

**Practicing Flexibility: The Importance of Matching Intervention to Client Readiness**  
**and**  
**Working with Families: Engaging Families and Family Systems**



**Workshops to Improve Care & Treatment for the Behavioral Health Workforce**

The Northwest ATTC and the WA State Health Care Authority (HCA) are pleased to offer two additional workshops designed to enrich the skills and practice of the behavioral health workforce who work with adolescents, youth, and adults who face substance use challenges or who are in recovery. These workshops are relevant for practitioners working in care and treatment. They are free of charge.

***Register to confirm your spot, but please only do so once you are certain you will be able to attend.  
We would like to extend these opportunities to as many practitioners as possible.  
Offered free of charge to Washington State providers only.  
Thank you for your consideration.***

**Practicing Flexibility: The Importance of Matching Intervention to Client Readiness**

Matching interventions to consumer readiness is an important aspect of providing quality care. Particularly when it comes to adolescents, meeting individuals according to “where they are” and tailoring interventions to best address their identified needs are important for the duration of care as practicing flexibility as a clinician has potential for impact on therapeutic alliance, outcomes, and perceptions about future service attempts.

The goal of this training is to teach participants methods of providing individualized care, based on identified readiness for change through a combination of didactic and experiential learning opportunities.

**Date:**

Thursday, May 19, 2022 | 9:00am – 1:30pm (with short breaks)

**Certificates of Attendance will be provided upon completion of this workshop.**

**[REGISTER HERE](#)**

## Engaging Families and Family Systems

Behavioral health providers know that very often getting families on board with services tends to make those services more effective. However, providers also know the challenge it can be to get family members involved in helpful ways and have them stay involved. Further, even if they are in counseling sessions, family members can engage in numerous behaviors that negatively impact treatment. This training will review research on the benefits of family involvement in counseling and help clinicians develop skills which will promote family participation in session that support the treatment of youth who have SUDs. We will review methods of adapting Motivational Interviewing (MI) skills to assist in engaging families in behavioral health services and making them a valuable addition to treatment. We will also identify times when referral for family counseling is preferred or contraindicated.

### **Date:**

June 9, 2022 | 9:00am – 4:30pm (with breaks)

**6 CEs will be available upon completion of this virtual training.**

[REGISTER HERE](#)

**Trainer:** Paul Hunziker, MA, LMFT, CDP ([click here to view bio](#))

**Questions?** Contact us at: [northwest@attcnetwork.org](mailto:northwest@attcnetwork.org) <http://attcnetwork.org/northwest>



Northwest (HHS Region 10)

**ATTC**

Addiction Technology Transfer Center Network  
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