

Updated *Clinical Practice Guidelines* in process

Summary of change: The *Clinical Practice Guidelines* have been updated for 2020 and will be available online in 60 days. The guidelines will be available on the Amerigroup Washington, Inc. self-service website at <https://providers.amerigroup.com/WA> > Clinical Practice Guidelines > *Clinical Practice Guidelines Matrix*. These evidence-based guidelines were reviewed and approved by our Quality Improvement Committee. The guidelines include direct links to the source documents for reference.

Updates include:

- Addition of condition/disease guidelines:
 - Asthma
 - Asthma Clinical Practice Guidelines — Global Initiative for Asthma
 - Bipolar disorder
 - Guidelines for the Management of Patients with Bipolar Disorder — Canadian Network for Mood and Anxiety Treatments (CANMAT)
 - Cardiovascular disease
 - Guideline on the Primary Prevention of Cardiovascular Disease — American College of Cardiology/American Heart Association
 - Chronic kidney disease
 - Chronic Kidney Disease: Detection and Evaluation — American Academy of Family Physicians
 - KDIGO 2017 Clinical Practice Guidelines for the Evaluation and Management of Chronic Kidney Disease — International Society of Nephrology
 - Depression
 - 2016 Depression Guidelines: Clinicians Guidelines — CANMAT
 - Nonpharmacologic Versus Pharmacologic Treatment of Adult Patients with Major Depressive Disorder — American College of Physicians
 - Back pain
 - Noninvasive Treatments of Acute, Subacute and Chronic Low Back Pain — American College of Physicians
 - Schizophrenia
 - Schizophrenia Treatment Guidelines
 - Suicide risk
 - Assessment and Management of Patients at Risk for Suicide — Veterans Administration/Department of Defense
 - Surgery
 - Surgical Technical reviews for gynecologic, colorectal and elective total joint replacement — Agency for Healthcare Research and Quality (AHRQ)
 - Autism
 - Screening and Diagnosis of Autism — American Academy of Neurology (AAN) and the Child Neurology Society (CNS)

- Identification Evaluation and Management of Children with Autism Spectrum Disorder — American Academy of Pediatrics (AAP)
 - Nicotine
 - ACC Expert Consensus Decision Pathway on Tobacco Cessation Treatment — American College of Cardiology (ACC)
 - Electronic Cigarettes — Centers for Disease Control and Prevention
- Removal of guidelines:
 - Bipolar guidelines from the National Institute for Health and Care Excellence (NICE) and the British Association for Psychopharmacology
 - Practice Guideline for the Treatment of Patients with Major Depressive Disorder
 - Practice Guideline for the Treatment of Patients with Schizophrenia — American Psychiatric Association
 - Practice Parameter for the Assessment and Treatment of Children and Adolescents with Autism Spectrum Disorder — American Academy of Child and Adolescent Psychiatry

What is the impact of this change?

No action is needed; this update is informational only. The guidelines below can be downloaded from our provider website at <https://providers.amerigroup.com/WA> > Clinical Practice Guidelines > *Clinical Practice Guidelines Matrix*]. For a printed copy, please call Provider Services at **1-800-454-3730**.

What if I need assistance?

If you have questions about this communication, received this fax in error or need assistance with any other item, contact your local Network Relations consultant or call Provider Services at **1-800-454-3730**.