	https://www.acog.org/clinical/clinical-guidance/practice-bulletin/articles/2018/02/gestational-diabetes-mellitus
			Members only
Care of Complications during Pregnancy	WHO recommendations for Prevention and treatment of pre- eclampsia and eclampsia (2011) Updates in 2018, 2020 2021	World Health Organization (WHO)	https://www.who.int/publications/i/item/9789241548335
	Committee Opinion 455. Magnesium Sulfate Before Anticipated Preterm Birth for Neuroprotection (Reaffirmed 2020)	American Congress of Obstetrics and Gynecology (ACOG)/ Society for Maternal Fetal Health (SMFH)	https://www.acog.org/- /media/project/acog/acogorg/clinical/files/committee- opinion/articles/2010/03/magnesium-sulfate-before- anticipated-preterm-birth-for-neuroprotection.pdf

Updated:

Clinical Practice Guidelines Date reviewed January 2024 Date adopted February 2024 Page 35 of 39

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Pre-Gestational Diabetes Mellitus Number 201 (December 2018)	American Congress of Obstetrics and Gynecology (ACOG)	https://www.acog.org/clinical/clinical-guidance/practice-bulletin/articles/2018/12/pregestational-diabetes-mellitus Members only
	Management of Preterm Labor Number 171 (Reaffirmed 2018)	American Congress of Obstetrics and Gynecology (ACOG)	https://www.acog.org/clinical/clinical-guidance/practice-bulletin/articles/2016/10/management-of-preterm-labor Members only
	Chronic Hypertension in Pregnancy (January 2019)	American Congress of Obstetrics and Gynecology (ACOG)	https://www.acog.org/clinical/clinical-guidance/practice-bulletin/articles/2019/01/chronic-hypertension-in-pregnancy Members only
Substance use Specific to Women	Alcohol Abuse and Other Substance Use Disorders: Ethical Issues in Obstetric and Gynecologic Practice. Number 633 (Reaffirmed 2021)	American Congress of Obstetricians and Gynecologists (ACOG)	https://www.acog.org/clinical/clinical-guidance/committee-opinion/articles/2015/06/alcohol-abuse-and-other-substance-use-disorders-ethical-issues-in-obstetric-and-gynecologic-practice

Updated:

Clinical Practice Guidelines Date reviewed January 2024 Date adopted February 2024 Page 36 of 39

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Guidelines for the	World Health Organization (WHO)	https://www.who.int/publications/i/item/9789241548731
	Identification and		
	Management of		
	Substance Use and		
	Substance Use Disorders in		
	Pregnancy (2014)		
	Fregnancy (2014)		
	Substance Abuse	Substance Abuse and Mental Health	https://store.samhsa.gov/sites/default/files/d7/priv/sma1
	and Mental Health	Services Association	8-5054.pdf
	Services Association		
	Clinical Guidance for		
	Treating Pregnant		
	and Parenting		
	Women with Opioid Use Disorder and		
	Their Infants (May		
	2018)		
	2010)		
Equity in Health	Importance of Social	American Congress of Obstetrics and	https://www.acog.org/-
Care	Determinants of	Gynecology (ACOG)	/media/project/acog/acogorg/clinical/files/committee-
	Health and Cultural		opinion/articles/2018/01/importance-of-social-
	Awareness in the		determinants-of-health-and-cultural-awareness-in-the-
	Delivery of		delivery-of-reproductive-health-care.pdf
	Reproductive Health		

Updated:

Clinical Practice Guidelines Date reviewed January 2024 Date adopted February 2024 Page 37 of 39

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Care (Reaffirmed 2018)		
	Committee Opinion 749 Marriage and Family Building Equality for Lesbian, Gay, Bisexual, Transgender, Queer, Intersex, Asexual, and Gender Nonconforming Individuals (Reaffirmed 2021)	American Congress of Obstetrics and Gynecology (ACOG)	https://www.acog.org/- /media/project/acog/acogorg/clinical/files/committee- opinion/articles/2018/08/marriage-and-family- building.pdf
	Committee Opinion 586 Health Disparities in Rural Women (Reaffirmed 2021)	American Congress of Obstetrics and Gynecology (ACOG)	https://www.acog.org/- /media/project/acog/acogorg/clinical/files/committee- opinion/articles/2014/02/health-disparities-in-rural- women.pdf
Smoking Cessation during Pregnancy	Tobacco and Nicotine Cessation During Pregnancy ACOG. Number 807 (Reaffirmed 2023)	American Congress of Obstetrics and Gynecology (ACOG)	https://www.acog.org/clinical/clinical- guidance/committee-opinion/articles/2020/05/tobacco- and-nicotine-cessation-during-pregnancy

Updated:

Clinical Practice Guidelines Date reviewed January 2024 Date adopted February 2024 Page 38 of 39

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Need Help Putting Out That Cigarette?	American Congress of Obstetrics and Gynecology (ACOG)	http://www.tobacco- cessation.org/PDFs/NeedHelpBooklet.pdf
	Smoking Cessation for Pregnancy and Beyond: A Virtual Clinic," an Innovative Web-Based Training for Healthcare Professionals	Dartmouth Medical School	https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4394722/
OTHER TECHNOLOGY	Y Return to Table of	Contents	
	Guidelines for the Practice of Telepsychology (Last updated 2023)	American Psychological Association (APA)	https://www.apa.org/practice/guidelines/telepsychology https://s21151.pcdn.co/wp-content/uploads/APA- Guideline-for-the-Practice-of-Telepsychology.pdf
	Best Practices in Videoconferencing- Based Telemental Health (April 2018)	American Psychiatric Association (APA) and American Telemedicine Association (ATA)	https://s21151.pcdn.co/wp-content/uploads/APA-ATA-Best-Practices-in-Videoconferencing-Based-Telemental-Health.pdf

Updated:

Clinical Practice Guidelines Date reviewed January 2024 Date adopted February 2024 Page 39 of 39

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	AACAP's Telepsychiatry Toolkit	American Academy of Child & Adolescent Psychiatry (AACAP)	https://www.aacap.org/AACAP/Clinical_Practice_Center/Business_of_Practice/Telepsychiatry/toolkit_videos.aspx
	Telehealth in Oncology: ASCO Standards and Practice Recommendations (September 2021)	American Society of Clinical Oncology (ASCO)	https://ascopubs.org/doi/full/10.1200/OP.21.00438
	Telehealth and Telemedicine	American Academy of Family Physicians (AAFP)	https://www.aafp.org/family-physician/practice-and-career/managing-your-practice/telehealth-and-telemedicine.html
	Standards for Technology in Social Work Practice	National Association of Social Workers (NASW), Association of Social Work Boards (ASWB), Council on Social Work Education (CSWE) & Clinical Social Work Affiliation (CSWA)	Standards for Technology in Social Work Practice (socialworkers.org)