

A message from ASTHO (Association of State and Territorial Health Officials)

Free Online Prevention and Early Intervention Resources

Substance Abuse and Mental Health Services Administration

<https://www.samhsa.gov/sites/default/files/tips-social-distancing-quarantine-isolation-031620.pdf>

Provides tips on social distancing, quarantine, and isolation during the COVID-19 pandemic.

Information on other reliable and helpful resources like Hotlines and Treatment Locators are also provided in this document.

Food and Drug Administration's "Remove the Risk" Campaign and Drug Disposal Website

www.fda.gov/removetherisk and www.fda.gov/drugdisposal

Toolkit of information containing public service announcements, social media images and posts, and fact sheets that can be used freely to promote proper storage and disposal of medication.

Drug-Free Communities (DFC) Support Program

<https://www.whitehouse.gov/ondcp/the-dfc-program/overview>

Across the country, ONDCP's DFC-funded community coalitions are looking at innovative ways to remain engaged with youth and their communities and continue their efforts to prevent youth substance use. Examples of prevention resources by DFC coalitions include:

☐ *The Upriver Youth Leadership Council in Idaho will present a free webinar series, starting on April 9 and ending on May 28. The series, entitled "Dialogue for Health: A Community Prevention Webinar Series," addresses a variety of youth substance use issues.*

<https://www.surveymonkey.com/r/UYLCWebinar>

☐ *The Low Country Alliance for Healthy Youth in South Carolina posted world, national, state, family, and community resources on the coalition's website to help individuals find resources to cope during COVID-19 crisis in healthy ways. (<http://www.lcahealthyouth.com/resources/covid-19-resources>)*

☐ *The Communities for Alcohol- and Drug-free Youth's (CADY) Coalition in New Hampshire shares webinars to help families cope with stress associated with COVID-19.*

(Operation Parent Webinar: Helping Teens Cope with Anxiety During COVID-19)

Centers for Disease Control and Prevention

<https://www.cdc.gov/opioids/index.html>

CDC educates consumers about the risks of prescription opioids and opioid misuse.

National Institute on Drug Abuse (NIDA)

<https://www.drugabuse.gov/related-topics/prevention>

An evidence-based tool for parents to interact with children about substance use and misuse.

Drug Enforcement Administration Drug Takeback

https://www.deadiversion.usdoj.gov/drug_disposal/fact_sheets/disposal_public_06222018.pdf

<https://apps2.deadiversion.usdoj.gov/pubdispsearch/spring/main?execution=e1s1>

The DEA created a fact sheet about the Disposal Act. They also have website listing authorized Controlled Substance public disposal locations.

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Partnership for Drug-Free Kids

<https://drugfree.org/parent-blog>

Empowers parents and caregivers with support and guidance using the latest science-based information from experts and perspectives from families who have been impacted by substance use.

Community Anti-Drug Coalitions of America

<https://www.cadca.org>

CADCA provides technical assistance and training, public policy advocacy, media strategies and marketing programs, training and special events to strengthen the capacity of community coalitions.

Association of State Territorial Health Officials

<https://www.astho.org/podcasts>

ASTHO's podcast series features health officials and public health leaders who are on the front lines, providing timely information and thoughtful perspectives during this crisis.

San Antonio Council on Drug and Alcohol Awareness

<https://sacada.org/covid-19-resources-for-kids>

SACADA has put together COVID-19 resources for kids (color pages) along with videos from Youth Prevention Specialists on ways to stay mentally and physically active during COVID-19 and a puppet skit on decision-making.

Courage to Speak

<https://couragetospeak.org/courageous-parenting-education-module>

Currently providing free and new online training for parents to keep their children safe during crisis and beyond.

Prevent Overdose Rhode Island

<https://health.ri.gov/publications/guidelines/coping-with-stress.pdf>

Information for youth and parents on coping with stress during COVID-19 along with available local resources and list of hotlines and crisis lines.

Connecticut Governor's Drug Prevention Partnership

<https://www.preventionworksct.org/resources/coronavirus-resources.html>

Prevention Partnership is providing resources for parents, guardians, and mentors to talk to youth about the ongoing pandemic. This includes tip sheets, live zoom trainings, virtual field trips, family fun activities, educational courses and activities for young people.

National Association on Mental Illness

<https://www.nami.org/getattachment/Press-Media/Press-Releases/2020/COVID-19-and-Mental-Illness-NAMI-Releases-Important/COVID-19-Updated-Guide-1.pdf?lang=en-US>

NAMI has put together a list of resources and helpful tips to follow during this pandemic. These resources include information on stress, finances, health insurance, and housing, along with additional resources for further assistance.