

Transgender Health Resources

The Medicaid Managed Care Organizations have compiled resources to support providers in delivering appropriate care to this population. These resources are free and may provide continuing education credit as well.

General Care

Transgender individuals experience [disparities in health outcomes](#) and high levels of stigma and discrimination across the healthcare system. Adults and children may experience bias, being mis-gendered by the health care system and have their transgender status overshadow their unrelated health concerns. Some health disparities include an increased risk of HIV infection, especially among transgender women of color, and lower likelihood of preventive cancer screenings in transgender men. Addressing these healthcare system challenges is critical to improving overall health.

- **Center of Excellence for LGBTQ+ Behavioral Health Equity** offers [recorded webinars](#) with continuing education on a wide range of topics including:
 - **Understanding Anti-LGBTQ+ Bias**
 - **Translating Trauma-informed Care Principles into Practice with LGBTQ+ Clients**
- **Health Across the Gender Spectrum** ([Link](#))
This course offers an intimate, story-based introduction to the experiences of six transgender children and their families. (2.25 Credit Hours) Expires November 16, 2021
- **Introduction to Gender & Sexuality in a Health Care Setting** ([Link](#))
This is part 1 of a two-part independent study series entitled Clinically Competent and Culturally Proficient Care for Transgender and Gender Nonconforming Patients. This course provides tools that will allow healthcare providers to better understand their patients' needs so they can provide culturally proficient care to transgender and gender nonconforming patients. CME expires October 4, 2021
- **Affirming Medical Care for LGBTQ Adolescents** ([Link](#))
After completing this learning experience you should be able to define LGBTQ+ and gender identity, to identify three risk factors faced by LGBTQ+ youth, to identify three ways to be more inclusive of LGBTQ+ youth when providing healthcare services, to apply STI screening recommendations for this population, and finally, to introduce resources for LGBTQ+ youth and their families. Expires 9/12/2021.
- **Indian Health Services Two-Spirit Resources** ([Link](#))
Traditionally, Native American two-spirit people were male, female, and sometimes intersexed individuals who combined activities of both men and women with traits unique to their status as two-spirit people. This link includes additional resources from IHS on this patient population.

Behavioral Healthcare

Disparities exist in outcomes within Behavioral Health for LGBTQ+ population. According to the CHC, [transgender youth](#) are more likely than cisgender youth to report violence victimization, substance use, and suicide risk. Similar trend continue into adulthood.

- **Center of Excellence for LGBTQ+ Behavioral Health Equity** offers [recorded webinars](#) with continuing education on a wide range of topics including:
 - **Sexual Orientation & Behavioral Health 101**

This webinar enables behavioral health service providers to be more equipped to support, treat and advocate for people with diverse sexual orientations.

Considering a general lack of LGBTQ+-affirming knowledge among healthcare providers, along with data and research which suggests LGBTQ+ people are at higher risk for poor health outcomes, this webinar offers institutions the skills they need to minimize gaps.

- **Gender Identity, Expression & Behavioral Health 101**

This webinar provides foundational knowledge about gender identity and gender expression, and how to best provide services for transgender and gender nonconforming individuals across the lifespan.

- **Translating Trauma-informed Care Principles into Practice with LGBTQ+ Clients**

Using SAMHSA’s guidelines for trauma-informed care (TIC), this 90-minute training describes how to apply TIC when working with LGBTQ+ populations. Research describing the prevalence and impact of adverse childhood experiences (ACEs) will be summarized.

- **Providing Mental Health Assessments for Gender Affirming Surgery Referral Letters**

(National LGBTQIA+ Health Education Center) ([Link](#))

Reviews areas to cover when conducting an assessment of mental health and readiness for gender-affirming surgery referral letter requests. The session is presented through a lens of social justice, and from the perspective of providing trauma-informed and gender-affirming care.

Gender Affirming Care

The [Apple Health Transhealth Program](#) provides coverage for medically necessary gender affirming treatment based on WPATH Guidelines. This is included Apple Health coverage and HCA removed restrictions effective May 5, 2021. The program covers hormone therapy and behavioral health services. Other gender affirming treatments are covered directly by Apple Health, (not by your managed care plan), also known as fee-for-service (FFS). Use your ProviderOne services card when accessing these services.

- **Center of Excellence for LGBTQ+ Behavioral Health Equity** offers [recorded webinars](#) with continuing education on a wide range of topics including:

- **Gender Dysphoria Diagnosis & Clinical Considerations for Children & Youth**

- **Gender Dysphoria in Adults: Moving Beyond Diagnosis & Toward Affirmative Practice**

- **Providing Mental Health Assessments for Gender Affirming Surgery Referral Letters** ([Link](#))

Reviews areas to cover when conducting an assessment of mental health and readiness for gender-affirming surgery referral letter requests.

Additional Resources

National	
World Professional Association for Transgender Health	Trans Families
LGBTQIA+ Health Education – Fenway Institute	Center for Excellence for Transgender Health (UCSF)
The LGBTQ Cultural Competency Toolkit	National LGBTQIA+ Health Education Center
GLMA: Health Professionals Advancing LGBTQ Equality	LGBTQ+ Behavioral Health Equity Center of Excellence Sign up for resources
Washington	
Rainbow Center , Email: educate@rainbowcntr.org	Saying it Out Loud Conference
Q Card Project	